What is mediation?

Conflict is a form of dispute resolution in which a neutral mediator helps the parties in conflict to reach an agreement. Mediation is a voluntary process that is different from legal procedures or litigation.

Am I eligible?

In conflict to negotiate a mutually satisfying solution, a neutral mediator helps the parties reach an agreement. Mediation is a form of dispute resolution in which a neutral mediator helps the parties in conflict to reach an agreement. Mediation is a voluntary process that is different from legal procedures or litigation.

How does it work?

Mediation begins with a process to resolve the problem. The mediator will help the parties identify the issues and possible solutions. The mediator will help the parties negotiate and reach an agreement. If an agreement is reached, it will be documented in a written agreement.

Why do I contact?

Participating in mediation provides an opportunity to resolve disputes in a collaborative manner. Mediation is a process that is different from legal procedures or litigation. It provides an opportunity to resolve disputes in a collaborative manner. Mediation is a process that is different from legal procedures or litigation. It provides an opportunity to resolve disputes in a collaborative manner.

Conlicts in any work environment are inevitable.
**BENEFITS OF MEDIATION**

- Mediation promotes a win-win resolution to disputes.
- Dialogue tends to generate creative options for ending conflict.
- Participants agree only to solutions that are acceptable to them.
- Due to the collaborative approach, resolutions may preserve and even enhance relationships.
- Mediation is less adversarial and costly than litigation and less time-consuming than the grievance process.

**Strictly confidential**

The discussions held during mediation are confidential unless conduct by either party is criminal in nature, or threats of violence are made that lead the mediator(s) to reasonably believe someone’s safety is at risk, or in any other situation required by law. The mediator(s) will not retain any notes taken during meetings, and tape recordings of proceedings are not permitted. The mediator(s) cannot testify for or against any party should the dispute later be pursued through grievance or legal proceedings.

If a resolution is reached, the mediator(s) will write up the agreement for all parties to sign. A copy of the agreement will be given to the involved parties but not retained by the mediator(s). The mediator(s) will inform the ADR co-liasons whether or not an agreement was reached, but will not discuss the mediation with them or give them a copy of the agreement.

For more information
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Managing conflict through mediation

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