The Sophomore Challenge

What’s the Sophomore Challenge?
The Sophomore Challenge assists second year students with overcoming academic, social and personal barriers to success. The Challenge guides students through setting goals while directing them to campus resources.

MP2U can help you complete the Sophomore Challenge?
Completing the Sophomore Challenge increases the success of sophomores at UWG. In addition, sophomores receive recognition from the University of West Georgia for completing the Challenge.

For more information about the challenge:
www.westga.edu/sye

For More Information About

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More Power to You
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Carrollton, GA 30118

Multicultural Achievement Program
&
Student Development Center
University of West Georgia

http://www.westga.edu/excel/index_3343.php
What is More Power to You (MP2U)?

More Power to You: is a second year program for minority students. MP2U guides second year students with exploring majors and careers and uniquely provides opportunities for second year minority students to engage in a variety of learning opportunities while increasing self awareness. Program participants will be engaged in bi-weekly workshops and one-on-one conferences with program advisors. Students will participate in a student retreat and the development of an individualized comprehensive academic plan. The comprehensive academic plan will encompass learning experiences that will help students to map out their total learning experiences of college life.

Program Goals

- To provide opportunities for second year students to engage in a variety of learning activities
- To increase student self awareness
- To explore academic majors and careers

Program Benefits

- Career Exploration and Personal Assistance
- Community Service
- Leadership Skills Development
- Major Exploration
- Career Shadowing
- Academic and Personal Support
- Road Trip

Program Workshops

- Strong Interest Inventory
- Strengths Quest
- Myers Briggs Personality Inventory
- What I Value in a Career
- Choosing the Right Major for Me
- Healthy Relationships
- Leadership Development
- Decision Making

Fall 2010 Retreat

This retreat will take place on two days before classes start in August. Come experience:

- Team Building
- Pre Class Workshops
  - Food/ Prizes