

FARHAD SIAHPOUSH

Office:

Department of Psychology
University of West Georgia
Melson Hall, 1601 Maple Street,
Carrollton, Georgia 30117
USA
Tel: (678) 839-0698
Fax: (678) 839-0611
farhads@westga.edu

Home:

119 Griffin Drive, #1
Carrollton, GA 30117
USA
Home: (770) 834-1338
Cell: (352) 872-8509
farhads@yahoo.com

EDUCATION

University of Florida, Department of Psychology, Gainesville, FL, USA
Doctor of Philosophy in Counseling Psychology (APA accredited)
Minor I: Holistic Therapy; Minor II: Qualitative Research Methods
Summer 2008, GPA 3.77

University of Florida, Department of Psychology, Gainesville, FL, USA
Master of Science in Psychology
Summer 2005, GPA 3.75

George Mason University, Department of Psychology, Fairfax, Virginia, USA
Bachelor of Arts in Psychology
Spring 2001, GPA 3.97

PUBLICATIONS AND PRESENTATIONS

Publications

Fukuyama, M. A., **Siahpoush, F.**, & Sevig, T. D. (2005). Religion and Spirituality in Cultural Context. In Cashwell, C. S. & Young J. S. (Eds.), *Integrating Spirituality and Religion Into Counseling*. Alexandria, USA: American Counseling Association.

Fukuyama, M. A., Murphy, M., & **Siahpoush, F.** (2003). Bridging the Gap: Weaving Multicultural and Humanistic Perspectives into Transpersonal Education. *The Humanistic Psychologist*, 31, 2, 182-200.

Poster Presentations

Qualitative Investigation of Multicultural Expressions of Spirituality: Implications for Healthcare Providers
Gainesville, FL, Qualitative Research in Health, Illness and Disability Conference, October 2005
Mary A. Fukuyama, Ph.D., Ana Puig, Ph.D., **Farhad Siahpoush**, M.S., et al.

Qualitative Investigation of Multicultural Expressions of Spirituality
American Psychological Association, Honolulu, Hawaii, July, 2004
Mary A. Fukuyama, Ph.D., Ana Puig, Ph.D., **Farhad Siahpoush**, M.S. et al.

Meta-Analytic Study of Self-Esteem and Aggression

George Mason University, Fairfax VA, Fall 2000

1st Author: **Farhad Siahpoush**, Advisor: June P. Tangney, Ph.D.

RESEARCH EXPERIENCE AND MANUSCRIPTS IN PROGRESS

An Investigation of Humility and Its Implication for Therapist Epistemology and Practice

(Doctoral Dissertation) *Spring 2006 - Summer 2008*

This study investigated humility and its relationship with therapist epistemology. It explored the significance of the quality of humility in the practice of counseling.

Principle Investigator: **Farhad Siahpoush, Ph.D.**, Chairperson: Dr. Greg Neimeyer, Ph.D.

Researcher as Instrument of Research, *Summer 2006 - present*

A Gestalt therapy group for faculty and graduate students was formed. Data collected through audio recordings of this group's therapy sessions are currently being analyzed to investigate how qualitative researchers can and do navigate through personal tensions, academic issues and relationships in order to maintain integrity as persons and as instruments of research.

Principle Investigators: **Farhad Siahpoush, Ph.D.**, Mirka Koro-Ljungberg Ph.D.

A Multicultural Investigation of Humility, *Fall 2005 - present*

This is an investigation of humility through the lenses of Vedic, Buddhist and Jewish traditions. Six spiritual teachers, each with 35 years of teaching and practice experiences within their particular tradition, were interviewed regarding their understanding of humility.

Principle Investigator: **Farhad Siahpoush, Ph.D.**

Data, Analysis and Holism, *Fall 2005 - present*

This is a study of data analysis as a human process and the phenomenon of fragmentation. It proposes an ontological basis for analysis. It investigates epistemological assumptions of data analysis and reveals contributors to fragmentation. Finally, assertions emerging from the study support measures to counteract fragmentation.

Principle Investigator: **Farhad Siahpoush, Ph.D.**

Meaning of Spirituality for Latino, Hindu and New Age Youth Spring, *Fall 2005 - present*

This is a study of the meaning of spirituality among youth from three different cultures.

Principle Investigators: Ana Puig, Ph.D., **Farhad Siahpoush, Ph.D.**, Mary Fukuyama Ph.D.

Age Differences in Meaning of Spirituality, *Fall 2005 - present*

This is a study of how age influences the meaning of spirituality across cultures.

Principle Investigators: **Farhad Siahpoush, Ph.D.**, Ana Puig, Ph.D., Mary Fukuyama Ph.D.

Hindu and Muslim Conflict: Real or Imagined, *Fall 2004 - present*

This is a research paper on the origins of Hindu and Muslim conflict and possible paths for its resolution. It looks at the qualitative analysis of data from group meetings within each culture. It also offers a comparative analysis of their foundational scriptural doctrines.

Principle Investigator: **Farhad Siahpoush, Ph.D.**

An Investigation of Forgiveness: A Triarchic Model (Masters Thesis) *Spring 2002 - Summer 2005*

In this study I used qualitative methods based in grounded theory to analyze interview data. It included a very comprehensive study of the existing research on forgiveness. This work culminated in a Triarchic model of forgiveness.

Principle Investigator: **Farhad Siahpoush, M.S.**, Chairperson: Dr. Greg Neimeyer, Ph.D.

Qualitative Research Advisory Group, *Fall 2003 - present*

School of Education, Department of Educational Psychology; This group meets bi-weekly for the purposes of advising and supporting faculty and graduate students with the design and

implementation of their research work. In each meeting one or two advisees present their progress. The group is chaired by Dr. Mirka Koro-Ljungberg.

Spirituality Research Group, Spring 2002 - present

A group affiliated with the Center for Spirituality and Health at the University of Florida came together to investigate spirituality and religion and their importance in counseling work. This group conducted eleven focus groups and the analysis of the data resulted in a poster presentation mentioned above. Further data analysis for construction of a multicultural theory of spirituality is in progress.

Principle Investigators: Mary Fukuyama, Ph.D., Ana Puig, Ph.D., Farhad Siahpoush, M.S.

The Human Emotions Laboratory, Fall 1998 - Summer 2001

George Mason University, Department of Psychology

1. Intergenerational Longitudinal Study of Forgiveness

In this study we examined forgiveness and its effects on individual's social and emotional life. Research sessions with groups of first year college students were conducted. Entered data using Excel, Wordstar, and Galahad software. Ran statistical analyses of data using SPSS.

Principle Investigator: June P. Tangney, Ph.D.

2. Meta Analytic Study of Relationship of Self-Esteem and Aggression

In this study methods of meta-analysis were used to investigate the relationship of two constructs across 800 articles. Developed a coding system, reviewed literature, coded journal articles, and entered data. Principle Investigator: June P. Tangney, Ph.D.

3. A Study of Moral Development

Researchers studied the coding system of moral development developed by Gibbs, et al (1992) and coded data from scenarios based on a moral development questionnaire. Principle Investigator: June P. Tangney, Ph.D.

4. Other research activity at the George Mason University:

- Researched literature on Gender Aware Therapy in support of faculty research project
- Study of Gender Stereotypes: The Autonomic and Evaluative Processes; Independently designed and conducted research with 32 third-year college student participants. Utilized E-Prime software to set up the experiment.

RESEARCH INTERESTS

- East/West Psychology, Eastern approaches to personal developmental, spirituality, Positive Psychology and Transpersonal Psychology
- Multicultural counseling and its interface with Psychological Anthropology
- Gestalt, narrative, constructivist, and social-constructionist approaches to research, therapy, supervision and teaching
- Qualitative research methods
- Ecological psychology and Ecofeminism
- Epistemological basis of counseling theories

EXTENSIVE QUALITATIVE RESEARCH GRADUATE COURSEWORK

Rhizoanalysis (EDF 6905), Spring 2006: In this independent study of deconstruction and postmodernism, the work of Jacques Derrida was studied. The investigation ended with an exploration of Rhizoanalysis and the work of G. Deleuze and F. Guattari and their conceptions of rhizome.

Discourse Analysis (EDF 6905), Fall 2005: In this independent study the methods of conversation analysis, narrative analysis and discourse analysis were studied in more depth than the later mentioned data analysis course. The conversation analysis methods of P. Ten Have, and K. Roulson were studied and applied to collected data. The narrative analysis methods of W. Labov, Stein and Policastro, Ruth and Olberg were studied. The feminist analysis work of L. Brown and

C. Gilligan as applied to conversation was studied. Also the discourse analysis method of J. P. Gee was studied.

Heuristic Research (EDF 6905), Spring 2005: This was an independent study for an in depth investigation of heuristic methods. The phenomenological data analysis methods of A. Giorgi, J., Van kaam, and C. Moustakas were studied, and data collected by phenomenological methods were analyzed.

Qualitative Data Collection (EDF 6938), Spring 2004: This course on qualitative data collection addressed both theoretical and practical dimensions of conducting qualitative research. This advanced course had students consider that data collection concerns are embedded within the larger processes of qualitative research methods and must be considered in holistic ways. For example, data collection decisions are inherently tied to particular epistemological stances and theoretical orientations, as well as to a research focus. In addition data collection processes are interwoven with analysis and often occur simultaneously.

Analyzing Qualitative Data (EDF 6938), Fall 2003: This course was designed to assist researchers in developing skills at qualitative data analysis and the writing process. It used data already collected by the students. This advanced seminar/workshop examined ways in which different theories inform and guide the analysis and interpretation of data. Specific class times were allocated for exercises for working on data collected by students. In addition discussions groups were formed to discuss problems and concerns and conceptual difficulties related to the studied methods. Analysis examples were drawn from constructivism, phenomenology, feminism, poststructuralism, among other orientations. Assignments were designed to facilitate the interaction among literature, theory, data, analysis techniques, and writing.

Qualitative Foundation of Educational Research (EDF 6475), Summer 2003: This course concentrated on postpositivist research with a focus on design of such studies and the issues faced by researchers who use qualitative research. Central objectives included gaining understanding of qualitative research process and its connection to theory, formulation of criteria with which to evaluate qualitative research, and making a first attempt at designing qualitative research. The course required a great amount of reading covering complex topics across a broad range and approaches to qualitative research.

TEACHING EXPERIENCES

Ecopsychology - PSYC 4085-02/5085-01 (*Spring 2009*)

This 3 credit "Horizon Seminar" course allows graduate with undergraduate students to come together to explore concepts and practices associated with ecopsychology. The history of the field and the insights of a number of key thinkers and activists will be introduced. Ecofeminism, environmental ethics and sustainable environmental action will be considered. We will study transpersonal and deep ecology, as well as their parallels espoused by world wisdom traditions and practiced in diverse cultures. This course will encourage learners to develop a strong critical stance, and is designed to integrate rigorous academic dialogue with experiential learning. Students will be invited to learn and develop skills to deepen the mindfulness needed to cultivate human-nature relationships that bring both personal growth and social change.

Self-Actualization: East and West - PSYC 4085-02/5085-01 (*Fall 2008*)

This 3 credit Horizon Seminar served 27 graduate and undergraduate students. In this course learners looked at self-actualization and the personal qualities that are related to and supportive of such consciousness. They explored both Western and Eastern approaches, including those of the Vedic and Sufi wisdom traditions. The course was designed to be critical, deconstructive, contextual and experiential. The purpose of the course was to help liberate learners so that they could creatively design their own paths toward self-actualization. Participants had the opportunity to begin integrating their learning in order to effectively transform their lives and realize their full potentials.

Abnormal Psychology - PSYC 3150-01 (Fall 2008)

This 4 credit undergraduate course served 40 students. Students and instructor worked together as a learning community to explore ideas related to “abnormal psychology.” Our work was two-fold. First we introduced ourselves to the fundamental concepts and issues that underpin abnormal psychology, particularly in the field of clinical and counseling psychology. We then explored how knowledge is produced (*epistemology*), as well as the cross-cultural and ethical issues that impact abnormal psychology. By the end of the semester students were able to recognize the social construction of “abnormal” behavior so that they could make critical and independent personal choices on different theoretical and/or therapeutic approaches, as applied to ourselves and others.

Introduction to General Psychology - PSY 1101-05 (Fall 2008)

This 3 credit undergraduate course served 40 students. The course description is as follows: “Our work this semester will be to weave together two simultaneous learning experiences. First, we will develop foundational knowledge for the field of psychology. Second, we will work to apply this knowledge to better understand our selves and others in our world. Ultimately, this integrated learning experience will be used to develop awareness, insight, and clarity in our lives. Doing this allows us to make sense of our past and our present lives, and to actively direct and affect our future paths as much as possible.”

General Psychology - PSY 2012 (Fall 2004)

This was a three credit undergraduate course serving 60 students.

Abnormal Psychology - CLP 3144 (Spring 2004)

This was a three credit undergraduate course serving 60 students.

General Psychology - PSY 2012 (Fall 2003)

This was a three credit undergraduate course serving 60 students.

COUNSELING AND OUTREACH EXPERIENCE

Doctoral Intern, Fall 2007 – Summer 2008

University of Central Florida Counseling Center, Orlando, Florida

In this one year internship I provided individual, group, and couples therapy for students. I attended weekly seminars that provide CEU certification for university and community counselors. The seminars were on various therapy issues from multiple theoretical perspectives. I provided presentations and support for outreach programs in the university and in the local community. I provided supervision for mental health and social work graduate students in the Spring 2008.

Supervisors: Dr. Andrew Blair, Dr. Karen Hoffman

Gestalt Group Leader, Summer 2006 - Spring 2007

The Gestalt Center of Gainesville, Florida

This Gestalt group therapy was designed to support University of Florida faculty and graduate students. The group dealt with negotiation and the interface of personal and academic life issues. Facilitators: Dr. Margaret Pat Korb and Farhad Siahpoush, M.S.

Graduate Intern Counselor, Summer 2006

Advanced Practicum, University of Florida Counseling Center, Gainesville, Florida

Provided individual counseling, primarily for multicultural and international students. Issues included relationship issues, family of origin issues, individuation issues, test anxiety, career exploration, multicultural issues and sexuality.

Supervisor: Dr. Kevin Shepard

Graduate Intern Counselor, Spring 2006

Advanced Practicum, Peaceful Paths Domestic Abuse Network, Gainesville, Florida

Provided counseling and co-facilitated women's support group at the shelter for processing emotional trauma in order to instill confidence and self-esteem, to promote equality, encourage goal setting, and to teach social skills. At the outreach facility children who live in potentially violent and abusive environment were taught safety measures, alternative non-violent behavior, and how to seek help in emergency situations.

Supervisor: Dr. Dave Suchman

Graduate Intern Counselor, Spring 2004

Advanced practicum, The Gestalt Center of Gainesville, Florida

Provided individual and couples counseling, primarily focused on relationship issues, domestic violence, career exploration, individuation, anxiety, anger and depression management, divorce and separation issues

Supervisors: Dr. Margaret Pat Korb, Dr. Andres Nazario

Graduate Intern Counselor, Fall 2003

Advanced practicum, The Gestalt Center of Gainesville, Gainesville, Florida

Provided individual and couples counseling; primarily focused on relationship issues, domestic violence, career exploration, individuation, anxiety, anger and depression management, divorce and separation issues.

Supervisors: Dr. Margaret Pat Korb, Dr. Andres Nazario

Graduate Intern Counselor, Summer 2003

Practicum, University of Florida Counseling Center, Gainesville, Florida

Provided individual counseling, primarily with multicultural and international students. Issues included relationship issues, family of origin issues, individuation issues, test anxiety, career exploration, multicultural issues and sexuality.

Supervisors: Dr. Nancy Coleman, Dr. Paul G. Schauble

Pre-practicum Counselor, Spring 2003

University of Florida Counseling Center, Gainesville, Florida

Provided brief individual counseling to university population. Issues included family of origin issues, multicultural issues, relationship concerns and academic issues.

Supervisor: Dr. Delgado-Romero, Dr. Franz Epting

PROFESSIONAL TRAINING AND WORKSHOPS

University of Central Florida - Fall 2008, Spring and Summer 2008 (54 hours)

In this year long program I attended 27 seminars on diverse counseling topics. Fourteen of the seminars offered Continuing Education Units; Awarded Certificate of Completion for CEUs

Peaceful Paths Domestic Abuse Network - Spring 2006 (30 Hours)

This week-long workshop/training was required by state of Florida for all those seeking to work with victims of domestic violence; Awarded Certificate of Completion

Facilitators: Launa Avarett, Angel Marino, Trish White

Buddhist Relaxation and Mindfulness Training - Fall 2005

Weekend workshop

Teacher/Facilitator: Dr. Sylvia Boorstein

Gestalt Therapy Professional Training Program - Fall 2002 - Spring 2003; Fall 2003 - Spring 2004; Fall 2004 (140 hours)

This two-year group therapy work continued into a third year by popular demand. It met monthly for a whole weekend in the fall and the spring semesters. This program had a theoretical and practical component with the practical component being the emphasis. The group consisted of

three facilitators and nine trainees, all of whom participated in substantial and serious personal work. Diploma Awarded.

Principle Facilitator: Dr. Margaret Pat Korb

Gainesville Family Institute - Fall 2003 - Spring 2004

For two semesters I was supervised for my work at the Gestalt Center of Gainesville. Supervision was conducted from the orientations of family systems, narrative and postmodern therapy.

Supervisor: Dr. Andres Nazario

God, Faith and Health: Epidemiologic Reflections on Spirituality – March 20, 2003

Workshop

Presenter: Dr. Jeff Levin

Scientific Approaches to The Study of Spirituality and Health - May 17-18, 2002

Workshop

Presenters: Dr. Harris Friedman and Dr. Douglas MacDonald

Intentional Healing: Exploring the Extended Reaches of Consciousness - February 19, 2003

Workshop

Presenter: Dr. Marilyn Schlitz

Humanistic Psychology Workshops - January 31, 2003

The Relational Encounter: Artistry and Constructivist Therapy

Presenter: Dr. Harry M. Leitner

Existence and Spirit: An Inquiry into Therapy's Mystical Core

Presenters: Dr. Kirk J. Schneider and Dr. Ed Mendelowitz

Introduction to Gestalt Therapy Training for Graduate Students – May 21 to June 6, 2002

Teachers/Facilitators: Margaret Pat Korb, Ph.D., Alice Martin, Ph.D.

AWARDS AND HONORS

J. Hillis Miller Presidential Fellowship, University of Florida, Fall 2001-Spring 2006

This is a four-year stipend of \$15,000 for 12 months, plus a waiver of tuitions. It is the most prestigious award that University of Florida offers. It is a merit award and was offered to 15 persons out of 14,000 applicants for graduate study.

Faculty/Student Research Apprenticeship Program, George Mason University, Fall 2000

This was an award (\$1000) to promote research and scholarship working on projects in tandem with faculty.

Faculty/Student Research Apprenticeship Program, George Mason University, Summer 2000

This was an award (\$1000) to promote research and scholarship for working on projects in tandem with faculty.

Dean's List, George Mason University, 1998-2001

For outstanding academic achievement

Dean's List, Northern Virginia Community College, 1996-1998

For outstanding academic achievement

Certificate of Achievement in Geology, Northern Virginia Community College, 1997-98

For outstanding academic achievement

SIGNIFICANT COURSEWORK AND TRAINING

Individual Counseling

- Humanistic-Experiential Counseling (University of Florida)
- Psychology of Deviant Behavior (University of Florida)
- Techniques of Behavior Modification (George Mason University)
- Therapeutic Communication (George Mason University)
- Moral Maturity and Development (George Mason University)
- Personality Psychology (George Mason University)

Counseling Practice

- Supervision (University of Florida)
- Consultation and Program Evaluation (University of Florida)
- Professional Ethics and Skills (University of Florida)
- Group Psychotherapy Techniques (George Mason University)
- Counseling Psychology (George Mason University)

Holistic Therapy (MINOR)

- Multicultural Counseling (University of Florida)
- Gestalt Therapy I (University of Florida)
- Gestalt Therapy II (University of Florida)
- Narrative and Postmodern Therapy (University of Florida)
- Psychological Anthropology (George Mason University)
- Psychology of Women (George Mason University)

Research and Assessment

- Advanced Intellectual Assessment (University of Florida)
- Advanced Personality Assessment (University of Florida)
- Qualitative research Methods (UF, six semesters- mentioned previously)
- Qualitative Research Advisory Group (University of Florida)
- Psychological Tests and Measurement (George Mason University)
- Methods of Meta-Analysis (George Mason University)
- Research Grant Writing (George Mason University)

ACADEMIC REFERENCES

Gregory Neimeyer, Ph.D., Professor
University of Florida
Department of Psychology
P.O. Box 112250
Gainesville, FL 32611-2250
Tel: (352) 273-2161
neimeyer@ufl.edu

Franz Epting, Ph.D., Professor Emeritus
University of Florida
Department of Psychology
P.O. Box 112250
Gainesville, FL 32611-2250
Tel: (352) 222-4500
epting@ufl.edu

Dr. Sheldon Isenberg, Ph.D.
Associate Professor
University of Florida
Department of Religion
132 Anderson Hall
Gainesville, FL 32611
Tel: (352) 392-1625
sri@ufl.edu

Mirka Koro-Ljungberg, Ph.D.
Associate Professor
University of Florida
College of Education
Department of Educational Psychology
1043 Norman Hall
Gainesville, FL 32611
Tel: (352) 392-0723 ext 233
mirka@psychiatry.ufl.edu

Mary Fukuyama, Ph.D., Associate Professor
University of Florida
Department of Psychology
P.O. Box 112250
Gainesville, FL 32611-2250
Tel: (352) 392-1575
fukuyama@counsel.ufl.edu

Alan Pope, Ph.D.
Associate Professor
Acting Chair
Department of Psychology
University of West Georgia
Carrollton, GA 30118-2130
678-839-0601 (office)
678-839-0611 (fax)
apope@westga.edu

Tobin Hart, Ph.D.
Associate Professor
Department of Psychology
University of West Georgia
Carrollton, GA 30118-2130
678-839-0603 (office)
678-839-0611 (fax)
thart@westga.edu

COUNSELING REFERENCES

David Suchman, Ph.D.
University of Florida
Counseling Center
301 Peabody Hall
Gainesville, FL 32611
Tel: (352) 392-1575
suchman@counsel.ufl.edu

Andres Nazario, Ph.D.
Gainesville Family Institute,
Center for Couples and Family Development,
1031 Northwest 6th Street, Suite C-2
Gainesville, FL 32610
Tel: (352) 376-5543
anazario@afn.org

Margaret Korb, Ph.D.
The Gestalt Center of Gainesville
1505 NW 16th Avenue
Gainesville, FL 32605
Tel: (352) 371-1120