#### CURRICULUM VITA

**Michael Tlanusta Garrett, Ph.D., GACSC, FLCSC, NCLSC**

 ****

Professor and Chair

Department of Clinical and Professional Studies

University of West Georgia

237 Education Annex

Carrollton, GA 30118

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**SUMMARY** Demonstrated skills in school counseling, community agency/mental health counseling, and college counseling; teaching, supervision, research, and service; consultation; educational development; administrative leadership; multicultural education and training; youth and student mentoring; program-coordination, program-planning, program-implementation, and program-evaluation; as well as oral and written communication.

**EDUCATION**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ***Degree*** | ***Institution/Department*** | ***Major/Emphasis******Honors*** | ***Specialty*** | ***Minor/******Cognate*** | ***Advisor*** | ***Year***  |
| ***Ph.D.*** | *The University of North Carolina at Greensboro**Department of Counseling and Development (CACREP Accredited Program)* | Counseling and Counselor Education*“Cultural Values and Wellness of Native American High School Students”* | School Counseling | Cultural Anthropology | Dr. Jane Myers | 1996 |
| ***M.Ed.*** | *The University of North Carolina at Greensboro**Department of Counseling and Development (CACREP Accredited Program)* | Counseling and Development | Community/Agency Counseling | Counseling Children & Adolescents | Dr. Jane Myers | 1993 |
| ***B.A.***  | *North Carolina State University* | Psychology,*cum laude* |  | English |  | 1991 |

**TRIBE** Eastern Band of the Cherokee Nation

**LICENSE** Certified School Counselor (P-12) in Georgia and Florida

 Licensed School Counselor (K-12) in North Carolina

##### EXPERIENCE

|  |  |  |  |
| --- | --- | --- | --- |
| ***Position/Role*** | ***Institution/Organization*** | ***Department//Program/Unit*** | ***Years*** |
| **Professor and Chair** | **University of West Georgia** | **Department of Clinical and Professional Studies** | **2012-present** |
| **Interim Director** | **Comprehensive Community Clinic** | **Department of Clinical and Professional Studies** | **2012-2013** |
| **Professor and Chair (Tenure-Accruing)** | **University of West Georgia** | **Department of Collaborative Support and Intervention** | **2011-2012** |
| Consultant | Native American Center for Excellence (NACE)/Substance Abuse and Mental Health Services Administration (SAMHSA) | U.S. Department of Health and Human Services/SAMHSA Center for Substance Abuse Prevention Federal Grant Program | 2011-2012 |
| Consultant | Navajo Nation/Substance Abuse and Mental Health Services Administration (SAMHSA)/Co-Occurring Disorders Integration & Innovation (CODI) | U.S. Department of Health and Human Services/Navajo Regional Behavioral Health Center/SAMHSA SAMHSA Center for Substance Abuse Prevention Federal Grant Program | 2010-2011 |
| **Acting Chair\*** | **University of Florida** | **Department of Counselor Education, Educational Administration, and Educational Psychology** | **2008-2009** |
| **Professor of Counselor** **Education (Tenured)**  | **Department of Counselor Education (CACREP Accredited Program)**  | **2008-2009** |
| **Associate Professor of Counselor** **Education (Tenure-Accruing)** | **2006-2008** |
| **Department Chair\*\*** | **Old Dominion University** | **Department of Educational Leadership and Counseling** **Counseling Program (CACREP Accredited), *School Counseling Track*** | **2004-2006** |
| **Professor of Counseling (Tenured)** | **2005-2006** |
| **Associate Professor of Counseling (Tenured)** | **2004-2005** |
| **Department Head\*\*\*** | **Western Carolina University** | **Department of Human Services** **Counseling Program (CACREP Accredited) *School Counseling Track*** **Jamaica Ministry of Education** | **2002-2004** |
| **Associate Professor of Counseling (Tenured)** | **2001-2004** |
| **Instructor** | **2000-2002** |
| **Assistant Professor of Counseling (Tenure-Accruing)** | **1999-2001** |
| Counselor | Counseling and Psychological Services | 1999-2000 |
| **Assistant Professor of Counseling (Tenure-Accruing), *School Counseling Program Coordinator***  | **University of North Carolina at Charlotte** | **Department of Counseling, Special Education, & Child Development (CACREP Accredited Program)** | **1996-1999** |
| Practicum Supervisor/Coordinator | University of North Carolina at Greensboro | Department of Counseling and Educational Development (CACREP Accredited Program) | 1995-1996 |
| Instructor | 1994-1996 |
| Counselor | Community Counseling Clinic | 1994-1995 |
| Instructor | Office of Continuing Education | 1993-1996  |
| Program Coordinator | Office of Minority Student Affairs | 1992-1996 |
| School Counselor/Project Director\*\*\*\* | Guilford County Public Schools, Greensboro, NC | Smith High SchoolAllen Middle School | 1993-1996 |
| Youth Mentor | Guilford Native American Association, Greensboro, NC |  | 1992-1994 |
| Therapist/Intern | Family and Children’s Services, Greensboro, NC |  | 1992-1993 |
| Child Therapist/Intern | 1992 |
| Rape Crisis Counselor/Volunteer | Interact, Inc. |  | 1990-1991 |
| Day Camp Director/Counselor | Garner City Parks and Recreation, Garner, NC |  | 1991 |

*Note: Academic positions listed in bold.*

*\* Administrative responsibility for interdisciplinary department consisting of five academic program areas and 40+ faculty and staff*

*\*\*Administrative responsibility for interdisciplinary department consisting of five academic programs and 50+ faculty and staff*

*\*\*\* Administrative responsibility for interdisciplinary department consisting of four academic programs and 50+ faculty and staff*

*\*\*\*\* Youth Unity Circle Project*, split position between Middle and High School in conjunction with Guilford Native American Association

***TEACHING***

**TEACHING PHILOSOPHY**

*"Tell me and I forget. Teach me and I remember. Involve me and I learn."* —Benjamin Franklin

***Personal Reflections on Teaching***

* *What starts out being a simple trip from one place to another can end up being the beginning of a journey.*
* *The best teachers have more questions than answers.*
* *Life is about learning while true learning is about life.*
* *The biggest opportunity in teaching is knowing how and when to connect with your students.*
* *The biggest challenge in teaching is knowing when not to teach so that the learning process can unfold naturally in its own way and time.*

My philosophy of teaching is simple, and based on many moments of learning from students while in the role of “teacher.” A number of years ago, one of my students said about my teaching, “There are many professors, but few teachers. You are truly a teacher. You are the only teacher who has taught me from the inside-out as opposed to the outside-in. You have helped me find my truth and know my own intelligence...” This statement moved me so, and for the first time in years, captured for me the essence of impact on a life that hopefully continues to resonate in some small way, reaching out to impact the lives of others through that person in a meaningful way. Therefore, this quote, so aptly put by a thoughtful student, best illustrates my philosophy of teaching through the deepest belief that true learning happens from the inside-out, moving from awareness through knowledge to skill and integration. I believe that the best students ask themselves the most challenging questions and seek to experience learning directly and deeply. I believe that the best teachers are also the best students. You know that you have learned something when you can really feel it and make a connection of some kind, even long after that moment it was learned.... because true learning continues uninterrupted, oblivious to time. Some of the most powerful learning for me has been those simple moments of truth that awaken you to a life you never knew existed. For me, true education is less about knowing something than it is about seeing possibility in the ranging beauty of the forest and the ageless detail of the trees, and getting involved for the betterment of people’s lives.

**SUMMARY OF COURSES TAUGHT**

* Advanced Counseling Internship
* Career Development
* Counseling Children and Adolescents
* Counseling Internship
* Counseling Practicum
* Counseling Skills (graduate level)
* Developmental Counseling Across the Life Span
* Ethical, Legal, and Professional Issues in Counseling
* Group Counseling
* Helping Skills (undergraduate level)
* Implementing School Counseling Programs
* Introduction to American Indian Studies
* Introduction to School Counseling
* Multicultural Counseling

**University of West Georgia (2011-present):**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Semester** | **Course Number** | **Enr** | **Resp** | **Item** | **Means** |
| **Instruc** | **Dept** | **Coll** |
| *Summer**2013* | Internship: Professional Counseling – CEPD 8189  | 1 |  | Student-Centered Questions |  | N/A | N/A |
| Discipline-Centered Questions |  | N/A | N/A |
| Instructor-Centered Questions |  | N/A | N/A |
| Course Overall |  | N/A | N/A |
| Internship: Professional Counseling – CEPD 6182  | 7 |  | Student-Centered Questions |  | N/A | N/A |
| Discipline-Centered Questions |  | N/A | N/A |
| Instructor-Centered Questions |  | N/A | N/A |
| Course Overall |  | N/A | N/A |
| Internship: Professional Counseling – CEPD 6188  | 5 |  | Student-Centered Questions |  | N/A | N/A |
| Discipline-Centered Questions |  | N/A | N/A |
| Instructor-Centered Questions |  | N/A | N/A |
| Course Overall |  | N/A | N/A |
| *Spring**2013* | Internship: Professional Counseling – CEPD 6182  | 11 | 11 | Student-Centered Questions | **4.64** | N/A | N/A |
| Discipline-Centered Questions | **4.72** | N/A | N/A |
| Instructor-Centered Questions | **4.70** | N/A | N/A |
| Course Overall | **4.67** | N/A | N/A |
| *Fall* *2012* | Internship: Professional Counseling – CEPD 6182  | 12 | 10 | Student-Centered Questions | **4.81** | N/A | N/A |
| Discipline-Centered Questions | **4.82** | N/A | N/A |
| Instructor-Centered Questions | **4.86** | N/A | N/A |
| Course Overall | **4.83** | N/A | N/A |
| Internship: Professional Counseling – CEPD 6182  | 2 | 0 | Student-Centered Questions | N/A | N/A | N/A |
| Discipline-Centered Questions | N/A | N/A | N/A |
| Instructor-Centered Questions | N/A | N/A | N/A |
| Course Overall | N/A | N/A | N/A |
| *Spring 2012* | Internship: School Counseling – CEPD 6186  | 12 | 11 | Student-Centered Questions | **4.90** | N/A | N/A |
| Discipline-Centered Questions | **4.73** | N/A | N/A |
| Instructor-Centered Questions | **4.73** | N/A | N/A |
| Course Overall | **4.79** | N/A | N/A |
| *Fall* *2011* | Internship: School Counseling – CEPD 6186  | 7 | 7 | Student-Centered Questions | **4.63** | N/A | N/A |
| Discipline-Centered Questions | **4.63** | N/A | N/A |
| Instructor-Centered Questions | **4.80** | N/A | N/A |
| Course Overall | **4.69** | N/A | N/A |
| Practicum: Professional Counseling – CEPD 7185 | 6 | 4 | Student-Centered Questions | **4.97** | N/A | N/A |
| Discipline-Centered Questions | **4.80** | N/A | N/A |
| Instructor-Centered Questions | **4.98** | N/A | N/A |
| Course Overall | **4.92** | N/A | N/A |

Note: Scale used 1 to 5, 5 is **high**; Enr=number of students enrolled in the course at the end of the semester; Resp=number of students that submitted course evaluations

**University of Florida (2006-2009):**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Semester** | **Course Number** | **Enr** | **Resp** | **Item** | **Means** |
| **Instruc** | **Dept** | **Coll** |
| *Summer 2009* | Group Supervision - MHS 7804 | 27 | 24 | Instructor Evaluation | **4.72** | 4.50 | 4.42 |
| Instructor Overall | **4.78** | 4.57 | 4.51 |
| College Instructor Questions | **4.61** | 4.43 | 4.39 |
| *Spring 2009* | Developmental Counseling Over the Life Span - MHS 6480 | 23 | 23 | Instructor Evaluation | **4.82** | 4.39 | 4.32 |
| Instructor Overall | **4.96** | 4.49 | 4.37 |
| College Instructor Questions | **4.80** | 4.32 | 4.29 |
| *Fall* *2008* | Developmental Counseling Over the Life Span - MHS 6480 | 37 | 33 | Instructor Evaluation | **4.69** | 4.41 | 4.32 |
| Instructor Overall | **4.79** | 4.51 | 4.37 |
| College Instructor Questions | **4.56** | 4.37 | 4.29 |
| *Summer 2008* | Multicultural Counseling - MHS 6428 | 43 | 38 | Instructor Evaluation | **4.73** | 4.65 | 4.43 |
| Instructor Overall | **4.84** | 4.71 | 4.49 |
| College Instructor Questions | **4.66** | 4.58 | 4.39 |
| *Spring 2008* | Professional Identity and Ethics - MHS 6720 | 20 | 20 | Instructor Evaluation | **4.46** | 4.31 | 4.30 |
| Instructor Overall | **4.60** | 4.34 | 4.34 |
| College Instructor Questions | **4.38** | 4.24 | 4.26 |
| Developmental Counseling Over the Life Span - MHS 6480 | 24 | 20 | Instructor Evaluation | **4.66** | 4.31 | 4.30 |
| Instructor Overall | **4.78** | 4.34 | 4.34 |
| College Instructor Questions | **4.69** | 4.24 | 4.26 |
| *Fall* *2007* | Career Development - MHS 6340 | 6 | 6 | Instructor Evaluation | **4.94** | 4.34 | 4.29 |
| Instructor Overall | **5.00** | 4.40 | 4.33 |
| College Instructor Questions | **4.94** | 4.31 | 4.27 |
| Developmental Counseling Over the Life Span - MHS 6480 | 19 | 19 | Instructor Evaluation | **4.81** | 4.34 | 4.29 |
| Instructor Overall | **4.88** | 4.40 | 4.33 |
| College Instructor Questions | **4.75** | 4.31 | 4.27 |
| *Summer 2007* | Group Supervision - MHS 7804 | 14 | 9 | Instructor Evaluation | **5.00** | 4.37 | 4.42 |
| Instructor Overall | **5.00** | 4.44 | 4.48 |
| College Instructor Questions | **4.92** | 4.34 | 4.39 |
| *Spring 2007* | Developmental Counseling Over the Life Span - MHS 6480 | 26 | 26 | Instructor Evaluation | **4.62** | 4.29 | 4.33 |
| Instructor Overall | **4.69** | 4.37 | 4.30 |
| College Instructor Questions | **4.52** | 4.24 | 4.21 |
| *Fall* *2006* | Developmental Counseling Over the Life Span - MHS 6480 | 21 | 18 | Instructor Evaluation | **4.65** | 4.29 | 4.30 |
| Instructor Overall | **4.56** | 4.33 | 4.34 |
| College Instructor Questions | **4.58** | 4.25 | 4.27 |

Note: Scale used 1 to 5, 5 is **high**; Enr=number of students enrolled in the course at the end of the semester; Resp=number of students that submitted course evaluations

**Old Dominion University (2004-2006):**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Semester** | **Course**  | **Enr** | **Resp** | **Item** | **Means** |
| **Instruc** | **Dept** | **College** |
| *Spring 2006* | Counseling Children & Adolescents in Schools – COUN 678 | 9 | 7 | Instructor Evaluation | **4.29** | 4.22 | 4.43 |
| *Fall* *2005* | Group Counseling – COUN 644 | 14 | 14 | Instructor Evaluation | **4.70** | 4.32 | 4.45 |
| Advanced Group Counseling – COUN 844 | 1 | 1 | Instructor Evaluation | **5.00** | 4.32 | 4.45 |
| *Spring 2005* | Counseling Internship – COUN 792 | 4 | 4 | Instructor Evaluation | **5.00** | 4.29 | 4.45 |
| Counseling Internship – COUN 792 | 2 | 2 | Instructor Evaluation | **5.00** | 4.29 | 4.45 |
| *Fall 2004* | *Administrative release time* |  |  |  |  |  |  |

Note: Scale used 1 to 5, 5 is **high**; Enr=number of students enrolled in the course at the end of the semester; Resp=number of students that submitted course evaluations

**Western Carolina University (1999-2004):**

* Implementing School Counseling Programs (COUN 665)
* Counseling Internship (COUN 687)
* Counseling Practicum (COUN 686)
* Group Methods (COUN 635)
* Counseling Children & Adolescents (COUN 620)
* Multicultural Counseling (COUN 615)
* The Helping Relationship (COUN 605)
* Applied Practice in Counseling (PSY 393, Kingston, Jamaica)
* Applied Practice in Counseling (PSY 393, Mandeville, Jamaica)

**University of North Carolina at Charlotte (1996-1999):**

* School Counseling (CSLG 7141)
* Multicultural Counseling (CSLG 6145)
* Group Counseling (CSLG 6120)
* Counseling Techniques (CSLG 6110)
* Ethical & Professional Issues in Counseling (CSLG 6101)
* Advanced Internship (CSLG 7436)
* Internship (CSLG 7435)
* Practicum in Counseling/Guidance (CSLG 7430)
* Introduction to American Indian Studies (AMST 3000-co-taught with interdisciplinary faculty)

**University of North Carolina at Greensboro (1996):**

* Counseling Multicultural & Diverse Populations (CED 605, co-taught with Dr. Jim Fuller)
* Helping Skills (CED 310)

GUEST LECTURES

* *Understanding gender.* Multicultural Counseling and Education (CEPD 7138), Spring 2013, University of West Georgia.
* *Using the “walk across” to promote multicultural awareness, knowledge, and skills.* Multicultural Counseling and Education (CEPD 7138), Spring 2013, University of West Georgia.
* *The relational impact of addiction.* Substance Abuse/Addiction: Prevention and Treatment Counseling (CEPD 7155), Fall 2012, University of West Georgia.
* *Understanding and counseling indigenous clients.* Multicultural Counseling and Education (CEPD 7138), Summer 2012, University of West Georgia.
* *Understanding and counseling indigenous clients.* Multicultural Counseling and Education (CEPD 7138), Spring 2012, University of West Georgia.
* *Using the “walk across” to promote multicultural awareness, knowledge, and skills.* Multicultural Counseling and Education (CEPD 7138), Spring 2012, University of West Georgia.
* *The relational impact of addiction.* Substance Abuse/Addiction: Prevention and Treatment Counseling (CEPD 7155), Fall 2011, University of West Georgia.
* *Using “Ayeli”as a culturally-based centering technique based on indigenous healing methods.* Multicultural Counseling and Education (CEPD 7138), Fall 2011, University of West Georgia.
* *Team-building through an indigenous approach.* Dean of Students Office, Associate Staff Retreat, “Coping in Troubled Times,” Summer 2009, University of Florida.
* *Understanding the essence of indigenous healing methods and spirituality.* Multiculturalism and Diversity in Counseling and Psychology (PCO 6278), Fall 2008, University of Florida.
* *Relational-Cultural Theory (RCT): A new model of psychological development and therapy.* Advanced Theories (MHS 6938), Spring 2008, University of Florida.
* *Learning from natural elements as metaphors for therapeutic change: A Native American perspective.* Nature as a Metaphor for Counseling (EDPY 693), Summer 2007, Western Carolina University.
* *Relational-Cultural Theory (RCT): A new model of psychological development and therapy.* Advanced Theories (MHS 6938), Spring 2007, University of Florida.
* *Understanding and counseling Native people.* Social and Cultural Issues in Counseling (COUN 655), Summer 2006, Old Dominion University.
* Culture and Counseling (CNS 747), Spring 2006, Wake Forest University.
* *Understanding and counseling Native people.* Culture and Counseling (CNS 747), Spring 2006, Wake Forest University.
* *Counseling Native people.* Social and Cultural Issues in Counseling (COUN 655), Fall 2005, Old Dominion University.
* *Understanding and working with Native Americans.* Diversity Issues in Human Services (HMSV 346), Fall 2005, Old Dominion University.
* *Conflict resolution and team-building with groups.* Working with Groups in Higher Education (HIED 795/895), Fall 2005, Old Dominion University.
* *Ethical and professional practice in the counseling profession.* Licensure renewal training for faculty, Summer 2005, Old Dominion University.
* *Counseling Native people.* Social and Cultural Issues in Counseling (COUN 655), Fall 2004, Old Dominion University.
* *Basic facilitation skills in the supervisory relationship.* Professional Issues in Speech-Language Pathology (EDCD 630), Spring 2004, Western Carolina University.
* *The Cherokee story of God.* Religious Perspectives: The Story of God (PHIL 393), Fall 2002, Western Carolina University.
* *Communication styles and professional issues of working with Native people.* Professional Issues in Communication Sciences and Disorders (EDCD 630), Spring 2001, Western Carolina University.
* *Indian education and current issues facing Cherokee youth.* Historical, Social, and Philosophical Foundations of Education (EDCI 231), Fall 2000, Western Carolina University.
* *Life histories of Native Americans*. Elementary and Middle Grades Social Studies (EDEL 317), Fall 1999, Western Carolina University.
* *Teaching Indian students.* North Carolina Teaching Fellows Program, Spring 1999, UNC-Charlotte.
* *Growing up on the reservation.* Native North American Indian Literature, Spring 1999, UNC-Charlotte.
* *Justice, harmony, equity.* Communication/Peer Leadership, Fall 1998, UNC-Charlotte.
* *Communicating through the power of relation.* Professional Communications in Nursing, Fall 1998, UNC-Charlotte.
* *Understanding the way of the circle*. Spiritual Dimensions of Counseling, Fall 1998, UNC-Charlotte.
* *Native American spiritual traditions and the helping relationship*, Spirituality and Social Work Practice, Fall 1998, UNC-Charlotte.
* *Understanding and counseling Native Americans.* Counseling Multicultural and Diverse Populations, Spring 1998, UNC-Greensboro.
* *Understanding the way of the circle*. Spiritual Dimensions of Counseling, Spring 1998, UNC-Charlotte.
* *Traditional education in tribal ways*. Indians of the Southeastern United States, Fall 1997, UNC-Charlotte.
* *Understanding and counseling Native Americans*. Counseling Multicultural and Diverse Populations, Fall 1997, UNC-Greensboro.
* *What it means to be strong: Maintaining health and wellness through personal balance*. Career and Life Planning, Spring 1996, UNC-Greensboro.
* *Keeping you medicine strong: Traditional Native American ways for creating wellness through harmony and balance.* Stress Management, Fall 1995, UNC-Greensboro.
* *Multicultural communication and helping skills*. Helping Skills, Fall 1995, UNC-Greensboro.
* *Between being and doing*. The Many Worlds of Time, Fall 1995, UNC-Greensboro.
* *Native American sweatlodge as guide for group process and technique*. Techniques of Group Counseling, Spring 1995, UNC-Greensboro.
* *Value orientation and the impact of culture*. Ethnographic Research Methods, Spring 1995, UNC-Greensboro.
* *The unity circle: Counseling children using traditional Native American techniques*. Counseling and Guidance with Children, Spring 1995, UNC-Greensboro.
* *Native American sweatlodge as guide for group process and technique*. Techniques of Group Counseling, Spring 1995, UNC-Greensboro.
* *Native American family and the concept of relation*. Developmental Patterns of the Family, Fall 1994, UNC-Greensboro.
* *"Centering" as personal and professional technique*. Consultation, Fall 1994, UNC-Greensboro.
* *Keeping you medicine strong: Traditional Native American ways for creating wellness through harmony and balance.* Stress Management, Spring 1994, UNC-Greensboro.
* *A unity model of group work with children*. Counseling and Guidance with Children, Spring 1994, UNC-Greensboro.
* *Understanding and counseling Native Americans through a traditional approach*. Counseling Multicultural and Diverse Populations, Spring 1994, UNC-Greensboro.
* *Reflection of feeling and self-disclosure*. The Helping Relationship, Fall 1993, UNC-Greensboro.

 **DOCTORAL DISSERTATION/MASTER’S THESIS COMMITTEES**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Role** | **Student** | **Research Title** | **Program or Home Dept.** | **CompletionDate** |
| **Chair,** **1 Ph.D. Committee** | Michael Brubaker | Counseling the chronically homeless: Overcoming psychological barriers to mental health and substance abuse services | Counselor Education | August 2009 (UF) |
| **Member,** **9 Ph.D. Committees**  | Donna Eskut | Effect of training in de-escalation and restraint for students at risk due to physical aggression in school | School Improvement | In process |
| Lark Lanier | Effects of cross age tutoring on reading for first and second grade students | Counseling and Supervision | In process |
| Cyrus Williams | Discovering and addressing the unique intrapersonal dynamics of first generation college students | Counselor Education | December 2009 (UF) |
| Teresa Liebforth | School counselors working with students in exceptional student education and their families | Counselor Education | May 2008 (UF) |
| Aprille Dallape | Relational aggression among middle school girls | Counselor Education | December 2007 (UF) |
| Anca Mirsu-Paun | Validation of an assessment instrument for culturally sensitive health care | Psychology | August 2007 (UF) |
| Jill Geltner | Curriculum components of classroom management training for school counselors: A Delphi study | Counselor Education | May 2007 (UF)  |
| Sheila Gibbs | Teacher perceptions of teacher bullying | Educational Leadership | August 2006(WCU) |
| Nathan Frizzell | Curriculum leaders’ perspectives on the qualities of successful Native American bicultural education programs | Educational Leadership | May 2004(WCU) |
| **Chair,** **5 Ed.S. /M.Ed. Committees** |   | School Counseling/Mental Health Counseling/Marriage & Family Counseling | Counselor Education | 2006- 2009 (UF) |
| **Member,** **1 Ed.S. Committee** | Trisha Crawford | The effectiveness of virtual manipulatives on middle grades math instruction | Special Education | In process (UWG) |
| **Member,** **24 Ed.S. /M.Ed. Committees** |  | School Counseling/Mental Health Counseling/Marriage & Family Counseling | Counselor Education | 2006- 2009 (UF) |
| **Member,** **4 Master’s Thesis Committees** | Cynthia McClure | Job satisfaction of school-based speech-language pathologists: A survey of rural western North Carolina | CommunicationDisorders | May 2002(WCU) |
| Myra Morgan | A problem-solving skills support group for at-risk adolescents | Counseling | May 1999(UNCC) |
| Ebuni McFall | Ebony versus ivory: Effects of skin color upon African American adolescent females ratings of peers and self | Counseling | May 1999(UNCC) |
| Kim Folk | Structured group manual for peer helper group working with suicidal adolescents | Counseling | May 1998(UNCC) |

***SCHOLARSHIP***

*“All things are sacred and must be understood deeply if we really wish to purify ourselves, for the power of a thing or an act is in the meaning and the understanding.”* Black Elk, Lakota

**RESEARCH INTERESTS**

|  |  |  |
| --- | --- | --- |
| ***Cultural Values*** | ***Acculturation*** | ***Wellness*** |
| * Counseling Native Americans
* Indigenous Education
* Intercultural Relationships
* Multicultural Counseling & Supervision
* Multicultural Education
* Multicultural Group Work
* Narrative Analysis of Oral Traditions
 | * Bicultural Identity Development
* Bicultural Competence
* Native American Acculturation
* Critical Incidents in Developmental Counseling

feather5 | * Counselor Self-Care
* Culturally-Based Individual and Group Techniques
* Group Work with Children and Adolescents
* Innovative Approaches in School Counseling
* Spirituality in Counseling
* Wellness, Resilience, and Indigenous Spiritual Traditions as Healing
 |

**Current Emphases**

My central research focus has emphasized exploring the relationship between cultural values, acculturation, and wellness with implications for:

* Strength-based work to improve wellness and resilience of children, adolescents, and adults in families, schools, and communities
* Developmental, culturally-based therapeutic interventions
* Bicultural competence and cultural identity development
* Enhancement of school persistence among at-risk youth
* Understanding and betterment of indigenous and other diverse populations

**PUBLICATIONS**

**Books [11]**

**Garrett, M. T.** (Ed.) (under contract).*Adversity: Psychology, Influences of Childhood & Adolescence and Coping Strategies.* Hauppauge, NY: Nova.

**Garrett, M. T.,** & Torres Rivera, E., & Portman, T. A. A. (under contract). *Supervision for the helping professions: A multicultural approach.* Thousand Oaks, CA: Sage.

Torres Rivera, E., & **Garrett, M. T.** (under contract). *Introduction to counseling: A multicultural and social justice perspective.* Thousand Oaks, CA: Sage.

**Garrett, M. T.,** & Garrett, J. T. (2012). *Native American faith in America* (2nd ed.). New York: Facts on File.

Choudhuri, D. D., Santiago-Rivera, A. L., & **Garrett, M. T.** (2012). *Counseling and diversity: Central concepts and themes for competent practice.* Boston, MA: Cengage/Lahaska Press.

**Garrett, M. T.,** & Portman, T. A. A. (2011). *Counseling and diversity: Counseling Native Americans.* Boston, MA: Cengage/Lahaska Press.

**Garrett, M. T.,** & Garrett, J. T. (2003). *Native American faith in America*. New York: Facts on File.

Garrett, J. T., & **Garrett, M. T.** (2002). *The Cherokee full circle: A practical guide to ceremonies and traditions*. Rochester, VT: Bear & Co.

**Garrett, M. T.** (1998). *Walking on the wind: Cherokee teachings for healing through harmony and balance.* Santa Fe, NM: Bear & Co. (Translation in Korean)

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Brotherton, D., Norman, M., **Garrett, M. T.**, & Graven, M. (2011). Using nature as a metaphor for counseling: Implications for training. Manuscript submitted for publication.

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McCloskey, C, **Garrett, M. T.,** & Mintz, L. (in progress). Career counseling with Native women: A culturally-responsive approach.

**Garrett, M. T.,** Vereen, L., Torres-Rivera, E., & Brubaker, M. D. (in progress). The use of humor in group work.

**Garrett, M. T.,** Brubaker, M. D., & Torres-Rivera, E. (in progress). Native American spiritual traditions and substance abuse recovery.

**Garrett, M. T.,** Brubaker, M. D., & Torres-Rivera, E. (in progress). Critical incidents in spiritual development: Implications for counseling.

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**Garrett, M. T.,** & Torres-Rivera, E. (in progress). Native American vision quest as metaphor for therapeutic process.

Torres-Rivera, E., & **Garrett, M. T.** (in progress). Talking the talk: Language and ethnic diversity in counseling.

**Garrett, M. T.** (in progress). Counseling Native American students in the schools.

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**Garrett, M. T.** (in progress). Native education: Living the reflection in the river’s waters.

**Garrett, M. T.** (in progress). Native American noninterference: Implications for counseling.

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Torres-Rivera, E., & **Garrett, M. T.** (in progress). Teaching group counseling.

**Garrett, M. T.** (in progress). Group synergy: Going with the flow.

**Garrett, M. T.** (book in progress). *Where power moves: A handbook of Native American therapeutic techniques and interventions for the helping professions.*

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**Garrett, M. T.** (1997, November). The sun and the moon. *Identity Plus: UNCG Minority Affairs Newsletter.*

**Garrett, M. T.** (1996, February). "Don-ne-la-we-ga": The Native American pow-wow. *Identity Plus: UNCG Minority Affairs Newsletter.*

**Garrett, M. T.** (1995, November). Four elements of right relationship. *Identity Plus: UNCG Minority Affairs Newsletter.*

 **Garrett, M. T.** (1995, November). How strawberries came to be. *Identity Plus: UNCG Minority Affairs Newsletter.*

 **Garrett, M. T.** (1995, November). Owning the sky. *Identity Plus: UNCG Minority Affairs Newsletter.*

**Garrett, M. T.** (1995, October). Walking the talk together: Cultural communication and relationships. *Identity Plus: UNCG Minority Affairs Newsletter.*

**Garrett, M. T.** (1995, April). A lesson from grandfather. *Identity Plus: UNCG Minority Affairs Newsletter.*

**Garrett, M. T.** (1994, November). Giveaway. *Identity Plus: UNCG Minority Affairs Newsletter.*

**Garrett, M. T.** (1994, May). The medicine wheel. *Identity Plus: UNCG Minority Affairs Newsletter.*

**Garrett, M. T.** (1993, November). The tradition of giving-thanks. *Identity Plus: UNCG Minority Affairs Newsletter.*

**EDITORIALSHIPS**

* Editorial Board Member, *Interamerican Journal of Psychology*, 2011-present.
* Ad Hoc Reviewer, *Journal of American Indian Education,* 2012-present.
* Ad Hoc Reviewer, *Cultural Diversity and Ethnic Minority Psychology,* 2006-present.
* Ad Hoc Reviewer, *Journal for Specialists in Group Work*, 2004-2012.
* Ad Hoc Reviewer, *Journal for Multicultural Counseling and Development*, 2004-2012.
* Editorial Board Member, *Journal of Counseling and Development*, 2005-2012.
* Editorial Board Member, *Counseling and Values*, 1997-2006.
* Editorial Board Member, *Journal of Multicultural Counseling and Development*, 1997-2000.
* Editorial Board Member, *Journal for Specialists in Group Work*, 1997-2003.
* Editorial Reviewer, Wadsworth Publishing: *Counseling Children and Adolescents*, 2003.
* Outside Dissertation Reviewer, Saybrook Graduate School and Research Center, 2000-2001.
* Editorial Reviewer for *Journal of Counseling and Development (Special Issue)*, Personal Narratives on Racism, 1997.
* Editorial Reviewer, *Directions in Rehabilitation Counseling*, 1997.
* Editorial Reviewer, American Counseling Association: Herring, R. D. (1997). *Career Development in Schools: A Multicultural and Developmental Approach.* Alexandria, VA: ACA.

**EXTERNAL REVIEWS**

* External Reviewer for the University of North Texas, Department of Counseling and Higher Education, 2009.
* External Reviewer for North Carolina State University, Department of Curriculum and Instruction, 2009.
* External Reviewer for Johns Hopkins University, Department of Counseling and Human Services, 2008.
* External Reviewer for the University of Colorado at Denver, Department of Counseling Psychology and Counselor Education, 2007.
* External Reviewer for the University of Wisconsin-Milwaukee, Department of Educational Psychology, 2006.
* External Reviewer for the University of Iowa, Department of Counseling, Rehabilitation, and Student Development, 2006.
* External Reviewer for Fairfield University School of Graduate Studies, 2005.

**GRANTS *[Total Funded = $432,928.00]***

* PI, Comprehensive Community Clinic Facilities Project, $188,000.00 (Funded).
* Co-PI, UWG Tech Fee Project, $180,500.00 (Funded).
* Co-PI, “Community-building conducive to children’s and adolescents’ academic success through multicultural group work practices,” Braitmayer Foundation, 2008, Amount: $35,000.00 (Not funded).
* Co-PI, “Contesting racism in the academy: A topic-based faculty learning community proposal,” University of Florida, 2008, Amount: $38,191.00 (Funded: $26,103.00).
* Co-PI, “The counseling of counselors: Help-seeking behavior of counselors who are members of ACA,” Association for Counselor Education and Supervision Research Grant, 2005, Amount: $800.00 (Not funded).
* ODU Darden College of Education Professional Development Fund, 2005, Amount: $500.00 (Funded).
* WCU Chancellor’s Faculty Research Presentation Fund, 2004, Amount: $500.00 (Funded).
* “Advanced Multicultural Studies,” WCU Vice Chancellor’s Instructional Improvement Grant, 2002, Amount: $600.00 (Funded).
* WCU Microgrant, 2000, Amount: $700.00 (Not funded).
* PI, “CIRCLES: Child welfare integrating responsiveness to cultural needs and legislative standards emphasizing safety, permanency, and well-being,” U.S. Department of Health and Human Services, Native American Child Welfare Grant, 1999, Amount: $397,046.00 (Not funded).
* WCU Microgrant, 1999, Amount: $700.00 (Not funded).
* PI, UNC-Charlotte Faculty Research Support Request, 1998, Amount: $3425.00 (Not funded).
* PI, UNC-Charlotte Junior Faculty Research Fellowship, Summer 1998, Amount: $2925.00 (Not funded).
* PI, Association for Specialists in Group Work Research Grant, 1997, Amount: $500.00 (Not funded).
* PI, UNC-Charlotte Junior Faculty Research Fellowship, Summer 1997, Amount: $3500.00 (Funded).
* PI, “Counseling and Traditional Native American Values,” General Commission on Religion and Race, United Methodist Church, 1993-1994, Amount: $33,325.00 (Funded).

**PROFESSIONAL PRESENTATIONS**

**National/International [46]**

**Invited Presentations**

* Molina, B., **Garrett, M. T.,** Monteiro-Leitner. (2009, March).  *Walking the path of multicultural group work: Social justice and service learning.* Invited presentation at the annual conference of the American Counseling Association, Charlotte, NC.
* **Torres Rivera, E., & Garrett, M. T.**  (2008, February). *U-no-le-hi: Joining the four winds together through effective group work.*  Invited presentation at the annual conference of the Association for Specialists in Group Work, St. Pete Beach, FL.
* Molina, B., **Garrett, M. T.,** Schmidt, B., Madwid, R. (2008, February).  *Closing session: Honoring the circle of life, love, and harmony.* Invited presentation at the annual conference of the Association for Specialists in Group Work, St. Pete Beach, FL.
* **Garrett, M. T., & Torres Rivera, E.** (2008, February).  *Opening session: Bringing the natural elements of relation to life in group work: A Native American Perspective.* Invited presentation at the annual conference of the Association for Specialists in Group Work, St. Pete Beach, FL.
* **Garrett, M. T.** (2007, March). *Counseling American Indians using traditional cultural elements of relationship.* Invited multicultural training session presented at the Weaving Threads of Indigenous Education Conference through the American Indian Teacher Training Program, University of Utah, Salt Lake City, UT.
* Jones, J., **Garrett, M. T.**, King, G., Barklay, S., & Grayshield, L. (2007, March). *Creating nvwatiyi: A place of good medicine.* Invited presentation at the American Counseling Association Annual Convention, Detroit, MI.
* **Garrett, M. T.** (2007, March). Bringing the elements of relationship to life in group work. Presentation as part of the Association for Specialists in Group Work Fellows Symposium at the American Counseling Association Annual Convention, Detroit, MI.
* **Garrett, M. T.,** & Molina, B. (2007, February). *Traditional and non-traditional approaches to wellness: Implications for multicultural group work and its role in psychology and education.* Invited presentation at the 24th Annual Columbia University Teachers College Winter Roundtable on Cultural Psychology and Education, New York, NY.
* **Garrett, M. T.** (2006, October). *Native American approaches to working with children and adolescents.* Invited multicultural training session for the Hall-Brooke Behavioral Health Services Annual Colloquium, Westport, CT.
* **Garrett, M. T.** (2006, June). *Working with Native children and families through therapeutic approaches based on traditional teachings.* Invited multicultural training session for the American Indian Teacher Training Program, University of Utah, Salt Lake City, UT.
* **Garrett, M. T.** (2005, November). *Donelawega: Building the heart of community through Native American tradition.* Invited multicultural education training series at Fairfield University, Fairfield, CT.
* **Garrett, M. T.,** Torres-Rivera, E., & Pack-Brown, S. (2005, April). *Heartbeat of the circle: Experiencing multicultural group work.* Training session at the American Counseling Association Annual Convention, Atlanta, GA.
* **Garrett, M. T.** (2004, June). *Aboringinal worldview and intergenerational trauma.* Training session at the Conflict Resolution Network Canada Annual Conference. Kitcherner, Ontario, Canada.
* **Garrett, M. T.** (2003, November). *Voices over the generations*. Presentation/Flute Performance at the National Indian Education Association Annual Convention, Greensboro, NC.
* **Garrett, M. T.** (2003, July). *Native American health practices*. Presentation at the East Tennessee State University Medical School Appalachian Preceptorship, Johnson City, TN.
* Garrett, J. T., & **Garrett, M. T.** (2001, July). *Native American health practices*. Presentation at the East Tennessee State University Medical School, Johnson City, TN.
* Garrett, J. T., & **Garrett, M. T.** (1999, July). *Responding to the needs of Native American patients*. Presentation at the East Tennessee State University Medical School, Johnson City, TN.
* **Garrett, M. T**., & Garrett, J. T. (1999, April). *The Cherokee way of right relationship: Protecting our environment and ourselves.* Presentations at the annual conference of the Smoky Mountain Natural History Association, Gatlinburg, TN.
* **Garrett, M. T.** (1999, September). *Donelawega: Coming together to be better helpers and leaders*. Presentation at the Peer Leadership conference, University of Connecticut, Storrs, CT.
* **Garrett, M. T.** (1998, January). *"Do-ne-la-we-ga": Breathing the four winds through community of the circle*. Preconference workshop at the annual conference of the Association for Specialists in Group Work, Tucson, AZ.
* Garrett, J. T., & **Garrett, M. T.** (1995, July). *Native American traditional medicine for wellness of mind, body, spirit, and natural environment*. Presentations at the annual meeting of the Sunray Meditation Society, Bristol, VT.
* Garrett, J. T., & **Garrett, M. T.** (1994, July). *Native American spirituality, traditions, and storytelling*. Presentations at the annual meeting of the Sunray Meditation Society, Bristol, VT.

**Refereed Presentations**

* **Ogletree, T., & Garrett, M. T.** (2012, April). *Writing outside the lines: Liberation of teaching praxis through social justice learning.* Presentation at the annual meeting of the American Educational Research Association, Vancouver, British Columbia, Canada.
* **Puig, A., Lenes, E., & Garrett, M. T.** (2008, February). *Experiential integration of creativity into group counseling and supervision.* Presentation at the annual conference of the Association for Specialists in Group Work, St. Pete Beach, FL.
* **Thomas, V., & Garrett, M. T.** (2008, February). *Best practices guidelines: Examining the role of diversity in group work.* Panel presentation at the annual conference of the Association for Specialists in Group Work, St. Pete Beach, FL.
* Brubaker, M., Lee, J., & **Garrett, M. T.** (2007, October). *Are we serious about social justice? It’s time for counselor educators to talk about the homeless.* Presentation at the Association for Counselor Education and Supervision Conference, Columbus, OH.
* Molina, B., **Garrett, M. T.,** & Monteiro-Leitner, J. (2007, October). *Time to care during “No Child Left Behind” and “Managed Care”- A multicultural-relational learning, teaching, and supervising model for resurrecting social justice and service learning*. Poster presentation at the Association for Counselor Education and Supervision Conference, Columbus, OH.
* Portman, T. A. A., **Garrett, M. T.,** & Grayshield, L. (2007, March). *How the possum lost his tail: Research in American Indian communities.* Presentation at the American Counseling Association Annual Convention, Detroit, MI.
* Conwill, W. L., West-Olatunji, C., & **Garrett, M. T.** (2007, March). *Multicultural Competencies: African Americans.* Presentation at the American Counseling Association Annual Convention, Detroit, MI.
* Delucia-Waack, J., Donigian, J., **Garrett, M. T.,** Hernandez, T., Hutchins, A. M., Kalodner, C. R., & Sandhu, D. S. (2005, April). *Multicultural group work: Visions and perspectives from the field.*  Panel discussion and training session at the American Counseling Association Annual Convention, Atlanta, GA.
* **Garrett, M. T.** (2000, March). *Multicultural challenges in the new millennium.* Presentation on a panel discussion at the annual conference of the American Counseling Association, Washington, DC.
* Garrett, J. T., & **Garrett, M. T.** (2000, February). *Understanding the spiritual traditions of Native people.* Presentation at the annual conference of the National Chaplain’s Association, Charlotte, NC.
* **Garrett, M. T.** (2000, February). *CIRCLES: A cultural competency training model for professionals working with Native American children and families.* Presentation at the annual conference of the National Association of Native American Studies, Houston, TX.
* **Garrett, M. T.,** & Warm, S. (2000, January). *Lights shine brightest together: Capturing the spirit of group work.* Presentation at the annual conference of the Association for Specialists in Group Work, Deerfield Beach, FL.
* **Garrett, M. T.,** & Brotherton, D. (2000, January). *Inner circle/outer circle: Native American group technique for healing.* Presentation at the annual conference of the Association for Specialists in Group Work, Deerfield Beach, FL.
* Brotherton, D., & **Garrett, M. T.** (2000, January). *A walk across: Creating diversity awareness within group process.* Presentation at the annual conference of the Association for Specialists in Group Work, Deerfield Beach, FL.
* **Garrett, M. T.** (2000, January). *Illuminating our future: Reflecting on our past and recognizing the guiding lights of the past, present, and future.* Presentation at the annual conference of the Association for Specialists in Group Work, Deerfield Beach, FL.
* **Garrett, M. T.** (1999, January). *On the wings of the eagle: Breathing life into the circle through direction and vision.* Presentation at the annual conference of the Association for Specialists in Group Work, Albuquerque, NM.
* **Garrett, M. T.** (1998, January). *Operationalizing community building*. Panel presentation on community building through group work at the annual conference for the Association for Specialists in Group Work, Tucson, AZ.
* **Garrett, M. T.** (1997, March). *Healing connections: Ethnic perspectives on spirituality and mental health*. Panel presentation at the annual conference of the American Society on Aging, Nashville, TN.
* **Garrett, M. T.,** & Crutchfield, L. B. (1997, January). *Moving full circle: A Native American unity model for group work with children*. Presentation at the annual conference of the Association for Specialists in Group Work, Athens, GA.
* **Garrett, M. T.** (1996, April). *"Scholars across the generations"*. Participation on the Chi Sigma Iota/Association for Multicultural Counseling and Development panel on multicultural issues in counseling at the annual World Conference of the American Counseling Association, Pittsburgh, PA.
* **Garrett, M. T.** (1996, April). *Enter the circle: A Native American approach to group work*. Presentation at the annual World Conference of the American Counseling Association, Pittsburgh, PA.
* **Garrett, M. T.** (1995, November). *Native American spirituality and traditional medicine*. Presentation at the annual conference of the Mid-Atlantic Association of Clinical Pastoral Educators, Greensboro, NC.
* **Garrett, M. T.** (1995, May). *Youth conflict resolution using the Native American talking circle and group techniques*. Presentation at the annual conference of the National Institute on Peacemaking and Conflict Resolution, Minneapolis, MN.
* Garrett, J. T., & **Garrett, M. T.** (1993, May). *Native American traditions and practices for group-cooperative skill building*. Presentation at the National Multicultural Institute Conference, Washington, D.C.

**Regional/State**

* **Williams, C. R., & Garrett, M. T.** (2012, September). *Developing your multicultural vision through SuperVISION.* Presentation at the annual meeting of the Southern Association for Counselor Education and Supervision, Savannah, GA.
* Garrett, M. T. (2005, September). *Working with the heart of our youth.* Keynote address at the annual Western Region Student Services Personnel Conference, “Break by the Lake,” Lake Junaluska, NC.
* Garrett, M. T. (2005, September). *Unity circle: working with youth through Native-based group techniques.* Workshop/training session at the annual Western Region Student Services Personnel Conference, “Break by the Lake,” Lake Junaluska, NC.
* Garrett, M. T. (2005, May). *Circles within and circles around: Working with children and adolescents through Native American-based group work.* Presentation/training at the annual conference of the New England Association for Specialists in Group Work, Mashantucket, CT.
* Garrett, M. T. (2004, November). *Blending the elements of relationship for harmony and balance through Native teachings.* Diversity training workshop at the Multicultural Awareness Celebration, University of North Carolina at Greensboro, NC.
* Garrett, M. T., & Torres-Rivera, E. (2004, May). *Group interventions from a multicultural perspective.* Workshop at the New York Association for Specialists in Group Work Annual Conference, Buffalo, NY.
* Donigian, J., Garrett, M. T., Hernandez, T., Kalodner, C., & Shakoor, M. (2004, May). *Critical incidents in multicultural groups: Experts share their reactions and interventions.* Panel presentation at the New York Association for Specialists in Group Work Annual Conference, Buffalo, NY.
* Garrett, M. T. (2004, April). *Circle around: Open hands and open hearts working with today’s youth.* Training for the Eleventh Annual School and Community Counseling Conference, Asheville, NC.
* Garrett, M. T. (2004, March). *The Cherokee way: Achieving a sense of balance.* Training session at the North Carolina Center for the Advancement of Teaching, Cullowhee, NC.
* Garrett, M. T. (2003, November). *The elements of right relationship through Native teachings.* Diversity training workshop at the Multicultural Awareness Celebration, University of North Carolina at Greensboro, NC.
* Garrett, M. T. (2002, November). *Moving full circle: Cherokee teachings for personal wellness and social justice.* Diversity training workshop at the Multicultural Awareness Celebration, University of North Carolina at Greensboro, NC.
* Garrett, M. T. (2002, June). *Rediscovering the collective strength of the circle: Integrative approaches to minority student success.* Keynote speech at the annual Minority and At-Risk Youth Conference of the State Board of Education, Department of Public Instruction, Pembroke, NC.
* Garrett, M. T. (2002, April). *Diversity training: A walk across.* Presentations for the North Carolina Department of Juvenile Justice and Delinquency Prevention at Camp Woodson, Asheville, NC.
* Garrett, M. T. (2001, September). *Moving to the four directions: Cultural identity.* Presentation at the annual Western Region Student Services Personnel Conference, “Break by the Lake,” Lake Junaluska, NC.
* Garrett, M. T. (2000, October). *Donelawega: Walking with the four winds.* Pre-conference workshop at the annual Pennsylvania Counselor Association State Conference, Harrisburg, PA.
* Garrett, M. T. (2000, March). *Walking with the four winds: Lessons in diversity from the old ways.* Presentation at the annual Students of Color Conference, Greensboro, NC.
* Garrett, M. T. (2000, February). *Living a full life: Cultural traditions of the Cherokee.* Presentation for Hospice of the Carolinas, Charlotte, NC.
* Garrett, J. T., & Garrett, M. T. (1999, October). *Closing ceremony: A Native American experience.* Presentation at the annual North Carolina Public Health Social Work Conference, Winston-Salem, NC.
* Garrett, J. T., & Garrett, M. T. (1999, October). *Understanding and counseling Native Americans.* Presentation at the annual North Carolina Public Health Social Work Conference, Winston-Salem, NC.
* Garrett, J. T., & Garrett, M. T. (1999, September). *Learning to lead by example.* Presentation at the Triad Leadership Institute, Greensboro, NC.
* Garrett, M. T. (1999, May). *The spiritual dimension: Orthodox and alternative spiritual resources in addictions treatment.* Seminar at the McLeod Institute on Substance Abuse, Charlotte, NC.
* Garrett, M. T., & Pichette, E. F. (1998, November). *Walking in step: Current issues and trends in Native American communities.* Presentation at the Veteran’s Affairs Medical Center, Durham, NC.
* Garrett, J. T., & Garrett, M. T. (1998, September). *Understanding Native cultural traditions for today’s healing*. Presentation to the Governor’s Academy of Prevention Professionals, Charlotte, NC.
* Garrett, M. T. (1998, September). *The Eastern Band of Cherokee, then and now.* Presentation to German exchange students, Queens College, Charlotte, NC.
* Garrett, J. T., & Garrett, M. T. (1998, May). *Closing ceremony/Cherokee blessing-way.* Presentation at the annual conference of the North Carolina Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, Greensboro, NC.
* Garrett, J. T., & Garrett, M. T. (1998, May). *Moving full circle through Indian Medicine.* Presentations at the annual conference of the North Carolina Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, Greensboro, NC.
* Garrett, M. T. (1998, May). *The healing power of stories: Good Medicine for the spirit*. Presentation at the Alamance County Regional Mental Health Association annual banquet, Burlington, NC.
* Garrett, M. T. (1997, July). *Indian education and diversity training*. Panel discussion at the National Aeronautics and Space Institute, Math and Science Teacher's Academy Program, Bennett College, Greensboro, NC.
* Garrett, M. T. (1997, April). *Cultural worldview and identity affecting participation in the global village*. Presentation at the Annual Child and Family Development Conference, Charlotte, NC.
* Garrett, M. T. (1997, March). *Listening to the four winds*. Keynote speech at the annual Minority and At-Risk Youth Conference of the State Board of Education, Department of Public Instruction, Chapel Hill, NC.
* Garrett, M. T. (1997, February). *Going in all directions: Native American techniques for counselor self-care*. Presentation at the annual convention of the North Carolina Counseling Association, Greensboro, NC.
* Garrett, M. T. (1997, February). *Self-care for school counselors*. Presentation at the Southwest Regional Conference of School Counselors and Social Workers, Charlotte, NC.
* Garrett, J. T., & Garrett, M. T. (1996, April). *Multicultural "medicine": Ways for bringing people together through traditional Cherokee teachings*. Presentation through the Greensboro Area Health Education Center, Colfax, NC.
* Garrett, J. T., & Garrett, M. T. (1996, March). *Multicultural medicine for contemporary prevention strategies*. Presentation at the annual conference of the Governor's Academy of Prevention Professionals, Chapel Hill, NC.
* Garrett, J. T., & Garrett, M. T. (1996, February). *Native Americans: Multicultural and traditional medicine*. Presentations at the annual conference of the Governor's Institute on Alcohol and Substance Abuse, Greensboro, NC.
* Garrett, M. T. (1995, November). *Following the spirit: Understanding Native American traditions for working with students in higher education*. Presentation at the annual conference of the North Carolina College Personnel Association, Pembroke, NC.
* Garrett, M. T. (1995, June). *Indian medicine: A way of life*. Presentations at the annual Unity Conference of the North Carolina Native American Youth Organization, Raleigh, NC.
* Garrett, J. T., & Garrett, M. T. (1995, March). *Cherokee traditions and beliefs as a way to professional and personal wellness*. Presentation at the annual conference of the North Carolina Governor's Academy of Prevention Professionals, Chapel Hill, NC.
* Garrett, M. T. (1994, November). *The unity circle: A Native American model of group work with children and adolescents*. Presentation at the annual conference of the North Carolina School Counselors Association, Greensboro, NC.
* Garrett, J. T., & Garrett, M. T. (1994, March). *Native American traditions and beliefs as a way to personal health and wellness*. Presentation at the annual conference of the North Carolina Governor's Academy of Prevention Professionals, Chapel Hill, NC.
* Garrett, J. T., & Garrett, M. T. (1993, June). *Native American traditions of the four directions as life-practices for harmony and balance*. Presentation at the annual Unity Conference of the North Carolina Native American Youth Organization, Greensboro, NC.
* Garrett, J. T., & Garrett, M. T. (1993, March). *Working with individuals and families using traditional Native American concepts*. Presentation at the annual Diversity Conference of Pembroke State University, Pembroke, NC.

***SERVICE***

*“Good words do not last long unless they amount to something.”* Chief Joseph, Nez Perce

**PROFESSIONAL MEMBERSHIPS**

 *American Mental Health Counseling Association (AMHCA)*

 *American School Counselor Association (ASCA)*

 *National Indian Education Association (NIEA)*

 *Society of Indian Psychologists (SIP)*

**PROFESSIONAL SERVICE**

**National/International**

***Association for Multicultural Counseling and Development (AMCD)***

Co-Chair, Public Policy Committee, 2007-2008.

Member, Ad Hoc Committee to Address Interpersonal Terrorism and Racial Intimidation, 2007-2008.

Member, By-Laws Committee, 2006-20008.

Treasurer, Native American Concerns Committee, 1999-2000.

Member, Professional Standards and Certification Committee (Quality Control), 1996-2000.

Member, Professional Standards and Certification Committee (Train-the-Trainer Program), 1996-2000.

***Association for Specialists in Group Work (ASGW)***

Chair, Fellows Committee, 2007-2009.

Member, 2008 Sponsors Committee, 2007-2008.

Co-chair, Professional Development Committee, 2004-2008.

Member, Panel on Operationalizing Community-Building, 1998.

Co-Chair, By-Laws Committee, 1997-1998.

***Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)***

Member, Board of Directors, 2000-2003.

Chair, Research Awards Committee, 2000-2002.

Member, Human Rights & Social Justice Committee, 2000-2001.

***Chi Sigma Iota International Counseling Honor Society***

Chair, By-Laws Committee, 1997-2000.

 Mentor, Mentor Program, 1997-2002.

**Regional/State**

 ***North Carolina Association for Specialists in Group Work (NCASGW)***

 Past-President, 2003-2004.

 President, 2002-2003.

 President-Elect, 2001-2002.

Vice-President, 2001-2002.

Secretary, 2000-2001.

 ***North Carolina Association for Spiritual, Ethical, and Religious Values in Counseling (NCASERVIC)***

Past-President, 2000-2001.

President, 1999-2000.

President-Elect, 1998-1999.

Secretary-Treasurer, 1997-1998

***Other***

External Reviewer, Program Review of Human Development and Learning, East Tennessee State University, 2003.

Member, North Carolina Association of Counselor Education and Supervision Panel on Multicultural Competencies for the Profession, 1998.

**UNIVERSITY SERVICE**

**University of West Georgia**

**University**

 Member, Student Development Center Review Team, 2011-present.

 **College**

Member, Search Committee for Director of Clinical and Field Experiences, 2013.

Member, Search Committee for Director of Field-Based Preparation, 2013.

 Member, Workload Task Force, 2012-2013.

Member, Administrative Council, 2011-present.

Member, Committee for the College of Education Dean’s Review, 2011-2012.

Member, Review Committee for Doctoral Student Prospectuses for School Improvement Ed.D. Program, 2012-present.

**Department/Program**

 Member, Counselor Education Curriculum Revision Committee, 2012-present.

 Member, Comprehensive Community Clinic Work Group, 2012-present.

 Chair, Area of Clinical and Professional Studies, 2012-present.

 Chair, Department of Collaborative Support and Intervention, 2011-2012.

**University of Florida**

**College**

 Member, College Restructuring Task Force, 2008.

 Member, Staff Member of the Year Selection Committee, 2008.

 Member, Distance Education Task Force, 2007-2008.

 Member, Technology Advisory Committee, 2007-2008.

 Member, College Scholarship Selection Committee, 2007-2008.

 Member, College Curriculum Committee, 2006.

 Member, College Ad-Hoc Committee for Revision of Tenure and Promotion Criteria, 2006-2008.

 **Department/Program**

 Acting Chair, Department of Counselor Education, Educational Administration, and Educational Psychology, 2008-2009.

 Member, Market Equity Review Committee, 2007-2008.

 Member, Merit Evaluation Review Committee, 2006-2007.

 Member, Search Committee for Chair of the Department of Counselor Education, 2006-2007.

**Old Dominion University**

 **University**

Member, President’s Advisory Committee on Equal Opportunity/Affirmative Action and Diversity, 2005-2006.

 Commencement Committee, 2005-2006.

Member, Faculty Senate Committee I, Administration, Finance, & Academic Support Services, 2005-2006.

**College**

 Administrative Council, 2004-2006.

 Dean’s Council, 2004-2006.

Leadership Team, 2004-2006.

 Ph.D. Development Committee, 2005-2006.

 Member, Search Committee for Associate Dean of Undergraduate Education and College Services, 2005.

 Member, Search Committee for Associate Dean of Graduate Studies and Assessment, 2005.

 **Department/Program**

 Department Chair, Department of Educational Leadership and Counseling, 2004-2006.

**Western Carolina University**

**University**

Member, Collegial Review Committee, 2004-2005.

Member, Graduate Council, 2003-2006.

Chair, Graduate School Appeals Committee, 2003-2004.

Mentor, Project C.A.R.E. (Committed to African-American Retention in Education), 2002-2003.

 Member, Committee for Awarding of Honorary Doctorates, 2001-2002.

 Member, Search Committee for Assistant Director of Multicultural Affairs, 2001.

 Member, Graduate School Research Council, 2000-2003.

 Counselor, WCU Counseling and Psychological Services Center, 1999-2000.

Member, Search Committee for Sequoyah Distinguished Professorship in Cherokee Studies, 1999-2000.

 Member, Panel Discussion on Race Relations, “Who will build one America?” 1999.

 Member, North Carolina Consortium of Native American Studies, 1996-present.

 **College**

 Chair, Search Committee for Department Head Position in Psychology, 2002-2003.

Member, College of Education and Allied Professions Policy Committee, 2002-2004.

Member, College of Education and Allied Professions Tenure, Promotion, and Reappointment Committee, 2002-2005.

Interviewer, College of Education and Allied Professions Teacher Education Interviews, 1999-2004.

Member, College of Education and Allied Professions Faculty Advisory Committee, 2000-2003.

 Member, Department of Educational Leadership & Foundations Search Committee, 2002-2003.

Presenter, “Eagle feather: It takes all kinds to fly,”WCU College of Education and Allied Professions Brown Bag Lunch Presentation, Spring 2001, Western Carolina University.

 Member, College of Education and Allied Professions Diversity Committee, 1999-2004.

 Member, Search Committee for Faculty Position in Physical Education, 1999.

Member, College of Education and Allied Professions Minority Recruitment Committee, 1999-2001.

**Department/Program**

 Department Head, Department of Human Services, 2002-2004.

 Chair, Search Committee for Education Consultant I Position, 2004.

 Faculty Advisor, *Connections,* Western Carolina University Counseling Program Newsletter, 2002-2004.

 Secretary, Tenure, Promotion, and Reappointment Committee, 2001-2002.

 Member, Counseling Program Curriculum Review Committee, 2000-2001.

 Member, Search Committee for Faculty Position in Counseling, 1999.

Faculty Advisor, Chi Sigma Iota International Counseling Honor Society, Western Carolina University Counseling Program, 1999-2000.

 Member, Counseling Program Admissions Committee, 1999-2004.

**UNC-Charlotte**

 **University**

 Departmental Representative, UNC-Charlotte Faculty Council, 1998-1999.

 Alternate, UNC-Charlotte Faculty Council, 1997-1998.

Representative, UNC-Charlotte Faculty Academic Policy and Standards Committee, 1997-1999.

College Representative, UNC-Charlotte Common Points Discussion Group, *Beyond Religion to Faith*, Inter-Religious Council, 1998.

Faculty Resource Person, UNC-Charlotte Student Court Resource Referral, 1997-1999.

Mentor, Faculty Associates Program, UNC-Charlotte Department of Housing and Residence Life, 1997-1998.

Mentor, Ronald E. McNair Post Baccalaureate Achievement Program, 1997-1999.

 Member, UNC-Charlotte Native American Academy, 1996-1999.

 Member, UNC-Charlotte Spangler Student Competence Task Force, 1996.

**Department/Program**

Member, UNC-Charlotte Counseling Program Admissions Committee, 1997-1999.

Member, UNC-Charlotte Counseling Program Ph.D. Planning Committee, 1996-1999.

**UNC-Greensboro**

 Member, UNC-Greensboro Multicultural Event Fund Committee, 1993-1996.

 Mentor, UNC-Greensboro Minority Peer Mentor Program, 1992-1996.

 Member, UNC-Greensboro Unity Week Planning Committee, 1995.

 Member, UNC-Greensboro Minority President's Council, 1994-1995.

 Member, UNC-Greensboro Multicultural Advisory Board, 1993-1995.

 Advisor, UNC-Greensboro Native American Student Association, 1993-1995.

**COMMUNITY SERVICE**

* Radio Interview, “Living the Native way,” *On Eagle’s Wings Webcast Radio*, October 31, 2006.
* Newspaper Interview, “School counselors’ role has changed over years,” *Asheville Citizen-Times,* February 10, 2003.
* Radio Interview, “Wellness and the Native tradition,” *WNYC, Brain Lines: Achieving Greatness*, August 14, 1999.
* Magazine Interview, (1998, July), “The Cherokee Way,” *Magical Blend, 65,* 61-77.
* Focus Group, “Understanding school violence: What can we do?” Discussion group with the ALIVE Jewish-Christian Women's Group of Charlotte, April 28, 1999.
* Radio Interview, “Responding to school violence: Making sense of the Littleton high school shooting,” *AM 110, WFAE, Charlotte Talks with Mike Collins*, April 23, 1999.
* Radio Interview, “Peacemaking: Wading the choppy waters of modern day life,” *AM 1260, KVSF, Santa Fe Talk Radio*, October 7, 1998.
* Presenter, Southeastern Bookseller’s Association, Jeckyll Island, GA, September 12, 1998.
* Radio Interview, “Old medicine for new challenges,” *WTKF FM 107.3 The Talk Station,* June 19, 1998.
* Television Interview, “Living in harmony and balance,” *CNN Coastal Headline News, Channel 49,* June 18, 1998.
* Radio Interview, “Cherokee teachings for living in harmony and balance,” *WBAI, The Gary Null Show,* May 12, 1998.
* Presenter, “U-no-le, Taste the Wind,” Flute presentation at the UNC-Charlotte Inter-Religious Council Graduation Service, May 10, 1998.
* Magazine Interview, (1998, April), “Native healers: Part 1--walking the circle of life,” *Alternative & Complementary Therapies, 4(2),* 112-121.
* Television Interview, “Living in two worlds: Native Americans and racism,” *WSOC Channel 9 News,* April 6, 1998.
* Newspaper Interview, “A culture fights for identity,” *The Charlotte Observer*, 2M-3M, October 29, 1997.
* Member, N.C. Native American Youth Organization Planning Committee, 1995-1996.
* Volunteer, Guilford Native American Association, 1992-1994.
* Donations, Abused and Homeless Children Refuge/Alternative House, 2005-present.
* Donations, United Way Fund, 2005-present.
* Donations, Interact, 2003-present.
* Donations, Make-A-Wish Foundation, 2003-present.
* Donations, Native American Rights Fund, 2003-present.
* Donations, Smithsonian National Museum of the American Indian, 2002-present.
* Donations, Southern Poverty Law Center, 1997-present.
* Donations, Swain/Qualla SAFE House, 1998-present.
* Donations, Carteret County Homeless Shelter, 1999-present.
* Donations, Cherokee Center for Family Services, 1990-present.
* Donations, Cherokee Children’s Home, 1990-present.
* Donations, Salvation Army, 1990-present.
* Donations, Goodwill, 1990-present.
* Donations, North Carolina Flood Relief Program, 1999.

**SERVICE TO SCHOOLS**

* Garrett, M. T. (2005, May). Consultation with Maury High School staff on dealing with a racial incident in the classroom, Norfolk City School System, Norfolk, VA.
* Deck, M., & Garrett, M. T. (2002, September). Elementary, middle, and high school student focus groups, Henderson County School System, Hendersonville, NC.
* Garrett, M. T. (2002, May). Consultation with Swain County School System: Diversity Training for School Personnel, Bryson City, NC.
* Brotherton, D., & Garrett, M. T. (1999, August). *Diversity training and school violence.* Presentations to faculty and staff, Swain High School, Bryson City, NC.
* Garrett, M. T. (1998, December). *Being a true warrior*. Presentation to BED 4th grade students, Windsor Park Elementary, Charlotte, NC.
* Garrett, M. T. (1998, December). *Seeking your vision: Choosing a career and doing what you love.* Presentation on career decision-making to 8th grade students as part of the AVID Program, Northwest School of the Arts, Charlotte, NC.
* Garrett, M. T. (1998, October). *Cherokee culture, past and present.* Presentation on North Carolina Native American culture to 4th grade students, Villa Heights Academic Center, Charlotte, NC.
* Garrett, M. T. (1998, February). *You gotta take your Medicine: Cherokee way of life*. Presentations at the Gamewell Elementary School Cultural Awareness Week, Lenoir, NC.
* Garrett, M. T. (1996, November). *Understanding your medicine is understanding life*. Presentations at the Davidson Elementary School Native American Immersion Program, Davidson, NC.
* Garrett, M. T. (1996, April). *Taking your medicine everyday*. Presentations at the Greensboro Day School Cultural Enrichment Program, Greensboro, NC.
* Garrett, J. T., & Garrett, M. T. (1994, April). *Native American traditions of harmony and balance with the natural environment*. Presentation at the Earth Day Colloquium of the South Carolina School for the Deaf and Blind, Spartanburg, SC.
* Garrett, M. T. (1993, February). *Counseling physically and sexually abused children through play therapy*. Presentation to Guilford County School Counselors, Greensboro, NC.

**MENTORING/PEER OBSERVATION**

* Peer observation of teaching for Dr. Mark Parrish, CEPD 7155 Substance Abuse/Addiction: Prevention and Treatment Counseling, October 5, 2011.

***HONORS AND AWARDS***

* Fellow of the Association for Specialists in Group Work (ASGW), 2007-present.
* UNCG Department of Counseling and Educational Development Alumni Excellence Award, 2004.
* Nominated, WCU College of Education and Allied Professions Taft B. Botner Award for Superior Teaching, 2002-2003.
* Nominated, UNCG Distinguished Alumni Award, 2002.
* Nominated, WCU Faculty Award for Excellence in Graduate Student Mentoring, 2000-2001.
* Biggs-Pine Writing Excellence Award 1999-2000, Association for Spiritual, Ethical, and Religious Values in Counseling.
* Mu Tau Beta Professional Award, Chi Sigma Iota International Counseling Honor Society, 1999.
* Professional Writing and Research Award, North Carolina Counseling Association, 1998.
* Nominated, *Journal for Specialists in Group Work* Outstanding Article Award, 1997.
* Nominated, Conference of Southern Graduate Schools Achievement Award, 1997.
* U.S. Department of Education American Indian Fellowship, 1992-1996.
* UNCG Department of Counseling and Educational Development Marian Pope Franklin Counseling Fellowship Award, 1994-1995.
* Eastern Band of Cherokee Indian Scholarship, 1988-1996.
* North Carolina State Indian Legislative Grant, 1990-1993.
* George and Della Owle Endowment Award for Academic Excellence, 1993-1995.
* Chi Sigma Iota International Counseling Honor Society, 1992-present.
* Eastern Band of Cherokee Honoring Ceremony for Cherokee Graduates, 1994.

***PROFESSIONAL DEVELOPMENT***

**CONTINUING EDUCATION**

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| --- | --- | --- |
| ***Conference*** | ***Location*** | ***Year*** |
| American Counseling Association Annual Convention | Charlotte, NCDetroit, MIAtlanta, GAWashington, DCPittsburg, PA | 20092007200520001996 |
| American Educational Research Association Annual Conference | Vancouver, Canada | 2012 |
| Association for Counselor Education and Supervision Conference | Columbus, OH | 2007 |
| Association for Specialists in Group Work National Conference | St. Pete, FLBoca Raton, FLAlbuquerque, NMTuscon, AZAthens, GAAthens, GA | 200820001999199819971995 |
| American Society on Aging National Conference | Nashville, TN | 1997 |
| National Association of Native American Studies National Conference | Houston, TX | 2000 |
| National Indian Education Association Annual Convention | Greensboro, NC | 2003 |
| North Carolina Association of Counselor Education and Supervision Conference | Winston-Salem, NCGreensboro, NC | 19991998 |
| North Carolina Counseling Association State Conference | Greensboro, NC Greensboro, NC | 19991997 |
| North Carolina Public Health Social Work State Conference | Winston-Salem, NC | 1999 |
| Southern Association for Counselor Education and Supervision Annual Conference | Savannah, GAOrlando, FL | 20122006 |
| Western Region Student Services Personnel Conference, “Break by the Lake” | Lake Junaluska, NCLake Junaluska, NCLake Junaluska, NCLake Junaluska, NC | 2002200120001999 |

**TRAINING/WORKSHOPS ATTENDED**

**Distance Education:**

Desire 2 Learn Training, December 2012.

Starting Out with Moodle: Part I, November 2008.

 **Suicide Prevention:**

Suicide Prevention Gatekeeper Training, November 2012.

**Leadership:**

UWG Department Chairs Workshop, May 2012.

UF Academic Administrators Leadership Seminars: Chair Orientation, Part I, September 2008.

ODU Faculty Performance Evaluation Training, April 2004.

WCU Leadership Development Training, September 2003.

 WCU Management and Supervisory Essentials Training: Performance Management, December 2002.

 WCU Management and Supervisory Essentials Training: Position Management, December 2002.

 WCU Management and Supervisory Essentials Training: Employee Welfare II, November 2002.

 WCU Management and Supervisory Essentials Training: Employee Welfare I, November 2002.

 WCU Management and Supervisory Essentials Training: Policies and Procedures II, October 2002.

WCU Management and Supervisory Essentials Training: Policies and Procedures I, September 2002.

 **Theory to Practice:**

“Clinical Diagnosis – Updating from DSM-IV TR to DSM-5,” University of West Georgia, Carrollton, GA, 2013.

“Logotherapy: Helping Clients Find Meaning in Their Lives,” Wake Forest University, Winston-Salem, NC, 2003.

 **Safe Zone:**

 Safe Zone Training, University of West Georgia, October 2012.

 **Spirituality:**

 Audited: EDPY 693 Spirituality in Counseling, May 2004.

 *Revised June 2013*