

## Professional Disclosure Statement

This is a statement of personal disclosure for Christina Qualls Russell, M.A., LPC

Ms. Russell holds a Master's Degree in Psychology from the University of West Georgia, conferred in May 2003, and maintains licensure as a professional counselor (license# LPC004593) with the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists through the office of the Secretary of State. Christina also completed a two-year comprehensive training in Hakomi body-centered psychotherapy from the Hakomi Institute in January 2005 and a one-year Level One training in Internal Family Systems psychotherapy in May 2010.

Ms. Russell's professional counseling experience includes individual and family therapy in an in-home therapy agency, private practice, and two universities. Ms. Russell has been providing counseling services at the University of West Georgia Counseling & Career Development Center since May 2003.

Counselors at the Counseling & Career Development Center utilize a developmental model of therapy offering a holistic, humanistic and individualized approach. Counseling services are confidential and free of charge to students enrolled at the University of West Georgia. If a student is not enrolled during a summer semester, but is registered for the subsequent fall semester, he/she may attend counseling sessions. Career instruments and evaluations are provided for a small fee. Please inquire with office personnel regarding cost.

In rare instances, providing a mental health diagnosis is necessary. Your counselor will discuss this with you. Please be aware that diagnostic information will become a part of client record. When medications are prescribed to accompany counseling, the Counseling & Career Development Center will be coordinating with Health Services personnel to ensure a continuum of care. You will be asked to sign a 'Release of Information' for all other requests of documentation or communication from the Counseling and Career Development Center.

If you are concerned that Ms. Russell has violated your privacy rights, or if you disagree with a decision about access to your records, you may contact the Counseling & Career Development Center office manager at 678-839-6428. You may also contact the Georgia Composite Board of Professional Counselors, Social Workers and Marriage and Family Therapists at: 237 Coliseum Drive, Macon, GA 31217-3858, phone# 478-207-2440.

Signing below indicates an understanding and acceptance of all documentation provided. If there are any questions about this information, please do not hesitate to inquire with a member of the office staff.

Signature of Client/Date

Signature of Counselor or staff member/Date

---

---