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Tena Burnett, Ph.D.

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EDUCATION

Ph.D., Counselor Education, University of Arkansas, Fayetteville AR, (CACREP accredited)
M.Ed., Counseling and Development, Auburn University Montgomery, Montgomery, AL
B.A., Liberal Arts, Auburn University Montgomery, Montgomery, AL

LICENSE AND CERTIFICATION

Georgia Licensed Professional Counselor (LPC007191) Active; Expires 9/30/2014

National Board Certified Counselor, **Nationally Certified Counselor** (NCC #315645)
Active; Expires 11/30/2018

EXPERIENCE

Assistant Professor, University of West Georgia, 2012-present

Assistant professor position responsibilities include:

- Four courses teaching load per semester
- Program committee participation (Fall 2012 – School Counseling Committee)
- Responsible for advising students
- Other service to program and department as needed

Fall 2012 Course Load

CEPD 8131 Advanced Theories of Counseling (100% online course)

CEPD 8189 Advanced Internship (95% online course)

CEPD 6188 Practicum: Professional Counseling

CEPD 6182 Internship: Professional Counseling (blended)

Spring 2013 Course Load

CEPD 6131 Counseling Theories

CEPD 6140 Introduction to Counseling Practice

CEPD 6182 Internship: Professional Counseling

CEPD 6188 Practicum: Professional Counseling

Graduate Assistant, University of Arkansas Counselor Education Program, Fayetteville, AR (2007-2009)

- Performed research (literature review, data collection, submitted IRB applications) and assisted in the development of written research results and reports
- Developed classroom and conference presentation materials
- Assisted in organizing regional chapter of state school counseling association conference

Part time SES Tutor, Cool Kids Learn Inc., Miami, FL (2006-2007)

- Conducted student assessments and documented progress towards learning goals
- Developed and implemented individually tailored goals and plans for tutoring instruction
- Facilitated parent conferences and provided referrals for additional services as needed

Guidance Counselor, Miami Dade County Public Schools, Miami, FL (2005-2007)

- Developed, facilitated, and measured the effectiveness of individual and group counseling sessions based on results of needs assessments
- Taught classroom guidance lessons based on student needs assessments

- Developed, implemented, and monitored school-wide developmental programs that assisted in the school improving from statewide score of *B* in the 2006 school year to becoming an *A* school in the 2007 school year
- Conducted faculty and staff training; developed behavioral programs and progress documentation that helped 40% of the teachers improve behavioral and classroom management
- Monitored approximately 12 parent volunteers and supervised one administrative assistant

Forensic Adolescent Therapist, The Village South, Miami, FL (2005)

- Treatment planning
- Conducted daily suicide risk assessments and crisis counseling sessions
- Developed and documented treatment goals and plans for caseload
- Conducted individual and group counseling sessions

Family Centered Specialist, Institute for Family Centered Services, Pompano Beach, FL (2004 – 2005)

- Facilitated individual and family counseling sessions
- Initial assessments and treatment planning
- Developed conflict management and communication strategies for effective family communication for all of the clients I was assigned to work with
- Prepared legal reports on treatment progress and made court appearances on behalf five clients

RESEARCH EXPERIENCE

Burnett, T. (2012). *Preparedness to implement wellness strategies: Perceptions of school counselors*. (Doctoral dissertation). ProQuest/UMI. (10299)

The purpose of this study was to survey school counselors (N = 156) to determine their knowledge and perceived preparedness to implement wellness strategies in school counseling programs. Results indicated that there were no differences in total preparedness based on years of experience nor graduation from a CACREP accredited program. As the number of hours practicing wellness strategies increased, the perceived preparedness of counselors also increased. There were no differences in how counselors rated themselves on preparedness based on neither CACREP program graduation nor years of experience. Less high school counselors perceived themselves as having a role in promoting wellness than other school counselors. This study presents implications for establishing consistent training and programs for school counselors in the area of wellness. This study also presents implications for the use of wellness programs, measuring results, and school counselor self-efficacy.

Research Internship, University of Arkansas (Summer 2009 and Summer 2011)

- Conducted literature review on selected topics, developed professional presentations
- Participated on university-wide research team by scoring assessments and researching for manuscripts

Participated on a team that developed and recorded a series of 4 DVD counseling videos demonstrating effective Marriage and Family Therapy techniques and best practices (part of class experience) Fall 2009

Developed and conducted all phases of an independent research study (under faculty supervision):

Burnett, T. (2009). *Self-efficacy of school counselor internship supervisors*. Unpublished manuscript, Department of Rehabilitation, Human Resources, and Communication Disorders, University of Arkansas, Fayetteville, Arkansas.

Participated on a team that developed an assessment/measurement test: *College students' perceptions of students with disabilities* (Fall 2008) (research, developed initial questions, piloted the test, and calculated initial psychometrics)

Participated on research team:

Kissinger, D., Nesbit, E., Burnett, T., Murphy, C., & Boughfman, E. (2008). *Understanding "Millennials" in the classroom: Issues and implications for Counselor Education*. Unpublished manuscript, Department of Rehabilitation, Human Resources, and Communication Disorders, University of Arkansas, Fayetteville, Arkansas.

RESEARCH INTERESTS

Counseling for wellness, factors that contribute to healthy behaviors, interventions and health promotion, diversity and multicultural wellness, wellness program development, curriculum development, assessment

INTERNSHIPS

Supervisor of Counseling Internship Students, University of Arkansas, Fayetteville, AR (Spring, 2009)

- Supervised, advised, and evaluated 10 master's level counseling internship students
- Conducted weekly supervision sessions and ethics consultation
- Co-taught CNED 574 Counseling Internship

Doctoral Level Psychological Assessment Internship, Piney Ridge Center (Spring 2008)

- Conducted psychological assessments with children and adolescents
- Documented and explained results of assessments

Instructor Internship, CNED 5313 Program Organization and Information Management, University of Arkansas, (Fall 2007)

- Developed and delivered teaching lessons for master's level school counseling program students
- Provided students with professional expertise in the area of school counseling
- Assisted students in the development of school counseling program materials and evaluated student progress

MANUSCRIPTS IN PROGRESS

Burnett, T. (2013). *Addressing the diverse needs of our students: What schools must do*.

Burnett, T. (2013). *School counselors: A missing link in school wellness programming*

TALKS, ABSTRACTS, AND OTHER PROFESSIONAL PRESENTATIONS

Regional Conferences

Mu'min, A.S., **Burnett, T.**, Goldsmith, S.K., & Bacon, L.C. (2008). *Racial identity development in supervisory triads: Best practice implications for counselors*. Program presented at the annual conference of North Central Association of Counselor Education and Supervision, Indianapolis, IN.

Burnett, T., & Goldsmith, S.K. (2008). *Multicultural perspective: Effective school-based crisis intervention*. Program presented at the annual conference of Southern Association of Counselor Education and Supervision, Houston, TX.

Burnett, T. (2008). *Demystifying accountability for future school counselors*. Roundtable discussion presented at the annual conference of Southern Association of Counselor Education and Supervision, Houston, TX.

State Conferences

Burnett, T. (2011). *Enhancing school wellness: Implications for practice*. Program presented at the annual conference of Arkansas School Counselor Association, Hot Springs, AR.

Burnett, T. (2011). *Let's move Arkansas!* Program presented at the annual conference of Arkansas School Counselor Association, Hot Springs, AR.

Higgins, K., **Burnett, T.**, & Keller, B. (2008, October). *Current issues in school counseling*. Northwest Region ArSCA (Arkansas School Counselors Association) Fall Conference, Fayetteville, Arkansas.

Burnett, T. & Delaney, S. (2007). *Accountability made easy for counselors, students, and educators*. Poster presented at the annual conference of Arkansas Counseling Association, Hot Springs, AR.

Invited Guest Lectures and Presentations for Universities

Burnett, T. (October, 2009). *Cooking without heat*. Invited guest lecturer for College of Education and Health Professions Intramural/ Recreation Sports at University of Arkansas, Fayetteville, AR

Invited Guest Lectures and Presentation for School Districts

Burnett, T. (March, 2011). *Vegetarian cooking: techniques, substitutions, and benefits of healthy food preparation for schools*. Trainer, recipe developer, and guest chef for Davis Unified School System Cafeteria Staff for White House Chefs Moves to Schools Program, Davis, CA.

Burnett, T. (October 2010). *Benefits of healthy eating and classroom performance*. Invited guest presenter for Leadership Public Schools College Park Campus, Oakland, CA.

Burnett, T. (September, 2010). *Overview of a plant-based diet and food preparation*. Invited guest presenter for Leadership Public Schools College Park Campus, Oakland, CA.

Invited Guest Lectures and Presentations for Organizations

Burnett, T. (April 2010). *Benefits of a plant-based healthy diet and cooking methods*. Invited guest presenter at Annual Health Fair for Saint James Missionary Baptist Church, Fayetteville, AR.

Selected Invited Guest Lectures and Presentations for Businesses

Burnett, T. (March 2011). *Introduction to healthy living cuisine*. Invited guest lecturer and chef for Whole Foods Market, Sonoma, CA.

Burnett, T. (September, 2009). *Introduction to healthy food preparation*. Invited guest lecturer and chef for Whole Foods Market, Little Rock, AR.

Burnett, T. (August, 2009). *Introduction to healthy food preparation*. Invited guest lecturer and chef for Whole Foods Market, Tulsa, OK.

Selected Invited Guest Lectures and Presentations for Community

Burnett, T. (June, 2010). *Living food cuisine preparation*. Invited guest chef for Panama Gastronomica Expo, Panama City, Panama.

Burnett, T. (December, 2009). *Healthy holiday cooking*. Presentation at Jones Center for Families, Springdale, AR.

Burnett, T. (October, 2009). *Introduction to living food cuisine*. Presentation at Jones Center for Families, Springdale, AR.

AWARDS & HONORS

Dissertation Fellowship from Southern Regional Educational Board (2011- 2012)

Benjamin Lever Fellowship Award from University of Arkansas (2009 - 2011)

Nominated for Rookie Teacher of the Year and Outstanding School Volunteer Liaison/Coordinator of the Year (2006)

December 2004 MVP Award, Institute for Family Centered Services - North Broward Region for over-and-beyond performance and adherence to clinical standards and exceeding billable hours goals

CURRENT MEMBERSHIP

Association for Creativity in Counseling (2012 to present)

Southern Association for Counselor Education and Supervision (2008 – present)

American Counseling Association (2007 - present)

Association for Counselor Education and Supervision (2007 – present)

Chi Sigma Iota, National Counseling Honor Society (2002 – present)

CAMPUS INVOLVEMENT AND LEADERSHIP

Cohort Leader for University of Arkansas Annual Graduate Student Orientation (2011)

Assistant Organizer for Northwest Arkansas Regional School Counseling Association Conference (2008)

School of Education Graduate Student Advisory Committee, Counseling Department, Auburn University Montgomery (2002-2004)

VOLUNTEER EXPERIENCE

U.S White House Chefs Move to Schools Program, Davis, CA, (2010 – 2011)

- Developed training materials for first system-wide vegetarian cooking program and trained Davis Unified School cafeteria staff and managers on vegetarian cooking

Volunteer Tutor Arkansas (2008) and Florida (2005- 2006) County Literacy Programs

- Developed literacy improvement plans for adult literacy students
- Taught individual literacy sessions and document progress toward goals