## Robert Beshara

Melson Hall (The Psychology Department), Room 124, The University of West Georgia, 1601 Maple St., Carrollton, GA 30118
 E-Mail: rbeshara@westga.edu
 Website: www.robertbeshara.com

### **Education**

- Ph.D. Psychology (Consciousness and Society), the University of West Georgia, USA, 2017
- M.F.A. Independent Film and Digital Imaging, Governors State University, USA, 2012
- B.A. Theatre (Minor: Music), the American University in Cairo, Egypt, 2007
- E.H.S.C. Math, Collège de la Sainte Famille, Cairo, Egypt, 2001

### Jobs

• The University of West Georgia - Graduate Teaching Assistant	2013 - ongoing
(Instructor)	
• The University of West Georgia - Graduate Research Assistant	2012 - 2013
• Governors State University - Graduate Assistant (Media Lab	2009 - 2011
Assistant/Teaching Assistant)	

### **Presentations**

Beshara, R. (2013, May). Transcinema: The purpose, uniqueness, and future of cinema. Paper presented at the 2013 Key West International Multidisciplinary Academic Conference, Key West, FL.

Beshara, R. (2013, April). Facebook Friends as Mental Health Amateurs. Paper presented at the Student Psychology Annual Research Conference (SPARC), Carrollton, GA.

Glazier, J. W., Skalski, J. E., Gibson, M. D., **Beshara, R.**, Atlas, N., Beck, T., Friedman, E., Gimeno, R., Pratte, E. A., & Roland, K. N. (2013, March). *University of West Georgia Research Projects.* Poster presentation at Pacifica Graduate Institute for the American Psychology Association, Division 32 Annual Conference, Santa Barbara, California.

### **Publications**

- Beshara, R. et al. (2014). Uncommon Cairo. H. Habib (Ed.). London, UK.
- Beshara, R. (2013). The chakra system as a bio-socio-psycho-spiritual model of consciousness:
   Anahata as heart-centered consciousness. International Journal of Yoga-Philosophy, Psychology and Parapsychology, 1(1), 29.
- Beshara, R. (2013). Transcinema: The purpose, uniqueness, and future of cinema. *Review of Social Studies, Law, and Psychology*, 7(1), 124-132.

# **Teaching Experience**

## **Courses taught:**

• Personal Relationships (UWG) Fall 2013 & Spring 2014

## **Guest lectures:**

• Sexuality and Buddhism (Sexuality and Spirituality, UWG)	Fall 2013
• Meditation (Psychology of Mind/Body, UWG)	Fall 2012 & Spring 2013
• Editing Using Final Cut Pro (Advanced Video Editing, GSU)	Winter 2010
• Acting in Film vs. Theatre (Directing Drama for TV/Film, GSU)	Winter 2010

## **Professional Development**

• Music Composition at Access Contemporary Music	2011
• Sundance: ShortsLab: Chicago	2011
• Active Imagination Intensive: Explorations in Sandplay and the Expressive Arts Therapies at the C G Jung Institute of Chicago	2011
• Training of trainers workshop organized by the <b>Arab Digital Expression Foundation</b>	2009
• Screenwriting workshop with Syd Field	2008
• Electronic Music workshop organized by Studio Emad Eddin Foundation	2004

# Affiliations/Memberships

• Independent Feature Project	2009 - 2010 & 2011 - 2012
• International Expressive Arts Therapy Association	2009 - 2010
• Volunteered at <b>Doc Films</b> and the <b>Chicago International Film</b>	2009
Festival	

#### Statement

As a transdisciplinary nartist<sup>1</sup> experienced in the fields of theatre, film, writing, and music, I push myself to explore my full potential as a nartist, as well as a human being. I strive for my nart to be both personal and universal, shocking yet inspiring, enlightening but entertaining, healing and therapeutic.

As a teacher, I motivate my students to become more bodymindworldful<sup>2</sup> by valuing their individuality and their diversity while encouraging them to creatively and compassionately contribute to their communities in a constructive way as active citizens of the world.

As a researcher, I tend to explore controversial topics with curiosity using a multiperspectival approach to be able to think outside the box and see the big picture, hence, challenging normativity and embarcing the fringe—in this regard, my bias will always be toward the oppressed.

### **Skills and Interests**

- Languages: Arabic, English, and French.
- Computer Skills: proficient computer user:
  - o Familiar with Microsoft Office, Pro Tools, and Dreamweaver.
  - o Expert of Final Cut Pro, Adobe Photoshop, and GarageBand.
  - Additionally, an avid user of and content creator for social media websites, such as YouTube and Facebook.
- Additional Skills:
  - o Leader, photographer, designer, keyboardist, guitarist, vocalist, and recording artist.
  - O Scout member for 6 years (Wadi El Nil/Pionniers).
  - Intermediate knowledge and practice of yoga and meditation (TM, Zen, and Mindfulness).
- Interests: psychology (analytical, Buddhist, neuroscience, social constructionism, systems theory, transpersonal, psychomagic and metagenealogy), film studies, postcolonialism, ethnofiction, DIY, expressive arts therapy (esp. cinema therapy), modernist aesthetics (e.g., the experimental & the avant-garde, surrealism, the theatre of the absurd, etc.), minimalism, Resource-Based Economy, universal ethics, world-/bio-centrism, veganism, quantum & electromagnetic theories of consciousness, panpsychism, conspiracy theories, dreams & symbols, nonverbal communication, sacred geometry, CAM, re-/neo-modernism, esotericism, and socialist libertarianism.

## Experience

### FILM:

- FOUR writer/producer/editor /director [M.F.A. thesis project; in post-production] (2014)
- *MOONDOG* actor/translator/co-writer/composer [World Premiere at the **Dubai International** Film Festival] (2012)
- Shikaakwa editor/director [screened at SHoP] (2012)

<sup>1</sup> Nartist means non-artist, but N.A.R.T. also stands for the Network of Artists, Researchers, and Teachers.

<sup>&</sup>lt;sup>2</sup> Bodymindworldfulness implies an awareness of the interdependence between our bodymind and the world.

- DA! Concert Film cinematographer/editor/director [screened at the Logan Theatre as part of the Chicago International Movies and Music Festival (CIMMFest)] (2012)
- An Octopus in the Sky cinematographer/director/editor/composer (2011)
- N.W.O. writer/composer/editor/director [film market of the Palm Springs International ShortFest] (2011)
- Till Our Eyes and Lips Meet co-cinematographer/editor/director [screened at the Art Institute of Chicago's Modern Wing as part of the One-Minute Film Festival] (2010)
- Monkey on Back writer/producer/editor/director [screened at Chicago Filmmakers] (2010)
- A Dream Within A Dream writer/cinematographer/editor/director [exhibited at the International ArtExpo "Liquid Cities & Temporary Identities at Zelena Dvorana in Zabok, Croatia (May 6-7 / 13-14, 2011)" and "Liquid Cities & Temporary Identities at the Festival Miden in the Amfeia's Square historic center of Kalamata, Greece (July 8-9-10, 2011)"] (2010)
- MAQAM co-cinematographer/editor/director [music video for Clotaire K (featuring Natacha Atlas on vocals)] (2010)
- Cryptic Reflections actor/cinematographer/additional music/co-editor/producer/director [screened at the New York International Film & Video Festival, the American University in Cairo, El Sawy International Film Festival, and the Op Shop v. III [2004 2008]
- Awqat Faragh (Free Times) composer [produced by Al-Alamiya for Cinema and Television] (2006)
- TRILOGY: Partially Me, 6 O'clock SEX 666 (aka Longing for a Bonding), and Politicity:

  A Short Circuit of Political Rape writer/cinematographer/editor/director [screened in 2010 at the at the Op Shop v. II] (2006)

### THEATRE:

- A Trip: Gibberish Philosophical Quest writer/director [performed at the Op Shop v. III as part of ECLECTIC] (2010)
- INFINITY: a multi-media experience in seven colors playwright/producer [an experimental healing arts project in Arabic produced by Alternative Art and premiered at Rawabet Theatre (Cairo, Egypt)] (2008)
- Testicles, Mr. Black Testicles: A Slumber of Seven Hours inside Bobby Brown as dreamt by Bobby Brown playwright/sound designer/producer/director [an absurd tragi-comedy produced by the Artaudians, funded by the Young Arab Theatre Fund (YATF), and premiered at the Howard Theatre (AUC) (2006 2007)
- The Illusion actor/composer (2006)
- The Lover set & sound designer/director [B.A. Senior Honors Project] (2006)
- Jack, or the Submission set, lighting, and sound designer/director [produced by Theatriques] (2006)
- On Air writer/director [in Arabic] (2005)
- *Al-Mahrusa* composer/sound designer (2005)
- Redwood Curtain stage manager/assistant director (2005)

• Family Stories – actor/sound designer/composer (2005)

### OTHER:

- CEO and Founder of *Hippopotamus Cinematographus* (a digital no-budget video production company), the *Artaudians* and *Theatriques* (avant-garde theatre companies), *Overdoze* (a DIY record label), and *Alternative Art* (a nonprofit that produces and promotes experimental healing arts projects).
- Director of Moondogers LLC.
- Music albums produced: Space Chicks, Ladies and Gentle Castratos, A Soundtrack for Westernized Orientalists, Nouveau, AUM, and Spidey and the Thunderstorm.
- My piano composition *Anahata* was featured on **Plum Village**'s website

  [http://www.plumvillage.org/songs-for-the-practice/348-improvise-piano.html] (2012)
- The Polymath & Pixelated experimental electronic music/live art performance, the Abbey Pub [Chicago, IL] (2012)
- **Blogger** at <a href="http://metabletics.wordpress.com/">http://metabletics.wordpress.com/</a> (2012 present)
- Founder of The Network of Artists, Researchers, and Teachers [N.A.R.T.] and writer of the Nartist Manifesto [presented at SHoP and featured on the Chicago Center for Literature and Photography's website] (2012)
- Spidey and the Thunderstorm live electronic music performance at the Hyde Park Neighborhood Club [feat. Daniel "DC" Christain] (2011)
- Music for Plants co-organized by the Chicago Soundclouders Tthe Op Shop v. IV7 (2011)
- Founder and Co-Organizer of Veggie Fest Cairo [the first vegetarian festival in Cairo, Egypt]
  (2011)
- Organized a screening at SHoP of three American documentary films about the Middle East directed by Dr. Pamela Nice: Letters from Cairo, Dreaming in Morocco, and Desert in the Coffeehouse (2011)
- Artist-in-residence at Chicago Wisdom Project [http://chicagowisdomproject.org/] developing Oedipus/Kingsley (2010 2011)
- The Immemorial Myth of Love and Enlightenment (aka Psi-Key) screenwriter (2010)
- ECLECTIC a solo exhibition at the Op Shop v. III [http://theopshop.org/] (2010)
- Daily News Egypt (a subsidiary of the International Herald Tribune) freelance drama critic (2009)
- "ENA" (a musical composition) was featured in Zeppelin 2009 Sounds of power / Listening of fear and was played at the Centre de Cultura Contemporània de Barcelona (2009)
- Eva's Dream playwright (2006)
- *CIPHER* playwright (2005)
- one a collection of writings (2004 present)
- Student Representative Performing and Visual Arts Department, AUC (2005-2006)

### **Selected Reviews:**

- *Moondog*: http://www.varietyarabia.com/Docs.Viewer/46b4308e-44ff-4c09-82db-e0b2137c1ff7/default.aspx
- From the Midwest to the Middle East: http://chicagoweekly.net/2011/11/30/egypt-reels/
- Veggie Fest Cairo: http://www.egyptindependent.com/news/veggie-fest-food-music-and-art
- Cryptic Reflections: <a href="http://www.dailystaregypt.com/article.aspx?ArticleID=13708">http://www.dailystaregypt.com/article.aspx?ArticleID=13708</a>
- Testicles, Mr. Black Testicles: A Slumber of SEVEN Hours Inside Bobby Brown as dreamt by Bobby Brown: <a href="http://www.thedailynewsegypt.com/article.aspx?ArticleID=5475">http://www.thedailynewsegypt.com/article.aspx?ArticleID=5475</a>
- The Illusion: <a href="http://weekly.ahram.org.eg/2006/822/cu1.htm">http://weekly.ahram.org.eg/2006/822/cu1.htm</a>
  <a href="http://www.dailystaregypt.com/article.aspx?ArticleID=3954">http://www.dailystaregypt.com/article.aspx?ArticleID=3954</a>
- Family Stories: http://www.egypttoday.com/article.aspx?ArticleID=4834

### Links:

- Soundcloud: soundcloud.com/thepolymath & soundcloud.com/spideyandthethunderstorm
- YouTube: youtube.com/sayeddarwish
- Vimeo: vimeo.com/robertbeshara
- **Blog:** <a href="http://metabletics.wordpress.com/">http://metabletics.wordpress.com/</a>
- LinkedIn: http://www.linkedin.com/pub/robert-beshara/41/792/807
- Facebook: https://www.facebook.com/TransNartist
- Twitter: https://twitter.com/#!/Rupadelik
- IMDB: http://www.imdb.com/name/nm3600582/
- The Nartist Manifesto: (PDF)
  - $\frac{http://dl.dropbox.com/u/19693964/The\%20Nartist\%20Manifesto\%20(v.\%20SHoP).pdf}{and (audio)}$
  - http://dl.dropbox.com/u/19693964/Premiere%20Reading%20of%20Robert%20Beshara's%20The%20Nartist%20Manifesto\_edited%20audio-MP3%20for%20Audio%20Podcasting.mp3