



AARP Bulletin



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March

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Your Health

Resources: Living Wills

January 2005

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AARP Foundation

Advance care directives vary by state. Request a state-specific version of "Planning for Incapacity" by writing to: AARP Foundation/National Legal Training Project, Attn: Nadine Latimore, PO Box 96474, Washington, DC 20090-6474. Be sure to include your return address and phone number, along with the title of the document, your state's name and \$10 per booklet.

AARP.org's End of Life section

Learn more about living wills, financial power of attorney, hospice care and much more.

U.S. Living Will Registry

Find links to free, state-specific advance directive forms.

ABA Commission on Law and Aging

The "Consumer's Tool Kit for Health Care Advance Planning" helps you to discover, clarify and communicate what is most important to you in the face of serious illness.

Aging with Dignity

The document "Five Wishes" addresses medical, personal, emotional and spiritual needs. It is valid in 35 states.

Caring Connections

Learn about the different options for end-of-life care--and how to plan for it. Download state-specific forms for living wills and health care powers of attorney.

Center for Practical Bioethics

MORE ON THIS ST

[Living Wills—A Matt Life and Death \(December 2003\)](#)

[AARP The Magazine Online Guide to Caregiving](#)

[Making Medical Decisions in Advance \(AARP.o](#)

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Crash Course in Est Planning

Estate planning is too important for would-be it-yourselfers." In the *AARP Crash Course in Planning: The Essential Guide to Wills, Trusts, Your Personal Legacy*, lawyer Michael Palerm expertly steers novice through the estate-planning wilderness—in plain, easy-to-understand English. Up on the bevy of rule tools presented here, you'll be able to work intelligently with an estate planning lawyer. The an estate plan that be you and those you lead behind.

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Cook with a
cupful of
Mrs. Dash
and bring
your meal
to life



The organization's "Caring Conversations" walks you through the care planning process. Download it in English or Spanish. Or send your request plus \$2.50 to Center for Practical Bioethics, 1100 Walnut St., #2900, Kansas City, MO 64106.



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