Children, Stress, and Natural Disasters

Children, Stress, and Natural Disasters from the University of Illinois Cooperative Extension Service is a set of resources for teachers and other child-care or youth workers that helps prepare them for working with children who have been through a disaster. These resources include:

**A Guide for Teachers**
Provides information that describes what children might experience during and after a disaster, how they might react to a disaster, and what teachers can do to help students during the recovery period.

**School Activities for Teachers**
Includes suggestions for activities that teachers can use in their classrooms after a disaster, lists of curriculum guides on disaster-related topics, a bibliography of children's literature on floods and natural disasters, and a list of resource material that are available from the American Red Cross.

Return to:
- [Resources for Educators](http://web.extension.uiuc.edu/disaster/teacher/teacher.html)