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Welcome to the Cultural Competence Health Practitioner Assessment

The Cultural Competence Health Practitioner Assessment (CCHPA) was developed by the National Center for Cultural Competence (NCCC) at the request of the Bureau of Primary Health Care, Health Resources and Services Administration, U.S. Department of Health and Human Services. The CCHPA is intended to enhance the delivery of high quality services to culturally and linguistically diverse individuals and underserved communities. It is also intended to promote cultural and linguistic competence as an essential approach for practitioners in the elimination of health disparities among racial and ethnic groups.

Assumptions

The CCHPA is based on three assumptions: (1) cultural competence is a developmental process at both the individual and organizational levels; (2) with appropriate support, individuals can enhance their cultural awareness, knowledge and skills over time; and (3) cultural strengths exist within organizations or networks of professionals but often go unnoticed and untapped (Mason, 1996).

CCHPA Subscales

The CCHPA has six subscales:

- Values and Belief Systems
- Cultural Aspects of Epidemiology
- Clinical Decision-Making
- Life Cycle Events
- Cross-Cultural Communication
- Empowerment/Health Management

Guidelines for completing the CCHPA

Please answer every question to the best of your knowledge. There are no right or wrong answers. The NCCC designed the CCHPA to suggest best and promising practices in the delivery health care and related services and supports. All responses are confidential.

When completing the CCHPA, you should focus on one particular ethnic, cultural, or racial group to whom you provide services. If your patient population is diverse, you may consider completing the CCHPA for each distinct group. The CCHPA takes approximately 20 minutes to complete.

The NCCC believes that self-assessment is a strengths-based process. Upon completion of the CCHPA, you will receive response fields that identify you at an awareness, knowledge, or skill level for each of the six subscales. Depending on your response pattern, you will be provided with a listing of resources such as web-based journals, textbooks, multimedia materials, and suggested learning experiences intended to support your individual growth. The NCCC faculty selected resources were selected based on: (1) the fidelity to items on each of the subscales, (2) quality of content, and (3) ease of accessibility. This resource listing is comprehensive, but not all-inclusive. It will continue to be updated periodically.

Please indicate if you are employed by any one of the following Bureau of Primary Health Care

programs:

Choose *

If you are not employed by a Bureau of Primary Health Care program, please select one of the following:

Choose

If other, please specify: _____

Subscale: Values and Belief Systems

The **Values and Belief Systems** subscale consists of seven questions. This subscale concerns practitioners' knowledge of the values and belief systems of diverse cultural groups and their impact on health care access and utilization. The scale explores perspectives of health, illness, well-being, care-seeking behaviors, traditional health practices, spirituality, and family/community dynamics. Responses to these items range from 1 - "not at all" to 4 - "very well."

I know the following values and belief systems for culturally diverse groups in my service area related to: *(Please respond to all items)*

	Not at All	Barely	Fairly Well	Very Well
a. health *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. illness *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1) c. well-being or wellness *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. help-seeking behaviors *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. cultural definitions of preventive health *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. preference for traditional healers *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. traditional healing practices *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please respond to questions 2-7 based on your knowledge of the culturally diverse groups in your service area.

I know the dietary choices/patterns of individuals based on such factors as:

Not at All Barely Fairly Well Very Well

a. income *

b. education *

2)

c. neighborhood resources *

d. cultural preferences *

I know exercise or physical activity choices/patterns of individuals based on such factors as:

Not at All **Barely** **Fairly Well** **Very Well**

a. income *

3)

b. education *

c. neighborhood resources *

d. cultural preferences *

I know the influence of spirituality or religiosity on perceptions of health and well-being.

4)

Not at all Barely Fairly well Very well

I know the authority or credibility attributed to:

Not at All **Barely** **Fairly Well** **Very Well**

5)

a. Western trained health care practitioners *

b. indigenous healers *

I know the impact of family dynamics on health care decisions (e.g., high value placed on decisions of elders, differing gender roles, role of extended family etc.).

6)

Not at all Barely Fairly well Very well

I know the strengths and resiliency of diverse individuals, families and communities that I serve.

- 7) Not at all Barely Fairly well Very well

* Indicates a required field.

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