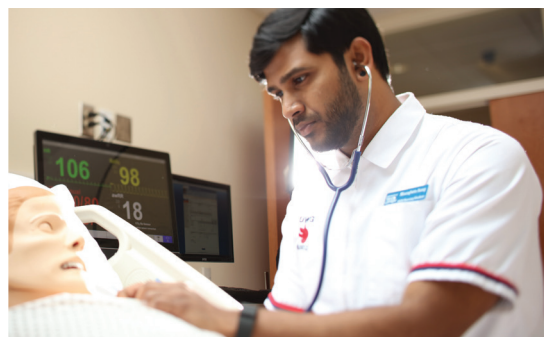


# INTEGRATIVE HEALTH CERTIFICATE STUDIES



## WHAT IS INTEGRATIVE HEALTH CERTIFICATE STUDIES?

Integrative health is one of the fastest growing areas in the health care industry. Through a series of five online courses, students will learn about integrative health care and the role it plays in modern medicine. Diet, exercise, and access to a healthy environment are essential to human health and well-being. The aim of the Integrative Health Certificate Studies (IHCS) program is to promote, prevent and enhance patient experience as well as improve population health while reducing costs and health care workforce burnout.

The program is built on five main pillars:

- Introduction to Integrative Health Care (required)
- Trends in Integrative Health
- Mind and Body
- Mindfulness
- Narrative Care

The IHCS is a non-credit program offered by UWG Continuing Education and is open to the community.

## WHO SHOULD TAKE INTEGRATIVE HEALTH CERTIFICATE STUDIES?

The IHCS is designed for anyone in the health-care industry (especially those who are at the bedside), hospital administrators, practitioners, mental health-care personnel, social workers, professionals in the field of education and interested individuals.

## WHAT ARE THE BENEFITS OF THIS PROGRAM?

The IHCS will prepare students to learn and develop how to implement fundamental principles of integrative health care to be better providers and practitioners.

## WANT MORE INFORMATION?

Visit the IHCS webpage at [westga.edu/conted/integrativehealth-cert](http://westga.edu/conted/integrativehealth-cert) or contact UWG Continuing Education at [conted@westga.edu](mailto:conted@westga.edu) or 678-839-6611.