# Advising Sheet for the B.S. in Education Program in Physical Education

**BACHELOR OF SCIENCE IN EDUCATION**  
**DEPARTMENT OF SPORT MANAGEMENT, WELLNESS, AND PHYSICAL EDUCATION**  
**PHYSICAL EDUCATION MAJOR**

Name: _____________________________________________      Student ID: _____________________

## CORE CURRICULUM

<table>
<thead>
<tr>
<th>A. Essential Skills</th>
<th>Hrs</th>
<th>Gr</th>
<th>Trf</th>
<th>PROFESSIONAL**</th>
<th>Hrs</th>
<th>Gr</th>
<th>Trf</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundations Block (Fall Junior Year)</td>
<td>16</td>
<td></td>
<td></td>
<td>PHED 3501 Skills &amp; Strategies in Strength/Cond OR PHED 3502 Skills &amp; Strategies Target/Out Activities</td>
<td>2</td>
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</tbody>
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1. **ENGL 1101**  
2. **ENGL 1102**  
3. **MATH 1111 (Recommended)**

## B. Institutional Priorities

| 4-5 | 3 | 3 |
| PHED 3670 Instructional Strategies of Health/PE | 3 |

1. **COMM 1110 (Recommended)**  
2. Elective course in B.

## C. Humanities/Arts

| 6 | 3 |
| Elementary Block (Spring Junior Year) | 15 |

1. **XIDS 2100 (Recommended)**  
2. Elective course in C.

## D. Science, Math, Technology

| 10-11 | 3 |
| PHED 4630 Foundations & Principles of Coaching | 3 |

1. **BIOL 1010-1010L (Recommended)**  
2. Elective course in D.  
3. Elective course in D.

## E. Social Sciences

| 12 | 3 |
| Secondary Block (Fall Senior Year) | 16 |

1. **HIST 1111 or 1112**  
2. **HIST 2111 or 2112**  
3. **POL S 1101**  
4. Elective course in E.

## F. Program Related Courses

| 18 | 3 |
| PHED 3675 Physical Educ. in Middle/Sec Schools | 3 |

1. **PHED 2100 Intro to Sports, Coaching, Fitness, and Recreation**  
2. **PHED 2602 Intro Teach Health/PE**  
3. **PHED 2605 Functional Anatomy**  
4. **PHED 2628 First Aid/CPR**  
5. **PHED 2300 Positive Youth Dev in Sport**  
6. **EDUC 2120 Exploring Socio Cultural Perspectives on Diversity**  
7. **EDUC 2130 Exploring Teaching & Learning**

**Physical Education Requirement**

| 3 | Total Prof Education | 60 |
| PWLA 1600 Personal Wellness | 2 |
| PWLA PE Activity Course | 1 |

**Total Core**

| 60 |
| Total Program | 120 |

**Requires Admission to Teacher Education and Grade of C or better in each course**  
* Grade of C or better required  
^ 2.5 GPA required

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**Student Signature:** ___________________________  
**Date:** ____________

**Advisor Signature:** ___________________________  
**Date:** ____________

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**College of Education**

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**SWP November 2021**