

# BIOMETRIC SCREENINGS

KNOW YOUR NUMBERS

*Packages Available*

## Know your Core 4 package

Blood pressure, glucose and cholesterol profile, and body composition *Valued at \$200*

## Fitness Package

Resting heart rate, Waist-hip ratio, body composition, cardio screen, muscular fitness screen, and flexibility  
*Valued at \$225*

## Wellness Package

Includes both Know Your Core 4 screenings AND the Fitness Package screenings  
*Valued at \$250*

## Spring 2019 Pricing

UWG students \$20/\$25 with DEXA  
UWG faculty/staff \$25/\$30 with DEXA  
Community \$45/\$60 with DEXA

UWG students \$15/\$25 with DEXA  
UWG faculty/staff \$25/\$30 with DEXA  
Community \$45/\$60 with DEXA

UWG students \$25/\$30 with DEXA  
UWG faculty/staff \$30/\$40 with DEXA  
Community \$65/\$85 with DEXA

We accept cash or check

For more information or to schedule an appointment, email [wolfwellness@westga.edu](mailto:wolfwellness@westga.edu)



**UWG**  
**College of Education**

*Innovation in Teaching,  
Leadership, and Wellness*