GREEK YOGURT BREAKFAST BARK

WOLF WELLNESS LAB

Ingredients

1 1/2 cups plain Greek yogurt
3 tbs maple syrup
1/2 cup Quaker® Real Medleys SuperGrains Blueberry Pecan Granola
1/2 cup blueberries
3 to 4 strawberries, sliced

Instructions

Line a baking sheet with parchment paper and set aside.

Mix Greek yogurt and syrup in a bowl until combined.

Pour onto prepared baking sheet and spread into a thin layer.

Top with Real Medleys SuperGrains Blueberry Pecan Granola, blueberries, and strawberries.

Cover the baking sheet with a piece of aluminum foil.

Place in the freezer for two hours, or overnight, until the bark is fully frozen.

Slice into desired squares.

Serve immediately and keep stored in the freezer in an airtight container or bag.

Enjoy!

Additional Information

Prep time: 10 minutes
Freeze time: 2 hours
Total time: 2 hr 10 mins