ABOUT THE MAJOR

The Bachelor of Science in Social and Behavioral Health provides students with the opportunity to learn foundation skills necessary to succeed in the dynamic health and social services environments. Courses in the program teach students how community and social factors contribute to a variety of public health problems, policies, and solutions; how to design, administer, and assess social service and/or behavioral health programs to ensure their quality and effectiveness; and how to help people navigate the healthcare system to find the resources they need to be healthy. Students will learn this through courses in health services, health analytics, complementary & alternative healthcare, cultural & social aspects of health, and behavioral & mental health.

ABOUT THIS MAP

This program map is intended ONLY as a guide for students to plan their course of study. It does NOT replace any information in the Undergraduate Catalog, which is the official guide for completing degree requirements. Use this map to help plan and guide your experience at UWG, including academic, co-curricular, and discovery opportunities. Everyone’s experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

WHERE CAN YOU GO WITH THIS DEGREE?

- Advocate
- Behavioral Analyst
- Behavioral Management Aide
- Case Management
- Healthcare Administration
- Medical Records Administration
- Medical Services Coordinator
- Mental Health Coordinator
- Patient Navigator
- Public Health Aide

60
CORE CREDIT HOURS

39
MAJOR CREDIT HOURS

21
ELECTIVE CREDIT HOURS

HONORS COLLEGE

Consider joining if you have an Overall GPA of 3.2 and earned 15 college credit hours!

Visit westga.edu/program-maps for the latest version of this major map.
TERM 1: FALL

C1: ENGL 1101
English Composition I
3 CREDIT HOURS

F: SOCI 1101
Intro to Sociology
3 CREDIT HOURS

P2: POLS 1101
American Government
3 CREDIT HOURS

F: PSYC 1101
Intro to Psychology
3 CREDIT HOURS

T1: SCIENCE + LAB
A: HUMANITIES
4 CREDIT HOURS

Find Your Place
• Attend orientation events.
• Start building relationships early (find your roommate on social media).
• Build your network: search for Facebook groups for incoming freshmen, the Sociology Program and its student groups, and athletic teams or other groups of interest to you at UWG.
• Attend events and traditions at UWG (football game, Wolfstock).

Broaden Your Perspectives
• Visit Wolves Vote to learn about the voting process and registration.
• Consider volunteering for a campaign or organization in your community.

Connect Off-Campus
• Visit the UWG Wellness Hub to find all the resources available to you!
• Visit Health Services.
• Get fit! Visit URec to see all your options.
• Visit the UWG Writing Center and make Ingram Library your second home — feel familiar with the research process.

Take Care of Yourself
• Complete a self-assessment to see what careers and majors are right for you.
• Visit Office of Career and Graduate School Connections.
• Create your profile on Handshake.
• Consider applying for an on-campus job.

15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS = 30 CREDIT HOURS

TERM 2: SPRING

C2: ENGL 1102
English Composition II
3 CREDIT HOURS

M: MATH 1001
Quantitative Skills & Reasoning
3 CREDIT HOURS

P: PSYC 1101
Intro to Psychology
3 CREDIT HOURS

T2: NON-LAB SCIENCE
3 CREDIT HOURS

Find Your Place
• Explore diversity, equity, and inclusion resources and opportunities across campus.
• Check out the education abroad office.

Broaden Your Perspectives
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Take Care of Yourself
• Complete a self-assessment to see what careers and majors are right for you.
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YEAR 2

TERM 1: FALL

F: SABH 1101
Intro to Social and Behavioral Health
3 CREDIT HOURS

F: ANTH 1102
Intro to Anthropology
3 CREDIT HOURS

S1 OR P1
World or US History
3 CREDIT HOURS

I1: ORAL COMMUNICATIONS
A: BIOLOGICAL SCIENCE
3 CREDIT HOURS

Find Your Place
• Attend orientation events.
• Visit Wolves Vote to learn about the voting process and registration.
• Visit the UWG Writing Center and make Ingram Library your second home — feel familiar with the research process.
• Consider taking summer courses to assist in your program.

Broaden Your Perspectives
• Get involved in extracurricular activities.
• Consider volunteering for a campaign or organization in your community.

Connect Off-Campus
• Complete an internship in your field.
• Ask your department about networking opportunities with alumni.

Take Care of Yourself
• Take a fitness class, climb the rock wall, or join an intramural team.

PAVE YOUR PATH

Make sure you understand the requirements of the major — review an Admit if you need help.
Follow the SABH Program Map — work through courses in each area of the major.
Try not to overwhelm yourself — try some of your more challenging courses mixed with less challenging ones.
Visit the UWG Writing Center and make Ingram Library your second home — feel familiar with the research process.
Consider taking summer courses to assist in your program.

Consider applying for an on-campus job.
Create your profile on Handshake.
Connections.
Visit Office of Career and Graduate School Connections.
Check out the education abroad office.
Consider a summer or part-time job.
Complete an internship in your field.
Take a fitness class, climb the rock wall, or join an intramural team.
Draft your resume and attend a resume blitz.
Learn about how to network on social media and update your Handshake profile.
Draft your personal statement.
Visit the UWG Writing Center and make Ingram Library your second home — feel familiar with the research process.
Consider volunteering for a campaign or organization in your community.

15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS = 30 CREDIT HOURS

TERM 2: SPRING

S1 OR P1
World or US History
3 CREDIT HOURS

F: ANTH 1105 OR BIOL
Intro to Physical Anthropology, or Biology course
3 CREDIT HOURS

I1: SOCIAL SCIENCE
A: HUMANITIES
3 CREDIT HOURS

Find Your Place
• Attend orientation events.
• Visit Wolves Vote to learn about the voting process and registration.
• Consider volunteering for a campaign or organization in your community.

Broaden Your Perspectives
• Complete an internship in your field.
• Ask your department about networking opportunities with alumni.

Connect Off-Campus
• Take a fitness class, climb the rock wall, or join an intramural team.

Take Care of Yourself
• Consider whether counseling is right for you: take a mental health screening.

PAVE YOUR PATH

Make sure you understand the requirements of the major — review an Admit if you need help.
Follow the SABH Program Map — work through courses in each area of the major.
Try not to overwhelm yourself — try some of your more challenging courses mixed with less challenging ones.
Visit the UWG Writing Center and make Ingram Library your second home — feel familiar with the research process.
Consider taking summer courses to assist in your program.

Consider applying for an on-campus job.
Create your profile on Handshake.
Connections.
Visit Office of Career and Graduate School Connections.
Check out the education abroad office.
Consider a summer or part-time job.
Complete an internship in your field.
Take a fitness class, climb the rock wall, or join an intramural team.
Draft your resume and attend a resume blitz.
Learn about how to network on social media and update your Handshake profile.
Draft your personal statement.
Visit the UWG Writing Center and make Ingram Library your second home — feel familiar with the research process.
Consider volunteering for a campaign or organization in your community.

15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS = 30 CREDIT HOURS

YEAR 1

TERM 2: SPRING

C2: ENGL 1102
English Composition II
3 CREDIT HOURS

M: MATH 1001
Quantitative Skills & Reasoning
3 CREDIT HOURS

P2: POLS 1101
American Government
3 CREDIT HOURS

F: PSYC 1101
Intro to Psychology
3 CREDIT HOURS

T2: NON-LAB SCIENCE
3 CREDIT HOURS

Find Your Place
• Attend orientation events.
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Broaden Your Perspectives
• Visit Wolves Vote to learn about the voting process and registration.
• Consider volunteering for a campaign or organization in your community.

Connect Off-Campus
• Visit the UWG Wellness Hub to find all the resources available to you!
• Visit Health Services.
• Get fit! Visit URec to see all your options.
• Visit the UWG Writing Center and make Ingram Library your second home — feel familiar with the research process.

Take Care of Yourself
• Complete a self-assessment to see what careers and majors are right for you.
• Visit Office of Career and Graduate School Connections.
• Create your profile on Handshake.
• Consider applying for an on-campus job.

15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS = 30 CREDIT HOURS
YEAR 3

TERM 1: FALL

MAJOR AREA 4
Upper Division Electives
3/4 CREDIT HOURS

MAJOR AREA 1A
3 CREDIT HOURS

MAJOR AREA 2B
3 CREDIT HOURS

MAJOR AREA 1C
3 CREDIT HOURS

MINOR/ELECTIVE
3 CREDIT HOURS

TERM 2: SPRING

MAJOR AREA 2A
3 CREDIT HOURS

MAJOR AREA 2B
3 CREDIT HOURS

MAJOR AREA 1B
3 CREDIT HOURS

MINOR/ELECTIVE
3 CREDIT HOURS

15/16 FALL CREDIT HOURS = 30/31 CREDIT HOURS

CRUSH YOUR COURSEWORK

• Make sure you understand the requirements of the major—see an Advisor if you need help.
• Follow the SBH Program Map—work through courses in each area of the major.
• Try not to overwhelm yourself—take some of your more challenging courses mixed with less challenging ones.
• Consider taking summer courses to assist in your progression.

FIND YOUR PLACE

• Get involved in extracurricular activities.
• Propose the creation of a Social & Behavioral Health student organization.
• Connect with your College: offer to serve on the CACSI Study Advisory Committee.
• Give back: volunteer!

BROADEN YOUR PERSPECTIVES

• In a student organization? Suggest you all complete an implicit bias workshop.
• Consider a study abroad program. Check out students’ stories of their experiences.

CONNECT OFF-CAMPUS

• Take a fitness class, climb the rock wall, or join an intramural team.
• Consider whether counseling is right for you: take a mental health screening.

TAKE CARE OF YOURSELF

• Draft your resume and attend a resume blitz.
• Learn about how to network on social media and update your Handshake profile.
• Draft your personal statement.
• Visit the graduate school to find out about graduate programs and admission requirements.

PAVE YOUR PATH

• Make sure you understand the requirements of the major—see an Advisor if you need help.
• Follow the SBH Program Map—work through courses in each area of the major.
• Try not to overwhelm yourself—take some of your more challenging courses mixed with less challenging ones.
• Consider taking summer courses to assist in your progression.

TERM 2: SPRING

MAJOR AREA 2A
3 CREDIT HOURS

MAJOR AREA 2B
3 CREDIT HOURS

MAJOR AREA 1B
3 CREDIT HOURS

MINOR/ELECTIVE
3 CREDIT HOURS

15 FALL CREDIT HOURS = 30 CREDIT HOURS

CRUSH YOUR COURSEWORK

• Take SOCI 4386: Internship in your final semester. Be sure to speak with the Internship Coordinator for information on placement and requirements of the course.
• Explore courses outside the major (consider a minor).
• Attend seminars and/or information sessions and workshops focused on graduate school or getting employment.

FIND YOUR PLACE

• Take advantage of the many experiential learning labs at UWG.
• Consider monitoring new Social & Behavioral Health majors.
• Get a jump-start on your career: take full advantage of the UWG career center (resume building; interview practice; job repository; borrow a suit for your interviews).

BROADEN YOUR PERSPECTIVES

• Assess your cultural competency.
• Consider working abroad and research visa regulations.
• Explore practices of creating more inclusive careers.

CONNECT OFF-CAMPUS

• Ask for advice from professionals in your field of interest.
• Explore career shadowing opportunities.

TAKE CARE OF YOURSELF

• Explore a farmer’s market for fresh produce.
• Develop a post-graduation exercise plan.
• Explore your loan repayment options and complete your exit counseling.

PAVE YOUR PATH

• Request references from professors and supervisors.
• Draft your resume cover letter and personal statement and revise it with career services.
• Attend business fairs and career fairs at UWG and across the state.
• Attend an interview workshop.
• Apply for graduate programs.