ABOUT THE MAJOR
The psychology program at the University of West Georgia is unique in that our theoretical roots are in humanistic, transpersonal, and critical psychology. Our courses range from classically humanistic concerns - like the centrality of human subjective experience in psychology, holistic approaches to psychological understanding, human growth and development, and the enhancement of human potential - to contemporary attention to transpersonal and spiritual horizons. Themes such as the meaning of genuine community, sociality, understanding oneself and others, and the myriad ways through which we grow and develop are central to our academic learning environment.

ABOUT THIS MAP
This program map is intended ONLY as a guide for students to plan their course of study. It does NOT replace any information in the Undergraduate Catalog, which is the official guide for completing degree requirements. Use this map to help plan and guide your experience at UWG, including academic, co-curricular, and discovery opportunities. Everyone’s experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

WHERE CAN YOU GO WITH THIS DEGREE?
- Case Worker
- Computer Programmer
- Fundraiser
- Human Resources Manager
- Market Research Analyst
- Public Relations Manager
- Real Estate Agent
- School Faculty
- Technical Writer
- Training or Development Specialist

ADD A CERTIFICATE
- Advertising
- Ethics
- Human Rights Advocacy
- Juvenile Justice & Rehabilitation
- Social Diversity
- Social Services

Visit westga.edu/program-maps for the latest version of this major map.
**TERM 1: FALL**

**A1: ENGL 1101**  
English Composition I  
3 CREDIT HOURS

**A2: MATH 1401**  
Recommended: Elementary Statistics  
3 CREDIT HOURS

**B2: XIDS 2002**  
Recommended: First-Year Seminar  
2 CREDIT HOURS

**F: PSYC 1101**  
Intro to General Psychology  
3 CREDIT HOURS

**E1: HIST 1111 OR 1112**  
World History  
3 CREDIT HOURS

MILESTONES:  
• COMPLETE ENG 1101 WITH C OR BETTER  
• COMPLETE PSYC 1101 (PRE-REG FOR MAJOR COURSES)

CRUSH YOUR COURSEWORK  
• Be sure to take PSYC 1101 and 2010 in your first couple of semesters.  
• Learn APA formatting and citation standards.  
• Consider taking your general education courses early on.

FIND YOUR PLACE  
• Join Psychology Student Association (PSA) and network with other students.  
• Connect with the Center for Academic Success or a SI leader for tutoring and guidance.  
• Explore all the other events, clubs, and organizations available to you.

BROADEN YOUR PERSPECTIVES  
• Explore diversity, equity, and inclusion resources and opportunities across campus.  
• Check out the education abroad office.

CONNECT OFF-CAMPUS  
• Visit Wolves Vote to learn about the voting process and registration.  
• Consider volunteering for a campaign or organization in your community.

TAKE CARE OF YOURSELF  
• Visit the UWG Wellness Hub to find all the resources available to you!  
• Visit Health Services.  
• Get Fit! Visit Office to see all your options.  
• Visit the Center for Economic Education and Financial Literacy.

PAVE YOUR PATH  
• Complete a self-assessment to see what careers and majors are right for you.  
• Visit Office of Career and Graduate School Connections.  
• Create your profile on Handshake.  
• Consider applying for an on-campus job.

**TERM 2: SPRING**

**A1: ENGL 1102**  
English Composition II  
3 CREDIT HOURS

**F: PSYC 2010**  
Psychology as a Human Science  
3 CREDIT HOURS

**E2: HIST 2111 OR 2112**  
World History  
3 CREDIT HOURS

**C1: FINE ARTS**  
3 CREDIT HOURS

**D1: SCIENCE + LAB**  
4 CREDIT HOURS

MILESTONES:  
• COMPLETE ENG 1102 WITH C OR BETTER  
• COMPLETION OF 30 CREDIT HOURS BY THE END OF THE SECOND SEMESTER  
• COMPLETION OF AREA A

14 FALL CREDIT HOURS + 16 SPRING CREDIT HOURS  
= 30 CREDIT HOURS

**TERM 2: SPRING**

**C2: HUMANITIES**  
3 CREDIT HOURS

**E4: SOCIAL SCIENCE**  
3 CREDIT HOURS

**D2: MATH, SCIENCE, & TECHNOLOGY**  
3 CREDIT HOURS

**F: MAJOR COURSE (3)**  
3 CREDIT HOURS

**F: MAJOR COURSE (4)**  
3 CREDIT HOURS

MILESTONES:  
• COMPLETION OF CORE AREAS A-E  
• COMPLETION OF 60 CREDIT HOURS BY THE END OF THE SEMESTER

15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS  
= 30 CREDIT HOURS

**TERM 1: FALL**

**E3: POLS 1101**  
American Government  
3 CREDIT HOURS

**B1: ORAL COMMUNICATIONS**  
3 CREDIT HOURS

**D1: NON-LAB SCIENCE**  
3 CREDIT HOURS

**F: MAJOR COURSE (1)**  
3 CREDIT HOURS

**F: MAJOR COURSE (2)**  
3 CREDIT HOURS

MILESTONES:  
• COMPLETION OF AREA C

**TERM 2: SPRING**

**B2: PSYC 2220 Qualitative Research Methods**  
3 CREDIT HOURS

**E3: SOCIAL SCIENCE**  
3 CREDIT HOURS

**D2: MATH, SCIENCE, & TECHNOLOGY**  
3 CREDIT HOURS

**F: MAJOR COURSE (3)**  
3 CREDIT HOURS

**F: MAJOR COURSE (4)**  
3 CREDIT HOURS

MILESTONES:  
• COMPLETION OF CORE AREAS A-E  
• COMPLETION OF 60 CREDIT HOURS BY THE END OF THE SEMESTER

15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS  
= 30 CREDIT HOURS

Additional Information:  
• F: Major Course (1-5): PSY 2101 (recommended); PSY 2303; PSY 2306 (recommended); MATH 1211, 1212, 2211, 2212; BIOL 1011, 1012, 1111, 1112; CHEM 1014; CRIM 0101/1201; ECON 1101, 2101, 2102; POLS 1001, 1002; PSY 2301, 2302; THEA 1411; XIDS 2001

• F: Major Course (6-10): PSY 2220 Qualitative Research Methods; PSY 2221 Quantitative Research Methods

• F: Major Course (11-15): PSY 2303, PSY 2306 (recommended); MATH 1211, 1212, 2211, 2212; BIOL 1011, 1012, 1111, 1112; CHEM 1014; CRIM 0101/1201; ECON 1101, 2101, 2102; POLS 1001, 1002; PSY 2301, 2302; THEA 1411; XIDS 2001

**BROADEN YOUR PERSPECTIVES**

• In a student organization? Suggest you all complete an explicit bias workshop.  
• Consider a study abroad program. Check out students’ stories of their experiences.

**CONNECT OFF-CAMPUS**

• Complete an internship in your field.  
• Consider a summer or part-time job.  
• Ask your department about networking opportunities with alumni.

**TAKE CARE OF YOURSELF**

• Take a fitness class, climb the rock wall, or join an intramural team.  
• Consider whether counseling is right for you: take a mental health screening.  
• Learn about how to network on social media and attend UWG Scholars’ Day.  
• Students’ stories of their experiences.

**PAVE YOUR PATH**

• Draft your resume and attend a resume build.  
• Learn about how to network on social media and update your Handshake profile.  
• Draft your personal statement.  
• Visit the graduate school to find out about graduate programs and admission requirements.
TERM 1: FALL

PSYC COURSE
(See below)
4 CREDIT HOURS

PSYC COURSE
(See below)
4 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MILESTONE:
• For Minor, all Psychology Majors are required to complete a Minor consisting of 15-18 hours. (Please contact a representative from the Department in which you intend to declare your Minor for specific details regarding requirements for that Department’s Minor)

TERM 2: SPRING

PSYC ADVANCED TOPICS
(Any PSYC 3000 or 4000 level course)
8/10 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MILESTONE:
• For Minor, all Psychology Majors are required to complete a Minor consisting of 15-18 hours. (Please contact a representative from the Department in which you intend to declare your Minor for specific details regarding requirements for that Department’s Minor)

TERM 4

PSYC ADVANCED TOPICS
(Any PSYC 3000 or 4000 level course)
8/10 CREDIT HOURS

PSYC ADVANCED TOPIC OR MINOR COURSE
(Any PSYC 3000 or 4000 level course)
3 CREDIT HOURS

MINOR COURSE
3/4 CREDIT HOURS

MILESTONES:
• For Minor, all Psychology Majors are required to complete a Minor consisting of 15-18 hours. (Please contact a representative from the Department in which you intend to declare your Minor for specific details regarding requirements for that Department’s Minor)
• For Advanced Topics, 19 hours of PSYC Courses at or above the 3000 level (may include courses from the list below)

YEAR 3

PSYC COURSE
(See below)
4 CREDIT HOURS

COURSEWORK
• Take one of your upper-division major courses each semester to avoid getting overwhelmed.
• Build your understanding of research methods and theoretical foundations of psychology.

CAREER OUTLOOK
• Consider participating in research studies run by faculty or graduate students.
• Attend the Bill Roll Lecture or the Jim Klee Forum, two annual events sponsored by psychology.
• Attend OMG Scholars’ Day.

MILESTONE:
• In a student organization? Suggest you all complete an implicit bias workshop.
• Consider a study abroad program. Check out students’ stories of their experiences.

YEAR 4

PSYC 4884
Senior Seminar
4 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MILESTONE:
• Complete an internship in your field.
• Consider a summer or part-time job.
• Ask about networking opportunities with alumni.

TERM 1: FALL

PSYC 4884
Senior Seminar
4 CREDIT HOURS

COURSEWORK
• Take one of your upper-division major courses each semester to avoid getting overwhelmed.
• Build your understanding of research methods and theoretical foundations of psychology.

CAREER OUTLOOK
• Consider participating in research studies run by faculty or graduate students.
• Attend the Bill Roll Lecture or the Jim Klee Forum, two annual events sponsored by psychology.
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MILESTONE:
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YEAR 4

PSYC 4884
Senior Seminar
4 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MILESTONE:
• Complete an internship in your field.
• Consider a summer or part-time job.
• Ask about networking opportunities with alumni.

TERM 2: SPRING

PSYC 4884
Senior Seminar
4 CREDIT HOURS

COURSEWORK
• Take a fitness class, climb the rock wall, or join an intramural team.
• Consider whether counseling is right for you: take an implicit bias workshop.

CAREER OUTLOOK
• Take a fitness class, climb the rock wall, or join an intramural team.
• Consider whether counseling is right for you: take an implicit bias workshop.

MILESTONE:
• Complete an internship in your field.
• Consider a summer or part-time job.
• Ask about networking opportunities with alumni.

YEAR 4

PSYC 4884
Senior Seminar
4 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MILESTONE:
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TERM 2: SPRING

PSYC 4884
Senior Seminar
4 CREDIT HOURS

COURSEWORK
• Take a fitness class, climb the rock wall, or join an intramural team.
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CAREER OUTLOOK
• Take a fitness class, climb the rock wall, or join an intramural team.
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• Consider a summer or part-time job.
• Ask about networking opportunities with alumni.

YEAR 4

PSYC 4884
Senior Seminar
4 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MINOR COURSE
3 CREDIT HOURS

MILESTONE:
• Complete an internship in your field.
• Consider a summer or part-time job.
• Ask about networking opportunities with alumni.