

# ABOUT THE MAJOR

The Bachelor of Science in Social and Behavioral Health provides students with the opportunity to learn foundation skills necessary to succeed in the dynamic health and social services environments. Courses in the program teach students how community and social factors contribute to a variety of public health problems, policies, and solutions; how to design, administer, and assess social service and/or behavioral health programs to ensure their quality and effectiveness; and how to help people navigate the healthcare system to find the resources they need to be healthy. Students will learn this through courses in health services, health analytics, complementary & alternative healthcare, cultural & social aspects of health, and behavioral & mental health.

# ABOUT THIS MAP

This program map is intended ONLY as a guide for students to plan their course of study. It does NOT replace any information in the Undergraduate Catalog, which is the official guide for completing degree requirements. Use this map to help plan and guide your experience at UWG, including academic, co-curricular, and discovery opportunities. Everyone’s experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

## WHERE CAN YOU GO WITH THIS DEGREE?

- Advocate
- Behavioral Analyst
- Behavioral Management Aide
- Case Management
- Healthcare Administration
- Medical Records Administration
- Medical Services Coordinator
- Mental Health Coordinator
- Patient Navigator
- Public Health Aide

## ADD A CERTIFICATE

- Health and Society
- Health Communication
- Human Rights Advocacy
- Social Diversity
- Social Services

## HONORS COLLEGE

Consider joining if you have an Overall GPA of 3.2 and earned 15 college credit hours!



# SOCIAL AND BEHAVIORAL HEALTH

*Bachelor of Science*

60

CORE CREDIT HOURS

39

MAJOR CREDIT HOURS

21

ELECTIVE CREDIT HOURS

Visit [westga.edu/program-maps](https://westga.edu/program-maps) for the latest version of this major map.



VISIT WOLFWATCH FOR MORE INFORMATION.



HAVE A QUESTION? CHECK IN WITH YOUR ADVISOR!



UNIVERSITY OF WEST GEORGIA

2025-2026

TERM 1: FALL

<b>C1: ENGL 1101</b> English Composition I	<b>3</b> CREDIT HOURS
<b>F: SOCI 1101</b> Intro to Sociology	<b>3</b> CREDIT HOURS
<b>I2: XIDS 2002</b> (Recommended) First-Year Seminar	<b>2</b> CREDIT HOURS
<b>T1: SCIENCE + LAB</b>	<b>4</b> CREDIT HOURS
<b>A: HUMANITIES</b>	<b>3</b> CREDIT HOURS

TERM 2: SPRING

<b>C2: ENGL 1102</b> English Composition II	<b>3</b> CREDIT HOURS
<b>M: MATH 1001</b> Quantitative Skills & Reasoning	<b>3</b> CREDIT HOURS
<b>P2: POLS 1101</b> American Government	<b>3</b> CREDIT HOURS
<b>F: PSYC 1101</b> Intro to Psychology	<b>3</b> CREDIT HOURS
<b>T2: NON-LAB SCIENCE</b>	<b>3</b> CREDIT HOURS

15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS  
= 30 CREDIT HOURS

CRUSH YOUR COURSEWORK

- Ensure a focus on Core IMPACTS courses.
- Take the courses in Area F as soon as possible, especially SOCI 1101: Introductory Sociology. It's a pre-req to all upper division Sociology courses.
- Take SABH 1101: Introduction to Social & Behavioral Health to acclimate yourself to your major focus.

FIND YOUR PLACE

- Attend orientation events.
- Start building relationships early (find your roommate on social media).
- Build your network: search for Facebook groups for incoming freshmen, the Sociology Program and its student groups, and athletic teams or other groups of interest to you at UWG.
- Attend events and traditions at UWG (football game, Wolfstock).

BROADEN YOUR PERSPECTIVES

- Explore diversity, equity, and inclusion resources and opportunities across campus.
- Check out the education abroad office.

CONNECT OFF-CAMPUS

- Visit Wolves Vote to learn about the voting process and registration.
- Consider volunteering for a campaign or organization in your community.

TAKE CARE OF YOURSELF

- Visit the UWG Wellness Hub to find all the resources available to you!
- Visit Health Services.
- Get fit! Visit URec to see all your options.
- Visit the Center for Economic Education and Financial Literacy.

PAVE YOUR PATH

- Complete a self-assessment to see what careers and majors are right for you.
- Visit Office of Career and Graduate School Connections.
- Create your profile on Handshake.
- Consider applying for an on-campus job.

TERM 1: FALL

<b>F: SABH 1101</b> Intro to Social and Behavioral Health	<b>3</b> CREDIT HOURS
<b>F: ANTH 1102</b> Intro to Anthropology	<b>3</b> CREDIT HOURS
<b>S1 OR P1</b> World or US History	<b>3</b> CREDIT HOURS
<b>I1: ORAL COMMUNICATIONS</b>	<b>3</b> CREDIT HOURS
<b>F: BIOL COURSE</b>	<b>3</b> CREDIT HOURS

TERM 2: SPRING

<b>S1 OR P1</b> World or US History	<b>3</b> CREDIT HOURS
<b>F: ANTH 1105 OR BIOL</b> Intro to Physical Anthropology, or Biology course	<b>3</b> CREDIT HOURS
<b>S1: SOCIAL SCIENCE</b>	<b>3</b> CREDIT HOURS
<b>A: HUMANITIES</b>	<b>3</b> CREDIT HOURS
<b>T3: STEM COURSE</b>	<b>3</b> CREDIT HOURS

15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS  
= 30 CREDIT HOURS

CRUSH YOUR COURSEWORK

- Make sure you understand the requirements of the major—see an Advisor if you need help.
- Follow the SBH Program Map—work through courses in each area of the major.
- Try not to overwhelm yourself—take some of your more challenging courses mixed with less challenging ones.
- Visit the UWG Writing Center and make Ingram Library your second home — feel familiar with the research process.
- Consider taking summer courses to assist in your progression.

FIND YOUR PLACE

- Get involved in extracurricular activities.
- Propose the creation of a Social & Behavioral Health student organization.
- Connect with your College: offer to serve on the CACSI Study Advisory Committee.
- Give back: volunteer!
- Attend UWG Scholars Day.

BROADEN YOUR PERSPECTIVES

- In a student organization? Suggest you all complete an implicit bias workshop.
- Consider a study abroad program. Check out students' stories of their experiences.

CONNECT OFF-CAMPUS

- Complete an internship in your field.
- Consider a summer or part-time job.
- Ask your department about networking opportunities with alumni.

TAKE CARE OF YOURSELF

- Take a fitness class, climb the rock wall, or join an intramural team.
- Consider whether counseling is right for you: take a mental health screening.

PAVE YOUR PATH

- Draft your resume and attend a resume blitz.
- Learn about how to network on social media and update your Handshake profile.
- Draft your personal statement.
- Visit the graduate school to find out about graduate programs and admission requirements.

TERM 1: FALL

MAJOR AREA 4	3/4	CREDIT HOURS
Upper Division Electives		
MAJOR AREA 1A	3	CREDIT HOURS
MAJOR AREA 2B	3	CREDIT HOURS
MAJOR AREA 1C	3	CREDIT HOURS
MINOR/ELECTIVE	3	CREDIT HOURS

TERM 2: SPRING

MAJOR AREA 2A	3	CREDIT HOURS
MAJOR AREA 2B	3	CREDIT HOURS
MAJOR AREA 1B	3	CREDIT HOURS
MINOR/ELECTIVE	3	CREDIT HOURS
MINOR/ELECTIVE	3	CREDIT HOURS

15/16 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS = 30/31 CREDIT HOURS

CRUSH YOUR COURSEWORK

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- Draft your resume and attend a resume blitz.
- Learn about how to network on social media and update your Handshake profile.
- Draft your personal statement.
- Visit the graduate school to find out about graduate programs and admission requirements.

TERM 1: FALL

MAJOR AREA 4	3	CREDIT HOURS
Upper Division Electives		
MAJOR AREA 1A	3	CREDIT HOURS
MAJOR AREA 1C	3	CREDIT HOURS
MINOR/ELECTIVE	3	CREDIT HOURS
MINOR/ELECTIVE	3	CREDIT HOURS

TERM 2: SPRING

MAJOR AREA 3	3	CREDIT HOURS
(Internship)		
MAJOR AREA 2A	3	CREDIT HOURS
MAJOR AREA 1B	3	CREDIT HOURS
MINOR/ELECTIVE	3	CREDIT HOURS
MINOR/ELECTIVE	3	CREDIT HOURS

15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS = 30 CREDIT HOURS

CRUSH YOUR COURSEWORK

- Take SOCI 4386: Internship in your final semester. Be sure to speak with the Internship Coordinator for information on placement and requirements of the course.
- Explore courses outside the major (consider a minor).
- Attend seminars and/or information sessions and workshops focused on graduate school or getting employment.

FIND YOUR PLACE

- Take advantage of the many experiential learning labs at UWG.
- Consider mentoring new Social & Behavioral Health majors.
- Get a jump-start on your career: take full advantage of the UWG career center (resume building; interview practice; job repository; borrow a suit for your interview).

BROADEN YOUR PERSPECTIVES

- Assess your cultural competency.
- Consider working abroad and research visa regulations.
- Explore practices of creating more inclusive careers.

CONNECT OFF-CAMPUS

- Ask for advice from professionals in your field of interest.
- Explore career shadowing opportunities.

TAKE CARE OF YOURSELF

- Explore a farmer's market for fresh produce.
- Develop a post-graduation exercise plan.
- Explore your loan repayment options and complete your exit counseling.

PAVE YOUR PATH

- Request references from professors and supervisors.
- Draft your resume cover letter and personal statement and revise it with career services.
- Attend business fairs and career fairs at UWG and across the state.
- Attend an interview workshop.
- Apply for graduate programs.