



# meaningful

## LIVING & LEARNING IN A DIGITAL WORLD

SAVANNAH, GA | SUNDAY, FEBRUARY 8, 2026 - WEDNESDAY, FEBRUARY 11, 2026

### **SUNDAY, February 8, 2026**

5:00 PM      Welcome Reception and Registration, Secret Garden\*

### **MONDAY, February 9, 2026**

8:00 AM	Registration Desk, Greene Room
9:00 AM	Welcome and Opening Keynote, Griffon Room
9:45 AM	Comfort Zone Break, Greene Room*
	Relaxation Station Opens, Mercer Room
10:00 AM	Concurrent Session I
11:00 AM	Concurrent Session II
11:45 AM	Boxed Lunch and Optional Mindful Activities, Greene Room**
1:00 PM	Concurrent Session III
1:45 PM	Afternoon Tea, Greene Room*
2:00 PM	7-Minute Simple Talks, Griffon Room
3:00 PM	Digital Detox Yoga, Pool Lawn
4:00 PM	Group/Individual Reflections, Secret Garden

### **TUESDAY, February 10, 2026**

8:00 AM	Registration Desk, Greene Room
9:00 AM	Concurrent Session IV
9:45 AM	Comfort Zone Break, Greene Room*
	Relaxation Station Opens, Mercer Room
10:00 AM	Concurrent Session V
11:00 AM	Concurrent Session VI
11:45 AM	Panel Luncheon – Pacci**
1:00 PM	Concurrent Session VII
1:45 PM	Afternoon Tea, Greene Room*
2:00 PM	7-Minute Simple Talks, Griffon Room
3:00 PM	Catch The Chameleon, Greene Room
4:00 PM	Group/Individual Reflections, Secret Garden

### **WEDNESDAY, February 11, 2026**

8:00 AM	Registration Desk, Greene Room
8:00 AM	Concurrent Session VIII
9:00 AM	Concurrent Session IX
10:00 AM	Concurrent Session X
11:00 AM	Boxed Lunch & Final Reflections – Greene Room**
12:30 PM	Safe travels home!

\*events with snacks

\*\*events with meals