

Icebreakers

Suggestions for Success

Why are icebreakers important?

- ✚ Creates a warm and friendly environment.
- ✚ Helps your group feel comfortable and makes new members feel welcomed.
- ✚ Gets members actively engaged from the start.

Name Game:

Have each person introduce him or herself with an adjective that begins with the same letter as the first letter of their names (Manic Melissa). Then have each person repeat all the previous names before they give their own. You can then ask to see if anyone remembers all of the names?

Toilet Paper Game: (also can be played with a bag of candy)

Get a roll of toilet paper and explain to your group that they are going camping and need to take as much toilet paper as they think they may need for a day trip. Once everyone has an ample supply, explain to the group that for every square in their possession, they must share something about themselves. NOTE: If anyone knows the activity, ask them not to give away the secret under any circumstances.

Snowball:

Give everyone in the room a slip of paper. Have them write one question that they wish someone would ask them. Be sure that each person leaves their question anonymous by not listing their name. After everyone is done, have each person ball their question up and then toss them into the middle of the room. Once everyone tosses their slips of paper, have everyone pick up a ball, then answer the question on the slip of paper.

Mix and Mingle:

Assign the group to find a partner wearing the same color shirt, the same color shoes, or the same color eyes. The pair must find out one thing about each other. Then move on to the same color shoes. Pairs again find out one thing about one another. So on and so forth. After you are finished the group can share their findings.

Adopted from: <http://www.residentassistant.com/games/icebreakers.htm>

Resources:

Remember these are just a FEW icebreaker ideas that you can utilize. The internet is a wealth of information as well as utilizing the Center for Student Involvement staff for ideas!

For more information contact the *Center for Student Involvement*
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