## East Commons Sunday’s Menu

### Home Zone

#### Breakfast
- Scrambled Eggs
- Bacon Cheddar Frittata
- Classic Grits
- Oatmeal
- Turkey Bacon
- Fried Pork Chops
- Potatoes O’Brien

#### Lunch
- Breakfast for Lunch

#### Dinner
- Chicken Enchiladas
- Baked Tilapia w/ Pico de Gallo
- Mexican Style Corn
- Spanish Yellow Rice
- Fresh Steamed Broccoli
- Cumin Spiced Carrots w/ Red Pepper

### Mongolian Grill

#### Lunch & Dinner
- Classic Mongolian Grill Stir-fry

### Vegetarian Station

#### Lunch & Dinner
- Scrambler Bar: Enjoy custom omelets w/ plenty of toppings to choose from!

### Fruit & Yogurt Bar

#### All-Day
- Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

### Soup Station

#### Lunch & Dinner
- Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

### Salad Bar

#### Lunch & Dinner
- Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

### Stone Baked Pizza

#### Lunch & Dinner
- BBQ Chicken Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

### Deli Station

#### Lunch & Dinner
- Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

### Grill Station

#### Breakfast
- Buttermilk Pancakes

#### Lunch & Dinner
- Hamburger
- Turkey Burgers
- Vegetarian Burgers
- Crispy Chicken Sandwiches

### Bakery Station

#### Breakfast
- Biscuits
- Lemon Muffins
- Cinnamon Brown Sugar Muffins

#### Lunch & Dinner
- Chocolate-Praline Pecan Cake
- Chocolate Chip Cookies

---

- If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
- Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.

Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
### LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

### Chef’s Choice soups!
Daily flavors based on availability of seasonal ingredients.

### Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

### Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

### If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.

### Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
HOME ZONE

BREAKFAST
Scrambled Eggs
Chorizo Frittata
Classic Grits
Oatmeal
Turkey Bacon
Pork Bacon
Breakfast Potatoes

LUNCH
Broccoli Shrimp Alfredo
Grilled Pork Chops w/ Maple Glaze
Loaded Baked Potato
Wild Rice Pilaf
Lima Beans
Fried Okra

DINNER
Parmesan Tilapia
Classic Beef Lasagna
Red Kidney Beans
Roasted Red Potatoes
Broccoli Au Gratin
Brown Rice Pilaf

MONGOLIAN GRILL

LUNCH & DINNER
Burrito Bar

VEGETARIAN STATION

LUNCH
Vegetarian Stuffed Peppers
Sautéed Green Beans
Steamed Carrots

DINNER
Vegetarian Enchiladas
Sautéed Spinach
Black Beans

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Supreme Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
BBQ Chicken Sandwiches

BAKERY STATION

BREAKFAST
Biscuits
Brown Sugar Muffins
Fruit & Honey Oatmeal Bar

DESSERT BAR

LUNCH & DINNER
Lemon Cupcakes w/ Vanilla Frosting
Chocolate Chip Blondie

• If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
• Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
HOME ZONE

BREAKFAST
Scrambled Eggs
Sausage Potato Scramble
Classic Grits
Oatmeal
Turkey Sausage Links
Smoked Sausage
Hash Brown Casserole

LUNCH
Hickory BBQ Chicken
Cola Braised Brisket
Roasted Squash
Vegetable Couscous
Steamed Broccoli
Baked Sweet Potato Wedges

DINNER
Chicken Pot Pie
Country Fried Steak w/ Brown Gravy
Ranch Steak Fries
Creamed Spinach
Tater Tot Casserole
Black Eyed Peas

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH
Vegetarian Spinach Lasagna
Roasted Asparagus
Kidney Beans

DINNER
Mushroom Carbonara
Roasted Russet Potatoes
Pinto Beans

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Chicken Pesto Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELFI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
Chili Dogs

BAKERY STATION

BREAKFAST
Biscuits
Blueberry Muffins
Chewy Chocolate Chip Bars

DESSERT BAR

LUNCH & DINNER
Peanut Butter Chocolate Brownies
Cheesecake Cups

• If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
• Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.

Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.

Buttermilk Pancakes

Hamburger

Turkey Sausage Patties

Pork Bacon

Potatoes O’Brien

Jamaican Jerk Chicken Drumsticks

Blackened Tilapia w/ Creole Sauce

Buttered Corn

Fried Plantains

Roasted Curry Cauliflower

Caribbean Style Black Beans

Classic Mongolian Grill Stir-fry

Hummus

Grilled Pita Chips

Vegetarian Toppings

Broccoli & Cheese Pizza

Veggie Pizza

Cheese Pizza

Pepperoni Pizza

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.
EAST COMMONS  SATURDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
3 Cheese Frittata
Classic Grits
Oatmeal
Fried Chicken Thighs
Pork Sausage Links
Tater Tots

LUNCH
Breakfast for Lunch

DINNER
Italian Herb Crusted Pork Loin
Chicken Fettuccine Alfredo
Steamed Red Potatoes
Sautéed Yellow Squash
Wild Rice Pilaf
Parmesan Polenta

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER
Build Your Own Asian Salad
Marinated Tofu
Vegetarian Toppings

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Bacon Cheeseburger Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
Crispy Chicken Sandwich

BAKERY STATION

BREAKFAST
Biscuits
Banana Muffins
Honey Oatmeal Bars

DESSERT BAR

LUNCH & DINNER
Confetti Cake w/ Vanilla Icing
Strawberry Shortcake Cookies

• If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
• Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.