SUNDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
3 Cheese Frittata
Classic Grits
Oatmeal
Turkey Bacon
Country Fried Steak
Tater Tots

LUNCH
Breakfast for Lunch

DINNER
Crispy Pork Loin
Chicken & Broccoli Rice Casserole
Pinto Beans
Fresh Roasted Cauliflower
Vegetarian Couscous
Ranch Steak Fries

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER
Scrambler: Enjoy custom omelets w/ plenty of toppings to choose from!

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Bacon Cheeseburger Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburgers
Turkey Burgers
Vegetarian Burgers
Patty Melts

BAKERY STATION

BREAKFAST
Biscuits
Cinnamon Brown Sugar Muffins
Chocolate Chip Peanut Butter

DESSERT BAR

LUNCH & DINNER
Fudgy Chocolate Brownies
Oatmeal Raisin Cookies

• If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
• Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
**HOME ZONE**

**BREAKFAST**
- Scrambled Eggs
- Denver Scramble
- Classic Grits
- Oatmeal
- Turkey Sausage Links
- Pork Bacon
- Breakfast Potatoes

**LUNCH**
- Baked Ziti Pasta
- Baked Chicken Parmesan
- Grilled Zucchini
- Sautéed Fresh Green Beans
- Roasted Garlic Mashed Potatoes
- Broccoli Au Gratin

**DINNER**
- Chicken Pot Pie
- Cubed Steak w/ Gravy
- Herb Crusted Potatoes
- Baked Beans
- Macaroni & Cheese
- Southern Style Green Beans

**MONGOLIAN GRILL**

**LUNCH & DINNER**
- Classic Mongolian Grill Stir-fry

**VEGETARIAN STATION**

**LUNCH**
- Tofu Parmesan
- Sautéed Spinach
- Cannelli Beans

**DINNER**
- Falafel
- Vegetable Couscous
- Cumin Spiced Carrots

**FRUIT & YOGURT BAR**

**ALL-DAY**
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

**SOUP STATION**

**LUNCH & DINNER**
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

**SALAD BAR**

**LUNCH & DINNER**
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

**STONE BAKED PIZZA**

**LUNCH & DINNER**
- Wild Mushroom Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**GRILL STATION**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Hamburger
- Turkey Burger
- Vegetarian Burger
- Beef & Bean Tacos

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Vanilla Cupcakes w/ Chocolate Frosting
- Rice Krispy Treats

**DESSERT BAR**

**LUNCH & DINNER**
- Snowball Chocolate Cake
- Chocolate Chip Blondie

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HOME ZONE

BREAKFAST
- Scrambled Eggs
- Chorizo Frittata
- Classic Grits
- Oatmeal
- Turkey Sausage Patties
- Pork Links
- Breakfast Potatoes

LUNCH
- Herb Butter Baked Tilapia
- Chicken Florentine
- Parmesan Polenta
- Red Kidney Beans
- Chili Roasted Sweet Potatoes
- Sautéed Yellow Squash

DINNER
- Roasted Turkey w/ Brown Gravy
- Beef Alfredo Pasta
- Sautéed Green Beans
- Chicken Dressing
- Mashed Red Potato
- Collard Greens

MONGOLIAN GRILL

LUNCH & DINNER
- Build Your Own Asian Noodle Bowl

VEGETARIAN STATION

LUNCH
- Mushroom Carbonara
- Steamed Broccoli
- Fried Squash

DINNER
- Vegetable Lo Mein
- Jasmine Rice
- Teriyaki Green Beans

FRUIT & YOGURT BAR

ALL-DAY
- Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
- Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
- Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
- BBQ Chicken Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

DELİ STATION

LUNCH & DINNER
- Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
- Buttermilk Pancakes

LUNCH & DINNER
- Hamburger
- Turkey Burger
- Vegetarian Burger
- BBQ Pulled Pork Tacos w/ Ranch Slaw

BAKERY STATION

BREAKFAST
- Biscuits
- Chocolate Chip Muffins
- Banana Nut Overnight Oats

DESSERT BAR

LUNCH & DINNER
- Snowball Chocolate Cake
- Chocolate Chip Blondies

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EAST COMMONS  WEDNESDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
Sausage & Potato Scramble
Classic Grits
Oatmeal
Turkey Bacon
Pork Bacon
Hash Brown Casserole

LUNCH
BBQ Ribs
Cheddar Stuffed Meatloaf
Corn on the Cobb
Ranch Steak Fries
Creamed Spinach
Vegetarian Couscous

DINNER
Cajun Penne Pasta
Herb Encrusted Pork Loin
Lima Beans
Fried Okra
Honey Glazed Carrots
Braised White Cabbage

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH
Vegetarian Stuffed Peppers
Curried Cauliflower
Brown Rice Pilaf

DINNER
Spaghetti w/ Vegetarian Bolognese
Steamed Red Potatoes
Steamed Vegetable Blend

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Bacon Cheeseburger Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
Corn Dogs

BAKERY STATION

BREAKFAST
Biscuits
Brown Sugar Muffins
Fruit & Honey Oatmeal Bar

DESSERT BAR

LUNCH & DINNER
Chocolate Cake w/ Vanilla Frosting
Butterfinger Cookies

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# EAST COMMONS

## THURSDAY’S MENU

### HOME ZONE

#### BREAKFAST
- Scrambled Eggs
- Bacon Cheddar Frittata
- Classic Grits
- Oatmeal
- Turkey Sausage Links
- Smoked Sausage
- Potatoes O’Brien

#### LUNCH
- Salisbury Steak
- Chicken Fettuccine Alfredo
- Fried Squash
- Israeli Couscous Risotto
- Southern Style Green Beans
- Stewed Okra & Tomatoes

#### DINNER
- Hickory BBQ Chicken
- Bacon Cheeseburger Casserole
- Steamed Vegetable Blend
- Chili Roasted Sweet Potato
- Green Bean Casserole
- Sautéed Spinach

#### SALAD BAR
- Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

#### MONGOLIAN GRILL

**LUNCH & DINNER**
- Build your own power bowl with a range of filling proteins, grains, vegetables, and dressings!

#### FRUIT & YOGURT BAR
- ALL-DAY
  - Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

#### SOUP STATION
- **LUNCH & DINNER**
  - Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

#### STONE BAKED PIZZA

**LUNCH & DINNER**
- Hawaiian Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

#### DELI STATION
- **LUNCH & DINNER**
  - Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

#### BAKERY STATION

**BREAKFAST**
- Biscuits
- Blueberry Muffins
- Chewy Chocolate Chip Bar

**DESSERT BAR**
- Vanilla Parfait Cups
- Brownie Crinkle Cookies

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EAST COMMONS  FRIDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
3 Cheese Frittata
Classic Grits
Oatmeal
Turkey Sausage Patties
Pork Links
Tater Tots

LUNCH
Cajun Penne Alfredo
Blackened Tilapia w/ Creole Sauce
Rice Pilaf
Macaroni & Cheese
Honey Glazed Carrots
Corn on the Cobb

DINNER
Southern Fried Pollock
Slow Roasted BBQ Brisket
Pinto Beans
Fried Okra
Loaded Baked Potatoes
Spicy Vegetarian Collard Greens

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER
Build Your Own Kale Superfood Salad
Marinated Chickpeas
Vegetarian Toppings

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Chicken Pesto Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
Andouille Po-Boy w/ Creole Sauce

BAKERY STATION

BREAKFAST
Biscuits
Peach Muffins
Horchata Overnight Oats

DESSERT BAR

LUNCH & DINNER
Strawberry Cheesecake Cups
Chocolate Chip & Pecan Blondies

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HOME ZONE

BREAKFAST
Scrambled Eggs
Denver Scramble
Classic Grits
Oatmeal
Fried Chicken Thighs
Pork Sausage
Breakfast Potatoes

LUNCH
Breakfast for Lunch

DINNER
Shrimp Scampi Pasta
Ricotta Stuffed Pasta Shells w/ Garlic Cream Sauce
Sautééd Spinach
Fried Squash
Braised Cannellini Beans
Fresh Steamed Broccoli

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER
Hummus
Grilled Pita Chips
Vegetarian Toppings

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Supreme Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELICIOUS PIZZA

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
Chili Dogs

BAKERY STATION

BREAKFAST
Biscuits
Citrus Muffins
Honey Oatmeal Bars

DESSERT BAR

LUNCH & DINNER
Oreo Blondies
Sugar Cookies

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