EAST COMMONS  SUNDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
3 Cheese Frittata
Classic Grits
Oatmeal
Turkey Bacon
Smoked Sausage Links
Tater Tots

LUNCH
Breakfast for Lunch

DINNER
Crispy Pork Loin
Chicken & Broccoli Rice Casserole
Pinto Beans
Fresh Roasted Cauliflower
Vegetarian Couscous
Ranch Steak Fries

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER
Build Your Own Greek Salad
Marinated Tofu
Vegetarian Toppings

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Bacon Cheeseburger Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburgers
Turkey Burgers
Vegetarian Burgers
Patty Melts

BAKERY STATION

BREAKFAST
Biscuits
Cinnamon Brown Sugar Muffins
Chocolate Chip Peanut Butter

DESSERT BAR

LUNCH & DINNER
Fudgy Chocolate Brownies
Oatmeal Raisin Cookies

• If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
• Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
## EAST COMMONS  MONDAY’S MENU

### HOME ZONE

#### BREAKFAST
- Scrambled Eggs
- Denver Scramble
- Classic Grits
- Oatmeal
- Turkey Sausage Links
- Pork Bacon
- Breakfast Potatoes

#### LUNCH
- Baked Ziti Pasta
- Baked Chicken Parmesan
- Grilled Zucchini
- Sautéed Fresh Green Beans
- Roasted Garlic Mashed Potatoes
- Broccoli Au Gratin

#### DINNER
- Chicken Pot Pie
- Cubed Steak w/ Gravy
- Herb Crusted Potatoes
- Baked Beans
- Macaroni & Cheese
- Southern Style Green Beans

#### MONGOLIAN GRILL

**LUNCH & DINNER**
- Classic Mongolian Grill Stir-fry

#### VEGETARIAN STATION

**LUNCH**
- Tofu Parmesan
- Sautéed Spinach
- Cannelli Beans

**DINNER**
- Falafel
- Vegetable Couscous
- Cumin Spiced Carrots

#### FRUIT & YOGURT BAR

**ALL-DAY**
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

#### SOUP STATION

**LUNCH & DINNER**
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

#### SALAD BAR

**LUNCH & DINNER**
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

#### STONE BAKED PIZZA

**LUNCH & DINNER**
- Wild Mushroom Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

#### DELI STATION

**LUNCH & DINNER**
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

#### GRILL STATION

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Hamburger
- Turkey Burger
- Vegetarian Burger
- Beef & Bean Tacos

#### BAKERY STATION

**BREAKFAST**
- Biscuits
- Vanilla Cupcakes w/ Chocolate Frosting
- Rice Krispy Treats

**DESSERT BAR**

**LUNCH & DINNER**
- Snowball Chocolate Cake
- Chocolate Chip Blondie

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### EAST COMMONS  
**TUESDAY’S MENU**

#### HOME ZONE

**BREAKFAST**
- Scrambled Eggs
- Chorizo Frittata
- Classic Grits
- Oatmeal
- Turkey Sausage Patties
- Pork Links
- Breakfast Potatoes

**LUNCH**
- Herb Butter Baked Tilapia
- Chicken Florentine
- Parmesan Polenta
- Red Kidney Beans
- Chili Roasted Sweet Potatoes
- Sautéed Yellow Squash

**DINNER**
- Roasted Turkey w/ Brown Gravy
- Beef Alfredo Pasta
- Sautéed Green Beans
- Chicken Dressing
- Mashed Red Potato
- Collard Greens

**MONGOLIAN GRILL**

**LUNCH & DINNER**
- Build Your Own Asian Noodle Bowl

**STONE BAKED PIZZA**

**LUNCH & DINNER**
- BBQ Chicken Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**FRUIT & YOGURT BAR**

**ALL-DAY**
- Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Chocolate Chip Muffins
- Banana Nut Overnight Oats

**DESSERT BAR**

**LUNCH & DINNER**
- Snowball Chocolate Cake
- Chocolate Chip Blondies

**SOUP STATION**

**LUNCH & DINNER**
- Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

**MUSHROOM CARBONARA**

**VEGETARIAN STATION**

**LUNCH**
- Mushroom Carbonara
- Steamed Broccoli
- Fried Squash

**DINNER**
- Vegetable Lo Mein
- Jasmine Rice
- Teriyaki Green Beans

**DELIV STATION**

**LUNCH & DINNER**
- Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

**GRILL STATION**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Hamburger
- Turkey Burger
- Vegetarian Burger
- BBQ Pulled Pork Tacos w/ Ranch Slaw

**VEGETARIAN STATION**

- Snowball Chocolate Cake
- Chocolate Chip Blondies

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### EAST COMMONS WEDNESDAY’S MENU

#### HOME ZONE

**BREAKFAST**
- Scrambled Eggs
- Sausage & Potato Scramble
- Classic Grits
- Oatmeal
- Turkey Bacon
- Pork Bacon
- Hash Brown Casserole

**LUNCH**
- BBQ Ribs
- Cheddar Stuffed Meatloaf
- Corn on the Cobb
- Ranch Steak Fries
- Creamed Spinach
- Vegetarian Couscous

**DINNER**
- Cajun Penne Pasta
- Herb Encrusted Pork Loin
- Lima Beans
- Fried Okra
- Honey Glazed Carrots
- Braised White Cabbage

**MONGOLIAN GRILL**

**LUNCH & DINNER**
- Classic Mongolian Grill Stir-fry

**VEGETARIAN STATION**

**LUNCH**
- Vegetarian Stuffed Peppers
- Curried Cauliflower
- Brown Rice Pilaf

**DINNER**
- Spaghetti w/ Vegetarian Bolognese
- Steamed Red Potatoes
- Steamed Vegetable Blend

**FRUIT & YOGURT BAR**

**ALL-DAY**
- Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

**SOUP STATION**

**LUNCH & DINNER**
- Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

**SALAD BAR**

**LUNCH & DINNER**
- Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

**STONE BAKED PIZZA**

**LUNCH & DINNER**
- Bacon Cheeseburger Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**GRILL STATION**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Hamburger
- Turkey Burger
- Vegetarian Burger
- Corn Dogs

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Brown Sugar Muffins
- Fruit & Honey Oatmeal Bar

**DESSERT BAR**

**LUNCH & DINNER**
- Chocolate Cake w/ Vanilla Frosting
- Butterfinger Cookies

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HOME ZONE

BREAKFAST
Scrambled Eggs
Denver Scramble
Classic Grits
Oatmeal
Fried Chicken Thighs
Pork Sausage
Breakfast Potatoes

LUNCH
Breakfast for Lunch

DINNER
Shrimp Scampi Pasta
Ricotta Stuffed Pasta Shells w/ Garlic Cream Sauce
Sautéed Spinach
Fried Squash
Braised Cannellini Beans
Fresh Steamed Broccoli

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER
Hummus
Grilled Pita Chips
Vegetarian Toppings

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Supreme Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELICIOUS TASTY TREATS

DESSERT BAR

LUNCH & DINNER
Oreo Blondies
Sugar Cookies

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