**EAST COMMONS**

**SUNDAY’S MENU**

**HOME ZONE**

**BREAKFAST**
- Scrambled Eggs
- Grits
- Bacon Cheddar Frittata
- Oatmeal
- Turkey Bacon
- Fried Pork Chops
- Potatoes O’ Brien

**LUNCH**
- Breakfast for Lunch

**DINNER**
- Chicken Enchiladas
- Baked Tilapia w/ Pico de Gallo
- Mexican Style Corn
- Spanish Yellow Rice
- Fresh Steamed Broccoli
- Cumin spiced Carrots w/ Red Pepper
- Vegetarian Meatless Lasagna
- Parmesan Polenta

**MONGOLIAN GRILL**

**ENTRÉES**
- Sesame Chicken
- Mongolian Pork
- General Tso’s Cauliflower

**SIDES**
- White, Brown & Fried Rice
- Garlic & Ginger French Fries
- Egg Rolls
- Seasoned Noodles
- Garlic Broccoli
- Steamed Oriental Vegetable Blend

**ACTION STATION**

**NACHO BAR**
Pile your plate high at our nacho station with plenty of proteins and toppings to choose from.

**SALAD BAR**
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**SOUP STATION**
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

**STONE BAKED PIZZA**

**LUNCH & DINNER**
- Barbecue Chicken Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**DELI STATION**

**BREAKFAST**
Enjoy delicious fresh selections of fruit, yogurt, and granola!

**LUNCH & DINNER**
Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

**GRILL STATION**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Crispy Chicken Sandwiches
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Plain Muffins
- Banana Nut Muffins

**DESSERT BAR**

**LUNCH & DINNER**
- Bread Pudding
- Chocolate Chip Cookies

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### EAST COMMONS

**LUNCH & DINNER**

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**LUNCH & DINNER**

Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

**BREAKFAST**

- Scrambled Eggs
- Grits
- 3 Cheese Frittata
- Oatmeal
- Turkey Sausage Links
- Pork Sausage Links
- Tater Tots

**LUNCH**

- Grilled chicken w/ Pesto Cream Sauce
- Baked Ziti
- Grilled Zucchini
- White rice Pilaf
- Steamed Vegetable Blend
- Roasted Button Mushrooms
- Vegetarian Braised Chickpeas
- Steamed Broccoli

**DINNER**

- Chicken Parmesan
- Stuffed Shells w/ Garlic Cream Sauce
- Herb Crusted Potatoes
- Corn on the Cob
- Steamed Green Beans
- Sautéed Spinach w/ Bacon
- Vegetarian Grilled Plenta w/ Romesco
- Steamed Vegetable Blend

**MONGOLIAN GRILL** **LUNCH & DINNER**

**ENTRÉES**

- Madras Curry Chicken
- Beef and Broccoli
- Curried Tofu

**SIDES**

- White, Brown & Fried Rice
- Garlic and Ginger French Fries
- Egg Rolls
- Summer Vegetable Stir Fry
- Stir Fried Cabbage
- Seasoned Noodles

**ACTION STATION** **PASTA BAR**

With plenty of sauces, proteins, and vegetables to choose from, let us craft the perfect meal for you.

**SALAD BAR** **LUNCH & DINNER**

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**SOUP STATION** **LUNCH & DINNER**

Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

**STONE BAKED PIZZA** **LUNCH & DINNER**

- Margherita Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**DELI STATION** **BREAKFAST**

Enjoy delicious fresh selections of fruit, yogurt, and granola!

**LUNCH & DINNER**

Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

**GRILL STATION** **BREAKFAST**

- Buttermilk Pancakes

**LUNCH & DINNER**

- Buffalo Chicken Wraps
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

**BAKERY STATION** **BREAKFAST**

- Biscuits
- Chocolate Chip Muffins
- Apple Granola Bars

**DESSERT BAR** **LUNCH & DINNER**

- Blueberry Cheesecake
- Chocolate Chip Cookies

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EAST COMMONS  TUESDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
Grits
Denver Scramble
Oatmeal
Turkey Sausage Patties
Pork Sausage Links
Breakfast Potatoes

LUNCH
Chicken Fricassee
Smothered Steak
Buttered Corn
Garlic Mashed Potatoes
Honey Glazed Carrots
Southern Style Green Beans
Vegetarian Stuffed Peppers
Sautéed Green Beans

DINNER
Roast Round Top
Rosemary Lemon Pepper Chicken
Creamed Spinach
Black Eyed Peas w/ Rice
Broccoli w/ Cheese Sauce
Sautéed Summer Squash Medley
Vegetarian Spinach Lasagna
Lima Beans

MONGOLIAN GRILL  LUNCH & DINNER

ENTRÉES
Taco Chicken
Taco Beef
Southwest Meatless Crumbles

SIDES
Mexican Style Rice
Grilled Tortillas
Refried Beans
Beef Chili

Queso Cheese Sauce
Assorted Burrito Toppings

ACTION STATION

ASIAN NOODLE BOWLS
With plenty of sauces, proteins, and vegetables to choose from, let us craft the perfect bowl for you.

SALAD BAR

LUNCH & DINNER
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER
Hawaiian Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST
Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER
Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Andouille Po-Boy w/ Creole Sauce
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST
Biscuits
Confetti Muffins
Blueberry Granola Bars

DESSERT BAR

LUNCH & DINNER
Chocolate-Praline Pecan Cake
Carnival Cookies

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HOME ZONE

BREAKFAST
Scrambled Eggs
Grits
Chorizo Frittata
Oatmeal
Turkey Bacon
Pork Bacon
Breakfast Potatoes

LUNCH
Broccoli and Shrimp Alfredo
Baked Lemon Pepper Chicken
Loaded Baked Potato
Wild Rice Pilaf
Lima Beans
Fried Okra
Vegetarian Falafel Sliders
Israeli Couscous Risotto

DINNER
Tuscan Garlic Chicken
Classic Beef Lasagna
Red Kidney Beans
Roasted Red Potatoes
Broccoli Au Gratin
Brown Rice Pilaf
Vegetarian Eggplant Parmesan
Cannellini Beans

MONGOLIAN GRILL

ENTRÉES
Grilled Chicken Breasts
Braised Chickpeas
Grilled Marinated Tofu

SIDES
Vegetable Couscous
Quinoa & Rice Blend
Brown Rice
White Rice

SALAD BAR

LUNCH & DINNER
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER
Supreme Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST
Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER
Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
BBQ Chicken Sandwich Sandwiches
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST
Biscuits
Cranberry Raisin Muffins
Blueberry Granola Bars

DESSERT BAR

LUNCH & DINNER
Cinnamon Rolls
Oatmeal Raisin Cookies

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**EAST COMMONS**

**THURSDAY’S MENU**

**HOME ZONE**

<table>
<thead>
<tr>
<th>BREAKFAST</th>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scrambled Eggs</td>
<td>Hoisin Pork Loin w/ Grilled Scallions</td>
<td>Chicken Pot Pie</td>
</tr>
<tr>
<td>Grits</td>
<td>Sweet Chili Chicken</td>
<td>Country Fried Steak w/ Brown Gravy</td>
</tr>
<tr>
<td>Sausage Potato Scramble</td>
<td>Roasted Squash</td>
<td>Ranch Seasoned Potatoes</td>
</tr>
<tr>
<td>Oatmeal</td>
<td>Jasmine Rice</td>
<td>Creamed Spinach</td>
</tr>
<tr>
<td>Turkey Sausage Links</td>
<td>Steamed Broccoli</td>
<td>Tater Tot Casserole</td>
</tr>
<tr>
<td>Smoked Sausage Patties</td>
<td>Steamed Vegetable Blend</td>
<td>Black Eyed Peas</td>
</tr>
<tr>
<td>Hash Brown Casserole</td>
<td>Grilled Portabella Mushrooms</td>
<td>Vegetarian Stuffed Peppers</td>
</tr>
<tr>
<td></td>
<td>Steamed Carrots</td>
<td>Pinto Beans</td>
</tr>
</tbody>
</table>

**MONGOLIAN GRILL**

**LUNCH & DINNER**

**ENTRÉES**
- Butter Chicken
- Roasted Pork w/ Garlic Sauce
- Grilled Teriyaki Portabella Mushrooms

**SIDES**
- White, Brown & Fried Rice
- Garlic Broccoli
- Egg Rolls
- Stir Fried Cabbage
- Seasoned Noodles
- Stir Fried Green Beans

**ACTION STATION**

**SOFT TACO BAR**
With plenty of sauces, proteins, and vegetables to choose from, let us craft the perfect taco for you.

**SALAD BAR**

**LUNCH & DINNER**
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**SOUP STATION**

**LUNCH & DINNER**
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

**STONE BAKED PIZZA**

**LUNCH & DINNER**
- Chicken Pesto Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**DELI STATION**

**BREAKFAST**
Enjoy delicious fresh selections of fruit, yogurt, and granola!

**LUNCH & DINNER**
Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

**GRILL STATION**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Chili Dogs
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Double Chocolate Muffins
- Plain Granola Bars

**DESSERT BAR**

**LUNCH & DINNER**
- Fudgey Chocolate Brownies
- Sugar Cookies

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EAST COMMONS

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

LUNCH & DINNER

Try one of our delicious, customizable "Grab n’ Go" deli sandwich or wrap options.

BREAKFAST

Scrambled Eggs
Grits
Bacon Cheddar Frittata
Oatmeal
Turkey Sausage
Pork Bacon
Potatoes O’ Brien

LUNCH

Baked Spaghetti
Southern Fried Pollock
Red Kidney Beans
Macaroni & Cheese
summer Squash Casserole
Sautéed Green Beans
Vegetarian Eggplant Parmesan
Herb Crusted Potatoes

DINNER

Jamaican Jerk Chicken Drumsticks
Blackened Tilapia w/ Creole Sauce
Buttered Corn
Fried Plantains
Roasted Curry Cauliflower
Caribbean Style Black Beans
Vegetarian Falafel Sliders
Steamed Vegetable Blend

MONGOLIAN GRILL

ENTRÉES

Orange Chicken
Mongolian Pork
Curries Cauliflower

SIDES

White, Brown & Fried Rice
Grilled Peppers and Onions
Pot Stickers
Grilled Bok Choy
Ginger and Garlic French Fries
Vegetable Lo Mein

ACTION STATION

SCRAMBLER BAR

Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Broccoli & Cheese Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELİ STATION

LUNCH & DINNER

Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Patty Melts
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Pineapple Ginger Muffins
Blueberry Scones

DESSERT BAR

LUNCH & DINNER

Gooey Turtle Bars
Strawberry Shortcake Cookies

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**EAST COMMONS**

**SATURDAY’S MENU**

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**HOME ZONE**

**BREAKFAST**
- Scrambled Eggs
- Grits
- 3 Cheese Frittata
- Oatmeal
- Fried Chicken Thighs
- Pork Sausage Links
- Tater Tots

**LUNCH**
- Breakfast for Lunch

**DINNER**
- Chicken Fettuccine Alfredo
- Italian Herb Crusted Pork Loin
- Steamed Red Potatoes
- Sautéed Yellow Squash
- Wild Rice Pilaf
- Parmesan Polenta
- Grilled Portabella Mushrooms
- Kidney Beans

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**MONGOLIAN GRILL**

**LUNCH & DINNER**

**ENTRÉES**
- Bang Bang Chicken
- Pork Chop Suey
- Bang Bang Tofu

**SIDES**
- White, Brown & Fried Rice
- Pot Stickers
- Egg Rolls
- Seasoned Noodles
- Garlic Broccoli
- Steamed Oriental Vegetable Blend

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**ACTION STATION**

**TATER TOT BAR**
- Pile on your favorite toppings and enjoy this bite-sized classic with a custom twist!

**SALAD BAR**
- Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**SOUP STATION**
- Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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**STONE BAKED PIZZA**

**LUNCH & DINNER**
- Bacon Cheeseburger Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

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**DELI STATION**

**BREAKFAST**
- Enjoy delicious fresh selections of fruit, yogurt, and granola!

**LUNCH & DINNER**
- Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

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**GRILL STATION**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Crispy Chicken Sandwiches
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

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**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Blueberry Muffins
- Blueberry Scones

**DESSERT BAR**
- Gooey Turtle Bars
- Strawberry Shortcake Cookies

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