EAST COMMONS  SUNDAY’S MENU

HOME ZONE

BREAKFAST
- Scrambled Eggs
- Chorizo Frittata
- Classic Grits
- Oatmeal
- Grilled Chicken Breast
- Pork Links
- Breakfast Potatoes

LUNCH
- Breakfast for Lunch

DINNER
- Rotisserie Pork w Honey Pecan Glaze
- Creole Grilled Chicken
- Israeli Couscous Risotto
- Cauliflower Au Gratin
- Bermuda Blend Vegetable Medley
- Red Beans & Rice
- Pasta w/ Vegetarian Bolognese
- Steamed Cauliflower

MONGOLIAN GRILL  LUNCH & DINNER

ENTRÉES
- Mushroom Chicken
- Mongolian Pork
- General Tso’s Tofu

SIDES
- White, Brown & Fried Rice
- Garlic & Ginger French Fries
- Egg Rolls
- Vegetable Lo Mein

ACTION STATION

BAKED POTATO BAR
We have plenty of toppings to choose from to take your cheesy treat from ordinary to extraordinary.

SALAD BAR  LUNCH & DINNER
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION  LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA  LUNCH & DINNER
- Broccoli & Cheese Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

DELI STATION  LUNCH & DINNER
- Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

GRILL STATION

BREAKFAST
- Buttermilk Pancakes

LUNCH & DINNER
- Barbecue Chicken Sandwiches
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

BAKERY STATION  BREAKFAST
- Biscuits
- Pineapple Ginger Muffins
- Chocolate Chip Granola Bars

DESSERT BAR  LUNCH & DINNER
- Gooey Turtle Bars
- Chocolate Chip Cookies

• If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.

• Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
## EAST COMMONS MONDAY’S MENU

### HOME ZONE

#### BREAKFAST
- Scrambled Eggs
- Sausage Potato Scramble
- Classic Grits
- Oatmeal
- Turkey Bacon
- Pork Links
- Hash Brown Casserole

#### LUNCH
- Chicken Pot Pie
- Country Fried Steak
- Pinto Beans
- Buttered Sweet Corn
- Fried Onion Rings
- Steamed Vegetable Blend
- Vegetarian Braised Chickpeas
- Roasted Mushrooms

#### DINNER
- Spaghetti & Meatballs
- Marsala Roasted Chicken Thighs
- Cannellini Beans
- Grilled Polenta w/ Romesco
- Creamed Spinach
- Honey Glazed Carrots
- Vegetarian Meatless lasagna
- Steamed Broccoli

### MONGOLIAN GRILL LUNCH & DINNER

#### ENTREÉS
- Bourbon Chicken
- Sweet & Sour Pork
- Mongolian Tofu

#### SIDES
- White, Brown & Fried Rice
- Stir Fried Green Beans
- Roasted Mushrooms
- Garlic Broccoli
- Egg Rolls
- Seasoned Noodles

### ACTION STATION

#### ASIAN NOODLE BOWLS
With plenty of toppings to choose from, let us craft the perfect custom dog for you.

#### SALAD BAR LUNCH & DINNER
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

#### SOUP STATION LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

### STONE BAKED PIZZA LUNCH & DINNER
- Supreme Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

### DELI STATION LUNCH & DINNER
- Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

### GRILL STATION

#### BREAKFAST
- Buttermilk Pancakes

#### LUNCH & DINNER
- Philly Steak Wraps
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

### BAKERY STATION

#### BREAKFAST
- Biscuits
- Blueberry Muffins
- Cranberry Granola Bar

#### DESSERT BAR LUNCH & DINNER
- Gooey Turtle Bars
- Chocolate Chip Cookies

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### Home Zone

**Breakfast**
- Scrambled Eggs
- Bacon Cheddar Frittata
- Classic Grits
- Oatmeal
- Turkey Sausage Links
- Pork Bacon
- Potatoes O’Brien

**Lunch**
- Beef Stroganoff w/ Egg Noodles
- Herb Grilled Chicken Thighs
- Creamed Spinach
- Brown Rice
- Sautéed Squash & Zucchini
- Braised Cabbage
- Vegetarian Stuffed Peppers
- Chili Roasted Sweet Potatoes

**Dinner**
- Grilled Cajun Chicken Thighs
- Roast Beef with Gravy
- Red Kidney Beans
- Chili Roasted Sweet Potato
- Herb Roasted Mushrooms
- Roasted Broccoli
- Vegetarian Dirty Rice
- Steamed Squash

### Mongolian Grill

**Entrées**
- Teriyaki Chicken
- Beef and Broccoli
- Curried Cauliflower

**Sides**
- White, Brown & Fried Rice
- Ginger & Garlic French Fries
- Egg Rolls
- Seasoned Noodles

**Dinner**
- Garlic Broccoli
- Summer Vegetable Stir Fry

### Action Station

**Nacho Bar**
- Pile on your favorite toppings and enjoy this bite-sized classic with a custom twist!

**Salad Bar**
- Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**Soup Station**
- Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

### Stone Baked Pizza

**Lunch & Dinner**
- Bacon Cheeseburger Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

### Deli Station

**Breakfast**
- Enjoy delicious fresh selections of fruit, yogurt, and granola!

**Lunch & Dinner**
- Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

### Grill Station

**Breakfast**
- Buttermilk Pancakes

**Lunch & Dinner**
- Chicken Nuggets
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

### Bakery Station

**Breakfast**
- Biscuits
- Banana Nut Muffins
- Plain Granola Bars

**Dessert Bar**
- Hot Fudge Brownie Cobbler
- Strawberry Shortcake Cookies

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Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

Enjoy delicious fresh selections of fruit, yogurt, and granola!

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HOMESTYLE ZONE

BREAKFAST
- Scrambled Eggs
- Denver Scramble
- Classic Grits
- Oatmeal
- Turkey Bacon
- Pork Bacon
- Breakfast Potatoes

LUNCH
- Grilled Pork Chops w/ Cilantro Cream
- Jamaican Jerk Chicken Drum Sticks
- Steam Vegetable Blend
- Fried Plantains
- Pinto Beans
- Sautéed Spinach
- General Tso’s Tofu
- Red Kidney Beans

DINNER
- Ancho Rubbed Pork Loin
- Chili Rubbed Turkey Breast w/ Cranberry Glaze
- Steamed Carrots
- Charro Style Pintos
- Roasted Garlic Mashed Potatoes
- Green Bean Casserole
- Hoisin Glazed Tofu
- Cannellini Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTRÉES
- Grilled Chicken Breast
- Braised Chickpeas
- Grilled Marinated Tofu

SIDES
- Quinoa & Rice Blend
- White or Brown Rice
- Vegetable Couscous
- Stir Fried Green Beans

ACTION STATION

BAKED POTATO BAR
With plenty of sauces, proteins, and vegetables to choose from, let us craft the perfect taco for you.

SALAD BAR
LUNCH & DINNER
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION
LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA
LUNCH & DINNER
- Philly Cheesesteak Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

DELI STATION
LUNCH & DINNER
Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

GRILL STATION

BREAKFAST
- Buttermilk Pancakes

LUNCH & DINNER
- Patty Melts
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

BAKERY STATION

BREAKFAST
- Biscuits
- Confetti Muffins
- Chocolate Chip Granola Bars

DESSERT BAR
LUNCH & DINNER
- Rice Krispy Treats
- Sugar Cookies

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EAST COMMONS  FRIDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
Chorizo Frittata
Classic Grits
Oatmeal
Turkey Sausage Links
Smoked Sausage
Breakfast Potatoes

LUNCH
Memphis Style Baby Back Ribs
Southern Fried Fish
Steamed Red Potatoes
Baked Beans
Sautéed Spinach w/ Bacon
Mashed Potatoes
Vegetarian Farfalle w/ Broccoli
Cannellini Beans

DINNER
Classic Beef Meatloaf
Ranch Baked Chicken
Herb Crusted Potatoes
Squash Casserole
Corn on the Cobb
Spicy Collard Greens
Falafel Chickpea Fritters
Grilled Portabellas

MONGOLIAN GRILL  LUNCH & DINNER

ENTRÉES
Orange Chicken
Sweet and sour pork
Bang Bang Tofu

SIDES
White, Brown & Fried Rice
Ginger & Garlic French Fries
Potstickers
Seasoned Noodles
Grilled Peppers & Onions
Summer Vegetable Stir Fry

ACTION STATION

ASIAN NOODLE BOWLS
With plenty of sauces, proteins, and vegetables to choose from, let us craft the perfect bowl for you.

SALAD BAR

LUNCH & DINNER
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER
Margherita Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELICIOUS BURGERS

LUNCH & DINNER
Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Buffalo Chicken Wraps
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST
Biscuits
Cranberry Raisin Muffins
Blueberry Granola Bars

DESSERT BAR

LUNCH & DINNER
Carrot Cake
Carnival Cookies

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**HOME ZONE**

**BREAKFAST**
- Scrambled Eggs
- Sausage Potato Scramble
- Classic Grits
- Oatmeal
- Turkey Sausage
- Pork Bacon
- Hash Brown Casserole

**LUNCH**
- Breakfast for Lunch

**DINNER**
- Grilled Marinated Chicken Breast
- Beef Shepherd’s Pie
- Vegetarian Couscous
- Glazed Carrots
- Fried Okra
- Vegetarian Black Eyed Peas
- Vegetarian Tofu Parmesan
- Lima Beans

**MONGOLIAN GRILL**

**ENTRÉES**
- General Tso’s Chicken
- Pork Chop Suey
- General tso’s Tofu

**SIDES**
- White, Brown & Fried Rice
- Roasted Egg Plant
- Egg Rolls
- Seasoned Noodles

**ACTION STATION**

**HOT DOG BAR**
Pile on your favorite toppings and enjoy this bite-sized classic with a custom twist!

**SALAD BAR**
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**SOUP STATION**
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

**STONE BAKED PIZZA**

**LUNCH & DINNER**
- Spinach & Feta Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**DELI STATION**

**BREAKFAST**
Enjoy delicious fresh selections of fruit, yogurt, and granola!

**LUNCH & DINNER**
Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

**GRILL STATION**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- 3 Cheese Grilled Cheese Sandwiches
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Cranberry Raisin Muffins
- Blueberry Granola Bar

**DESSERT BAR**

**LUNCH & DINNER**
- Carrot Cake
- Carnival Cookies

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