LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

BREAKFAST
Scrambled Eggs
Bacon Cheddar Frittata
Classic Grits
Oatmeal
Turkey Bacon
Fried Pork Chops
Potatoes O’Brien

LUNCH
Breakfast for Lunch

DINNER
Chicken Fajitas
Baked Tilapia w/ Pico de Gallo
Mexican Style Corn
Spanish Yellow Rice
Fresh Steamed Broccoli
Cilantro-Lime Black Beans

MONGOLIAN GRILL
LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION
LUNCH & DINNER
Scrambler Bar: Enjoy custom omelets w/ plenty of toppings to choose from!

STONE BAKED PIZZA
LUNCH & DINNER
Loaded Pepperoni Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION
LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

FRUIT & YOGURT BAR
ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION
LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR
LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

GRILL STATION
BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburgers
Turkey Burgers
Vegetarian Burgers
Hot Ham & Cheese Sandwiches

BAKERY STATION
BREAKFAST
Biscuits
Lemon Muffins
Cinnamon Brown Sugar Muffins

DESSERT BAR
LUNCH & DINNER
Chocolate-Praline Pecan Cake
Chocolate Chip Cookies

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**BREAKFAST**
Scrambled Eggs  
3 Cheese Frittata  
Classic Grits  
Oatmeal  
Turkey Sausage Links  
Pork Sausage Patties  
Tater Tots

**LUNCH**
Grilled Chicken w/ Pesto Cream Sauce  
Baked Ziti  
Grilled Zucchini  
Rice Pilaf  
Steamed Vegetable Blend  
Roasted Button Mushrooms

**DINNER**
Italian Herb Roasted Chicken  
Classic Beef Lasagna  
Herb Crusted Potatoes  
Corn on the Cobb  
Steamed Green Beans  
Sautéed Spinach w/ Bacon

**MONGOLIAN GRILL**
LUNCH & DINNER
Build your own power bowl with a range of filling proteins, grains, vegetables, and dressings!

**VEGETARIAN STATION**
LUNCH
Ravioli w/ Tomato Florentine  
Steamed Broccoli  
Lima Beans

DINNER
Vegetarian Stuffed Shells w/ Garlic Cream Sauce  
Steamed Red Potatoes  
Kidney Beans

**FRUIT & YOGURT BAR**
ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

**SOUP STATION**
LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

**SALAD BAR**
LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

**STONE BAKED PIZZA**
LUNCH & DINNER
Spinach & Feta Pizza  
Veggie Pizza  
Cheese Pizza  
Pepperoni Pizza

**DELFI STATION**
LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

**GRILL STATION**
BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger  
Turkey Burger  
Vegetarian Burger  
Buffalo Chicken Wraps

**BAKERY STATION**
BREAKFAST
Biscuits  
Confetti Muffins  
Blueberry Loaf Bread

**DESSERT BAR**
LUNCH & DINNER
Vanilla Cake w/ Vanilla Frosting & Oreos  
Fudgy Chocolate Brownies

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# EAST COMMONS  
## TUESDAY’S MENU

## HOME ZONE

### BREAKFAST
- Scrambled Eggs
- Denver Scramble
- Classic Grits
- Oatmeal
- Turkey Sausage Patties
- Pork Sausage Links
- Breakfast Potatoes

### LUNCH
- Chicken Stroganoff
- Smothered Steak
- Ranch Steak Fries
- Creamed Spinach
- Tater Tot Cassarole
- Black Eyed Peas

### DINNER
- Roast Top Round
- Rosemary Lemon Pepper Chicken
- Creamed Spinach
- Black Eyed Peas w/ Rice
- Broccoli w/ Cheese Sauce
- Sautéed Summer Squash Medley

### MONGOLIAN GRILL

#### LUNCH & DINNER
- Classic Mongolian Grill Stir-fry

### VEGETARIAN STATION

#### LUNCH
- Grilled Portabella Mushrooms / Steamed vegetables
- Israeli Couscous Rissotto
- Pinto Beans

#### DINNER
- Vegetarian Eggplant Parmesan
- Sweet Potato Wedges
- Cannellini Beans

### FRUIT & YOGURT BAR

#### ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

### SOUP STATION

#### LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

### SALAD BAR

#### LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

### STONE BAKED PIZZA

#### LUNCH & DINNER
- Southwest Taco Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

### GRILL STATION

#### BREAKFAST
- Buttermilk Pancakes

#### LUNCH & DINNER
- Hamburger
- Turkey Burger
- Vegetarian Burger
- Chicken Philly Wraps

### BAKERY STATION

#### BREAKFAST
- Biscuits
- Chocolate Chip Muffins
- Banana Nut Overnight Oats

#### DESSERT BAR

#### LUNCH & DINNER
- Rice Krispy Treats
- Chocolate Cake w/ Chocolate Frosting

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HOME ZONE

BREAKFAST
Scrambled Eggs
Chorizo Frittata
Classic Grits
Oatmeal
Turkey Bacon
Pork Bacon
Breakfast Potatoes

LUNCH
Broccoli Shrimp Alfredo
Crispy Pork Chops
Loaded Baked Potato
Wild Rice Pilaf
Lima Beans
Fried Okra

DINNER
Parmesan Tilapia
Stuffed Shells w/ Garlic Cream Sauce
Red Kidney Beans
Roasted Red Potatoes
Broccoli Au Gratin
Brown Rice Pilaf

MONGOLIAN GRILL
LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION
LUNCH
Vegetarian Spinach Lasagna
Sauteed Green Beans
Steamed Carrots

DINNER
Vegetarian Enchiladas
Sauteed Spinach
Black Beans

FRUIT & YOGURT BAR
ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION
LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR
LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA
LUNCH & DINNER
Wild Mushroom Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION
LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION
BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
BBQ Chicken Sandwiches

BAKERY STATION
BREAKFAST
Biscuits
Brown Sugar Muffins
Fruit & Honey Oatmeal Bar

DESSERT BAR
LUNCH & DINNER
Lemon Cupcakes w/ Vanilla Frosting
Chocolate Chip Blondie

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## Home Zone

### Breakfast
- Scrambled Eggs
- Sausage Potato Scramble
- Classic Grits
- Oatmeal
- Turkey Sausage Links
- Smoked Sausage
- Hash Brown Casserole

### Lunch
- Hickory BBQ Chicken
- Cola Braised Brisket
- Roasted Squash
- Vegetable Couscous
- Steamed Broccoli
- Sweet Potato Wedges

### Dinner
- Chicken Pot Pie
- Country Fried Steak w/ Brown Gravy
- Buttered Corn
- Garlic Mashed Potatoes
- Honey Glazed Carrots
- Southern Style Green Beans

### Mongolian Grill

#### Lunch & Dinner
- Classic Mongolian Grill Stir-fry

### Vegetarian Station

#### Lunch
- Vegetarian Eggplant Parmesan
- Roasted Asparagus
- Kidney Beans

#### Dinner
- Mushroom Carbonara
- Roasted Red Potatoes
- Pinto Beans

### Fruit & Yogurt Bar

#### All-Day
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

### Soup Station

#### Lunch & Dinner
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

### Salad Bar

#### Lunch & Dinner
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

### Stone Baked Pizza

#### Lunch & Dinner
- Chicken Pesto Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

### Grill Station

#### Breakfast
- Buttermilk Pancakes

#### Lunch & Dinner
- Hamburger
- Turkey Burger
- Vegetarian Burger
- Patty Melt

### Bakery Station

#### Breakfast
- Biscuits
- Blueberry Muffins
- Chewy Chocolate Chip Bars

#### Dinner
- Peanut Butter Chocolate Brownies
- Cheesecake Cups

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**HOME ZONE**

**BREAKFAST**
Scrambled Eggs  
Bacon Cheddar Frittata  
Classic Grits  
Oatmeal  
Turkey Sausage Patties  
Pork Bacon  
Potatoes O’Brien

**LUNCH**
Baked Spaghetti  
Southern Fried Pollock  
Red Kidney Beans  
Macaroni & Cheese  
Summer Squash Casserole  
Sautéed Green Beans

**DINNER**
Jamaican Jerk Chicken Drumsticks  
Blackened Tilapia w/ Creole Sauce  
Buttered Corn  
Fried Plantains  
Roasted Sweet Potatoes w/ Honey Butter  
Caribbean Style Black Beans

**MONGOLIAN GRILL**
LUNCH & DINNER
Classic Mongolian Grill Stir-fry

**VEGETARIAN STATION**
LUNCH & DINNER
Hummus  
Grilled Pita Chips  
Vegetarian Toppings

**FRUIT & YOGURT BAR**
ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

**SOUP STATION**
LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

**SALAD BAR**
LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

**STONE BAKED PIZZA**
LUNCH & DINNER
Margherita Pizza  
Veggie Pizza  
Cheese Pizza  
Pepperoni Pizza

**DELIVERY STATION**
LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

**GRILL STATION**
BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger  
Turkey Burger  
Vegetarian Burger  
Crispy Chicken Sandwiches

**BAKERY STATION**
BREAKFAST
Biscuits  
Peach Muffins  
Horchata Overnight Oats

**DESSERT BAR**
LUNCH & DINNER
Pecan Pie Bar  
Vanilla Pound Cake

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EAST COMMONS  SATURDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
3 Cheese Frittata
Classic Grits
Oatmeal
Fried Chicken Thighs
Pork Sausage Links
Tater Tots

LUNCH
Breakfast for Lunch

DINNER
Italian Herb Crusted Pork Loin
White Chicken Lasagna
Steamed Red Potatoes
Sautéed Yellow Squash
Wild Rice Pilaf
Parmesan Polenta

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER
Build Your Own Asian Salad
Marinated Tofu
Vegetarian Toppings

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Supreme Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
BBQ Chicken Sandwich

BAKERY STATION

BREAKFAST
Biscuits
Banana Muffins
Honey Oatmeal Bars

DESSERT BAR

LUNCH & DINNER
Confetti Cake w/ Vanilla Icing
Strawberry Shortcake Cookies

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