

EAST COMMONS SUNDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Denver Scramble
Classic Grits
Oatmeal
Grilled Chicken Breasts
Pork Sausage Patties
Breakfast Potatoes

LUNCH

Breakfast for Lunch

DINNER

Chicken Fettuccini Alfredo
Baked Ziti
Red Kidney Beans
Corn on the Cob
Wild Rice
Fresh Steamed Broccoli

MONGOLIAN GRILL

LUNCH & DINNER

Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER

Scrambler Bar: Enjoy custom omelets w/ plenty of toppings to choose from!

FRUIT & YOGURT BAR

ALL-DAY

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER

Buffalo Chicken Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Hamburgers
Turkey Burgers
Vegetarian Burgers
Pulled Pork BBQ Sandwiches

BAKERY STATION

BREAKFAST

Biscuits
Blueberry & Strawberry Muffins
Banana-Nut Loaf Bread

DESSERT BAR

LUNCH & DINNER

Strawberry Cake w/ Frosting
Sugar Cookies

- If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
- Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.

EAST COMMONS MONDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Chorizo Frittata
Classic Grits
Oatmeal
Turkey Bacon
Pork Bacon
Breakfast Potatoes

LUNCH

Chicken & Broccoli Casserole
Beef Pot Roast
Pinto Beans
Sweet Potato Wedges
Southern Style Green Beans
Roasted Cauliflower

DINNER

Herb Grilled Chicken Thighs
Baked Cavatappi Alfredo
Grilled Zucchini
Brown Rice
Steamed Vegetable Blend
Kidney Beans

MONGOLIAN GRILL

LUNCH & DINNER

Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH

Grilled Portabella Mushroom
Steamed Green Beans
Italian Spiced Carrots

DINNER

Mushroom Carbonara
Roasted Cauliflower
Lima Beans

FRUIT & YOGURT BAR

ALL-DAY

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER

Philly Cheesesteak Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Hamburger
Turkey Burger
Vegetarian Burger
Beef & Bean Tacos

BAKERY STATION

BREAKFAST

Biscuits
Cranberry Orange Muffins
Apple Cinnamon Overnight Oats

DESSERT BAR

LUNCH & DINNER

Vanilla Chocolate Chip Cake w/ Frosting
Cinnamon Toast Crunch Bars

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EAST COMMONS TUESDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Sausage Potato Scramble
Classic Grits
Oatmeal
Turkey Sausage Links
Smoked Sausage
Hash Browns

LUNCH

Southwest Chicken Pasta
Mexican Lasagna
Grilled Onions and Peppers
Yellow Rice
Mexican Style Corn
Steamed Broccoli & Cauliflower

DINNER

BBQ Ribs
BBQ Chicken Drums
Macaroni and Cheese
Baked Beans
Southern Style Green Beans
Roasted Vegetables

MONGOLIAN GRILL

LUNCH & DINNER

Burrito Bar

VEGETARIAN STATION

LUNCH

Vegetarian Tofu Parmesan
Steamed Broccoli
Cannellini Beans

DINNER

Vegetarian Farfalle w/ Broccoli
Roasted Asparagus
Kidney Beans

FRUIT & YOGURT BAR

ALL-DAY

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER

Smokehouse Chicken & Bacon Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Hamburger
Turkey Burger
Vegetarian Burger
Cajun Chicken Wrap

BAKERY STATION

BREAKFAST

Biscuits
Pecan Chocolate Chip Muffins
Blueberry Granola Bars

DESSERT BAR

LUNCH & DINNER

Oreo Cheesecake Cups
Chocolate Cake w/ Coca Cola Frosting

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EAST COMMONS WEDNESDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Bacon Cheddar Frittata
Classic Grits
Oatmeal
Turkey Sausage Patties
Pork Sausage Links
Potatoes O'Brien

LUNCH

Cajun Style Rotisserie Pork Loin
Beef Pot Pie
Buttered Corn
Mashed Red Potatoes
Sautéed Fresh Green Beans
Honey Ginger Carrots

DINNER

Chicken Sausage Jambalaya
Blackened Tilapia w/ Creole Sauce
Steamed Carrots
Red Kidney Beans
Fried Okra
Braised Cabbage

MONGOLIAN GRILL

LUNCH & DINNER

Chinese Take-out Classics

VEGETARIAN STATION

LUNCH

Grilled Portabella Mushrooms
Steamed Vegetables
Steamed Red Potatoes
Vegetarian Collard Greens

DINNER

Stuffed Shells w/ Garlic Cream Sauce
Roasted Sweet Potatoes
Black Eyed Peas

FRUIT & YOGURT BAR

ALL-DAY

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER

Meat Lover's Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Hamburger
Turkey Burger
Vegetarian Burger
Crispy Chicken Sandwiches

BAKERY STATION

BREAKFAST

Biscuits
Strawberry Muffins
Peanut Butter Overnight Oats

DESSERT BAR

LUNCH & DINNER

Cinnamon Rolls
Chocolate Chocolate Chip Loaf Cake

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EAST COMMONS THURSDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
3 Cheese Frittata
Classic Grits
Oatmeal
Turkey Bacon
Pork Bacon
Tater Tots

LUNCH

Cheddar Stuffed Meatloaf
Homestyle Chicken Pot Pie
Roasted Mushrooms
Green Bean Casserole
Spicy Collard Greens
Garlic Mashed Potatoes

DINNER

Beef Stroganoff
Baked Lemon Pepper Chicken
Grilled Peppers and Onions
Steamed Vegetable Blend
Tater Tots
Buttered Corn

MONGOLIAN GRILL

LUNCH & DINNER

Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH

Vegetarian Eggplant Parmesan
Wild Rice
Cannellini Beans

DINNER

Red Beans and Rice
Roasted Cauliflower
Steamed Baby Carrots

FRUIT & YOGURT BAR

ALL-DAY

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER

BBQ Chicken Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Hamburger
Turkey Burger
Vegetarian Burger
BBQ Pork Tacos w/ Ranch Slaw

BAKERY STATION

BREAKFAST

Biscuits
Apple Cinnamon Muffins
Chocolate Chip Loaf Bread

DESSERT BAR

LUNCH & DINNER

S'more's Brownie
Peach Crisp

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EAST COMMONS FRIDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Denver Scramble
Classic Grits
Oatmeal
Turkey Sausage Links
Pork Sausage Patties
Breakfast Potatoes

LUNCH

Southern Fried Pollock
BBQ Smoked Pulled Pork
Steamed Red Potatoes
Wild Rice Pilaf
Creamed Spinach
Sautéed Squash & Zucchini

DINNER

BBQ Beef Tips
Baked Parmesan Tilapia
White Rice
Baked Beans
Spicy Collard Greens
Fried Squash

MONGOLIAN GRILL

LUNCH & DINNER

Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH

Vegetarian Dirty Rice
Sautéed Kale
Vegan Black Beans & Corn

DINNER

Vegetarian Spinach Lasagna
Sweet Potato Wedges
Steamed Vegetable Blend

FRUIT & YOGURT BAR

ALL-DAY

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER

Spinach & Feta Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Hamburger
Turkey Burger
Vegetarian Burger
Chicken Tenders

BAKERY STATION

BREAKFAST

Biscuits
Oatmeal Brown Sugar Muffins
Strawberry Overnight Oats

DESSERT BAR

LUNCH & DINNER

Confetti Cake w/ Vanilla Icing
Chocolate Chip & Pecan Blondies

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EAST COMMONS SATURDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Chorizo Frittata
Classic Grits
Oatmeal
Turkey Sausage Patties
Pork Bacon
Breakfast Potatoes

LUNCH

Breakfast for Lunch

DINNER

Spaghetti and Meatballs
Herb Crusted Chicken Thighs
Parmesan Polenta
Crispy Sweet Potato Wedges
Italian Spiced Carrots
Creamed Spinach

MONGOLIAN GRILL

LUNCH & DINNER

Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER

Vegetarian Taco Bar
Taco Seasoned Vegetarian Crumbles
Vegetarian Toppings

FRUIT & YOGURT BAR

ALL-DAY

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER

Loaded Pepperoni Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Hamburger
Turkey Burger
Vegetarian Burger
3 Cheese Grilled Cheese Sandwiches

BAKERY STATION

BREAKFAST

Biscuits
Banana Chocolate Chip Muffins
Chewy Fruit Granola Bars

DESSERT BAR

LUNCH & DINNER

Coffee Parfait Cups
Carnival Cookies

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