## Sunday’s Menu

### East Commons

#### Home Zone

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
<th>Dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scrambled Eggs</td>
<td>Breakfast for Lunch</td>
<td>Rotisserie Pork w/ Honey Pecan Glaze</td>
</tr>
<tr>
<td>Chorizo Frittata</td>
<td></td>
<td>Baked Lemon Pepper Chicken</td>
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<tr>
<td>Classic Grits</td>
<td></td>
<td>Sautéed Green Beans</td>
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<tr>
<td>Oatmeal</td>
<td></td>
<td>Cauliflower Au Gratin</td>
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<tr>
<td>Grilled Chicken Breasts</td>
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<td>Steamed Vegetable Medley</td>
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<tr>
<td>Pork Links</td>
<td></td>
<td>Red Beans &amp; Rice</td>
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<tr>
<td>Breakfast Potatoes</td>
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</tbody>
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#### Mongolian Grill

**Lunch & Dinner**

- Classic Mongolian Grill Stir-fry

#### Vegetarian Station

**Lunch & Dinner**

- Scrambler Bar: Enjoy custom omelets w/ plenty of toppings to choose from!

#### Fruit & Yogurt Bar

**All-Day**

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

#### Soup Station

**Lunch & Dinner**

Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

#### Salad Bar

**Lunch & Dinner**

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

#### Stone Baked Pizza

**Lunch & Dinner**

- Broccoli & Cheese Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

#### Deli Station

**Lunch & Dinner**

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

#### Grill Station

**Breakfast**

- Buttermilk Pancakes

**Lunch & Dinner**

- Hamburger
- Turkey Burgers
- Vegetarian Burgers
- BBQ Chicken Sandwiches

#### Bakery Station

**Breakfast**

- Biscuits
- Blueberry & Strawberry Muffins
- Banana Nut Muffins

**Lunch & Dinner**

- Chocolate Mousse Cake Cups
- Chocolate Chip Cookies

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- If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
- Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
EAST COMMONS MONDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
Sausage & Potato Scramble
Classic Grits
Oatmeal
Turkey Bacon
Pork Sausage Patties
Hash Browns

LUNCH
Chicken Pot Pie
Country Fried Steak
Pinto Beans
Buttered Sweet Corn
Fried Onion Rings
Steamed Vegetable Blend

DINNER
Spaghetti & Meatballs
Marsala Roasted Chicken Thighs
Cannellini Beans
Grilled Zucchini
Creamed Spinach
Honey Glazed Carrots

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH
Farfalle w/ Broccoli
Steamed Yellow Squash
Kidney Beans

DINNER
Quinoa w/ Corn and Black Beans
Steamed Broccoli & Cauliflower
Lima Beans

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Smokehouse Chicken & Bacon Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
Corn Dogs

BAKERY STATION

BREAKFAST
Biscuits
Cranberry Orange Muffins
Apple Cinnamon Overnight Oats

DESSERT BAR

LUNCH & DINNER
Strawberries & Cream Cake Cups
Chocolate Chip Blondies

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HOME ZONE

BREAKFAST
Scrambled Eggs
Bacon Cheddar Frittata
Classic Grits
Oatmeal
Turkey Sausage Links
Pork Bacon
Potatoes O’Brian

LUNCH
Grilled Herb Chicken Thighs
Italian Sausage w/ Roasted Onions & Peppers
Roasted Mushrooms
Chili Roasted Sweet Potato
Fresh Steamed Broccoli
Sauteed Yellow Squash

DINNER
Grilled Marinated Chicken Thighs
Roast Beef with Gravy
Red Kidney Beans
Crispy Potato Wedges
Herb Roasted Mushrooms
Roasted Broccoli

MONGOLIAN GRILL

LUNCH & DINNER
Burrito Bar

STONE BAKED PIZZA

LUNCH & DINNER
Bacon Cheeseburger Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

VEGETARIAN STATION

LUNCH
Grilled Portabella Mushrooms / Steamed vegetables
Grilled Zucchini
Steamed Vegetable Blend

DINNER
Tofu Curry
Vegetarian Fried Rice
Steamed Vegetable Blend

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
Buffalo Chicken Wraps

BAKERY STATION

BREAKFAST
Biscuits
Chocolate Chip Muffins
Blueberry Granola Bars

DESSERT BAR

LUNCH & DINNER
Confetti Cake w/ Vanilla Icing
Cinnamon Rolls

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EAST COMMONS  TUESDAY’S MENU
**HOME ZONE**

**BREAKFAST**
- Scrambled Eggs
- 3 Cheese Frittata
- Classic Grits
- Oatmeal
- Turkey Sausage
- Pork Sausage
- Tater Tots

**LUNCH**
- Hamburger Steak w/ Mushrooms & Onions
- Tilapia w/ Herb Butter
- Buttered Corn
- Garlic Mashed Potatoes
- Fresh Sautéed Green Beans
- Fried Squash

**DINNER**
- Beef Stroganoff w/ Egg Noodles
- Herb Grilled Chicken Thighs
- Creamed Spinach
- Brown Rice
- Sauteed Squash and Zucchini
- Braised Cabbage

**MONGOLIAN GRILL**

**LUNCH & DINNER**
- Chinese Take-out Classics

**VEGETARIAN STATION**

**LUNCH**
- Falafel
- Roasted Cauliflower
- Pinto Beans

**DINNER**
- Mushroom Carbonara
- Grilled Asparagus
- Black Eyed Peas

**FRUIT & YOGURT BAR**

**ALL-DAY**
- Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

**SOUP STATION**

**LUNCH & DINNER**
- Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

**SALAD BAR**

**LUNCH & DINNER**
- Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

**STONE BAKED PIZZA**

**LUNCH & DINNER**
- Buffalo Chicken Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**GRILL STATION**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Hamburger
- Turkey Burger
- Vegetarian Burger
- Philly Steak Wraps

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Strawberry Muffins
- Peanut Butter Overnight Oats

**DESSERT BAR**

**LUNCH & DINNER**
- Lemon Pound Cake
- Vanilla Pudding Cups

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**LUNCH & DINNER**

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

**LUNCH & DINNER**

Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

**LUNCH & DINNER**

Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

**ALL-DAY**

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

**BREAKFAST**
Scrambled Eggs
Denver Scramble
Classic Grits
Oatmeal
Turkey Bacon
Pork Bacon
Breakfast Potatoes

**LUNCH**
Grilled Pork Chops w/ Cilantro Cream
Jamaican Jerk Chicken Drumsticks
Steamed Vegetable Blend
Fried Plantains
Pinto Beans
Sautéed Spinach

**DINNER**
Ancho Rubbed Pork Loin
Roasted Turkey w/ Brown Gravy
Steamed Carrots
Charro Style Pintos
Roasted Garlic Mashed Potatoes
Green Bean Casserole

**MONGOLIAN GRILL**

**LUNCH & DINNER**

Classic Mongolian Grill Stir-Fry

**VEGETARIAN STATION**

**LUNCH**
Vegetarian Enchiladas
Mexican Rice
Citrus-Lime Black Beans

**DINNER**
Vegetarian Stuffed Shells w/ Garlic Cream Sauce
Sautéed Kale
Cannellini Beans

**FRUIT & YOGURT BAR**

**ALL-DAY**

Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

**SOUP STATION**

**LUNCH & DINNER**

Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

**SALAD BAR**

**LUNCH & DINNER**

Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

**STONE BAKED PIZZA**

**LUNCH & DINNER**

Chicken Philly Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

**GRILL STATION**

**BREAKFAST**
Buttermilk Pancakes

**LUNCH & DINNER**
Hamburger
Turkey Burger
Vegetarian Burger
Patty Melts

**BAKERY STATION**

**BREAKFAST**
Biscuits
Apple Cinnamon Muffins
Chocolate Chip Loaf Bread

**DESSERT BAR**

**LUNCH & DINNER**

Red Velvet Swirl Brownies
Rice Krispy Treats

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EAST COMMONS  FRIDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
Chorizo Frittata
Classic Grits
Oatmeal
Turkey Links
Smoked Sausage
Tater Tots

LUNCH
BBQ Pulled Pork
Southern Fried Fish
Steamed Red Potatoes
Baked Beans
Sautéed Spinach w/ Bacon
Rice Pilaf

DINNER
Classic Beef Meatloaf
Ranch Baked Chicken
Herb Crusted Potatoes
Squash Casserole
Corn on the Cobb
Spicy Collard Greens

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER
Build Your Own Greek Salad
Marinated Tofu
Vegetarian Toppings

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Margherita Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
Chicken Nuggets

BAKERY STATION

BREAKFAST
Biscuits
Oatmeal Brown Sugar Muffins
Strawberry Overnight Oats

DESSERT BAR

LUNCH & DINNER
Chocolate Cupcakes w/ Fudge Icing
Yogurt Bars

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HOME ZONE

BREAKFAST
Scrambled Eggs
Sausage Potato Scramble
Classic Grits
Oatmeal
Turkey Sausage
Pork Bacon
Hash Brown Casserole

LUNCH
Breakfast for Lunch

DINNER
Grilled Marinated Chicken Breast
Beef Pot Pie
Vegetarian Couscous
Glazed Carrots
Fried Okra
Vegetarian Black Eyed Peas

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill Stir-fry

VEGETARIAN STATION

LUNCH & DINNER
Vegetarian Burger Bar
Onion Rings
Vegetarian Toppings

FRUIT & YOGURT BAR

ALL-DAY
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

SOUP STATION

LUNCH & DINNER
Chef's Choice soups! Daily flavors based on availability of seasonal ingredients.

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

STONE BAKED PIZZA

LUNCH & DINNER
Spinach & Feta Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

BREAKFAST
Buttermilk Pancakes

LUNCH & DINNER
Hamburger
Turkey Burger
Vegetarian Burger
3 Cheese Grilled Cheese Sandwiches

BAKERY STATION

BREAKFAST
Biscuits
Banana Chocolate Chip Muffins
Chewy Fruit Granola Bars

DESSERT BAR

LUNCH & DINNER
Vanilla Pound Cake
Carnival Cookies

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