**EAST COMMONS  SUNDAY’S MENU**

**HOME ZONE**

**BREAKFAST**
- Scrambled Eggs
- Grits
- Denver Scramble
- Oatmeal
- Grilled Chicken Breasts
- Pork Sausage
- Breakfast Potatoes

**LUNCH**
- Breakfast for Lunch

**DINNER**
- Baked Ziti Pasta
- Garlic Pesto Grilled Chicken
- Pasta w/ Vegetarian Bolognese
- Wild Rice Pilaf
- Fresh Steamed Broccoli
- Italian White Beans

**MONGOLIAN GRILL**

**ENTREES**
- Bang Bang Chicken
- Pepper Steak
- Sweet Chili Tofu

**SIDES**
- White, Brown & Fried Rice
- Egg Rolls
- Garlic Ginger French Fries
- Vegetable Lo Mein

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Plain Muffins
- Banana Nut Muffins

**STONE BAKED PIZZA**

**LUNCH & DINNER**
- Buffalo Chicken Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**GRILL STATION**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Corn Dogs
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

**DESSERT BAR**

**LUNCH & DINNER**
- Rice Krispy Treats
- Sugar Cookies

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**EAST COMMONS**

**MONDAY’S MENU**

### HOME ZONE

**BREAKFAST**
- Scrambled Eggs
- Grits
- Chorizo Frittata
- Oatmeal
- Turkey Bacon
- Pork Bacon
- Breakfast Potatoes

**LUNCH**
- Buffalo Chicken Casserole
- Salisbury Steak
- Vegetarian Falafel Sliders
- Seasoned Red Potatoes
- Southern-Style Green Beans
- Steamed Vegetable Medley

**DINNER**
- White Chicken Lasagna
- Italian Sausage w/ Sautéed Onions & Peppers
- Vegetarian Eggplant Parmesan
- Brown Rice
- Bermuda Blend Vegetable Medley
- Kidney Beans

### MONGOLIAN GRILL

**ENTREES**
- Mongolian Chicken
- Moo Shu Pork
- Coconut Curry Tofu

**SIDES**
- White, Brown & Fried Rice
- Potstickers
- Garlic Ginger French Fries
- Seasoned Noodles

**SIDE BAR**
- Garlic Broccoli
- Stir Fried Cabbage

### BAKERY STATION

**BREAKFAST**
- Biscuits
- Banana Nut Muffins
- Apple Granola Bars

### DELI STATION

**BREAKFAST**
- Enjoy delicious fresh selections of fruit, yogurt, and granola!

**LUNCH & DINNER**
- Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

### STONE BAKED PIZZA

**LUNCH & DINNER**
- Philly Cheesesteak Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

### SOUP STATION

**LUNCH & DINNER**
- Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

### DESSERT BAR

**LUNCH & DINNER**
- Rice Krispy Treats
- Sugar Cookies

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**EAST COMMONS**

**BREAKFAST**
- Scrambled Eggs
- Grits
- Sausage & Potato Scramble
- Oatmeal
- Turkey Sausage Links
- Smoked Sausage Patties
- Hash Brown Casserole

**LUNCH**
- Chicken Bruscetta
- Baked Ziti
- Vegetarian Tofu Parmesan
- Corn on the Cob
- Wild Rice
- Fresh Steamed Broccoli

**DINNER**
- Applewood Smoked Barbeque Chicken
- Low Country Fettuccine Alfredo
- Vegetarian Stuffed Shells w/ Garlic Cream Sauce
- Baked Beans
- Southern-Style Green Beans
- Roasted Vegetables

**MONGOLIAN GRILL**

**ENTREES**
- Grilled Chicken Breasts
- Grilled Flank Steak
- Curried Chickpeas

**SIDES**
- Vegetable Couscous
- Quinoa & Rice Blend
- Brown Rice
- Summer Vegetable Stir Fry

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Chocolate Chip Muffins
- Blueberry Granola Bars

**STONE BAKED PIZZA**

**BREAKFAST**
- Biscuits
- Chocolate Chip Muffins
- Blueberry Granola Bars

**LUNCH & DINNER**
- Supreme Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**DELI STATION**

**BREAKFAST**
- Enjoy delicious fresh selections of fruit, yogurt, and granola!

**LUNCH & DINNER**
- Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

**DINNER**
- Applewood Smoked Barbeque Chicken
- Low Country Fettuccine Alfredo
- Vegetarian Stuffed Shells w/ Garlic Cream Sauce
- Baked Beans
- Southern-Style Green Beans
- Roasted Vegetables

**SALAD BAR**

**LUNCH & DINNER**
- Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**SOUP STATION**

**LUNCH & DINNER**
- Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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**DESSERT BAR**

**LUNCH & DINNER**
- Hot fudge Brownie Cobbler
- Oatmeal Raisin Cookies

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EAST COMMONS  WEDNESDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
Grits
Bacon Cheddar Frittata
Oatmeal
Turkey Sausage Patties
Pork Sausage Links
Potatoes O’Brien

LUNCH
Pork Mojo w/ Pickled Red Onion
Baked Lemon Pepper Chicken
Grilled Portabella Mushrooms w/ Steamed Vegetables
Roasted Red Potatoes
Sautéed Fresh Green Beans
Honey Ginger Carrots

DINNER
Chicken & Sausage Jambalaya
Blacken Tilapia w/ Creole Sauce
Vegetarian “Dirty” Rice
Red Kidney Beans
Fried Okra
Braised Cabbage

MONGOLIAN GRILL  LUNCH & DINNER

ENTREES
Teriyaki Chicken
General Tso’s Ribs
Steamed Edamame

SIDES
White, Brown & Fried Rice
Egg Rolls
Potstickers
Seasoned Noodles

BAKERY STATION  BREAKFAST
Biscuits
Confetti Muffins
Chocolate Chip Granola Bars

STONE BAKED PIZZA  LUNCH & DINNER
Margherita Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DINNER STATION
Buttermilk Pancakes

BREAKFAST

LUNCH & DINNER

DESSERT BAR
Peanut Butter Crispy Bars
Chocolate Chip Cookies

DELIVERY OPTION
Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER
Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

SALAD BAR  LUNCH & DINNER
Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION  LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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### EAST COMMONS  THURSDAY’S MENU

#### HOME ZONE

<table>
<thead>
<tr>
<th>BREAKFAST</th>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scrambled Eggs</td>
<td>Cheddar Stuffed Meatloaf</td>
<td>Texas Fajitas</td>
</tr>
<tr>
<td>Grits</td>
<td>Home-Style Chicken Pot Pie</td>
<td>Rosemary Lemon Pepper Chicken</td>
</tr>
<tr>
<td>3 Cheese Frittata</td>
<td>Vegetarian Meatless Lasagna</td>
<td>Vegetarian Spinach Lasagna</td>
</tr>
<tr>
<td>Oatmeal</td>
<td>Green Bean Casserole</td>
<td>Roasted Broccoli</td>
</tr>
<tr>
<td>Turkey Bacon</td>
<td>Spicy Collard Greens</td>
<td>Israeli Couscous Rissoto</td>
</tr>
<tr>
<td>Pork Bacon</td>
<td>Garlic Mashed Potatoes</td>
<td>Mexican Corn</td>
</tr>
<tr>
<td>Tater Tots</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### MONGOLIAN GRILL

<table>
<thead>
<tr>
<th>ENTREES</th>
<th>SIDES</th>
<th>GRILL STATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Philly Chicken</td>
<td>Grilled French Rolls</td>
<td>BREAKFAST</td>
</tr>
<tr>
<td>Philly Steak</td>
<td>Grilled Peppers &amp; Onions</td>
<td>Buttermilk Pancakes</td>
</tr>
<tr>
<td>Grilled Marinated Tofu</td>
<td>Grilled Mushrooms</td>
<td>LUNCH &amp; DINNER</td>
</tr>
<tr>
<td></td>
<td>Barbeque Seasoned French Fries</td>
<td>Loaded Pizza Wrap</td>
</tr>
</tbody>
</table>

#### BAKERY STATION

<table>
<thead>
<tr>
<th>BREAKFAST</th>
<th>STONE BAKED PIZZA</th>
<th>DESSERT BAR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biscuits</td>
<td>Cajun Chicken &amp; Sausage Pizza</td>
<td>Carrot Cake</td>
</tr>
<tr>
<td>Cranberry Raisin Muffins</td>
<td>Veggie Pizza</td>
<td></td>
</tr>
<tr>
<td>Chocolate Chip Granola Bars</td>
<td>Cheese Pizza</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pepperoni Pizza</td>
<td></td>
</tr>
</tbody>
</table>

#### DELI STATION

<table>
<thead>
<tr>
<th>BREAKFAST</th>
<th>SALAD BAR</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enjoy delicious fresh selections of fruit, yogurt, and granola!</td>
<td>Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.</td>
<td>Texas Fajitas</td>
</tr>
<tr>
<td>LUNCH &amp; DINNER</td>
<td></td>
<td>Rosemary Lemon Pepper Chicken</td>
</tr>
<tr>
<td>Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.</td>
<td></td>
<td>Vegetarian Spinach Lasagna</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Roasted Broccoli</td>
</tr>
</tbody>
</table>

#### SOUP STATION

| LUNCH & DINNER | Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients. |

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**EAST COMMONS**

**HOME ZONE**

**BREAKFAST**
- Scrambled Eggs
- Grits
- Denver Scramble
- Oatmeal
- Turkey Sausage Links
- Pork Sausage Patties
- Breakfast Potatoes

**LUNCH**
- Southern Fried Pollock
- Barbeque Smoked Pulled Pork
- Vegetarian Farfalle w/ Broccoli
- Rice Pilaf
- Creamed Spinach
- Sautéed Squash & Zucchini

**DINNER**
- Barbeque Beef Tips
- Southern Fried Catfish
- Curried Tofu
- Baked Beans
- Spicy Callard Greens
- Fried Squash

**MONGOLIAN GRILL**

**ENTREES**
- Roasted Garlic Chicken w/ Bok Choy
- Moo Shu Pork
- General Tso's Cauliflower

**SIDES**
- White, Brown & Fried Rice
- Roasted Eggplant
- Pot Stickers
- Garlic Broccoli
- Egg Rolls
- Seasoned Noodles

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Double Chocolate Muffins
- Cranberry Granola Bars

**DELI STATION**

**BREAKFAST**
- Enjoy delicious fresh selections of fruit, yogurt, and granola!

**LUNCH & DINNER**
- Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

**STONE BAKED PIZZA**

**BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Spunach & Feta Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**GRILL STATION**

**BREAKFAST**
- Chili Dogs
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

**LUNCH & DINNER**
- German chocolate Bars
- Carnival Cookies

**SALAD BAR**

**LUNCH & DINNER**
- Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**SOUP STATION**

**LUNCH & DINNER**
- Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

**DESSERT BAR**

**LUNCH & DINNER**
- German chocolate Bars
- Carnival Cookies

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### EAST COMMONS SATURDAY’S MENU

#### HOME ZONE

**BREAKFAST**
- Scrambled Eggs
- Grits
- Chorizo Frittata
- Oatmeal
- Turkey Sausage Patties
- Pork Bacon
- Breakfast Potatoes

**LUNCH**
- Breakfast for Lunch

**DINNER**
- Hickory Barbeque Chicken
- Baked Tilapia Parmesan
- Vegetarian Farfalle w/ Broccoli
- Savory Creamed Corn
- Honey Glazed Carrots
- Creamed Spinach

#### MONGOLIAN GRILL LUNCH & DINNER

**ENTREES**
- General Tso’s Chicken
- Pepper Steak
- Steamed Edamame

**SIDES**
- White, Brown & Fried Rice
- Pot Stickers
- Egg Rolls
- Seasoned Noodles

**BAKERY STATION BREAKFAST**
- Biscuits
- Pineapple Ginger Muffins
- Cranberry Granola Bars

**STONE BAKED PIZZA LUNCH & DINNER**
- Loaded Pepperoni Pizza
- Veggie Pizza
- Cheese Pizza
- Pepperoni Pizza

**DELI STATION BREAKFAST**
- Enjoy delicious fresh selections of fruit, yogurt, and granola!

**LUNCH & DINNER**
- Try one of our delicious, customizable “Grab n’ Go” deli sandwich or wrap options.

**SALAD BAR LUNCH & DINNER**
- Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

**SOUP STATION LUNCH & DINNER**
- Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

**GRILL STATION BREAKFAST**
- Buttermilk Pancakes

**LUNCH & DINNER**
- Barbeque Chicken Sandwiches
- Vegetarian Burgers
- Turkey Burgers
- Hamburgers

**DESSERT BAR LUNCH & DINNER**
- German Chocolate Bars
- Carnival Cookies

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