**Z-6 DINING HALL**

**MRS. ANNIE’S HOME COOKING**

**BREAKFAST**
- Scrambled Eggs
- Egg Whites
- Grits
- Breakfast Potatoes
- Hickory Smoked Bacon
- Turkey Patties
- Oatmeal
- Biscuits w/ Pepper Gravy

**LUNCH**
- Spaghetti & Meatballs
- Tofu Parmesan
- Creamed Spinach
- Roasted Paprika Cauliflower
- Brown Rice
- Fried Potatoes Wedges

**DINNER**
- Parmesan Crusted Baked Tilapia
- Couscous Stuffed Peppers
- Italian White Beans
- Broccoli Au Gratin
- Cilantro Lime Rice
- Sautéed Green Beans

**EXHIBITION STATION**

**BUILD YOUR OWN BUDDHA BOWL - LUNCH & DINNER**
Create a delicious vegetarian treat! Add plenty of your favorite veggies, and complete your meal-in-a-bowl with a drizzle of dressing.

**SALAD BAR**
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

**PIZZA STATION**
- Pepperoni Pizza
- Cheese Pizza
- Veggie Pizza
- Tomato, Basil, & Vegan Cheese Pizza

**GRILL STATION**

**BREAKFAST**
- Made-to-order pancakes & French toast with assorted toppings.
- Bacon, Egg, & Cheese Breakfast Wrap
- Sausage Egg, & Cheese Breakfast Wrap

**LUNCH & DINNER**
- Hamburgers
- Grilled Cheese
- French Fries
- Veggie Wraps
- Black Bean & Turkey Burgers

**DESSERTS**
- Assorted Cookies
- Mini Chocolate Chip Pecan Muffins
- Vegan Vanilla Cupcakes
- Brownies
- Soft Serve Ice Cream
- Ice Cream Cups
- Novelty Ice Cream Bars

**SOUP STATION**

**LUNCH & DINNER**
- Chef’s Choice Vegan Soup of the Day

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MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Grits
Hash Brown Bites
Grilled Ham Steaks
Turkey Bacon
Oatmeal
Biscuits w/ Sausage Gravy

LUNCH
Blackened Pork Loin
Cajun Pasta Alfredo
Dirty Rice
Braised Red Beans
Sautéed Squash & Zucchini Blend
Roasted Button Mushrooms

DINNER
Beef Brisket
Grilled Chicken Thighs
Fried Onion Rings
Creamed Corn
Sautéed Kale w/ Bacon
Potatoes O’Brien

EXHIBITION STATION

BUILD YOUR OWN OMELET - LUNCH & DINNER
Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

SALAD BAR
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Calzones

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
French Fries
Pulled Pork Sandwiches
Black Bean & Turkey Burgers

DESSERTS
Assorted Cookies
Mini Cinnamon Brown Sugar Muffins
Chocolate Chocolate Chip Pound Cake
Coffee Parfait Cups
Soft Serve Ice Cream
Ice Cream Cups
Novelty Ice Cream Bars

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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## Mrs. Annie’s Home Cooking

### Breakfast
- Scrambled Eggs
- Grits
- French Toast Sticks
- Pork Sausage Patties
- Turkey Sausage Links
- Oatmeal
- Biscuits w/ Pepper Gravy
- Breakfast Potatoes

### Lunch
- Fried Chicken
- Plant Based Protein
- Baked Chicken
- Spicy Collard Greens
- Glazed Carrots
- Macaroni & Cheese
- Garlic Mashed Potatoes

### Dinner
- Fried Chicken
- Plant Based Protein
- Baked Chicken
- Black Eye Peas
- Macaroni & Cheese
- Mashed Potatoes
- Spicy Collard Greens

### Exhibition Station

#### Pasta Bar - Lunch & Dinner
With plenty of sauces, proteins, and vegetables to choose from, let us craft the perfect meal for you.

#### Salad Bar
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

#### Pizza Station
- Pepperoni Pizza
- Cheese Pizza
- Veggie Pizza
- Meat Lovers Pizza

#### Grill Station

##### Breakfast
- Made-to-order pancakes & french toast with assorted toppings.
- Bacon, Egg, & Cheese Breakfast Wrap
- Sausage Egg, & Cheese Breakfast Wrap

##### Lunch & Dinner
- Hamburgers
- Grilled Cheese
- French Fries
- Chicken Burgers
- Homemade Spicy Chips
- Black Bean & Turkey Burgers

#### Desserts
- Assorted Cookies
- Mini Orange Cranberry Muffins
- Cinnamon Rolls
- Peach Cobbler
- Corn Muffins
- Soft Serve Ice Cream
- Ice Cream Cups
- Novelty Ice Cream Bars

#### Soup Station

##### Lunch & Dinner
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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Z-6 DINING HALL  THURSDAY’S MENU

MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Grits
Tater Tots
Hickory Smoked Bacon
Turkey Patties
Oatmeal
Biscuits w/ Sausage Gravy

LUNCH
BBQ Spare Ribs
BBQ Pulled Chicken
Baked Beans
Corn on Cob
Roasted Sweet Potatoes
Fried Okra

DINNER
Salisbury Steak w/ Brown Onion Gravy
Herb Crusted Rotisserie Pork
Rice Pilaf
Fried Yellow Squash
Sautéed Spinach
Red Kidney Beans

EXHIBITION STATION

HIBACHI BAR - LUNCH & DINNER
Come in and enjoy your stir fried favorites! Top off your noodles or rice with plenty of proteins and vegetables to choose from.

SALAD BAR
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Ground Beef & Onion Pizza

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
French Fries
Bacon, Mushroom, & Swiss Burgers
Black Bean & Turkey Burgers

DESSERTS
Assorted Cookies
Mini Peach Muffins
Strawberries & Cream Cake Cups
Funfetti Rice Krispy Treats
Soft Serve Ice Cream
Ice Cream Cups
Novelty Ice Cream Bars

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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**SALAD BAR**
Our salad bar is stocked with a large array of leafy greens, vegetables, proteins, and all of your favorite salad toppings.

**PIZZA STATION**
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Ham & Mushroom Pizza

**GRILL STATION**

**BREAKFAST**
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

**LUNCH & DINNER**
Hamburgers
Grilled Cheese
French Fries
Philly Cheesesteaks
Black Bean & Turkey Burgers

**DESSERTS**
Assorted Cookies
Mini Lemon Poppy Seed Muffins
Oreo Blondies
Chef’s Choice Dessert
Soft Serve Ice Cream
Ice Cream Cups
Novelty Ice Cream Bars

**SOUP STATION**

**LUNCH & DINNER**
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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