Z-6 DINING HALL

MRS. ANNIE’S HOME COOKING

**BREAKFAST**
- Scrambled Eggs
- Grits
- Rosemary Roasted Red Potatoes
- Grilled Ham Steaks
- Turkey Bacon
- Oatmeal
- Biscuits w/ Sausage Gravy

**LUNCH**
- Cheese Enchiladas
- Tuscan Garlic Chicken
- Sautéed Squash & Zucchini w/ Tomatoes
- Quinoa w/ Corn & Black Beans
- Brown Rice
- Sautéed Green Beans

**DINNER**
- Turkey Stroganoff
- Stuffed Peppers
- Cauliflower Rice Pilaf
- Steamed Broccoli
- Roasted Sweet Potatoes
- Chickpease w/ Spinach

EXHIBITION STATION

BUILD YOUR OWN BUDDHA BOWL - LUNCH & DINNER
Create a delicious vegetarian treat! Add plenty of your favorite veggies, and complete your meal-in-a-bowl with a drizzle of dressing.

**SALAD BAR**
Fresh Garden Salad packed with leafy greens and toppings of your choosing.

**GRAILL STATION**

**BREAKFAST**
- Made-to-order pancakes & french toast with assorted toppings.
- Bacon, Egg, & Cheese Breakfast Wrap
- Sausage Egg, & Cheese Breakfast Wrap

**LUNCH & DINNER**
- Hamburgers
- Grilled Cheese
- French Fries
- Falafel Pita w/ Cucumber
- Black Bean & Turkey Burgers

**DESSERTS**
- Assorted Cookies
- Carrot Cake w/ Cream Cheese Icing
- M&M’s Rice Krispy Treats
- Vegan No-Bake Cookies
- Soft Serve Ice Cream
- Ice Cream Cups
- Novelty Ice Cream Bars

**SOUP STATION**

**LUNCH & DINNER**
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

- If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
- Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Grits
French Toast Sticks
Breakfast Potatoes
Pork Sausage Patties
Turkey Sausage Links
Oatmeal
Biscuits with Pepper Gravy

LUNCH
Louisiana-Style Spare Ribs
Baked Tilapia w/ Herb Butter
Creamed Spinach
Sautéed Yellow Squash
Garlic Roasted Potatoes
Spanish Rice

DINNER
Steak Fettuccine Alfredo
Baked Chicken Thighs w/ Fiesta Garlic Sauce
Sautéed Asparagus & Pearl Onions
Steamed Carrots
Yellow Rice Pilaf
Vegetarian Baked Beans

EXHIBITION STATION

SHRIMP & GRITS BAR - LUNCH & DINNER
Whether you like a buttery classic or want to spice it up with a Cajun flair, the Shrimp & Grits Bar is a great addition to any meal.

SALAD BAR
Fresh Garden Salad packed with leafy greens and toppings of your choosing.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Barbeque Chicken Pizza
Garlic Bread

GRILL STATION
BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
French Fries
Turkey Melt w/ Mushrooms
Black Bean & Turkey Burgers

DESSERTS
Assorted Cookies
Funfetti Sheet Cake
Oreo Cheesecake Bars
Lemon Shortbread Bars
Soft Serve Ice Cream
Ice Cream Cups
Novelty Ice Cream Bars

SOUP STATION
LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Grits
Tater Tots
Smoked Bacon
Turkey Sausage Patties
Oatmeal
Biscuits w/ Sausage Gravy

LUNCH
Fried Chicken
Chopped Sirloin w/ Onion Gravy
Baked Chicken
Spicy Collard Greens
Glazed Carrots
Macaroni & Cheese
Garlic Mashed Potatoes

DINNER
Fried Chicken
Baked Chicken
Meatless Lasagna
Macaroni & Cheese
Garlic Mashed Potatoes
Bermuda Vegetable Blend

EXHIBITION STATION

BAKED POTATO BAR - LUNCH & DINNER
You won’t want to miss out on our Baked Potato Bar! Keep things savory with sour cream & chives, or go for your own fully loaded sweet creation. The possibilities are endless!

SALAD BAR
Fresh Garden Salad packed with leafy greens and toppings of your choosing.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Stromboli
Garlic Knots

GRILL STATION
BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
French Fries
Pulled Chicken Sandwich
Homemade Old Bay Chips
Black Bean & Turkey Burgers

DESSERTS
Assorted Cookies
Boston Cream Pie Cups
Pecan Pie Bars
Red & Blue Sheet Cake w/ Vanilla Frosting
Corn Muffins
Soft Serve Ice Cream
Ice Cream Cups
Novelty Ice Cream Bars

SOUP STATION
LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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### Z-6 DINING HALL

**THURSDAY’S MENU**

### MRS. ANNIE’S HOME COOKING

**BREAKFAST**
- Scrambled Eggs
- Grits
- Shredded Hash Browns
- Pork Sausage Links
- Turkey Bacon
- Oatmeal
- Biscuits w/ Pepper Gravy

**LUNCH**
- Creamy Garlic & Mushroom Chicken
- Red Wine Pot Roast
- Spicy Pinto Beans
- White Rice
- Parmesan Roasted Corn on the Cob
- Capri Vegetable Blend

**DINNER**
- Beef Steak Teriyaki
- White Chicken Lasagna
- Southwestern Rice
- Sautéed Spinach & Kale
- Cauliflower & Baby Carrots
- Cajun White Beans

### EXHIBITION STATION

**NACHO BAR - LUNCH & DINNER**

Pile your plate high at our Nacho bar with plenty of proteins, vegetables, and most importantly - cheese!

### SALAD BAR

Fresh Garden Salad packed with leafy greens and toppings of your choosing.

### PIZZA STATION

- Pepperoni Pizza
- Cheese Pizza
- Veggie Pizza
- Caramel Apple Dessert Pizza
- Garlic Bread

### GRILL STATION

**BREAKFAST**
- Made-to-order pancakes & french toast with assorted toppings.
- Bacon, Egg, & Cheese Breakfast Wrap
- Sausage Egg, & Cheese Breakfast Wrap

**LUNCH & DINNER**
- Hamburgers
- Grilled Cheese
- French Fries
- Pork Tacos
- Black Bean & Turkey Burgers

### DESSERTS

- Assorted Cookies
- Cheesecake Brownies
- Pineapple Upside Down Sheet Cake
- Funfetti Rice Krispy Treats
- Soft Serve Ice Cream
- Ice Cream Cups
- Novelty Ice Cream Bars

### SOUP STATION

**LUNCH & DINNER**

Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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Z-6 DINING HALL  FRIDAY’S MENU

MRS. ANNIE’S HOME COOKING

**BREAKFAST**
- Scrambled Eggs
- Grits
- Breakfast Potatoes
- Smoked Bacon
- Turkey Sausage Patties
- Oatmeal
- Biscuits w/ Pepper Gravy

**LUNCH**
- Fried Fish
- Roasted Pork Loin w/ Bacon Jam Glaze
- Hush Puppies
- Chili Mac & Cheese
- Fried Okra
- Cajun Sweet Potatoes

**DINNER**
- Fried Fish
- Roasted Pork Loin w/ Bacon Jam Glaze
- Hush Puppies
- Chili Mac & Cheese
- Fried Okra
- Cajun Sweet Potatoes

EXHIBITION STATION

**MADE-TO-ORDER OMELETS - LUNCH & DINNER**
Omelets your way with several fresh proteins and vegetables to choose from!

SALAD BAR
Fresh Garden Salad packed with leafy greens and toppings of your choosing.

PIZZA STATION
- Pepperoni Pizza
- Cheese Pizza
- Veggie Pizza
- Bacon & Mushroom Pizza
- Garlic Knots

GRILL STATION

**BREAKFAST**
- Made-to-order pancakes & french toast with assorted toppings.
- Bacon, Egg, & Cheese Breakfast Wrap
- Sausage Egg, & Cheese Breakfast Wrap

**LUNCH & DINNER**
- Hamburgers
- Grilled Cheese
- French Fries
- Meatball Sub on Hoagie Rolls
- Black Bean & Turkey Burgers

DESSERTS
- Assorted Cookies
- Apple Blondies w/ Caramel Drizzle
- Chocolate Chocolate Chip Pound Cake
- Sand Dessert Dups
- Soft Serve Ice Cream
- Ice Cream Cups
- Novelty Ice Cream Bars

SOUP STATION

**LUNCH & DINNER**
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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