MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Grits
Breakfast Potatoes
Smoked Bacon
Turkey Sausage Patties
Oatmeal
French Toast Sticks
Biscuits w/ Sausage Gravy

LUNCH
Vegetable Paella
Roasted Turkey w/ Cranberry Glaze
Whole Wheat Pasta w/ Chickpea Sauce
Seasoned Spaghetti Squash
Spiced Carrot Fritters
Oven Roasted Potato Wedges

DINNER
Chicken & Mushroom Tetrazzini
Parmesan Baked Tilapia
Egg Noodles
Sautéed Butternut Squash & Kale
Cider-Glazed Brussel Sprouts
Quinoa Brown Rice

EXHIBITION STATION

BUILD YOUR OWN BUDDHA BOWL - LUNCH & DINNER
Create a delicious vegetarian treat! Add plenty of your favorite veggies, and complete your meal-in-a-bowl with a drizzle of dressing.

SALAD BAR
Fresh Garden Salad packed with leafy greens and toppings of your choosing.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Gluten Free Tuscan Pizza
Garlic Bread

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
French Fries
Loaded Mediterranean Veggie Wrap
Black Bean & Turkey Burgers

DESSERTS
Assorted Cookies
Chocolate Cupcakes w/ Vanilla Frosting
Peanut Butter Cup Pie
Vegan Applesauce Cake w/ Pumpkin Spice Icing
Soft Serve Ice Cream
Ice Cream Cups
Novelty Ice Cream Bars

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

• If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
• Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
Z-6 DINING HALL  TUESDAY’S MENU

MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Grits
Breakfast Potatoes
Pork Sausage Patties
Turkey Sausage Links
Oatmeal
Biscuits with Pepper Gravy

LUNCH
Alfredo Cheese Tortellini w/ Peas, Bratwurst, Peppers & Onions
Aloo Matar (Indian Peas & Potatoes in Tomato Sauce)
Spanish Rice
Squash Casserole
Garlic Bok Choy

DINNER
Salisbury Steak
Baked Salmon w/ Sausage, Tomato, Cream Sauce
Bakes Potato Casserole
Parmesan Risotto
Zucchini & Sweet Corn Soufflé
Creamed Spinach

EXHIBITION STATION

SHRIMP & GRITS BAR - LUNCH & DINNER
Whether you like a buttery classic or want to spice it up with a Cajun flair, the Shrimp & Grits Bar is a great addition to any meal.

SALAD BAR
Fresh Garden Salad packed with leafy greens and toppings of your choosing.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
S’mores Dessert Pizza
Garlic Knots

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
French Fries
Fish Tacos
Black Bean & Turkey Burgers

DESSERTS
Assorted Cookies
S’mores Brownies
M&M Cupcakes w/ Vanilla Icing & M&M’s
Plain Cheesecake Cups
Soft Serve Ice Cream
Ice Cream Cups
Novelty Ice Cream Bars

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Grits
Shredded Hash Browns
Pork Sausage Links
Turkey Bacon
Oatmeal
Biscuits w/ Sausage Gravy

LUNCH
Fried Chicken
Chopped Sirloin w/ Onion Gravy
Baked Chicken
Spicy Collard Greens
Glazed Carrots
Macaroni & Cheese
Garlic Mashed Potatoes

DINNER
Fried Chicken
Roast Beef w/ Gravy
Black Eyed Peas
Creamed Spinach
Macaroni & Cheese
Garlic Mashed Potatoes

EXHIBITION STATION

BUILD YOUR OWN WRAP - LUNCH & DINNER
Build a delicious deli sandwich wrap with an array of fresh proteins, vegetables, and sauces!

SALAD BAR
Fresh Garden Salad packed with leafy greens and toppings of your choosing.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Meat Lover’s Pizza
Garlic Bread

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
French Fries
All Beef Hotdogs
Homemade Ranch Chips
Black Bean & Turkey Burgers

DESSERTS
Assorted Cookies
Mixed Berry Cobbler
Strawberry Cake w/ Whipped Topping
Brownies w/ Fudge Icing
Corn Muffins
Soft Serve Ice Cream
Ice Cream Cups
Novelty Ice Cream Bars

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Grits
Shredded Hash Browns
Pork Sausage Links
Turkey Bacon
Oatmeal
Biscuits w/ Pepper Gravy

LUNCH
Chicken Bolognese
Beef Stroganoff
Linguine Noodles
Vegetarian Lima Beans
Italian-Cut Vegetable Blend
Fried Cauliflower

DINNER
Louisiana-Style Spare Ribs
Meatless Eggplant Parmesan
Bakes Beans
Corn on the Cob
Roasted Sweet Potatoes
Cajun-Spiced Broccoli

EXHIBITION STATION

FRENCH TOAST BAR - LUNCH & DINNER
Who says French Toast is just for breakfast? Pile on the sauces and toppings to enjoy this treat all afternoon!

SALAD BAR
Fresh Garden Salad packed with leafy greens and toppings of your choosing.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Sausage Pizza
Garlic Bread

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
French Fries
Cuban Sandwiches
Black Bean & Turkey Burgers

DESSERTS
Assorted Cookies
Apple Enchiladas
Lemon Cupcakes w/ Berry Swirl Icing
Whoopie Pies w/ Buttercream Frosting
Soft Serve Ice Cream
Ice Cream Cups
Novelty Ice Cream Bars

SOUP STATION

LUNCH & DINNER
Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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Z-6 DINING HALL  FRIDAY’S MENU

MRS. ANNIE’S HOME COOKING

**BREAKFAST**
- Scrambled Eggs
- Grits
- Breakfast Potatoes
- Smoked Bacon
- Turkey Sausage Patties
- Oatmeal
- Biscuits w/ Sausage Gravy

**LUNCH**
- Fried Fish
- Sliced Turkey Marsala
- Rosemary Roasted Red Potatoes
- Braised White Cabbage
- Southern Green Beans
- Corn Fritters

**DINNER**
- Fried Fish
- Sliced Turkey Marsala
- Rosemary Roasted Red Potatoes
- Braised White Cabbage
- Southern Green Beans
- Corn Fritters

EXHIBITION STATION

GREEK GYRO BAR - LUNCH & DINNER
Gyros are tasty and popular Greek-American sandwiches that you don’t need to be able to pronounce to enjoy! These sandwiches are made with thinly-sliced seasoned meat and placed in a pita or flatbread, traditionally topped with onion, tomato, and Tzatziki sauce.

**SALAD BAR**
- Fresh Garden Salad packed with leafy greens and toppings of your choosing.

**PIZZA STATION**
- Pepperoni Pizza
- Cheese Pizza
- Veggie Pizza
- Buffalo Chicken Pizza
- Garlic knots

**GRILL STATION**

**BREAKFAST**
- Made-to-order pancakes & french toast with assorted toppings.
- Bacon, Egg, & Cheese Breakfast Wrap
- Sausage Egg, & Cheese Breakfast Wrap

**LUNCH & DINNER**
- Hamburgers
- Grilled Cheese
- French Fries
- Corn Dogs
- Black Bean & Turkey Burgers

**DESSERTS**
- Assorted Cookies
- Chocolate Cake w/ Fudge Frosting
- Biscuit Bread Pudding
- Dirt Dessert Cups
- Soft Serve Ice Cream
- Ice Cream Cups
- Novelty Ice Cream Bars

**SOUP STATION**

**LUNCH & DINNER**
- Chef’s Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

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