### EAST COMMONS | SUNDAY’S MENU

#### HOME ZONE

**BREAKFAST**
- Scrambled Eggs
- 3 Cheese Frittata
- Classic Grits
- Oatmeal
- Turkey Bacon
- Country Fried Steak
- Tater Tots

**LUNCH**
- Breakfast For Lunch

**DINNER**
- Crispy Pork Loin
- Chicken, Broccoli, & Rice Casserole
- Corn on the Cob
- Fresh Roasted Cauliflower
- Vegetarian Couscous
- Ranch Steak Fries

#### MONGOLIAN GRILL

**LUNCH & DINNER**
- Classic Mongolian Grill

#### SCRAMBLER BAR

**BREAKFAST**
Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

**LUNCH & DINNER**
- Custom Pasta Bowls

#### SALAD BAR

**LUNCH & DINNER**
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings.

#### SOUP STATION

**LUNCH & DINNER**
- Meaty Soup
- Vegetable Soup

#### WOK STATION

**LUNCH & DINNER**
Our ever-changing Wok Station features favorites like the Nacho Bar, French Fry Bar, and much more!

#### ACTION STATION

**SCRAMBLER BAR**

**BREAKFAST**

#### STONE BAKED PIZZA

**BREAKFAST**
- Breakfast Pizza

**LUNCH & DINNER**
- Wild Mushroom Pizza
- Cheese Pizza
- Pepperoni Pizza

#### DELI STATION

**LUNCH & DINNER**
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

#### GRILL STATION

**LUNCH & DINNER**
- BBQ Pulled Pork Sandwiches
- Chicken Tenders
- French Fries

#### DESSERT BAR

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Brown Sugar Muffins
- Plain Muffins

**LUNCH & DINNER**
- Yellow Cupcakes w/ Chocolate Icing
- Strawberry Shortcake Cookies

#### FRUIT & YOGURT BAR

**ALL DAY**
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

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- If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
- Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
# Home Zone

## Breakfast
- Scrambled Eggs
- Denver Scramble
- Classic Grits
- Oatmeal
- Turkey Sausage Links
- Pork Bacon
- Breakfast Potatoes

## Lunch
- Baked Ziti Pasta
- Baked Chicken Parmesan
- Fried Squash
- Sauteed Fresh Green Beans
- Grilled Hoisin Tofu
- Broccoli Au Gratin

## Dinner
- Chicken Pot Pie
- Ancho Pork Loin w/ Carolina BBQ Sauce
- Roasted Garlic Mashed Potatoes

# Mongolian Grill

## Lunch & Dinner
- French Toast Bar

# Wok Station

## Lunch & Dinner
- French Toast Toppings

# Action Station

## Scrambler Bar

### Breakfast
Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

### Lunch & Dinner
Salmon Power Bowls

## Salad Bar

### Lunch & Dinner
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings.

- Specialty Salad - Wedge Salad

## Soup Station

### Lunch & Dinner
- Broccoli & Cheddar Soup
- Cream of Mushroom Soup

# Stone Baked Pizza

## Breakfast
Breakfast Pizza

## Lunch & Dinner
- BBQ Chicken Pizza
- Cheese Pizza
- Pepperoni Pizza

# Deli Station

## Lunch & Dinner
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

# Grill Station

## Lunch & Dinner
- Philly Cheesesteak Wraps
- Crispy chicken Sandwich
- French Fries

## Dessert Bar

## Bakery Station

### Breakfast
- Biscuits
- Blueberry Muffins
- Plain Muffins

### Lunch & Dinner
- Peanut Butter Crisp Bars
- Sugar Cookies

## Fruit & Yogurt Bar

### All Day
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**EAST COMMONS | TUESDAY’S MENU**

**HOME ZONE**

**BREAKFAST**
- Scrambled Eggs
- Chorizo Frittata
- Classic Grits
- Oatmeal
- Turkey Sausage
- Pork Sausage Links
- Breakfast Potatoes

**LUNCH**
- Herb Butter Baked Tilapia
- Chicken Florentine
- Jasmine Rice
- Red Kidney Beans
- Broccoli Farfalle
- Sauteed Yellow Squash

**DINNER**
- Mexican Lasagna
- Queso Smothered Southwest Chicken
- Black Beans
- Green Chili Rice
- Sauteed Summer Squash Medley
- Cheese Enchiladas

**MONGOLIAN GRILL**

**LUNCH & DINNER**
- Classic Mongolian Grill

**WOK STATION**

**LUNCH & DINNER**
- Hunan Beef

**ACTION STATION**

**SCRAMBLER BAR**

**BREAKFAST**
- Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

**LUNCH & DINNER**
- Turkey Carving Station

**SALAD BAR**

**LUNCH & DINNER**
- Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings.
- Specialty Salad - Cobb Salad

**SOUP STATION**

**LUNCH & DINNER**
- Broccoli & Cheddar Soup
- Black Bean & Sweet Potato Soup

**STONE BAKED PIZZA**

**BREAKFAST**
- Breakfast Pizza

**LUNCH & DINNER**
- Chicken Pesto Pizza
- Cheese Pizza
- Pepperoni Pizza

**DELI STATION**

**LUNCH & DINNER**
- Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

**GRILL STATION**

**LUNCH & DINNER**
- Buffalo Chicken Wraps
- Corn Dogs
- French Fries

**DESSERT BAR**

**BAKERY STATION**

**BREAKFAST**
- Biscuits
- Blueberry Muffins
- Scones

**LUNCH & DINNER**
- Fudgey Chocolate Brownies
- Oatmeal Raisin Cookies

**FRUIT & YOGURT BAR**

**ALL DAY**
- Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

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**BREAKFAST**
Scrambled Eggs  
Sausage Potato Scramble  
Classic Grits  
Oatmeal  
Turkey Bacon  
Pork Bacon  
Hashbrown Casserole

**LUNCH**
Lemon Pepper Chicken  
Beef Shepherd’s Pie  
Summer Squash Casserole  
Ranch Steak Fries  
Creamed Spinach  
Vegetarian Couscous

**DINNER**
Chicken Bruschetta  
Herb Encrusted Pork Loin  
Rosemary & Garlic Red Potatoes  
Fried Green Beans  
Honey Glazed Carrots  
Vegetarian Bolognese

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**MONGOLIAN GRILL**

**LUNCH & DINNER**  
Tex Mex

**WOK STATION**

**LUNCH & DINNER**  
Nacho Bar

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**ACTION STATION**

**SCRAMBLER BAR**

**BREAKFAST**
Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

**LUNCH & DINNER**
Asian Noodle Bowls

**SALAD BAR**

**LUNCH & DINNER**
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings.  
Specialty Salad - Southwest Salad

**SOUP STATION**

**LUNCH & DINNER**
Creole Gumbo  
Black Bean & Sweet Potato Soup

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**STONE BAKED PIZZA**

**BREAKFAST**
Breakfast Pizza

**LUNCH & DINNER**
Broccoli & Cheese Pizza  
Cheese Pizza  
Pepperoni Pizza

**DELI STATION**

**LUNCH & DINNER**
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

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**GRILL STATION**

**LUNCH & DINNER**
Shrimp Po Boys  
Chicken Nuggets  
French Fries

**DESSERT BAR**

**BAKERY STATION**

**BREAKFAST**
Biscuits  
Applesauce Spice Muffins  
Scones

**LUNCH & DINNER**
Lemon Pudding Cake  
Chocolate Chip Cookies

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**FRUIT & YOGURT BAR**

**ALL DAY**
Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

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EAST COMMONS | THURSDAY’S MENU

HOME ZONE

BREAKFAST
Scrambled Eggs
Bacon & Cheddar Frittata
Classic Grits
Oatmeal
Turkey Sausage Links
Smoked Sausage
Potatoes O’Brien

LUNCH
Marinated Flank Steak
Chicken Fettuccine
Brown Rice
Israeli Couscous Risotto
Southern Style Green Beans
Stewed Okra & Tomatoes

DINNER
Hickory BBQ Chicken
Bacon Cheeseburger Casserole
Baked Beans
Chili Roasted Sweet Potatoes
Green Bean Casserole
Sautéed Spinach

MONGOLIAN GRILL

LUNCH & DINNER
Classic Mongolian Grill

WOK STATION

LUNCH & DINNER
Kung Pao Chicken

ACTION STATION

SCRAMBLER BAR
BREAKFAST
Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

LUNCH & DINNER
Tater Tot Bar

SALAD BAR

LUNCH & DINNER
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings.
Specialty Salad - Chef Salad

SOUP STATION

LUNCH & DINNER
Creole Gumbo
Cream of Tomato Soup

STONE BAKED PIZZA

BREAKFAST
Breakfast Pizza

LUNCH & DINNER
Bacon Cheeseburger Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

LUNCH & DINNER
Make yourself a delicious deli sandwich with a large array of fresh proteins, vegetables, and sauces!

GRILL STATION

LUNCH & DINNER
Popcorn Shrimp Tacos
Buffalo Chicken Sandwiches
French Fries

DESSERT BAR

BAKERY STATION

BREAKFAST
Biscuits
Applesauce Spice Muffins
Banana Muffins

LUNCH & DINNER
Red Velvet Cake
Sugar Cookies

FRUIT & YOGURT BAR

ALL DAY
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## EAST COMMONS | FRIDAY’S MENU

### HOME ZONE

**BREAKFAST**
- Scrambled Eggs
- 3 Cheese Frittata
- Classic grits
- Oatmeal
- Turkey Sausage
- Pork Sausage Links
- Tater Tots

**LUNCH**
- Cajun Penne Alfredo
- Blacken Tilapia w/ Creole Sauce
- Dirty Rice
- Cauliflower Mac & Cheese
- Sauteed Yellow Squash
- Corn on the Cob

**DINNER**
- Southern Fried Pollock
- Smoked Pulled Pork
- Fried Okra
- vegetarian Couscous
- Macaroni & Cheese
- Spicy vegetarian Collard Greens

### MONGOLIAN GRILL

**LUNCH & DINNER**
- Hamburger Bar

### WOK STATION

**LUNCH & DINNER**
- French Fry Bar

### ACTION STATION

**SCRAMBLER BAR**

**BREAKFAST**
- Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

**LUNCH & DINNER**
- Custom Pasta Bowl

### SALAD BAR

**LUNCH & DINNER**
- Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings.
- Specialty Salad - Taco Salad

### SOUP STATION

**LUNCH & DINNER**
- Beef & Vegetable Soup
- Cream of Tomato

### BAKERY STATION

**BREAKFAST**
- Biscuits
- Cranberry Orange Muffins
- Plain Muffins

### DESSERT BAR

**BREAKFAST**
- Strawberry Cake
- Carnival Cookies

### GRILL STATION

**LUNCH & DINNER**
- Philly Cheesesteak Wraps
- Chili Dogs
- French Fries

### FRUIT & YOGURT BAR

**ALL DAY**
- Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

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## EAST COMMONS | SATURDAY’S MENU

### HOME ZONE

#### BREAKFAST
- Scrambled Eggs
- Denver Scramble
- Classic Grits
- Oatmeal
- Chicken Tenders
- Pork Sausage
- Breakfast Potatoes

#### LUNCH
- Breakfast For Lunch

#### DINNER
- Shrimp Scampi Pasta
- Ricotta Stuffed Shells w/ Garlic Cream Sauce
- Fried Squash
- Domonico Rice
- Herb Buttered Cavatappi
- Fresh Steamed Broccoli

### MONGOLIAN GRILL

#### LUNCH & DINNER
- Classic Mongolian Grill

### WOK STATION

#### LUNCH & DINNER
- Our ever-changing Wok Station features favorites like the Nacho Bar, French Fry Bar, and much more!

### ACTION STATION

#### SCRAMBLER BAR

##### BREAKFAST
- Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

##### LUNCH & DINNER
- Hot Dog Bar

#### SALAD BAR

##### LUNCH & DINNER
- Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings.

### SOUP STATION

#### LUNCH & DINNER
- Chicken & Wild Rice Soup
- Corn Chowder

### DESSERT BAR

#### BAKERY STATION

##### BREAKFAST
- Biscuits
- Applesauce Spice Muffins
- Scones

##### LUNCH & DINNER
- Rocky Road Cake
- Chocolate Chip Cookies

### GRILL STATION

#### LUNCH & DINNER
- Meatball Subs
- 3 Cheese Grilled Cheese Sandwiches
- French Fries

### FRUIT & YOGURT BAR

#### ALL DAY
- Enjoy delicious fresh selections of fruit, yogurt, and granola any time of the day!

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