Z-6 DINING HALL | MONDAY’S MENU

MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Buttered Grits
Rosemary Roasted Red Potatoes
Grilled Ham Steaks
Turkey Bacon
Oatmeal
Biscuits with Sausage Gravy

LUNCH
Tilapia with Lemon Butter
Fried Pork Chops
White Rice
Roasted Garlic Potato Wedges
Mixed Collards & Turnip Greens
Sautéed Yellow Squash

DINNER
Beef Steak Teriyaki
Lemon Pepper Chicken
Yellow Rice
Lemon & Parsley Fingerling Potatoes
Fried Cauliflower
Capri Vegetable Blend

EXHIBITION STATION

FRENCH TOAST BAR - LUNCH & DINNER
Who says French Toast is just for breakfast? Pile on the sauces and toppings to enjoy this treat all afternoon!

SALAD BAR
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Garlic Chicken Pizza

SOUP STATION
Quinoa Vegetable Soup
Beef Barley Soup

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
Chicken Melt with Cheddar Cheese
French Fries
(Black bean & turkey burgers are available upon request)

THE CREAMERY
Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

DESSERTS
Assorted Cookies
Chocolate Confetti Pie
Cherry Delight
Apple Enchilada

ALL DAY OMELETS
Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

• If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
• Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
**Z-6 DINING HALL | TUESDAY’S MENU**

**MRS. ANNIE’S HOME COOKING**

**BREAKFAST**
- Scrambled Eggs
- Buttered Grits
- Breakfast Potatoes
- Pork Sausage Patties
- Turkey Sausage Links
- Oatmeal
- Biscuits with Pepper Gravy

**LUNCH**
- BBQ Chicken Drum Sticks
- Beef Brisket
- Mashed Sweet Potatoes
- Rosemary Roasted Red Potatoes
- Normandy Vegetable Blend
- Corn Maque Choux

**DINNER**
- Louisiana Style Baby Back Ribs
- Roast Beef with Gravy
- Baked Beans
- Corn on the Cob
- Roasted Sweet Potatoes
- Braised White Cabbage
- Fried Okra

**EXHIBITION STATION**

**PAELLA DAY - LUNCH & DINNER**
Paella is a traditional dish of Spain. Its home is Valencia, but variations exist in the different Spanish provinces. A colorful mixture of saffron-flavored rice and various meats, paella’s name comes from the paellera, the flat, round pan in which it is cooked.

**SALAD BAR**
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

**PIZZA STATION**
- Pepperoni Pizza
- Cheese Pizza
- Veggie Pizza
- BBQ Brisket Pizza

**SOUP STATION**
- Broccoli & Cheddar Soup
- Lentil Vegetable Soup

**GRILL STATION**

**BREAKFAST**
- Made-to-order pancakes & french toast with assorted toppings.
- Bacon, Egg, & Cheese Breakfast Wrap
- Sausage Egg, & Cheese Breakfast Wrap

**LUNCH & DINNER**
- Hamburgers
- Grilled Cheese
- Grilled Cuban Sandwich
- French Fries

(Black bean & turkey burgers are available upon request)

**THE CREAMERY**
Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

**DESSERTS**
- Assorted Cookies
- Tiramisu Cake Cup
- Apple Blondies with Caramel Drizzle
- House-made Samoa Treats

**ALL DAY OMELETS**
Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

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MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Buttered Grits
Shredded Hashbrowns
Pork Sausage Links
Turkey Bacon
Oatmeal
Biscuits with Pepper Gravy

LUNCH
Fried Chicken
Chopped Sirloin with Onion Gravy
Vegetarian Pinto Beans
Spicy Collard Greens
Glazed Carrots
Macaroni & Cheese
Garlic Mashed Potatoes

DINNER
Fried Chicken
Roast Pork Butt
Black Eyed Peas
Southern Style Green Beans
Paprika Roasted Cauliflower
Macaroni & Cheese
Garlic Mashed Potatoes

EXHIBITION STATION

VEGETARIAN FOOD DAY - LUNCH & DINNER
Whether you already follow a vegetarian diet or are just looking to go meatless sometimes, we will have a variety of Vegetarian friendly options available for you!

SALAD BAR
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
S’more’s Dessert Pizza

SOUP STATION
Black Bean & Sweet Potato Soup
Chicken & Wild Rice Soup

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
Turkey Melt with Bacon & Swiss
French Fries
(Black bean & turkey burgers are available upon request)

THE CREAMERY
Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

DESSERTS
Assorted Cookies
Strawberry Dough-nut Shortcake
Pineapple Upside Down Cake
Mini Cupcakes
Peach Cobbler
Corn Muffins

ALL DAY OMELETS
Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

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### MRS. ANNIE’S HOME COOKING

#### BREAKFAST
- Scrambled Eggs
- Buttered Grits
- Tater Tots
- Smoked Bacon
- Turkey Sausage Patties
- Oatmeal
- Biscuits with Sausage Gravy

#### LUNCH
- Louisiana Style Baby Back Ribs
- Vegetable Lasagna
- Baked Beans
- Corn on the Cob
- Roasted Sweet Potatoes
- Braised White Cabbages
- Fried Okra

#### DINNER
- Pork Loin
- Turkey Pot Pie
- Brown rice
- Vegetarian Lima Beans
- Brussel Sprouts with Baby Carrots
- Indian Spiced Peas & Cauliflower

### EXHIBITION STATION

#### BAKED POTATO BAR – LUNCH & DINNER
You won’t want to miss out on our Baked Potato Bar! Keep things simple with sour cream and chives, or go for your own fully loaded creation. The possibilities are endless!

#### SALAD BAR
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

#### PIZZA STATION
- Pepperoni Pizza
- Cheese Pizza
- Veggie Pizza
- Bacon Mushroom Pizza

#### SOUP STATION
- Italian Wedding Soup
- French Onion Soup

#### GRILL STATION

##### BREAKFAST
- Made-to-order pancakes & french toast with assorted toppings.
- Bacon, Egg, & Cheese Breakfast Wrap
- Sausage Egg, & Cheese Breakfast Wrap

##### LUNCH & DINNER
- Hamburgers
- Grilled Cheese
- BBQ Pulled Pork Sandwich
- French Fries
- (Black bean & turkey burgers are available upon request)

#### THE CREAMERY
Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

#### DESSERTS
- Assorted Cookies
- Chocolate Lasagna Cake
- Lemon Eclair Cake
- Nutella Brownies

#### ALL DAY OMELETS
Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

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Z-6 DINING HALL | FRIDAY’S MENU

MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Buttered Grits
French Toast Sticks
Pork Sausage Links
Turkey Bacon
Oatmeal
Biscuits with Pepper Gravy
Breakfast Potatoes

LUNCH
Fried Cat Fish
Baked Chicken Cordon Bleu
Hush Puppies
Gouda Cheese Grits
Southern Green Beans
Macaroni & Cheese
Corn Bread

DINNER
Fried Cat Fish
Baked Chicken Cordon Bleu
Hush Puppies
Gouda Cheese Grits
Southern Green Beans
Macaroni & Cheese
Corn Bread

EXHIBITION STATION
TURKEY LOVER’S CARVING STATION - LUNCH & DINNER
Our carving station is the perfect addition to any meal. Enjoy a full flavored, classic cut to complete your plate.

SALAD BAR
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Broccoli & Cheese Pizza

SOUP STATION
Minestrone Soup
White Bean, Sausage, & Kale Soup

GRILL STATION
BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
Chicken Nuggets
French Fries
(Black bean & turkey burgers are available upon request)

THE CREAMERY
Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

DESSERTS
Assorted Cookies
Snickerdoodle Cheesecake Bars
Cinnamon Apple Crumb Cake
Rice Crispy Chocolate Cheesecake

ALL DAY OMELETS
Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

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