**Z-6 DINING HALL** | **MONDAY’S MENU**

**MRS. ANNIE’S HOME COOKING**

<table>
<thead>
<tr>
<th><strong>BREAKFAST</strong></th>
<th><strong>LUNCH</strong></th>
<th><strong>DINNER</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Scrambled Eggs</td>
<td>Beef Pepper Steak</td>
<td>Pollock Veracruz</td>
</tr>
<tr>
<td>Buttered Grits</td>
<td>Garlic &amp; Rosemary Roasted Pork Chops</td>
<td>Grilled Flank Steak</td>
</tr>
<tr>
<td>Breakfast Potatoes</td>
<td>White Rice</td>
<td>Parmesan Risotto</td>
</tr>
<tr>
<td>Smoked Bacon</td>
<td>Bakes Potato Casserole</td>
<td>Yukon Gold Melting Potatoes</td>
</tr>
<tr>
<td>Turkey Sausage Patties</td>
<td>Spicy Green Beans Almondine</td>
<td>Fried Green Tomatoes</td>
</tr>
<tr>
<td>Oatmeal</td>
<td>Caribbean Vegetable Blend</td>
<td>Chickpeas &amp; Spinach</td>
</tr>
<tr>
<td>Biscuits with Pepper Gravy</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**EXHIBITION STATION**

**GREEK GYRO BAR - LUNCH & DINNER**

Gyros are tasty and popular Greek-American sandwiches that you don’t need to be able to pronounce to enjoy! These sandwiches are made with thinly-sliced seasoned meat and placed in a pita or flatbread, traditionally topped with onion, tomato, and Tzatziki sauce.

**SALAD BAR**

Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

**PIZZA STATION**

Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Funky Chicken Pizza

**SOUP STATION**

Cabbage Soup
Beef Vegetable Soup

**GRILL STATION**

<table>
<thead>
<tr>
<th><strong>BREAKFAST</strong></th>
<th><strong>LUNCH &amp; DINNER</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Made-to-order pancakes &amp; french toast with assorted toppings.</td>
<td>Hamburger</td>
</tr>
<tr>
<td>Bacon, Egg, &amp; Cheese Breakfast Wrap</td>
<td>Grilled Cheese</td>
</tr>
<tr>
<td>Sausage Egg, &amp; Cheese Breakfast Wrap</td>
<td>Cajun Chicken Wrap</td>
</tr>
<tr>
<td>(With Shredded lettuce, tomato, &amp; Provolone Cheese)</td>
<td>(With Shredded lettuce, tomato, &amp; Provolone Cheese)</td>
</tr>
<tr>
<td>French Fries</td>
<td>French Fries</td>
</tr>
<tr>
<td>(Black bean &amp; turkey burgers are available upon request)</td>
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</tr>
</tbody>
</table>

**THE CREAMERY**

Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

**DESSERTS**

Assorted Cookies
Carrot Cake with Cream Cheese Icing
Caramel Pecan Chocolate Dessert
Cinnamon Apple Crumb Cake

**ALL DAY OMELETS**

Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

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- If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
- Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.
Z-6 DINING HALL | TUESDAY’S MENU

MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Buttered Grits
Rosemary Roasted Red Potatoes
Grilled Ham Steaks
Turkey Bacon
Oatmeal
Biscuits with Sausage Gravy

LUNCH
Lemon Pepper Chicken Breast
Pork Rotisserie w/ Honey Pecan Glaze
Roasted Garlic Potato Wedges
White Rice
Sautéed Yellow Squash
Mixed Collard & Turnip Greens

DINNER
Louisiana Style Baby Back Ribs
Roast Beef with Gravy
Baked Beans
Corn on the Cob
Roasted Sweet Potatoes
Braised White Cabbage
Fried Okra

EXHIBITION STATION

POUND CAKE BAR - LUNCH & DINNER
Pound cake gets its name from the weight of each of the ingredients needed to make the cake. Keep it traditional or kick it up a notch with your choice of toppings. You don’t want to miss out on the rich classic!

SALAD BAR
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Taco Pizza

SOUP STATION
Manhattan Clam Chowder
Potato Leek Soup

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
Baja Fish Tacos
(With Red Cabbage, Red Onion, & Apple Cider Vinegar)
French Fries
(Black bean & turkey burgers are available upon request)

THE CREAMERY
Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

DESSERTS
Assorted Cookies
Strawberry Shortcake Cups
Apple Enchiladas
Peanut Buttercup Pie

ALL DAY OMELETS
Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

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Z-6 DINING HALL | WEDNESDAY’S MENU

MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Buttered Grits
French Toast Sticks
Pork Sausage Patties
Turkey Sausage Links
Oatmeal
Biscuits with Pepper Gravy

LUNCH
Fried Chicken
Chopped Sirloin with Onion Gravy
Vegetarian Pinto Beans
Spicy Collard Greens
Glazed Carrots
Macaroni & Cheese
Garlic Mashed Potatoes

DINNER
Fried Chicken
Roast Pork Butt
Black Eyed Peas
Southern Style Green Beans
Paprika Roasted Cauliflower
Macaroni & Cheese
Garlic Mashed Potatoes

EXHIBITION STATION

CHILI BAR - LUNCH & DINNER
Add some spice to your life with our hearty Chili Bar. Complete with all of your favorite fixings.

SALAD BAR
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

PIZZA STATION
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Wild Mushroom Pizza

SOUP STATION
Chicken Noodle Soup
Tomato Basil Soup

GRILL STATION

BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
Hamburgers
Grilled Cheese
Philly Cheesesteak Sandwiches
French Fries
(Black bean & turkey burgers are available upon request)

THE CREAMERY
Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

DESSERTS
Assorted Cookies
Chocolate Pound Cake
Red Velvet Cake
Banana Pudding
Peach Cobbler
Corn Muffins

ALL DAY OMELETS
Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

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Z-6 DINING HALL | THURSDAY’S MENU

MRS. ANNIE’S HOME COOKING

BREAKFAST
Scrambled Eggs
Buttered Grits
Tater Tots
Smoked Bacon
Turkey Sausage Patties
Oatmeal
Biscuits with Sausage Gravy

LUNCH
INTERNATIONAL HOT & SPICY FOOD DAY
Spicy Crusted Salmon
Spicy Baked Chicken
Hot & Spicy Tomato Rice
Spicy Southern Hot Corn
Hot & Spicy Carrots
Spicy Green Beans w/ Spinach & Collards

DINNER
Turkey Marsala
Beef & Broccoli
Buttered Egg Noodles
Yellow Rice Pilaf
Grilled Fresh Asparagus
Broccolini w/ Caramelized Onions

EXHIBITION STATION
INTERNATIONAL HOT & SPICY FOOD DAY - LUNCH & DINNER
Send your taste buds to new heights with our Spicy Baked Wings.

SALAD BAR
Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

PIZZA STATION
INTERNATIONAL HOT & SPICY FOOD DAY
Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Hot & Spicy Pizza

SOUP STATION
Corn Chowder
Lentil Vegetable Soup

GRILL STATION
BREAKFAST
Made-to-order pancakes & french toast with assorted toppings.
Bacon, Egg, & Cheese Breakfast Wrap
Sausage Egg, & Cheese Breakfast Wrap

LUNCH & DINNER
INTERNATIONAL HOT & SPICY FOOD DAY
Hamburgers
Grilled Cheese
Hot & Spicy Baked Italian Sandwich
French Fries
(Black bean & turkey burgers are available upon request)

THE CREAMERY
Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

DESSERTS
Assorted Cookies
Layered Brownie Cake
Froot Loops Cupcakes
House-made Samoa Treats

ALL DAY OMELETS
Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

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**Z-6 DINING HALL | FRIDAY’S MENU**

**MRS. ANNIE’S HOME COOKING**

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<tr>
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<th>LUNCH</th>
<th>DINNER</th>
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</thead>
<tbody>
<tr>
<td>Scrambled Eggs</td>
<td>Fried Cat Fish</td>
<td>Fried Cat Fish</td>
</tr>
<tr>
<td>Buttered Grits</td>
<td>Baked Chicken Cordon Bleu</td>
<td>Baked Chicken Cordon Bleu</td>
</tr>
<tr>
<td>Shredded Hashbrowns</td>
<td>Hush Puppies</td>
<td>Hush Puppies</td>
</tr>
<tr>
<td>Pork Sausage Links</td>
<td>Gouda Cheese Grits</td>
<td>Gouda Cheese Grits</td>
</tr>
<tr>
<td>Turkey Bacon</td>
<td>Southern Green Beans</td>
<td>Southern Green Beans</td>
</tr>
<tr>
<td>Oatmeal</td>
<td>Macaroni &amp; Cheese</td>
<td>Macaroni &amp; Cheese</td>
</tr>
<tr>
<td>Biscuits with Pepper Gravy</td>
<td>Corn Bread</td>
<td>Corn Bread</td>
</tr>
</tbody>
</table>

**EXHIBITION STATION**

**CREPES BAR - LUNCH & DINNER**

Who says Crepes are just for breakfast? Pile on the sauces and toppings to enjoy this treat all afternoon!

**SALAD BAR**

Our salad bar is stocked with a large array of lettuce mixes, vegetables, and other salad toppings. We also offer specialty salads such as Potato Salad and Waldorf Salad.

**PIZZA STATION**

Pepperoni Pizza
Cheese Pizza
Veggie Pizza
Hummus & Grilled Vegetable Pizza

**SOUP STATION**

Quinoa Vegetable Soup
Beef Barley Soup

**GRILL STATION**

<table>
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<tr>
<td>Made-to-order pancakes &amp; french toast with assorted toppings.</td>
<td>Hamburgers</td>
</tr>
<tr>
<td>Bacon, Egg, &amp; Cheese Breakfast Wrap</td>
<td>Grilled Cheese</td>
</tr>
<tr>
<td>Sausage Egg, &amp; Cheese Breakfast Wrap</td>
<td>Ham, Swiss, Tomato Grilled Cheese</td>
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<tr>
<td></td>
<td>French Fries</td>
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**THE CREAMERY**

Treat yourself to a bowl, cone, or float with Mayfield ice cream for dessert. With an assortment of flavors and toppings, The Creamery is sure to satisfy your sweet tooth!

**DESSERTS**

Assorted Cookies
Caramel Apple Crisp
Cheesecake Bar
Strawberry Blondies w/ Cream Frosting
Double Doozies

**ALL DAY OMELETS**

Made-to-order omelets your way with several fresh proteins and vegetables to choose from!

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