**Adventure West**

**How to Register:**

Depending on your payment method, registration can be done one of two ways:

**Online (Credit/Debit Card):** To register online, go to myrec.westga.edu and sign in using your UWG credentials. Click on "Trips/Clinics" and find "Mountain Biking". Click on the red Register Now button and you will be prompted through payment.

**In Person (Cash or Check):** To pay with cash or check, please visit the Outdoor Recreation Center on the second floor of the Campus Center during our open hours. Please note: cash payments must be made with exact change.

**Here’s what you need to know:**

**We’ll Meet:** At 9 a.m. on the designated day at the Outdoor Recreation Center

**We’ll Be Back:** Same day by 12:30 p.m.

**What We’ll Provide:** The instruction & equipment

**What You’ll Need to Bring:** Closed-toed shoes, water bottle, money for food, and grocery bags

**Can You Handle it?**

**Intensity:** Easy!

Anyone can do this

**Experience:** Intermediate

You should be able to ride a bike

**Farmer’s Market Bike Rides**

April 9 and April 22 at 9 a.m.

Ever wanted to check out the Farmer’s Market in Carrollton, but you’re not sure where it is? Where to park? How a Farmers Market works? Well, let West Georgia Outdoors show you the way to a more sustainable approach to shopping! Join us on April 9 or April 22 at 9 a.m. for a quick bike ride to the Farmer’s Market off of the Square. We’ll show you how to get there, how to use the bike, and how to ride in traffic, while you find some fresh and local food!

**Price:** FREE!

We still have to reserve your bike, so registration is required for this event

Questions?

Contact Grace Andrews
gandrews@westga.edu or 678-839-5380 for more information

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