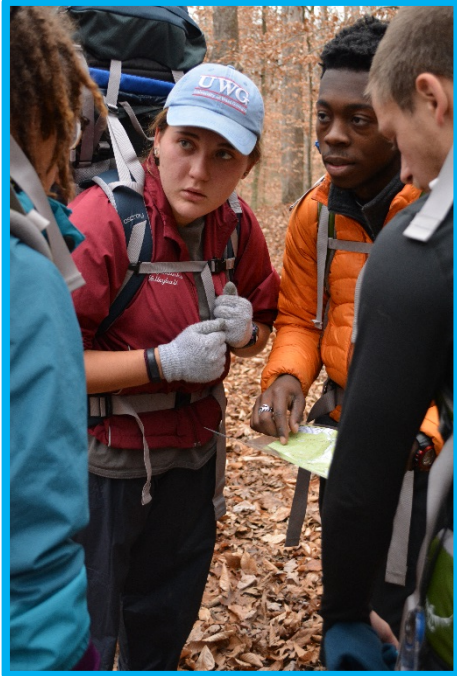


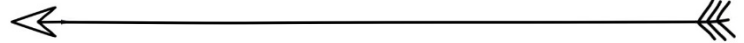
Adventure West



UNIVERSITY
RECREATION



Backpacking on the Appalachian Trail



April 7 – 9

Discover the start of one of the nations' oldest trail networks, the Appalachian Trail. We'll be covering just 10-15 miles of this historic trail that extends out to Maine. See where all of the great hikers got their start, make new friends, and learn what it takes to carry everything you need on your back! This trip is sure to fill up fast, since price includes equipment, instruction, transportation, meals and a few campfires with S'mores! We depart on Friday, April 7 and arrive back on Sunday, April 9.

Price: \$30 (Students) \$50 (Faculty/Staff)

Here's what you need to know:



We'll Meet: April 7th at 4pm at the Outdoor Recreation Center

We'll Be Back: April 9th at 7pm

What We'll Provide: All equipment you'll need on the trail, meals during the trip, instruction, and transportation

What You'll Need to Bring: Clothes you can get dirty, toiletries & personal products, money for Friday & Sunday dinner

Can You Handle it?



Intensity:
Intermediate
Expect to sweat!



Experience:
Novice
No experience
needed to play!

How to Register:

Depending on your payment method, registration can be done one of two ways

Online (Credit/Debit Card): To register online, go to myrec.westga.edu and sign in using your UWG credentials. Click on "Trips/Clinics" and find "Mountain Biking". Click on the red Register Now button and you will be prompted through payment.

In Person (Cash or Check): To pay with cash or check, please visit the Outdoor Recreation Center on the second floor of the Campus Center during our open hours. Please note: cash payments must be made with exact change.

Questions?

Contact Grace Andrews

gandrews@westga.edu or 678-839-5380



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