Tech in Hlth & Comm Wellness
CMWL-3401

Description

In this course, students will reflect on the role various forms of electronic and digital technology can play in the health and community wellness profession and how you can engage these processes with your clients. You will become skilled in using selected digital tools used common in today's health and wellness careers. In addition, you will be exposed to basic theories of communication, methods of delivery, and evaluation. Further, you will learn to determine appropriate applications of these theories and techniques in health promotion settings.

Requisites

Prerequisites:
Community Health & Wellness CMWL
Corequisites:

Contact Information

Instructor: Dr.Ashlee Davis

Email: ashleed@westga.edu
Office: Coliseum 2038
Phone: 678-839-6081

Office Hours

Monday, Wednesday, 9:00 AM to 11:00 AM, Coliseum 2038
Tuesday, Thursday, 1:00 PM to 4:00 PM, Virtual (Google Meet)

Other times by appointment.

Meeting Times

Wednesday, 11:00 AM to 12:15 PM, Google Meet

The GoogleMeet link will be sent to your UWG student email before the first meeting.

All other coursework and assignments will be completed in CourseDen.

Materials

There is no required textbook for this course. All required readings will be provided by the instructor in CourseDen.

Outcomes

The student will:
1. Evaluate how technology plays a role in enhancing the behavior change process.
2. Evaluate the use of computers, the Internet, and mobile devices in health promotion.
3. Discuss the unique ethical and equity issues related to digital health
4. Critically examine various eHealth techniques and tools for implementing technology-based programs
5. Design their own virtual platform, with instructional videos for potential clients, with a particular emphasis on inclusive design

✔ Evaluation

Criteria

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
<th>Assessment Tool</th>
<th>Submit To</th>
</tr>
</thead>
<tbody>
<tr>
<td>In-class activities</td>
<td>4 @ 10 points each</td>
<td>Completion</td>
<td>Google Meet</td>
</tr>
<tr>
<td>Technology for Health Promotion Project</td>
<td>160 points</td>
<td>Rubric</td>
<td>CourseDen</td>
</tr>
<tr>
<td>Digital Health Equity Essay</td>
<td>40 points</td>
<td>Rubric</td>
<td>CourseDen</td>
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Breakdown

► Assignments

1. In-class activities: Working both individually and as part of the class, students will engage in several participation activities to apply information learned in the CourseDen modules.

2. Digital Health Equity Essay: Working individually, students will write an essay on the important considerations related to equity and inclusion when implementing digital health technology. Additional information will be posted on CourseDen.

3. Technology for Health Promotion Project: Working individually, students will complete a virtual health promotion project to be submitted on CourseDen. Additional information will be posted on CourseDen.

► Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Content</th>
<th>To-Do</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 &amp; 2</td>
<td>Class meeting: 8/11 &lt;br&gt;Assignments due: 8/15 and 8/22</td>
<td>Syllabus quiz (8/15) &lt;br&gt;Digital Health Equity Essay (8/22)</td>
</tr>
<tr>
<td></td>
<td>Intro to Technology in Health &amp; Community Wellness &lt;br&gt;Digital Determinants of Health</td>
<td>Attend class meeting &lt;br&gt;Review module content &lt;br&gt;Project Part 1 (9/5)</td>
</tr>
<tr>
<td>3 &amp; 4</td>
<td>Class meeting: 8/25 &lt;br&gt;Assignments due: 9/5</td>
<td>Identify technology tools for Health &amp; Community Wellness Careers &lt;br&gt;Attend class meeting &lt;br&gt;Review module content &lt;br&gt;Project Part 1 (9/5)</td>
</tr>
<tr>
<td>5 &amp; 6</td>
<td>Class meeting: 9/8 &lt;br&gt;Assignments due: 9/19</td>
<td>Delivering health promotion services using technology &lt;br&gt;Attend class meeting &lt;br&gt;Review module content &lt;br&gt;Project Part 2 (9/19)</td>
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</table>
Course Policies and Resources

This class meets 100% online. Each module is open for 2 weeks and students are expected to participate in the course via CourseDen (weekly) and GoogleMeet (biweekly).

Missed Assignments

Students are allowed to make-up one missed assignment without penalty. When possible, students should contact the instructor before the missed assignment occurs. Additional missed assignments cannot be made up.

The only exception is if the student has a University-excused absence. This would include absences for a student-athlete to participate in an athletic event or if Student Advocacy Services or Health Services has requested the absence (usually in the case of a family death or communicable illness). Students must communicate with the instructor prior to the absence and documentation must be provided. Under these circumstances, students can make up missed assignments for full or partial credit.

Extra Credit

Any extra credit opportunities will be made available to the entire class. Extra credit will not be provided to students on an individual basis.

College/School Policies

College of Education Vision

The College of Education at the University of West Georgia will be recognized for Innovation in Teaching, Leadership, and Wellness with programs designed to transform lives and contribute to the betterment of society.

College of Education Mission

Locally connected and globally relevant, the Mission of the College of Education is to prepare graduates for professional careers in diverse settings within three dynamic areas of focus: Teaching, Leadership, and Wellness. With programs that range from undergraduate through doctoral study, the College of Education is committed to excellence in pedagogy, professional service, engaged partnerships, and applied research.

Diversity and Inclusion Statement for the College of Education

The College of Education (COE) embraces diversity across dimensions, including, but not limited to, age, religion, creed, education, ethnicity, gender expression, national origin, physical and cognitive ability, race, sex, sexual orientation, socioeconomic class, and veteran status. Building on these identities, we support empathy, social and environmental justice, and an ethical framework for our actions. In accordance with the University of West Georgia and all of our departments, the COE denounces institutional and systemic racism and other forms of biases and is committed to taking actionable steps toward dismantling these systems and working toward equity and inclusion. The full COE Diversity and Inclusion Statement may be viewed on the website homepage of the College of Education.

Institutional Policies

Honor Code

At the University of West Georgia, we believe that academic and personal integrity are based upon honesty, trust, fairness, respect, and responsibility. Students at West Georgia assume responsibility for upholding the honor code. West Georgia students
pledge to refrain from engaging in acts that do not maintain academic and personal integrity. These include, but are not limited to, plagiarism, cheating, fabrication, aid of academic dishonesty, lying, bribery or threats, and stealing.

The University of West Georgia maintains and monitors a confidential Academic Dishonesty Tracking System. This database collects and reports patterns of repeated student violations across all the Colleges, the Ingram Library, and the School of Nursing. Each incidence of academic dishonesty is subject to review and consideration by the instructor, and is subject to a range of academic penalties including, but not limited to, failing the assignment and/or failing the course. Student conduct sanctions range from verbal warning to suspension or expulsion depending on the magnitude of the offense and/or number of offenses. The incident becomes part of the student’s conduct record at UWG.

Additionally, the student is responsible for safeguarding his/her computer account. The student’s account and network connection are for his/her individual use. A computer account is to be used only by the person to whom it has been issued. The student is responsible for all actions originating through his/her account or network connection. Students must not impersonate others or misrepresent or conceal their identities in electronic messages and actions. For more information on the University of West Georgia Honor Code, please visit the [Office of Community Standards](https://www.westga.edu/administration/vpsa/ocs/index.php) site.

**Academic Support**

**Accessibility Services:** Students with a documented disability may work with UWG Accessibility Services to receive essential services specific to their disability. All entitlements to accommodations are based on documentation and USG Board of Regents standards. If a student needs course adaptations or accommodations because of a disability or chronic illness, or if he/she needs to make special arrangements in case the building must be evacuated, the student should notify his/her instructor in writing and provide a copy of his/her Student Accommodations Report (SAR), which is available only from Accessibility Services. Faculty cannot offer accommodations without timely receipt of the SAR; further, no retroactive accommodations will be given. For more information, please contact [Accessibility Services](https://www.westga.edu/student-services/counseling/accessibility-services.php).

**Center for Academic Success:** The [Center for Academic Success](http://www.westga.edu/cas/) provides services, programs, and opportunities to help all undergraduate students succeed academically. For more information, contact them: 678-839-6280 or cas@westga.edu.

**University Writing Center:** The [University Writing Center](https://www.westga.edu/writing/) assists students with all areas of the writing process. For more information, contact them: 678-839-6513 or writing@westga.edu.

**Online Courses**

UWG takes students’ privacy concerns seriously: technology-enhanced and partially and fully online courses use sites and entities beyond UWG and students have the right to know the privacy policies of these entities. For more information on privacy and accessibility for the most commonly used sites, as well as technology requirements visit the [UWG Online](https://uwgonline.westga.edu/) site.

Students enrolled in online courses can find answers to many of their questions in the [Online/Off-Campus Student Guide](http://uwgonline.westga.edu/online-student-guide.php).

If a student is experiencing distress and needs help, please see the resources available at the [UWG Cares](http://www.westga.edu/UWGCares/) site. [Online counseling](https://www.westga.edu/student-services/counseling/index.php) is also available for online students.

**UWG Email Policy**

University of West Georgia students are provided a MyUWG e-mail account. The University considers this account to be an official means of communication between the University and the student. The purpose of the official use of the student e-mail account is to provide an effective means of communicating important university related information to UWG students in a timely manner. It is the student’s responsibility to check his or her email.

**Credit Hour Policy**

The University of West Georgia grants one semester hour of credit for work equivalent to a minimum of one hour (50 minutes) of
in-class or other direct faculty instruction AND two hours of student work outside of class per week for approximately fifteen weeks. For each course, the course syllabus will document the amount of in-class (or other direct faculty instruction) and out-of-class work required to earn the credit hour(s) assigned to the course. Out-of-class work will include all forms of credit-bearing activity, including but not limited to assignments, readings, observations, and musical practice. Where available, the university grants academic credit for students who verify via competency-based testing, that they have accomplished the learning outcomes associated with a course that would normally meet the requirements outlined above (e.g. AP credit, CLEP, and departmental exams).

HB 280 (Campus Carry)

UWG follows University System of Georgia (USG) guidance: [http://www.usg.edu/hb280/additional_information#](http://www.usg.edu/hb280/additional_information)

You may also visit our website for help with USG Guidance: [https://www.westga.edu/police/campus-carry.php](https://www.westga.edu/police/campus-carry.php)

Mental Health Support

If you or another student find that you are experiencing a mental health issue, free confidential services are available on campus in the Counseling Center. Students who have experienced sexual or domestic violence may receive confidential medical and advocacy services with the Patient Advocates in Health Services. To report a concern anonymously, please go to UWGcares.

ELL Resources

If you are a student having difficulty with English language skills, and / or U.S. culture is not your home culture, specialized resources are available to help you succeed. Please visit the E.L.L. resource page for more information.

COVID-19

The health and safety of our students, faculty, and staff remain the University of West Georgia’s top priority.

For the most recent information on coronavirus disease (COVID-19) visit:

- Georgia Department of Public Health ([https://dph.georgia.gov/](https://dph.georgia.gov/))

Additional Items