# PWLA 1643-N01: First Aid and CPR, Spring/2017

<table>
<thead>
<tr>
<th>Class Meeting Time/Location</th>
<th>Online Hours</th>
<th>Instructor</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>95-99% Online Mandatory face to face meeting: Friday February 24th from 9:00am-12:30pm in Coliseum #2105</td>
<td>None</td>
<td>Mrs. Jennifer Heidorn</td>
<td>678-839-6182 (Office)</td>
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<td></td>
<td></td>
<td></td>
<td>678-839-6530 (Department Line)</td>
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<tr>
<td>Office Location</td>
<td>Email</td>
<td>Skype or Google+ username</td>
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</tr>
<tr>
<td>Coliseum #2042</td>
<td><a href="mailto:jheidorn@westga.edu">jheidorn@westga.edu</a></td>
<td>None</td>
<td></td>
</tr>
</tbody>
</table>

## Office Hours
- Tuesday 9-10am & 12-4pm
- Wednesday 10-11 & 4-5pm
- Thursday 9-10am & 12-2pm
- Friday by Appointment

## Support for Courses

### CourseDen D2L Home Page
[https://westga.view.usg.edu/](https://westga.view.usg.edu/)

### Student Services

### D2L UWG Online Help (M-F: 8 AM – 5 PM)
[http://uwgonline.westga.edu/students.php](http://uwgonline.westga.edu/students.php)
Call: 678-839-6248 or 1-855-933-8946 or email: online@westga.edu

### Center for Academic Success
[http://www.westga.edu/cas/](http://www.westga.edu/cas/)
678-839-6280

### 24/7/365 D2L Help Center
Call 1-855-772-0423 or search: [https://d2lhelp.view.usg.edu/](https://d2lhelp.view.usg.edu/)

### Distance Learning Library Services
[http://libguides.westga.edu/content.php?pid=194430](http://libguides.westga.edu/content.php?pid=194430)

### University Bookstore
[http://www.bookstore.westga.edu/](http://www.bookstore.westga.edu/)

### Ingram Library Services
[http://www.westga.edu/library/](http://www.westga.edu/library/)
The College of Education at the University of West Georgia will be recognized for *Leading a New World of Learning*, with relevant and innovative programs that contribute to educational improvement and the betterment of society.

**COE Mission**

Locally connected and globally relevant, the Mission of the College of Education is to prepare graduates for meaningful careers in diverse settings. Spanning undergraduate through doctoral study, we are committed to depth of knowledge and excellence in teaching, professional practice, and applied research.

The vision and mission of the College of Education at UWG form the basis on which programs, courses, experiences, and outcomes are created. National and state standards (*American Heart Association, AHA*), are incorporated as criteria against which candidates are measured. This course’s objectives, activities, and assignments are related directly to the appropriate standards.

**COURSE INFORMATION**

**Course Description**

Knowledge and skills necessary to respond in an emergency to help sustain life, reduce pain, and minimize the consequences of injury or sudden illness until professional medical help arrives. Specific situations relating to child injuries and emergencies will be addressed. Certification accompanies successful completion of CPR and First Aid knowledge and skill.

**Prerequisites:** None

**Co-requisites:** None


**Course References:**

- American Heart Association - [www.americanheart.org](http://www.americanheart.org)

**Approaches to Instruction**

This course will be delivered approximately 99% online. This requires the online equivalent of 742.5 minutes (12 hours) of instruction (seat-time) and an additional 1485 minutes (25 hours) of supporting activities. As such, students will be required to complete the following online activities during this course:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Instructional Equivalent</th>
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</thead>
<tbody>
<tr>
<td>Audio/video instruction</td>
<td>6 hours</td>
</tr>
<tr>
<td>Quizzes</td>
<td>6 hours</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>12 hours</strong></td>
</tr>
</tbody>
</table>
Additionally, it is anticipated that students will need to work independently for twice the number minutes listed above to complete the online activities.

**Course Objectives and Learning Outcomes**

Students will:

1. Explain how the emergency medical system works and their roles in the EMS system
2. Identify and care for breathing emergencies
3. Recognize and identify risk factors for cardiovascular disease and signals of a heart attack
4. Demonstrate cardiopulmonary resuscitation (CPR)
5. Identify life-threatening bleeding, and demonstrate how to control it
6. Identify the signs and symptoms of shock, soft tissue and musculoskeletal injuries and demonstrate how to care for them
7. Identify the signs of medical emergencies, including poisoning and heat and cold
8. Describe when and how to move a victim in an emergency situation

**Assignments and Evaluation Procedures**

**Assignment 1: Examinations – 140 Points**

There will be a total of 7 modules covered in this class. All the information that students will need for each module will be posted inside each learning module in Course Den and covered in the textbook. PowerPoint notes will be voiced-narrated, which means that students need to have access to a computer that will allow for sound to be heard through the speakers or with headphones. Modules will also contain video demonstrations of all hands-on skills that will be practiced and tested on February 24th. Quizzes will be released for a specific time period (Monday – Sunday from 12:01am – 11:59pm), but once the student begins the quiz they will have a time limit. The instructor will post quiz openings and endings on the course plan and Course Den calendar. You only get one chance to take each quiz, so be prepared before you start the quiz. The quizzes will not be available before or after the designated time slot, so students must be attentive to when the quiz is going to be open and available and ready at their computer to take it. Computer problems do not justify opening the quiz back up, so please make sure that if you are taking an online course, such as this one, that you are using a reliable piece of equipment. It is advisable to not use a smartphone or tablet for quizzes. If problems do arise, contact the Distance Education helpline immediately at 678-839-6248. All quizzes will be worth 20 points. The quizzes will take the form of short answer, fill in the blank, multiple choice, and true/false. Quizzes are not open-book, so students need to make sure they have prepared for the quiz before starting the test online.

**Assignment 2: Check-off Labs - 70 Points**
In addition to the online quizzes, students must also show proficiency in hands-on skill components, which include epi-pen training, AED use, mouth-to-mouth resuscitation, CPR, and choking relief. **Students must report to the classroom on February 24th at 9:00am for skills presentation and assessment.** NO EXCEPTIONS. STUDENTS THAT CANNOT ATTEND THIS SCHEDULED DATE NEED TO DROP THIS COURSE. FAILURE TO APPEAR WILL RESULT IN LOSS OF SKILL CHECK-OFF POINTS, CERTIFICATION, AND WILL RESULT IN FAILURE OF THE CLASS. Students need to plan for approximately 4 hours of skill instruction on February 24th. Students will be asked to perform certain skills on the manikins or themselves. Students will perform these skills to the instructor’s satisfaction in a one-on-one setting. Failure to show proficiency in any skill tested will result in a loss of certification option along with point deductions from their check-off grade. **There are NO MAKE-UP days provided for missing the skill day due to the length of time it takes to present the information and perform the testing.**

**Assignment 3:** Class Participation

Students are responsible for attending one mandatory face to face meeting (February 24th from 9:00-12:30pm). Students are also responsible for logging into Course Den to view PowerPoints, video clips, websites, discussion boards and quizzes.

**Evaluation Procedures**

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Course Objective(s)/Key Assessment</th>
<th>Points</th>
<th>Assessment Tools</th>
<th>Submit via:</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quizzes</td>
<td>Course Objectives 1-3 &amp; 5-8</td>
<td>7 @ 20 = 140</td>
<td>Objective</td>
<td>Course Den</td>
<td>See Course Plan</td>
</tr>
<tr>
<td>Skills Check-Off</td>
<td>Course Objectives 1-4</td>
<td>70</td>
<td>Rubric</td>
<td>Face to Face</td>
<td>February 24th @ 9am – 12:30pm</td>
</tr>
</tbody>
</table>

**Grading Scale:** There is a total of 210 points to be achieved in this class.

- 189 - 210 points = A
- 168 – 188 points = B
- 147 – 167 points = C
- 126 – 148 points = D
- 125 or below       = F

**Grading Rubrics**

Skills Check-Off Evaluation

**CLASS, DEPARTMENT, AND UNIVERSITY POLICIES**

For important policy information on the UWG Honor Code, Email, and Credit Hour policies, as well as information on Academic Support and Online Courses, please review the information found in the Common Language for Course Syllabi documentation at [http://www.westga.edu/assetsDept/vpaa/Common_Language_for_Course_Syllabi.pdf](http://www.westga.edu/assetsDept/vpaa/Common_Language_for_Course_Syllabi.pdf). Additions and updates are made as institution, state, and federal standards change, so please review it each semester. In addition to the above information the following policies apply to this course.

**Academic Honesty:**

All work completed in this course must be original work developed this semester. Students are expected to adhere to the highest standards of academic honesty. Plagiarism occurs when a student uses or purchases
ghostwritten papers. It also occurs when a student utilizes ideas or information obtained from another person without giving credit to that person. If plagiarism or another act of academic dishonesty occurs, it will be dealt with in accordance with the academic misconduct policy as stated in the latest Student Handbook and the Graduate Catalog.

Quizzes:

All quizzes are to be taken during the assigned time period listed on the Course Den calendar and on the course plan (Monday – Sunday 12:01am – 11:59pm). Quizzes CANNOT be made up for any reason. Please pay attention to the course calendar and prepare to take the quiz when it is available. No exceptions. **If you experience technical difficulties, please do not contact the instructor first.** Contact the distance education helpdesk at 678-839-6248. Students are encourage to not to take online quizzes using a wireless internet connection, but rather a computer in a computer lab on campus.

Check-offs:

The check-off lab score will be based upon the ability to perform the skills correctly. A student will not be given credit for that skill if they cannot perform it with minimal errors. The skills test will be performed in the classroom in front of the instructor.

**Certification Eligibility:**

**In order for students to be eligible for certification they must meet each of the following criteria:**

1. Must attempt all seven (7) online quizzes.
2. Must obtain a minimum of an 84% passing score on all written quizzes combined.
3. Must show proficiency in all hands-on skills. The instructor will determine proficiency at the time of the one-on-one check off.
4. Must attend and be on time for the February 24th check off date.
5. Must be willing to pay the $7.00 certification card fee at the time of check-offs.

Feedback on assignments/assessments – As a student you can expect to receive feedback from me within 24 hours or less via e-mail or returned phone calls during the week. I am available for face-to-face meetings in the office. If you wish to see me in my office just set up an appointment with me during my office hours, which are listed at the top of this syllabus.

**Additional Support Information**

**Center for Academic Success**

The **Center for Academic Success** (CAS) provides services, programs, and opportunities to help all undergraduate students succeed academically. The CAS offers free appointment-based peer tutoring in core courses, as well as supplemental instruction (SI)—which is peer-facilitated collaborative learning—in a variety of disciplines. Students seeking help with study skills and strategies can attend workshops though the Academic Success Workshop series, or work individually with either a staff or peer Academic Coach. The Center for Academic Success is located in UCC 200, and can be reached at 678-839-6280 or the email address is cas@westga.edu.

**UWG Cares**

If you or someone you know is in a distressing situation, support is available at http://www.westga.edu/UWGCaers/. The website contains access to helpful resources and phone numbers
related to emergency or crisis situations and safety concerns, medical concerns, multicultural, psychological and personal issues and interpersonal conflict.

**Student Services**
Click on the following link [Student Services](#) for a listing of all services available to students at UWG.
<table>
<thead>
<tr>
<th>Session</th>
<th>Dates</th>
<th>Topic</th>
<th>Assignment Due</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>January 9&lt;sup&gt;th&lt;/sup&gt; – January 11&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Orientation Module</td>
<td></td>
<td>Online</td>
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<tr>
<td></td>
<td><strong>2 day session</strong></td>
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<tr>
<td>1</td>
<td>January 11&lt;sup&gt;th&lt;/sup&gt; – January 15&lt;sup&gt;th&lt;/sup&gt;</td>
<td>First Aid Basics (Module 1)</td>
<td>Quiz #1</td>
<td>Online</td>
</tr>
<tr>
<td></td>
<td>(12:01am – 11:59pm)</td>
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<td>2</td>
<td>January 16&lt;sup&gt;th&lt;/sup&gt; – January 22&lt;sup&gt;nd&lt;/sup&gt;</td>
<td>Medical Emergencies (Module 2)</td>
<td>Quiz #2</td>
<td>Online</td>
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<td>(12:01am-11:59pm)</td>
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<tr>
<td>3</td>
<td>January 23&lt;sup&gt;rd&lt;/sup&gt; – January 29&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Injury Emergencies (Module 3)</td>
<td>Quiz #3</td>
<td>Online</td>
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<td>(12:01am-11:59pm)</td>
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<td>4</td>
<td>January 30&lt;sup&gt;th&lt;/sup&gt; – February 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Environmental Emergencies (Module 4)</td>
<td>Quiz #4</td>
<td>Online</td>
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<td>(12:01am-11:59pm)</td>
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<tr>
<td>5 &amp; 6</td>
<td>February 6&lt;sup&gt;th&lt;/sup&gt; – February 12&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Adult CPR &amp; AED (Module 5&amp;6)</td>
<td>Quiz #5</td>
<td>Online</td>
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<td>Quiz #6</td>
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<td>CPR AED</td>
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<td>7</td>
<td>February 13&lt;sup&gt;th&lt;/sup&gt; – February 19&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Pediatric CPR and choking (child and infant) (Module 7)</td>
<td>Quiz #7</td>
<td>Online</td>
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<tr>
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<td>(12:01am-11:59pm)</td>
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<tr>
<td>8</td>
<td>February 24&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Report to the classroom at 9am for skill presentation and check-offs.</td>
<td></td>
<td>COLSM 2105</td>
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</tbody>
</table>