

CURRICULUM VITAE

W. Alan Pope

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CURRENT POSITION

Professor: Department of Psychology,
University of West Georgia

ACADEMIC DEGREES

<u>Degree</u>	<u>Institution</u>	<u>Year</u>
Ph.D., Psychology	Duquesne University, Pittsburgh, PA	2000
M.A., Psychology	Duquesne University, Pittsburgh, PA	1993
M.S., Computer Science	University of Delaware, Newark	1988
B.A., Economics	University of Texas, Austin	1980

HONORS, AWARDS, & GRANTS

Student Organization Advisor of the Year, Advisor of Psychology Student Association, UWG, 2017-2018
COSS 2018 Summer Initiative, Course Redesign Stipend for course entitled *Integrative Seminar*, Summer, 2018
COSS 2017 Summer Initiatives, Course Redesign Stipend for development of undergraduate and graduate courses entitled *Radical Happiness*, Summer, 2017
Invited Visiting Scholar, Shaanxi Normal University International Summer School Program, Xi'an, China, July, 2016
COSS 2016 Summer Stipend Travel Grant to Xining, China (Old Amdo Province of Tibet), June, 2016
Founding Fellow, Center for Compassion, Integrity and Secular Ethics, Life University, appointed 2014.

Governor's Teaching Fellow, Institute of Higher Education and the Center for Teaching and Learning at the University of Georgia, 2010.

Carmi Harari Early/Mid Career Award for Outstanding Contribution to Inquiry in Humanistic and Transpersonal Psychology, Society for Humanistic Psychology/Division 32, American Psychological Association, 2009

COAS (College of Arts & Sciences) Excellence in Teaching Award, UWG, 2007-2008

Travel Grant, The Pulse of Death Now Conference, Columbia University, March, 2008

APA Nominee for Mental Health Professional Delegation to China and Tibet, People to People Ambassador Programs, September, 2007

Full Fellowship for contemplative curricular development, Center for the Advancement of Contemplative Education, Naropa University, Boulder, Colorado, August, 2007

Marquis Who's Who of America, 2007

Research Grant, Asian Studies Development Program/NEH Summer Institute on Japanese Culture, Honolulu, Hawai'i, 2002

Asian Studies Development Program/NEH Regional Workshop Grant, Nashville, TN, 2002

New Teacher's Workshop Grant, Society for Values in Higher Education, Portland, Oregon, 1998

Teaching Fellowship, Duquesne University, 1996-1997

McAnulty School of Liberal Arts Graduate Student Scholarship, Duquesne University, 1992-1995

Cognitive Science Research Assistant, University of Delaware, 1988-1991

Research Assistantship, University of Delaware, 1986-1988

Phi Beta Kappa, 1980

Magna Cum Laude, 1980

TEACHING POSITIONS

<u>Date</u>	<u>Title</u>	<u>Institution and Department</u>
2013-present	Professor	University of West Georgia, Psychology
2009-present	Associate Professor	University of West Georgia, Psychology
2008-2009	Acting Chair & Associate Professor	University of West Georgia, Psychology
2003-2008	Assistant Professor	University of West Georgia, Psychology
2001-2003	Full-time Instructor	State University of West Georgia, Psychology
1997-1998	Adjunct Faculty	Duquesne University, Psychology
1995-1997	Teaching Fellow	Duquesne University, Psychology
1993-1994	Teaching Assistant	Duquesne University, Psychology
1983-1984	Research Assistant	University of Delaware, Computer Science

UNIVERSITY COURSES TAUGHT

Undergraduate

Introduction to General Psychology
 Integrative Seminar
 Eastern and Transpersonal Psychologies
 Eastern and Transpersonal Psychologies (Honors)
 Death and Dying (New Course)
 Psychology of Consumerism (New Course)
 Meditation Practicum (New Course)
 Radical Happiness (New Course)
 Explorations into Creativity
 Social Psychology
 Abnormal Psychology
 Practicum: Experiences in Human Services
 Buddhist Psychology (Shaanxi Normal University, Xi'an, China)
 Making Decisions (Interdisciplinary Course)
 Adolescent and Adult Development (Duquesne University only)
 University 101 (Duquesne University only)

Graduate

Consciousness and Experience (doctoral)
 Development, Transformation, and Change (doctoral)
 Buddhist Psychology
 Buddhist Psychology Tutorial
 Psychology of Meditation (New Course)
 Meditation Practicum (New Course)
 Writing for Psychology (New Course)
 Psychology of Consumerism (New Course)
 Psychology of Loss (New Course)
 Psychology of Loss Tutorial (New Course)
 Radical Happiness (New Course)
 Active Imagination (New Course)
 Deep Listening (New Course)
 Human Growth and Potential
 Explorations into Creativity
 Research Methods
 Therapy Practicum
 Methods for Cognitive Science (University of Delaware only)

PROFESSIONAL GROWTH AND DEVELOPMENT

Professional Memberships

American Psychological Association
 American Philosophical Association
 Association of Humanistic Psychology

Editorial Board

Editorial Board, *Janus Head: Journal of Interdisciplinary Studies in Literature, Continental Philosophy, and the Arts*

Member, *Samye Translation Group*, Padmasambhava Buddhist Center

Editorial Review

Ad hoc reviewer: Routledge Press, Suny Press, *New Ideas in Psychology*, *The Humanistic Psychologist*

Editing

Editor, *Garland of Views*, Padmasambhava, Commentary by Khenchen Palden Sherab and Khenpo Tsewang Dongyal. Second edit completed.

Content Editor, *Samadhiraja Sutra*, Commentary by Phakchok Rinpoche. *Forthcoming*.

Completed Unpublished Manuscript

Pope, A. (2018). Contemplative metapsychology: Revisioning psychological models through the lens of Indo-Tibetan Buddhism. 57-page manuscript to be used as seed material for a future book.

Published Book

Pope, A. (2006). *From child to elder: Personal transformation in becoming an orphan at midlife*. New York: Peter Lang Publishing.

Published Book Chapters & Peer-reviewed Articles

Wu, S. & Pope, A (2019). Three-level understanding: Recovering self-awareness in the art of critical thinking. *Journal of Thought*, Spring/Summer, (pp. 21-37).

- Pope, A. (2017). A psychological history of ageism and its implications for elder suicide. In R. E. McCue & M. Balasubramaniam (Eds.), *Rational suicide in the elderly: Clinical, ethical, and sociocultural aspects* (pp. 63-74). New York: Springer Science.
- Pope, A. (2016). Beyond Walden: An Indo-Tibetan Buddhist critique of utopia. *The Humanistic Psychologist*, 44(1), 42-55.
- Pope, A. (2012). Contributions and conundrums in the psychospiritual transformation of Alan Watts. In P. J. Columbus & D. L. Rice (Eds.), *Alan Watts—here and now: Contributions to psychology, philosophy, and religion*. Albany: SUNY Press.
- Pope, A. (2011). Modern consumerism through the lens of Indo-Tibetan Buddhism. *International Journal of Transpersonal Studies*, 30(1-2), 171-177.
- Pope, A. (2010). Metabletics in the light of Indo-Tibetan Buddhism. In M. Tarozzi & L. Mortari (Eds.), *Phenomenology and human science research today*. Bucharest: Zeta Books. (journal article reprint)
- Pope, A. (2010). Buddhist reflections on life and death: A personal memoir. In N. Bauer-Maglin & D. Perry (Eds.), *Final acts: Death, dying, and the choices we make*. Piscataway, NJ: Rutgers University Press.
- Pope, A. (2009). The influence of Buddhism in Western death attitudes. In M. Souza & C. Staudt (Eds.), *The many ways we talk about death in contemporary society: Interdisciplinary studies in portrayal and classification*. New York: Edwin Mellen Press.
- Pope, A. (2008). Healing our losses, healing the world. In L. M. That, T. N. Tu (Eds.), *War, Conflict and Healing: A Buddhist Perspective*. HCM City, Vietnam: Vietnam Buddhist University.
- Pope, A. (2008). Metabletics in the light of Indo-Tibetan Buddhism. *Janus Head*. (Guest Editor: Robert Romanyshyn). 10(2), 531-549.
- Pope, A. (2007). "Is there a difference?": Iconic images of suffering in Buddhism and Christianity. *Janus Head*, 10(1), 247-260.
- Pope, A. (2007). Hierarchy and healing: Spiritual authority in Tibetan Buddhism, *Journal of Ethics in Leadership*, 2(2), 90-104.
- Pope, A. (2007). Existential implications of becoming an orphan at midlife. In P. T. P. Wong, L. C. J. Wong, M. J. McDonald, D. W. Klassen (Eds.),

The Positive Psychology of Meaning & Spirituality: Selected Papers from Meaning Conferences. Abbotsford, BC, Canada: INPM Press.

- Pope, A. (2006). The house of being still stands: Nuclear holocaust and human meaning. *Journal of Humanistic Psychology*, 46(3), 303–322.
- Pope, A. (2005). Personal transformation in midlife orphanhood: An empirical phenomenological study. *Omega: Journal of Death and Dying*, 51(2), 107–123.
- Pope, A. (2003). Intimacy and integrity: Toward bridging cultural and psychological discourse. *East-West Connections: Review of Asian Studies*, 3(1), 113–123.
- Pope, A. (1999). The elderly in modern society: A cultural psychological reading. *Janus Head*, 1(3), 223–232.
- Carberry, S. & Pope, W.A. (1993). Plan recognition strategies for language understanding. *International Journal of Man-Machine Studies*, 39, 529–577.

Technical Report

- Pope, W.A. & Carberry, S. (1991). Toward recognizing and responding to novel plans. *University of Delaware Technical Report*, Newark, DE.

Published Book Reviews

- Pope, A. (2006). Learning qualitative research methods through example (Book review article). *Janus Head*, 9(1), 246–250.
- Pope, A. (2005). Buddhist practice on Western ground (Book review article). *Journal of Transpersonal Psychology*, 37(2), 189–192.
- Pope, A. (2005). The crucifixion through a lens sharply (Book review article). *Janus Head*, 8(2), 643–647.
- Pope, A. (2004). A passionate embrace with thought itself (Book review article). *Janus Head*, 7(2), 510–515.

Published textbook material

- Pope, A. (2018). A contemplative view of grief. Text material for an online course in “Noble Living, Noble Caring, Noble Dying,” Samye.org website.
- Pope, A. (2015). Outer tantras handbook. A 95-page manual of theory and

practice. Cooperstown, NY: Rangjung Yeshe Gomde.

Published Magazine Articles

Pope, A. (December, 2014). Foreword. *Passenger*, Issue no. 1, Age, Ed. Kate Bond, London, England.

Wickell, D. & Pope, A. (2006, Spring/Summer). The “Dixie Dharma Tour” Of Florida & Georgia, *Pema Mandala Magazine*, 20-21.

Pope, A. (2005, Spring/Summer). Stepping into the light: My path to the dharma. *Pema Mandala Magazine*, 16-18.

Edited Magazine Article

Pope, A. (Ed.) (2010, Spring/Summer), Khenchen Palden Sherab Rinpoche & Khenpo Tsewang Dongyal Rinpoche, Garland of Views, *Pema Mandala Magazine*, 18-19.

Invited Presentations before Learned Societies or Professional Organizations

Pope, A. (2016, December). *Applying Indo-Tibetan Buddhism as a Western Metapsychology*. Invited Guest Lecture, Kathmandu’s Centre for Buddhist Studies at Rangjung Yeshe Institute, Boudha, Nepal.

Pope, A. (2015, October). *Psycho-spiritual Transformation in Grief and Mourning*. Keynote address, Spiritual and Religious Care Awareness Week, Hospital for Sick Children (SickKids), Toronto, ON.

Pope, A. (2011, December). *From Consumption to Compassion: Revisioning Ourselves in the Age of Consumerism*. Keynote address, 4th Annual Qualitative Research Conference, Confluence Psychology Alliance, Point Park University, Pittsburgh, PA.

Pope, A. (2011, June). *East-West Integrative Workshop*. Invited workshop given in Department of Psychology, National Dong Hwa University, Hualien, Taiwan.

Pope, A. (2009, August). *Psychospiritual Transformation in the 21st Century*. Invited Address delivered in receipt of the Carmi Harari Early Career Award for Inquiry, Division 32, of the 117th Annual Convention of the American Psychological Association, Toronto, ON.

Pope, A. (2008, August). *Experiencing joy as our natural state: A workshop on*

Buddhist meditation practices. Invited workshop presented at the 2nd Annual Conference of the Society of Humanistic Psychology, a Division 32 pre-conference of the 116th Annual Convention of the American Psychological Association, Boston, MA.

Pope, A. (2007, November). *Phenomenological Research*. Invited participant on a panel entitled, "Research Paradigms Across Disciplines," Ed.D. program, College of Education, University of West Georgia.

Pope, A. (2007, September). *Tibetan Buddhism and its Applications to Psychology*. Invited lecture, Mental Health Delegation to China and Tibet, Lhasa, Tibet.

Pope, A. (2006, February). *Learning to see: Buddhist psychology, human development, and psychospiritual transformation*. Invited speaker, Colloquium sponsored by the Psychology and Religion Departments, Berry College, Rome, GA.

Invited Participation

2015 Octagon Conference, Life University, Marietta, Georgia, April 24-26, 2015.

2014 Octagon Conference, Special Topic: *Integrity*, Life University, Marietta, Georgia, April 23-25, 2014.

2004 Existential Summit for the International Network on Human Meaning, Vancouver, B.C., Canada, July, 2004.

Papers Presented at Conferences

Pope, A. (2019, June). *Mourning and metamorphosis: Psychospiritual transformation in grief*. Paper presented at International Human Science Research Conference, Molde University College, Molde, Norway.

Pope, A. (2018, May). *A contemplative approach to critical thinking*. Innovations in Pedagogy 2018, University of West Georgia, Carrollton, GA.

Pope, A. (2017, October). *Letting go or holding on: Integrating the modalities of grief*. Paper presented at 32nd Annual Interdisciplinary Conference in the Humanities: Dichotomies/Schisms/Divisions, University of West Georgia, Carrollton, GA.

Pope, A. (2017, October). *Envisioning Indo-Tibetan Buddhism as a contemplative metapsychology*. Paper presented at 50th Anniversary Reunion and Conference, Department of Psychology, University of West Georgia,

Carrollton, GA.

- Pope, A. (2014, April). *From natural science to contemplative science: Applying Indo-Tibetan Buddhism as a metapsychology*. Duquesne University Alumni Conference, Pittsburgh, PA.
- Pope, A. (2014, February-March). *Beyond Walden: No-utopia and the reclamation of freedom and dignity*. University of North Georgia Arts and Letters Conference: Utopia in the Arts, Humanities, and Social Sciences, Dahlonega, GA.
- Pope, A. (2013, October-November). *Bringing higher education out from the shadows: Exploring the deep forces compelling the online juggernaut*. Paper presented at the 28th Annual Interdisciplinary Conference in the Humanities, University of West Georgia, Carrollton, Georgia.
- Pope, A. (2013, October). *Metapsychological Implications of the Tibetan Buddhist View*. Paper presented at the 31st annual joint meeting of the Society for Ancient Greek Philosophy (SAGP) with the Society for the Study of Islamic Philosophy and Science (SSIPS), Fordham University, New York, New York.
- Pope, A. (2013, January). *Compassion as the path of sustainability: An analysis of capitalism and genuine happiness*. Paper presented at the 2013 International and Interdisciplinary Conference of the Society for Indian Philosophy and Religion: Self, Culture and Justice: East and West, AsiaNetwork, Fo-Guang University, Taiwan.
- Pope, A. (2012, March-April). *Dying to live: A Heideggerian interpretation of Kurosawa's Ikiru*. Paper presented at the 20th Annual AsiaNetwork Conference, Portland, OR.
- Pope, A. (2011, April). *From consumption to compassion: Revisioning ourselves in the age of consumerism*. Paper presented at the 2011 Annual Conference of the Society for Humanistic Psychology, Division 32 of the American Psychological Association, Chicago, IL.
- Pope, A. (2010, October). *The "Buddhist Unconscious" and the Western psychoanalytic tradition*. Paper presented at the 28th Annual Joint Meeting of the Society for Ancient Greek Philosophy (SAGP) with the Society for the Study of Islamic Philosophy (SSIPS), Fordham University, New York, NY.
- Pope, A. (2008, August). *Modern materialism through the lens of Indo-Tibetan Buddhism*. Paper presented at the 116th Annual Convention of the American Psychological Association, Division 32, Boston, MA.

- Pope, A. (2008, August). *What the Western psychotherapist can learn from Tibetan Buddhism*. Paper presented at the 116th Annual Convention of the American Psychological Association, Division 29, Boston, MA.
- Pope, A. (2008, March). *The influence of Buddhism in Western death attitudes*. Paper presented at The Pulse of Death Now Conference, Columbia University, New York, NY.
- Pope, A. (2007, August). *Metabolics reconsidered in the light of Mahayana Buddhism*. Paper presented at the 115th Annual Convention of the American Psychological Association, Division 24, San Francisco, CA.
- Pope, A. (2007, August). *Being transformed by the death of a loved one*. Presentation, Division 32 hospitality suite, the 115th Annual Convention of the American Psychological Association, San Francisco, CA.
- Pope, A. (2007, June). *Metabolics and Mahayana Buddhism: A comparison of methods*. Paper presented at the 26th Annual International Human Science Research Conference, Trento, Italy.
- Pope, A. (2007, April). *Integrating developmental psychology with the Diamond Sutra*. Paper presented at the 104th Annual Meeting of the Central Division of the American Philosophical Association, Chicago, Illinois.
- Pope, A. (2006, August). *Deep altruism in Mahayana philosophy and midlife development*. Paper presented at the 114th Annual Convention of the American Psychological Association, Division 32, New Orleans, LA.
- Pope, A. (2006, August). *Re-visioning the medical model for psychology through consideration of the Buddha as physician*. Paper presented at the 114th Annual Convention of the American Psychological Association, Division 32, New Orleans, LA.
- Pope, A. (2006, August). *The hermeneutic circle as paradigm for psychospiritual transformation*. Paper presented at the 25th Annual International Human Science Research Conference, Pleasant Hill, CA.
- Pope, A. (2005, August). *Chronic illness and personal transformation: An empirical phenomenological study*. Paper presented at the 113th Annual Convention of the American Psychological Association, Division 32, Washington, D.C.
- Pope, A. (2005, August). *Buddhism as a Western metapsychology*. Poster session presented at the 113th Annual Convention of the American Psychological Association, Division 24, Washington, D.C.

- Pope, A. (2005, June). "Is there a difference?" *Iconic images of suffering in Buddhism and Christianity*. Paper presented at the 7th International Buddhist-Christian Conference, Los Angeles, CA.
- Pope, A. (2004, October). *Empty self, full person: The Heart Sutra, Nagarjuna's dialectic, and Western psychological health*. Paper presented at the 53rd Annual Meeting of the Midwest Conference on Asian Affairs, Minneapolis, MN.
- Pope, A. (2004, July). *Personal transformation in midlife orphanhood: An empirical phenomenological study*. Paper presented at the 3rd Biannual Conference on Human Meaning, Vancouver, B.C., Canada.
- Pope, A. (2004, June). *The transformative impact of midlife orphanhood*. Paper Presented at the 3rd Annual Hawai'i International Conference on Social Sciences, Honolulu, HI.
- Pope, A. (2004, January). *The house of Being still stands: Nuclear holocaust and human meaning*. Paper presented as part of the President's Panel at the 43rd Annual Meeting of the Southeast Conference of the Association of Asian Studies, Jekyll Island, Georgia.
- Pope, A. (2003, January). *Intimacy and integrity: Bridging cultural and psychological discourse*. Paper presented at the 42nd Annual Meeting of the Southeast Conference of the Association for Asian Studies, Jekyll Island, Georgia.
- Pope, A. (2002, March). *Applying Buddhist thought toward a revisionist psychology*. Paper presented at the Asian Studies Development Program National Conference, Atlanta, Georgia.
- Pope, A. (2002, January). *Logic of the heart: Psychological reflections on the Diamond Sutra*. Paper presented at the 41st Annual Meeting of the Southeast Conference of the Association for Asian Studies, Chattanooga, Tennessee.
- Pope, A. (1998, September). *Spirit and soul in the therapeutic relationship*. Paper presented at the 1st Annual Counseling and Spirituality Conference, Gannon University, Erie, Pennsylvania.
- Pope, A. (1994, June). *The elderly in modern society: A cultural psychological reading*. Paper presented at the 13th International Human Science Research Conference, Hartford, Connecticut.

'Deep Utopia': *Contemplative Practice and the Cultivation of Self*. University of North Georgia Arts and Letters Conference: Utopia in the Arts, Humanities, and Social Sciences, Dahlonega, GA, February-March 2014.

Re-visioning Higher Education: Critical Thinking, Secular Ethics, and Contemplative Practice. 28th Annual Interdisciplinary Conference in the Humanities, University of West Georgia, Carrollton, Georgia, October-November 2013.

The significance of confronting death for living life. Hospitality suite presentation organized and chaired for the 115th Annual Convention of the American Psychological Association, Division, 32, San Francisco, CA, August 2007.

Re-visioning altruism as central to human existence. Symposium organized and chaired for the 114th Annual Convention of the American Psychological Association, Division 32, New Orleans, LA, August 2006.

Personal transformation through suffering. Symposium organized and chaired for the 113th Annual Convention of the American Psychological Association, Division 32, Washington, D.C., August 2005.

Televised Interviews

Pope, A. (2011, June). Interview discussing original research in the areas of *Psychology of Loss & Buddhist Psychology*. Aired in two parts on a regional cross-cultural television program ("Hello, Ni Hao") in Shaanxi Province, China, estimated viewership 200 million. Interview conducted in Xi'an, China.

Invited Presentations before Community Groups

Pope, A. (April 2014). *Mindfulness at Work*. Humanistic Psychology at Work Conference, Education Building, University of West Georgia.

Pope, A. (2012, July). *From Consumption to Compassion: Revisioning Ourselves in the Age of Consumerism*. Invited speaker, First Existentialist Congregation, Candler Park, Atlanta, Georgia.

Pope, A. (2006, November). *Midlife orphanhood*. Invited speaker, First Existentialist Congregation, Candler Park, Atlanta, Georgia.

Pope, A. (2006, June). *Introduction to Buddhism*. Invited speaker, Pandora's Gift Non-profit Organization, Atlanta, Georgia.