

Bonnie B. Bar, MS, RN, AHN-BC, CNE | Curriculum Vitae

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EDUCATION

1994	MS	Nursing, Magna cum laude	Georgia State University
1978	BSN	Nursing	Medical College of Georgia
1976	ASN	Nursing	West Georgia College

LICENSURE AND CERTIFICATION

1973-Present	BLS for Healthcare Providers, American Heart Association
1976-Present	RN047359 – Registered Professional Nurse, State of Georgia
2007-Present	Board Certified Advanced Holistic Nurse, American Holistic Nurses Association
2015-Present	Certified Nurse Educator (CNE) National League for Nursing

PROFESSIONAL EXPERIENCE

1988-Present	Associate Professor	Tanner Health System School of Nursing, University of West GA
1982-1988	Assistant Professor	Department of Nursing, State University of West Georgia
1979-1980	Assistant Professor	Department of Nursing, West Georgia College
2014-2015	PRN Staff Nurse	Willowbrook Adult and Child and Adolescent Units, Tanner Health System, Villa Rica, Georgia
2004-2011	Co-leader	Substance Abuse Women's Group, Carroll County Jail, Carrollton, GA
1998-2000	Private Practice	Stress Reduction
1995-1996	On-Call Hospice Nurse	Tanner Health System, Hospice Care Of Carroll County, Carrollton, Georgia
1989-1996	Part-time Staff Nurse, Medical-Surgical Unit	Tanner Medical Center, Carrollton, Georgia
6-1992-8-1992	Part-time Staff Nurse, Oncology	Wellstar Cobb Hospital, Austell, Georgia
1989-1990	Part-time Staff Nurse, Rehabilitation	Shepherd Spinal Center, Atlanta, Georgia
6-8-1988	Part-time Staff Nurse, Obstetrics	Peachtree Regional Hospital, Newnan, Georgia
1980-1982	Critical Care Coordinator	Tanner Medical Center, Carrollton, Georgia
1977 – 1978	ICU Staff Nurse	Tanner Medical Center, Carrollton, Georgia
1976 - 1977	Office Nurse, OR Assistant	West Georgia Urology, Carrollton, Georgia
6-8-1976	Staff Nurse, Medical-Surgical Unit,	Tanner Medical Center, Carrollton, Georgia
1973-1976	LPN	Tanner Medical Center, Carrollton, Georgia,

TEACHING RESPONSIBILITIES

University of West Georgia, Tanner Health System School of Nursing

2012-Present Didactic instruction in BSN Program

- NURS 2101 Pathophysiology and Pharmacology I
- NURS 3000 Holistic Health Assessment
- NURS 3202 Health Care of the Client II, Course Faculty
- NURS 3202 Clinical Practice II, Course Faculty
- NURS 3203 Clinical Specialty , Course Faculty
- NURS 4000 Preparation for NCLEX Licensure

PUBLICATIONS

Referred Journals

Brown, C. & Bar, B. "Student Experience of Self Care in an Online Master of Science in Nursing Course," Nursing Education Perspectives – Accepted for publication.

Brown, C.J., Bishop, M. & Bar, B. "Creating and sustaining peace within for the journey of nursing leadership," *Journal of Nursing Administration Quarterly* in Dec. 2012.

Goodwin, A. C., Bar, B. B., Reid, G. G., & Ashford, S. A. (2009) Knowledge of motivational interviewing. *Journal of Holistic Nursing*, 27(3), 203-209.

Smith, L. & Bar, B., (2002). Theoretical affective and cognitive components of quality nursing. *The Journal of Theory Construction and Testing*, 6(2), 124-8.

Mills, L.W., Wilson, C.B., & Bar, B. B (2001). A Holistic approach to promoting success on NCLEX-RN. *Journal of Holistic Nursing*, 19 (4), 360-374.

Guynn, M., Wilson, C., Bernhardt, J., Bar, B., Rankin, K., & Hickox, C. (1994). Caring groups: A teaching-learning strategy. *Nursing & Healthcare*, 15 (9), 476-479.

Bar, B.(1990). Patients teach holistic nursing care. *Advancing Clinical Care*, 5 (1), 18.

Invited Publications in Books, Journals, Magazines or Newspapers

Bar, B. (1998). The effect of holism on the health care system. *Hospital Material Management Quarterly*, 20 (1), 70-81.

Published Research Conference Proceedings

Brown, C. J., Bishop, M., Bar, B. "Creating and Sustaining Peace Within for the Journey of Self Care for Nurses: An Experiential Podium Presentation, International Association for Human Caring. Orlando, Florida, May 31, 2013.

B. Bar. "Holistic Nurses: The Key to the Safety Crisis in Health Care," American Holistic Nurses Association 31st Annual Conference, Holistic Nurses: Tending to the Sacred Flow of Life. Louisville, Kentucky, June 4, 2011.

GRANTS AND FUNDING

UWG Technology Planning Committee - obtained funds for School of Nursing to purchase one high fidelity simulator for Newnan campus Spring 09

UWG Technology Planning Committee – obtained funds for School of Nursing to purchase one high fidelity simulator for Newnan campus Spring 08

PRESENTATIONS

Refereed: National, Regional or State

Brown, C. J., Bishop, M., **Bar, B.** "Creating and Sustaining Peace Within for the Journey of Self Care for Nurses: An Experiential Podium Presentation, International Association for Human Caring. Orlando, Florida, May 31, 2013.

B. Bar. "Holistic Nurses: The Key to the Safety Crisis in Health Care," American Holistic Nurses Association 31st Annual Conference, Holistic Nurses: Tending to the Sacred Flow of Life. Louisville, Kentucky, June 4, 2011.

Smith, L., & **Bar, B.** Poster Presentation Accepted by National League for Nursing Education Summit 2001, "The Relationship Among the Affective Components of Holism and Caring and Cognitive Components of Quality Nursing," Baltimore, Maryland, September 21, 2001.

Wilson, C. & **Bar, B.** "Nurses Attitudes Toward the Client Who Has Attempted Suicide". Research Day, Midstate Nursing Research Council, Georgia College, Milledgeville, Georgia, March 13, 1992.

Bar, B. "Caring Through Ritual, Expressions of Caring in Nursing: Unique Contributions to Practice, Research, and Theory," Florida Atlantic University College of Nursing and Iota Xi Chapter of Sigma Theta Tau, Boca Raton, Florida, March 28, 1992.

Bar, B., Bernhardt, J. & Grams, Kathryn. "Curriculum Revolution: Reflections and Re-Visions." American Holistic Nurses Annual Conference, Bridging the Heart- World Connection: The New Millennium, Hot Springs, Arkansas, June 27, 1992.

Wilson, C. & **Bar, B.** "Nurses Attitudes Toward the Client Who Has Attempted Suicide". Seventeenth Annual Nursing Research Conference: Nursing Research, Road to Excellence, Vanderbilt University, November 7, 1991.

HONORS AND AWARDS

2016	Nomination for Daisy Award Recipient, University of West Georgia
2016	Best of the West Strategic Imperative Recognition, March 10, 2016
2000 - 2010	Sigma Theta Tau, Pi Nu Chapter, University of West Georgia Charter Member
1997 - 2007	Honor Society of Phi Kappa Phi
1993 - 2000	West Georgia Nursing Honor society
1983	Georgia Nurses Association, District Honoree
1979	Sigma Theta Tau Epsilon Alpha Chapter, Georgia State University Charter Member
1974 – 1979	Alpha Lambda Delta, Freshman Honor Society

PROFESSIONAL AFFILIATIONS

2004 - Present	International Association for Human Caring
1987 - Present	American Holistic Nurses Association (AHNA)
1995-1998	Founder of West Georgia Network, AHNA
1994	Co-chair, National Membership Committee, AHNA
1993-1995	Atlanta Network, AHNA
1994-1995	Director at Large (Elected Position), National Leadership Council
1994-1996	Chair, Education and Program Committee, AHNA
1979-1981	Secretary (Elected Position), Sigma Theta Tau Epsilon Alpha Chapter, Georgia State University
1976 - Present	American Nurses Association (ANA), Georgia Nurses Association (GNA)
2005 – 2006	President, (Elected Position), District 23 (West Georgia Chapter) GNA
1979-1981	Secretary, (Elected Position), District 23 (West Georgia Chapter) GNA
1982 – 1983	Public Relations/Membership Committee, District 23, GNA
1982-1983	Secretary, Advisory Council, GNA
1981-1983	President, District 23, GNA

INSTITUTIONAL SERVICE

University of West Georgia

2015 - Present	Accessibility Committee
2015- 2017	Technology Committee
2013-2014	Quality Enhancement Plan Committee
2010-2012	Honor's Committee
2012-2013	At Risk Student Development Subcommittee
2010-2011	President's Commission to Improve Graduation Rates
2011	Subcommittee on Engagement, President's Commission to Improve Graduation Rates
2009	Faculty Ombudsman Search Committee

Tanner Health System School of Nursing

2017- Present	Member, Study Abroad Committee
2017-Present	Chair, Level II Vertical Committee
2015- 2016	Member, Level II Vertical Committee
2015- Present	Member, Clinical practice Horizontal Committee
2015-2017	Member, Horizontal Health Care of the Client Committee
2016- Present	Member, Ad Hoc Caring Group Committee
2016- Present	Chair, Ad Hoc Remediation/Supplemental Instruction Committee
2013-2016, 2017-2018	Undergraduate Program Committee
2013-2014, 2016- 2017	Ad Hoc Interprofessional Education Committee
2016-2017	Chair, Promotion and Tenure Advisory Committee
2017-2018	Chair, Ad Hoc Community Clinical Committee
2012-2013	Chair, Test Development Team Subcommittee
2010-2012	Chair, Sustaining A Caring Curriculum Committee
2010-2012, 2015-2017	Member, Dean's Advisory Committee
2010-2015	Member, Promotion and Tenure Advisory Committee Curriculum Revision Committees
2014- Present	Clinical Practice Vertical Committee

2012- Present	Level 1 and Level II Horizontal Committees
Fall, 2013	Team I- Health Care of the Client IV
Spring, 2013	Concept Mapping for CCNE/BSN Essentials and NCLEX Test Plan
Fall 2012	Health Care of the Client Team
2012	Professional Practice Team
2011	Health Care of the Client Team
2010-2011	Framework Team
2009-2010	Member, SON Rules Committee
2008-present	Member, Caring Group Facilitator's Mentoring Group
2007- 2009	Chair Simulation Committee

PROFESSIONAL AND COMMUNITY SERVICE

Christ the King Charismatic Episcopal Church:

2010 - present	Prayer Ministry Leader
2011- 2016	Women's Council,
June 26, 2010 – 2016	Convener, Jehovah Rapha Chapter of Order of St. Luke,
August 2017 – present	Mentor with the Carroll County School System
2015 - present	Facilitator for Stewards of Children, Child Sexual Abuse Program, Darkness to Light

PROFESSIONAL GROWTH AND DEVELOPMENT

More extensive, detailed list with continuing Education Units available upon request

5/2017	An Investigation into the Health Promoting Lifestyle Practices of RN's, American Journal of Nursing
	On Course Learning
	Biofeedback 101
	Alternative Therapies in Osteoporosis
	A Complementary and Integrative Practices Potpourri
	Autism Spectrum Disorders: Review of Research and Evidence related to Complementary and Alternative Medicine Therapies
	Coaching Skills for Lasting Change
	Effective Communication with Patients: The Joint Commission Standards
	Empathy 101 for Nurses: How to Care for Yourself while Emotionally Supporting Others
	Exercise for Health and Fitness
	Guided Imagery: A Powerful, Therapeutic Support
	The Healing Power of Humor
	The Power of Suggestion, Hypnosis, and Positive Thinking
	Motivational Interviewing: Helping Patients Make Lifestyle Changes
	Research Reveals the Benefits of Meditation
	Nurse Take Care of Thyself
	The Importance of Sleep for Combating Stress and Improving your Health

American Institute of Health Professionals:
 Division of Meditation Instruction
 Relaxation Strategies
 Nurses' Lived Experience of Reiki for Self-care, Wolters Kluwers
 The Potential Effect of Sleep Loss on a Nurse's Health,
 Wolters Kluwers

4/10/2017 Effective Communication with Patients: The Joint Commission Standards, Online Learning

5/3/2016 Third Annual Innovations in Pedagogy Conference, Center for Teaching and Learning, University of West Georgia, Carrollton, Georgia

8/19/2016 Gateway Debriefing Course: Debriefing with Good Clinical Judgment, National League for Nursing/Center for Medical Simulation, Washington, D.C.

6/1/2016-6/5/2016 Interconnectedness: The Soul of Holistic Nursing, American Holistic Nurses Association Annual Conference, Bonita Springs, Florida

4/29/2015 Stewards of Children Training, Georgia Center for Child Advocacy, Atlanta, GA

11/10/2015 Super Skills Tuesday: Improving Your Online Course with Dr. Tobin and Hybrid Teaching with Dr. Tobin, University of West Georgia, Carrollton, Georgia

10/25/2013 Collaborative Institutional Training Initiative at the University of Miami (CITI) Social and Behavioral Research – Basic Refresher and Responsible Conduct of Research

7/2012 Complementary and Alternative Medicine (CAM)
 Online Continuing Education Series:
 Health and spirituality, Ten years of Research on CAM:
 Promising Ideas from Outside the Mainstream
 Herbs and Other Dietary Supplements
 Acupuncture: an Evidence-Based Assessment
 Integrative Medicine
 Manipulative and Body-Based Therapies: Chiropractic and Spinal Manipulation,
 Mind-Body Medicine

7/2012 American Holistic Nurses Association online Continuing Education:
 Ask a Researcher
 Finding a Balance: Toward a Substantive Theory of Employed Mother's Personal and Family Health Decision Making
 Guided Imagery - Research Evidence
 Guided Imagery: Education & Practice
 Heart Centered Education: A Contemporary Tapestry of Caring
 Spring Forest Qigong and Chronic Pain: Making a Difference
 Safe Integration of Complementary and Alternative Therapies in Geriatric Care,
 Self-Care for Geriatric Nurses
 Spirituality in Geriatric Nursing Care
 The Effect of a Holistic Program on Health-Promoting Behaviors in Hospital Registered Nurses
 The People to People Ambassador Program: A Catalyst for Change

	We Must Not Forget What We Once Knew: An Exemplar for Helping Nurses Reconnect with their History and Rediscover Their Passion for Nursing
	T.R.U.S.T.: An Affirming Model for Inclusive Spiritual Care
	Aging with Chronicity: Overview and Resources
7/26/2012	Certificate in Spirituality, Health, and Healing, Allegra Learning Solutions
6/2-5/ 2011	Tending to the Sacred Flow of Life, American Holistic Nurses Association 31 st Annual Conference
3/30/2011, 5/12/2011	Sharing Group Facilitator Training Teleconference, American Holistic Nurses Association
3/2/2011	Community Case Studies, AACN Webinar
3/14/2011	Diversity Training, UWG
8/25/2011	Lunch and Learn: ESL Students, UWG SON,