# Curriculum Vitae

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**Brent Heidorn, Ph.D.**

Professor of Health and Physical Education

University of West Georgia

Dean’s Office, College of Education

University of West Georgia

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**Education**

Ph.D. Physical Education, Emphasis: Pedagogy

Cognate: Health Promotion

The University of South Carolina

Columbia, South Carolina

M.A. Health and Exercise Science

Furman University

Greenville, South Carolina

B.S. Health and Physical Education

Bob Jones University

Greenville, South Carolina

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**Professional Experience**

College of Education, University of West Georgia

* Professor, Health and Physical Education August 2024 – present

Full Professor with teaching, service, and professional development opportunities in the undergraduate and graduate degree programs. Additional duties as special assistant to the Dean, including tenure / promotion oversight, and college-level program assessment.

* Interim Department Chair February 2023 – August 2024
  + Sport Management, Wellness, and Physical Education (SWP)

Administrative Duties: Support for and oversight and evaluation of the faculty, staff, programs, and curriculum. The SWP department includes three bachelor’s degree programs (Sport Management, Health and Community Wellness, Physical Education), three master’s degree programs (Sport Management, Integrative Health and Wellness, and Health and Physical Education), four undergraduate academic minors (Coaching, Nutrition, Sport Management, Health and Community Wellness), other certificate programs, various initiatives, and numerous high impact practices.

Continued administrative role as Associate Dean for Research and Assessment

* Associate Dean for Research and Assessment Summer 2015 – present

Administrative Responsibilities: Provide direct assistance to the Dean of the College of Education, which includes six multi-disciplinary departments, nearly 70 programs at the undergraduate or graduate levels, 110 full-time faculty and staff, and more than 4,000 students. The Associate Dean for Research and Assessment provides support in the areas of research, assessment, data analysis, grants/contracts, international programs, faculty development, doctoral dissertations, new faculty orientation, and research development, plus oversight of the Faculty Development Mentoring and Retention committee, the Faculty Governance Council, and state data meetings.

* Professor in Health and Physical Education 2017-present
* Associate Professor in Health and Physical Education 2012-2017
* Assistant Professor in Health and Physical Education 2007-2012

As a faculty member: Program coordinator and faculty member in the undergraduate

health and physical education program (2008-2015) and graduate program coordinator (2009-2011, 2020-2022). Primary areas of research include the promotion of physical activity, sport pedagogy, and effective teaching in physical education. Major service contributions include President of the Georgia Association for Health, Physical Education, Recreation & Dance (2013-2015), national leadership and service with SHAPE America (2008-present), national presentations for PE Central (2015-present), state journal editor (2013-2015), and health and physical education leadership and professional development sessions in Georgia (2008-present).

University of South Carolina, Columbia

* Graduate Assistant in the Department of Physical Education 2004-2007

Responsibilities included teaching physical education courses, supervising undergraduate

physical education students, and assisting faculty members with research efforts

Bob Jones Academy, Greenville, SC

* Physical Education Teacher, Athletic Director 1997-2004

Responsibilities included teaching physical education for grades 6-8 (1997-2000) and 9-

12 (2000-2004), coaching varsity soccer and basketball, and interscholastic and

intramural athletic director. Coordinated high school soccer, basketball, and volleyball

officials in Greenville, Spartanburg, Anderson, Greenwood, and surrounding districts.

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**ACADEMIC ADMINISTRATIVE AND LEADERSHIP EXPERIENCE**

Associate Dean, College of Education, UWG (2015 to present)

Primary Responsibilities:

* Provide support for the Dean
* Research and Development – Provide leadership and assistance to faculty members related to research agendas and tenure and promotion, dossiers, and third year review; Collaborate to build research efforts among faculty and programs; assist with the COE doctoral dissertations and related processes.
* Assessment – Ensure appropriate assessment, program approval, and accreditation needs for all programs, specifically for SACS and the Georgia Professional Standards Commission; Collaborate with the Office of Institutional Effectiveness and Assessment; provide leadership for all program coordinators and curriculum/instruction/assessment leaders; review all Board of Regents Comprehensive Program Reviews for the College of Education.
* Data Analysis – Develop reports related to assessment data, student enrollment, credit hour production, and other needs
* Grants / Contracts – Advance efforts, and review and sign all external funding proposals and related documents; Collaborate with the Office of Research and Sponsored Projects
* International Programs – Increase and support all international and study abroad programs and relationships for high impact practices; Collaborate with the Office of Education Abroad; budget management
* Faculty Development – Increase faculty mentoring and professional development endeavors; Collaborate with the Faculty Development, Mentoring, and Retention committee; serve as Dean’s Office liaison on the Faculty Governance Council and Faculty Governance Committee.
* New Faculty Orientation – Lead and provide support for early faculty development, especially first through third year faculty members
* Software – Coordinate the purchase of research-related software and technology resources; budget management
* Management – Direct supervisor for the Assessment Program Specialist, and other Dean’s Office staff members
* Teaching, Service, and Professional Growth and Development – Maintain a quality record of teaching, service, and scholarship opportunities as a faculty member

Selected Accomplishments:

* Program Approval from the Georgia Professional Standards Commission (GaPSC) – led the successful review of all College of Education GaPSC approved programs (2020). This included document preparation and online submission for 32 programs, organizing and mentoring faculty for the review process, and coordinating all efforts with GaPSC staff. The final report of all programs and standards included no stipulations, no areas for improvement, and three specific strengths identified in three of the five standards.
* External Funding – promoted and supported faculty development of external funding proposals, resulting in 30 successful awards (2017-2021) totaling more than $4M.
* Assessment – led the assessment effort for all programs in preparation for the annual assessment review process, increasing scores from 2.8 (2017) to 3.57 (2020) on a 4.0 scale.
* Entrepreneurial Centers and High Impact Practices – supported the Dean to help build and maintain efforts in the Fusion Center, Simulation Lab, Comprehensive Community Clinic, Wolf Wellness Lab, Innovation and Mobile Lab, and Study Abroad programs.
* Faculty Productivity – support and provide mentoring for faculty professional growth and development, resulting in a significant number of publications and presentations each year; host numerous professional growth and development sessions for faculty members every semester. Most recently, 100% of College of Education faculty members pursuing tenure and / or promotion were awarded (2022).

Program Coordinator, Graduate Program in Health and Physical Education, College of Education, UWG (2009-2011, 2020-2022)

Responsibilities in addition to teaching include curriculum review, assessment and data analysis, leading program meetings and student orientation sessions, providing recruiting and marketing assistance, and advising all students.

Program Coordinator, Undergraduate Program in Health and Physical Education, College of Education, UWG (2008–2015)

Responsibilities in addition to teaching load included scheduling classes, curriculum

review, assessment and data analysis, leading program meetings, submitting

programmatic changes, coordinating research agendas, communicating with field

experiences and placements, providing recruiting and marketing assistance, advising

students, completing the comprehensive program review, and assisting with student

awards and scholarships

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**SCHOLARLY PUBLICATIONS**

**Refereed International, National and State Journal Articles (41)**

41**Heidorn, B.** (2024). Teaching a Successful Badminton Unit: Skills and Strategies for

Secondary Physical Education. *Strategies: A Journal for Physical and Sport*

*Educators, 37*(1), 20-26*.*

40**Heidorn, B.,** Heidorn, J., & \*Buice, S. (2023). Balls and beats in physical education.

*Journal of Physical Education, Recreation, & Dance, 94*(8), 5-8.

39\*Shea, E. & **Heidorn, B.** (2022). Quality assessment in physical education: Concepts,

examples, and recommendations. *Strategies: A Journal for Physical and Sport*

*Educators,35*(6), 46-48, DOI:10.1080/08924562.2022.2120754

38\*Kelley, J. & **Heidorn, B.** (2022). Engaging students for physical activity, skill, and fitness

participation. *Strategies: A Journal for Physical and Sport Educators, 35*(5), 38-40.

37**Heidorn, B**., Mosier, B., & Stoepker, P. (2022). Historical perspectives

in CSPAP: Examining one PETE program’s story. *Journal of Physical Education,*

*Recreation, and Dance, 93*(6), 22-28. DOI:10.1080/07303084.2022.2081274

36Eliott, E., McKenzie, T., Woods, A.M., Beighle, A., **Heidorn, B.** & Lorenz, K. (2022).

Comprehensive school physical activity programs: Roots and potential growth. *Journal*

*of Physical Education, Recreation & Dance* (93(5), 6-12. https://doi.org/10.1080/07303084.2022.2053472. Invited article.

35Whisenhunt, J., Biber, D., & **Heidorn, B.** (2022). On the front line: The

role of physical educators in preventing student suicide. *Journal of Physical Education,*

*Recreation, and Dance*, *93*(3), 25-31.

34\*Grimes, K. & **Heidorn, B.** (2022). Standards-based teaching in elementary physical

education. *Journal of Physical Education, Recreation & Dance, 93*(1),51-54.

33Brooks, C., Stoepker, P., Mosier, B., & **Heidorn, B.** (2021). Theory into practice: The

development and delivery of online professional development in physical education.

*Strategies: A Journal for Physical and Sport Educators, 35*(5), 46-48.

32**Heidorn, B.** & Stoepker, P.(2021). Adopting the national coaching standards in sport

programs. *Strategies: A Journal for Physical and Sport Educators, 34*(2), 31-36.

31**Heidorn, B.** & Huet, K. (2020). Theory into practice: Coaching strategies for fitness testing.

*Strategies: A Journal for Physical and Sport Educators, 33* (2), 41-43.

30Stoepker, P. **& Heidorn, B**. (2019). Coach’s Corner: Coaching the parental side of the game.

*Strategies: A Journal for Physical and Sport Educators, 32*(5), 36-38*.*

29**Heidorn, B**. & Mosier, B. (2019). Theory into practice: Differentiation for student learning in

physical education. *Strategies: A Journal for Physical and Sport and Educators*, *32*(4),

40-44.

28Biber, D., Stoepker, P., & **Heidorn, B**. (2019). Theory into practice: Techniques to promote

healthy self-regulation in the classroom. *Strategies: A Journal for Physical and Sport*

*Educators, 32*(2), 56-60*.*

27Heidorn, J. & **Heidorn, B**. (2018). Theory into practice: Recess Reboot: Effective planning and

implementation strategies for classroom teachers. *Strategies: A Journal for Physical and*

*Sport Educators, 31*(5), 48-52*.*

26Whisenhunt, J. & **Heidorn, B.** (2018). The role of physical educators as allies for students

who self-injure. *Journal of Physical Education, Recreation, and Dance*, *89*(1), 46-51.

25Flynn, S., Duell, K., Dehaven, C., & **Heidorn, B.** (2017). Kick, stroke, and swim:

Complementing your swimming program by engaging the whole body on dry-land and

in the pool. *Strategies: A Journal for Physical and Sport Educators, 30*(6), 33-38*.*

24**Heidorn, B.** & Mosier, B. (2017). Integrating CSPAP in PETE Programs: Sharing insights

and identifying strategies from the University of West Georgia. *Journal of Physical Education, Recreation and Dance*, *88*(1), 50-56. Special Feature.

23**Heidorn, B.** (2016). Theory into practice: An outside of school physical activity requirement

for physical education. *Strategies: A Journal for Physical and Sport Educators*, *29*(5),

42-47.

22Mosier, B., **Heidorn, B**., & Johnson, C. (2015). Theory into practice: Conducting a hiring

simulation fair for teacher education candidates. *Strategies: A Journal for Physical and*

*Sport and Educators*, *28*(6), pp. 39-41.

21**Heidorn, B.** & Jenkins, D. B. (2015). Theory into practice: Supervision in physical education

teacher education (PETE) programs: Making the case for paired placements. *Strategies:*

*A Journal for Physical and Sport Educators, 28*(2), 44-48.

20Butts, F., **Heidorn, B**., & Mosier, B. (2013). Comparing student engagement in online and

face-to-face instruction in health and physical education teacher preparation. *Journal of*

*Education and Learning, 2*(2), 8-13.

19Elliot, E., Erwin, H., Hall, T., & **Heidorn, B.** (2013). Comprehensive school physical activity

programs: Helping all students achieve 60 minutes of physical activity each day. *Journal*

*of Physical Education, Recreation and Dance,* *84*(9), 9-15.

18Mosier, B. & **Heidorn, B.** (2013). Theory into practice: Training others to lead comprehensive

school physical activity programs. *Strategies: A Journal for Physical and Sport*

*Educators, 26*(5)*,* 43-45.

17**Heidorn, B**. & Mosier, B. (2013). Standards-based instruction in physical education.

*NCAAHPERD Journal*, *48*(1), 44-52.

16Mowling, C. & **Heidorn, B.** (2013). Every shot counts: Rallying around traditional practice

strategies. *Strategies: A Journal for Physical and Sport Educators, 26*(2), pp. 30-36.

15Hooper, M. & **Heidorn, B.** (2012). Comprehensive school physical activity programs:

Preparing leaders to implement strategies that support conditions for change. *The Journal*

*of Teaching, Learning, and Research in Educational Leadership, 2* (1)

(www.gelfajournal.org).

14Blankenship, B. T. & **Heidorn, B.** (2012). From Zumba to yoga to reality tv: Using pop

culture to teach the sciences: Introduction. *Journal of Physical Education, Recreation*

*and Dance*, *83*(8), pp. 13-14, Symposium Feature.

13**Heidorn, B.** & Centeio, E. (2012). Implementing comprehensive school physical activity

programs: The role of directors of physical activity. *Journal of Physical Education,*

*Recreation and Dance, 83*(7), pp. 13-19, 25,Special Feature.

12**Heidorn, B.** & \*Weaver, R. G. (2011). The Ultimate unit in physical education. *Strategies: A*

*Journal for Physical and Sport Educators, 25*(1)*, pp. 16-22*.

11**Heidorn, B.** (2011). National Association for Sport and Physical Education Position Paper:

*Physical education is critical to educating the whole child*.

Reprinted in the *Journal of Physical Education, Recreation and Dance*.

10Hall, T., **Heidorn, B**., & Welch, M. (2011). A description of preservice teachers’ task

presentation skills. *The Physical Educator 68*(4), pp. 188-198.

9Hall, T., Little, S., & **Heidorn, B**. (2011). Preparing classroom teachers to meet students’

physical activity needs. *Journal of Physical Education, Recreation, and Dance 82*(3),

pp. 40-45, 52.

8**Heidorn, B.** & \*Trent, R. (2011). High quality physical education: Five steps to improve your

program. *The GAHPERD Journal, 44*(1), pp. 17-21.

7**Heidorn, B**., Hall, T., & Carson, R. (2010). Theory into practice: Comprehensive school-based

physical activity program. *Strategies: A Journal for Physical and Sport Educators, 44*(2),

pp. 33-35*.*

6**Heidorn, B.** & Hall, T. (2010). A shared leadership approach to promoting school wellness

policy and program change. *The GAHPERD Journal*, *43*(1), pp. 15-17.

5**Heidorn, B**. & Welch, M. (2010). Teaching affective qualities in physical education.

*Strategies: A Journal for Physical and Sport Educators*, *23*(5), pp. 16-21.

4Woods, A. M., **Heidorn, B.**, & Lee, W. (2009). Hot off the NASPE press: Revised

opportunity to learn guidelines. *Strategies: A Journal for Physical and Sport*

*Educators*, *23*(2), pp. 34-35.

3Mowling, C. & **Heidorn, B**. (2009). Tennis in physical education: Strategies for promoting a

physically active lifestyle. *The GAHPERD Journal, 42* (1) pp. 16-18.

2Jenkins, D. & **Heidorn, B.** (2009). Space moves: Adding movement to science lessons.

*Science and Scope*, *32*(8), pp. 44-47.

1**Heidorn, B**. (2007). Back to the basics in soccer: An emphasis on passing and trapping.

*Strategies: A Journal for Physical and Sport Educators*, *21*(1), pp. 8-14.

(\*) denotes publication with current or former students

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**National Abstract Publications and Conference Proceedings (6)**

6Mosier, B. & **Heidorn, B.** (2014). Preparing PETE students for the interview process. *Research*

*Quarterly for Exercise and Sport – Supplement, 85*(1), A139.

5Johnson, J. & **Heidorn, B.** (2014). Evaluating the professional dispositions of undergraduate

PETE students. *Research Quarterly for Exercise and Sport – Supplement, 85*(1), A139*.*

4**Heidorn, B**., Jenkins, D., Mosier, B., & Harvey, R. (2012). Comparing the feedback, time, and

cost of traditional and video-based supervision of student teachers. *Research Quarterly*

*for Exercise and Sport – Supplement, 83* (1), 10A-96A.

3**Heidorn, B.** (2009). Effectiveness of a physical activity requirement for high school students.

*Research Quarterly for Exercise and Sport – Supplement, 80*(1), A60.

2Hall, T., French, K.E., **Heidorn, B.,** & Welch, M., (2008). The development of task presentation

skills in preservice teachers. *Research Quarterly for Exercise and Sport – Supplement, 79*

(1), A50-51.

1Mitchell, M., Welch, M**.**, & **Heidorn, B**. (2007). Living the physically active lifestyle: A profile

of college students enrolled in elective physical activity courses. *Research Quarterly for*

*Exercise and Sport – Supplement, 78* (1), A-68.

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**Published Monograph (1)**

1Lee, S. & **Heidorn, B.** (2009) Opportunity to learn: Guidelines for high school physical

education. Key elements in producing quality physical education programs. A position

statement from the National Association for Sport and Physical Education (3rd ed.).

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**Editorials, Viewpoints, and Issues – Non-Refereed (20)**

**20Heidorn, B.** (2022). Viewpoint: Quality physical education: A students’ perspective. *The*

*Journal of Physical Education, Recreation & Dance, 93*(4), 3-5. doi.org/10.1080/07303084.2022.2050139

**19Heidorn, B.** (2020). Viewpoint: Provide and protect the essential components. *The*

*Journal of Physical Education, Recreation & Dance, 91*(5), 3-5.

**18Heidorn, B.** (2020). Viewpoint: Revisiting the PETE Beginning Teacher Standards. *The*

*Journal of Physical Education, Recreation & Dance, 91(1)* 5-6.

**17Heidorn, B.** (2019). Issue: What can be done to motivate high school students in physical

education? *The Journal of Physical Education, Recreation & Dance, 90(8),* 67.

**16Heidorn, B.** (2019). Issue: If you had to choose only one, what would be the goal of physical

education? *The Journal of Physical Education, Recreation & Dance, 90(7)*, 62-63.

**15Heidorn, B.** (2019). Issue: What can be done to change the perceptions individuals have

regarding grading in physical education? *The Journal of Physical Education, Recreation*

*& Dance, 90*(6), 60-61.

**14Heidorn, B.** (2019). Issue: Should physical education teachers serve as the physical

activity leader (PAL) in their school? *The Journal of Physical Education, Recreation &*

*Dance, 90*(4), 62.

**13Heidorn, B.** (2019). Issue: How can districts better prepare elementary PE paraprofessionals? *The Journal of Physical Education, Recreation & Dance, 90*(3), 58.

**12Heidorn, B.** (2019). Issue: What is the place of competition in elementary and secondary

physical education curricula? *The Journal of Physical Education, Recreation & Dance,*

*90*(1), 61.

**11Heidorn, B.** (2018). Issue: Should PETE programs require majors to achieve minimal

levels of health-related fitness? *The Journal of Physical Education, Recreation & Dance,*

*89(9),* 67.

**10Heidorn, B.** (2018). Issue: Why is it important to have a quality after-school recreation

program? *The Journal of Physical Education, Recreation & Dance, 89*(8), 62.

**9Heidorn, B.** (2017). Issue: What lifetime physical activities/units should be included in the

physical education curriculum and why? *The Journal of Physical Education, Recreation*

*& Dance, 88*(8),63.

**8Heidorn, B.** (2016). Issue: How can physical educators and coaches create an inclusive and

respectful culture? *The Journal of Physical Education, Recreation & Dance, 87* (7), 62*.*

**7Heidorn, B.** (2016). Issue: Should the physical educator be held accountable for student

physical activity levels beyond physical education? *The Journal of Physical Education,*

*Recreation & Dance, 87*(6), 55-56.

**6Heidorn, B.,** Weaver, R. G., & Beighle, A. (2016). Viewpoint: Physical education and

physical activity: A combined approach. *The Journal of Physical Education, Recreation*

*& Dance, 87*(4), 6-7.

**5Heidorn, B.** (2015). Editorial: Professional development in physical education: A focus on

PETE students. *The Journal of Physical Education, Recreation & Dance, 86(*9*),* 3-4.

**4Heidorn, B.** (2015). Editorial: Professional development in physical education. *The*

*Journal of Physical Education, Recreation & Dance, 86*(1), 3-5.

**3Heidorn, B.** (2014). Viewpoint: Preparing the next generation of physical education

teachers. *The Journal of Physical Education, Recreation & Dance, 85*(9), 6-9.

**2Heidorn, B.** (2014). Editorial: Back to the basics in sport and physical activity. *The*

*Journal of Physical Education, Recreation & Dance*, *85*(2), 3-5.

**1Heidorn, B.** (2013). Editorial: Exploring role modeling in sport and physical education. *The*

*Journal of Physical Education, Recreation & Dance, 84*(7), 5-7.

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**Other Published Works – Non-Refereed (15)**

**15Heidorn, B.** (2018). From the GAHPERD Archives: Summary of 1979 article, Historical

Highlights of G.A.H.P.E.R. (or) “In and Out of the Dustpan”. *The GAHPERD Journal,*

*50(*2), 37. Editor of the journal.

**14Heidorn, B.** (2018). Coaching 101: Developing a coaching philosophy. *The GAME*: The

official newsletter of the Georgia Association for Health, Physical Education, Recreation,

and Dance. August 2018. Editor of the journal.

**13Heidorn, B.** (2018). Coaching 101: How should I work with sports officials? *The GAME*: The

official newsletter of the Georgia Association for Health, Physical Education, Recreation,

and Dance. May 2018. Editor of the journal.

**12Heidorn, B.** (2018). Physical education and coaching. *The GAME*: The official newsletter of

the Georgia Association for Health, Physical Education, Recreation, and Dance. May

2018. Editor of the journal.

**11Heidorn, B.** (2018). Goal setting for health and physical activity. *The GAME*: The official newsletter of the Georgia Association for Health, Physical Education, Recreation, and

Dance. February 2018. Editor of the journal.

**10**Greene, B. & **Heidorn, B.** (n.d.). Middle School Physical Education Requirement: A Position

Statement from the Georgia Association for Health, Physical Education, Recreation, and

Dance. Located at https://www.gahperd.org/advocacy.html.

**9Heidorn, B.** (2017). Why is physical education important? *The GAME*: The official newsletter

of the Georgia Association for Health, Physical Education, Recreation, and Dance.

October 2017. Editor of the journal.

**8Heidorn, B.** (2017). What is a CSPAP? *The GAME*: The official newsletter of the Georgia

Association for Health, Physical Education, Recreation, and Dance. August 2017. Editor

of the journal.

**7Heidorn, B.** (2017). Should we play dodgeball? *The GAME*: The official newsletter of the

Georgia Association for Health, Physical Education, Recreation, and Dance. May 2017.

Editor of the journal.

**6Heidorn, B**. (2016). Tips from the Physical Education Division: Physical Activity and Fitness

Recommendations for Professionals. *GAHPERD Journal*, *48*(2), 14-15. Editor of the

journal.

**5**Georgia Association for Health, Physical Education, Recreation and Dance (2015). Middle

school physical education requirement [Position statement]. Leader of the writing team.

**4**American Alliance for Health, Physical Education, Recreation and Dance (2013).

Comprehensive school physical activity programs: Helping students achieve 60 minutes

of physical activity each day [Position statement]. Reston, VA: Author. Leader of the writing team.

**3Heidorn, B.** & Jenkins, D. (2011). Alternative approaches to student teacher supervision. *Phi*

*Delta Kappa, West Georgia Chapter, 25*(1), pp. 23-24.

**2**National Association for Sport and Physical Education (2011). *Physical education is critical to*

*educating the whole child* [Position paper]. ([www.aahperd.org](http://www.aahperd.org)).

**1Heidorn, B.,** Welch, M., & Mears, D. (2010). National Association for Sport and Physical

Education: *Summary Document of NASPE Position Papers*.

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**Book, Program, and Other Reviews**

2019 Meeks Comprehensive School Health Education (McGraw-Hill).

2018 Physical Best activities for Physical Education for Lifelong Fitness.

2018 Physical Education for Lifelong Fitness: Physical Best teacher’s guide (4thed.)

2017 Comprehensive School Physical Activity Programs. Russell Carson and Collin Webster (Eds). SHAPE America. Human Kinetics.

2016 CSPAP Adoption in P-12 Schools Question Matrix. Comprehensive School Physical Activity Programs, Georgia State University

2016 National fitness test for physical education majors. Department of Kinesiology, Sam Houston State University

2016 Physical Education for Lifelong Fitness: Physical Best teacher’s guide (3rded.)

2016 Get Fit, Stay Fit. F.A. Davis Company

2016 Food, physical activity, and fun: An interactive approach to enhance a child’s engagement and understanding of their own health. The University of Nebraska

2016 Essentials of the Presidential Youth Fitness Program Online Course

2015 *Learning on Your Feet: Incorporating Physical Activity into the K-8 Classroom*. Johnson and Jones, Routledge

2015 *Fit for the Master*. Zondervan

2013 *Exercise Physiology for Health, Fitness, and Performance*. Lippincott Williams and Wilkins

2012 *Connect Get Active Series*. McGraw-Hill Publishing Company

2012 *Exercise Physiology*. Human Kinetics.

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**Book in Preparation**

**Heidorn, B.** (In Preparation). Considering the National Standards for Coaching. In

partnership with SHAPE America.

**Manuscripts in Preparation or Review**

**Heidorn, B.** (In Preparation). Cognitive bias in coaching individual and team sports.

**Heidorn, B.** (In Preparation). Twenty indicators of quality physical education.

**Heidorn, B.** (In Preparation). Integrating health into elementary physical education programs.

\*Martin, S. & **Heidorn, B.** (In Preparation). Instructional models for quality physical education

after COVID-19.

\*Hancock, Z. & **Heidorn, B.** (In Preparation). Triphasic training program design and tempos for

high school weight training.

\*Bailey, R. & **Heidorn, B.** (In Preparation). Coaching and fitness for interscholastic athletics.

This draft manuscript is nearly finished.

**Heidorn, B.** (In Preparation). Intramural programs in K-12 schools.

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**Awards/honors**

2018 – **Award Recipient**, GAHPERD Kim Thompson Honor Award from the Georgia

Association for Health, Physical Education, Recreation, and Dance

2015 – **Award Recipient**, Recognition from the Georgia Association for Health, Physical

Education, Recreation and Dance, President of the Association

2014 – **Award Recipient**, SDAAHPERD Taylor Dodson Young Professional Award from the

Southern District of the American Association for Health, Physical Education, Recreation

and Dance (SDAAHPERD)

2012 – **Award Recipient**, University of West Georgia College of Education Faculty Outstanding

Service Award

2011 – **Award Recipient**, Robert W. Moore Professional Recognition Award from the

Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD)

2010 – **Award Recipient** of the Young Scholar Award from the Georgia Association for Health,

Physical Education, Recreation and Dance (GAHPERD)

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**Grants / fellowship / External Funding**

**Awarded**

2012 Teacher Quality Grant, *Teaching Middle School Science through Sport*. Awarded, $44,150. Other colleagues on the grant include Deb Bainer Jenkins (PI), Julie Talbot, Jeff Johnson, and Brian Mosier, University of West Georgia.

**Not Awarded**

2018 Girls Empowered to Move and Play Sports. $20,623 from the Atlanta Falcons Youth Foundation. Colleagues on the grant include Brian Mosier (Co-PI), University of West Georgia.

2016 Presidential Youth Fitness Program Online Training. $100,000 from the National Foundation on Fitness, Sports & Nutrition. Colleagues on the grant proposal include Brian Mosier (Co-PI), University of West Georgia.

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**conference participation**

**Refereed National Scholarly Presentations**

**25Heidorn, B.** & Mosier, B. (2018, October). Assessing PETE training in Whole of School

Approaches (WOS). Round table presentation at the PETE conference of the Society of

Health and Physical Educators America, Salt Lake City, UT.

**24Heidorn, B.** (2017, March). Should we *require* physical activity participation outside of

school? Paper presentation at the annual meeting of the Society of Health and Physical

Educators America, Boston, MA.

**23Heidorn, B.** & Mosier, B. (2017, January). Overcoming the current trend of declining

enrollment in physical activity programs. Presentation at the annual meeting of the

National Association for Kinesiology in Higher Education. Orlando, FL.

**22Heidorn, B.** & Mosier, B. (2015, March). University of West Georgia. In R. L. Carson (Chair),

*Integrating CSPAP in PETE programs: Sharing insights and identifying strategies*.

Workshop session conducted at the annual meeting of the Society of Health and Physical

Educators America, Seattle, WA.

**21**Mosier, B., **Heidorn, B.** (2014, April). Preparing PETE students for the interview process.

Poster presentation at the American Alliance of Health, Physical Education, Recreation,

and Dance, St. Louis, MO.

**20**Johnson, J., **Heidorn, B.** & Mosier, B. (2014, April). Evaluating the professional dispositions

of undergraduate PETE students. Poster presentation at the American Alliance of Health,

Physical Education, Recreation, and Dance, St. Louis, MO.

**19Heidorn, B.** (2012, October). Training teacher candidates to plan, deliver, and assess

CSPAP components. Paper presentation at the Physical Education Teacher Education

(PETE) Conference for the National Association for Sport and Physical Education

(NASPE), Las Vegas, NV.

**18Heidorn, B.,** Harvey, R., & Jenkins, D. B. (2012, October). Exploring paired placement of

student teachers: Reasons for strategic placements. Paper presentation at the Physical

Education Teacher Education (PETE) Conference for the National Association for Sport

and Physical Education (NASPE), Las Vegas, NV.

**17Heidorn, B.,** Jenkins, D.B., Mosier, B., & Harvey, R. (2012, April). Comparing the feedback,

time, and cost of traditional and video-based supervision of student teachers. Paper

presentation at the American Educational Research Association (AERA), Vancouver,

Canada.

**16Heidorn, B.** & Butts, F. (2012, March). A value-added approach to a vibrant college/university

instructional physical activity program. Paper presentation at the American Alliance of

Health, Physical Education, Recreation, and Dance (AAHPERD), Boston, MA.

**15Heidorn, B.,** Jenkins, D.B., Mosier, B., & Harvey, R. (2012, March). Comparing the feedback,

time, and cost of traditional and video-based supervision of student teachers. Paper

presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD), Boston, MA. Presentation canceled due to power outage in Boston.

**14Heidorn, B**., Jenkins, D. B., Harvey, R., & Mosier, B. (2011, April). A comparison of

alternative approaches to student teacher supervision*.* Paper presentation at the

annual meeting of the American Educational Research Association (AERA), New

Orleans.

**13Heidorn, B.,** Jenkins, D., Mosier, B., & Harvey, R. (2011, April). The effectiveness of using

paired placements for student teaching. Paper presentation at the American Alliance

of Health, Physical Education, Recreation, and Dance (AAHPERD), San Diego, CA.

**12Heidorn, B.,** Jenkins, D., Harvey, R., & Mosier, B. (2011, April). Using technology to

supervise student teachers. Paper presentation at the American Alliance of Health,

Physical Education, Recreation, and Dance (AAHPERD), San Diego, CA.

**11**Johnson, J. & **Heidorn, B.**, Mosier, B., & Harvey, R. (2011, April). An accountability measure

for physical activity with physical education majors. Paper presentation at the

American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD),

San Diego, CA.

**10Heidorn, B.,** Koch, J., & Mosier, B. (2011, February). Movement, learning, and the

development of the whole child. Paper presentation at the Association of Teacher

Educators (ATE), Orlando, FL.

**9**Jenkins, D. & **Heidorn, B**. (2010, March). Alternative Approaches to Student Teacher

Supervision. Paper presentation at the American Alliance of Health, Physical

Education, Recreation, and Dance (AAHPERD), Indianapolis, IN.

**8Heidorn, B.** & Johnson, J. (2009, October). A physical activity requirement for pre-service physical education students. Paper presentation at the Physical Education Teacher

Education (PETE) Conference for the National Association for Sport and Physical

Education (NASPE), Myrtle Beach, SC.

**7**Jenkins, D. & **Heidorn, B**. (2009, October). An analysis of written feedback provided to student teachers. Paper presentation at the Physical Education Teacher Education (PETE)

Conference for the National Association for Sport and Physical Education (NASPE),

Myrtle Beach, SC.

**6**Jenkins, D. & **Heidorn, B**. (2009, October). A comparison of video and face-to-face

observation of student teachers. Paper presentation at the Physical Education Teacher

Education (PETE) Conference for the National Association for Sport and Physical

Education (NASPE), Myrtle Beach, SC.

**5Heidorn, B**. (2009, March). The effectiveness of an outside of school physical activity program for high school students. Poster presentation for the American Alliance of Health,

Physical Education, Recreation, and Dance (AAHPERD), Tampa, FL.

**4**Miller, S., Beals, B., Satterblom, A., Woods, A., Lee, S., & **Heidorn, B**. (2009, March).

Committee Presentation. Revision of the Opportunity to Learn Books. Paper presentation for the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) Tampa, FL.

**3Heidorn, B**. & Metcalf, K. (2008, April). Evaluating pre-service teachers and their preparation

programs. Session Title: An integrated, comprehensive, and standards-based system of

educator evaluation: The North Carolina experience. Multi-paper session at the

American Evaluation Association (AEA) National Conference, Denver, CO.

**2**Hall, T., **Heidorn, B**., & Welch, M. (2008, March). Development of task presentation skills in

preservice teachers. Poster presentation for the American Alliance of Health,

Physical Education, Recreation, and Dance (AAHPERD), Fort Worth, TX.

**1**Mitchell, M., Welch, M., & **Heidorn, B**. (2007, March). Living the physically active lifestyle:

A profile of college students enrolled in elective physical activity courses. Poster

presentation for the American Alliance of Health, Physical Education, Recreation, and

Dance (AAHPERD), Baltimore, MD.

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**Refereed Regional and State Scholarly Presentations**

66**Heidorn, B**. (2023, October). Energizers, ice-breakers, and warm-ups in physical education.

Georgia Association for Health, Physical Education, Recreation, and Dance. Athens, GA.

65Stoepker, P.& **Heidorn, B**. (2019, October). Coaching the parental side of the game. Georgia

Association for Health, Physical Education, Recreation, and Dance. Athens, GA.

**64Heidorn, B.** & Heidorn, J. (2018, January). Effective Instruction in K-12 Physical

Education. SHAPE America Eastern District Regional Convention. Burlington, VT.

**63Heidorn, B.** & Heidorn, J. (2018, January). What If Physical Activity Outside of

School Was a Requirement? SHAPE America Eastern District Regional Convention.

Burlington, VT.

**62Heidorn, B.** & Smith, L.(2017, November). Data clutter: What documents to collect, prepare,

and submit to support the assessment process – round table presentation. Semi-annual

conference of the Georgia Assessment Directors’ Association, Macon, GA.

**61Heidorn, B.** (2017, October). What If Physical Activity Outside of School Was a

Requirement? Georgia Association for Health, Physical Education, Recreation and

Dance. Athens, GA.

**60Heidorn, B.** & Mosier, B. (2017, October). Effective Instruction in K-12 Physical

Education. Georgia Association for Health, Physical Education, Recreation and Dance.

Athens, GA.

**59Heidorn, B.** (2016, November). Comprehensive school physical activity programs: Strategies

for success. Georgia Association for Health, Physical Education, Recreation and Dance.

Savannah, GA.

**58Heidorn, B.** & Mosier, B. (2016, November). Including skill development with fitness

activities in K-12 physical education. Georgia Association for Health, Physical Education, Recreation and Dance. Savannah, GA.

**57Heidorn, B.** (2016, February). Skill development and fitness activities for team sports.

Presentation at SHAPE America Southern District Convention, Williamsburg, VA.

**56\***Gaskin, B., \*Powell, C., & **Heidorn, B.** (2016, January). Teaching racket sports in physical

education. Presentation at Share the Wealth Physical Education Conference, Jekyll

Island, GA.Student scholarship provided.

**55Heidorn, B.** (2016, January). Teaching throwing and catching in K-12 physical education.

Presentation at Share the Wealth Physical Education Conference, Jekyll Island, GA.

**54Heidorn, B.** (2016, January). Fitness principles from exercise science. Presentation at Share

the Wealth Physical Education Conference, Jekyll Island, GA.

**53Heidorn, B.** (2015, November). USA Track and Field Run Jump Throw.

Pennsylvania Association for Health, Physical Education, Recreation and Dance. Valley

Forge, PA.

**52Heidorn, B.** (2015, October).Exercise science and exercise prescription for all

individuals. Georgia Association for Health, Physical Education, Recreation and Dance.

Marietta, GA.

**51Heidorn, B.** (2015, October). USA Track and Field Run Jump Throw. Georgia

Association for Health, Physical Education, Recreation and Dance. Marietta, GA.

**50**Heidorn, J. & **Heidorn, B.** (2015, February). Promoting health and physical activity among

classroom teachers. Presentation at SHAPE America Southern District Convention,

Atlanta, GA.

**49Heidorn, B.** (2015, February). Principles of Effective Coaching: Training for fitness

and nutrition. SHAPE America Southern District Convention, Atlanta, GA.

**48Heidorn, B.** (2015, February). Principles of Effective Coaching: Managing your

team, relationships, and risk. SHAPE America Southern District Convention, Atlanta,

GA.

**47\***Gaskin, J. & **Heidorn, B.** (2015, January). Pickle ball in physical education. Presentation at

Share the Wealth Physical Education Conference, Jekyll Island, GA. Student scholarship

provided.

**46Heidorn, B.,** Heidorn, J., & Stewart, B. (2014, February). Developing fitness from exercise

science: What every coach needs to know. Southern District Convention, American

Alliance for Health, Physical Education, Recreation, and Dance, Lexington,

KY.

**45**Stewart, B., Heidorn, J., **Heidorn, B**. (2013, October). Focusing on fitness: Techniques, trends,

and training principles. Georgia Association for Health, Physical Education, Recreation

and Dance. Marietta, GA.

**44Heidorn, B.** (2013, October). Improving learning with physical activity. Georgia Association

of Christian Schools (GACS). McDonough, GA.

**43Heidorn, B**. (2013, October). Excellence in coaching young athletes. Georgia Association of

Christian Schools (GACS). McDonough, GA.

**42Heidorn, B**. (2013, October). Exploring role modeling in schools, sport, and spiritual development. Georgia Association of Christian Schools (GACS). McDonough, GA.

**41**Heidorn, J. & **Heidorn, B.** (2013, October). Developing fitness from exercise science. Georgia

Association of Christian Schools (GACS). McDonough, GA.

**40Heidorn, B**., \*Skinner, C., & \*Penland, C. (2013, January). Buckets, balls, and beats.Share the

Wealth Elementary, Middle, & High School Physical Education Conference, Jekyll

Island, Georgia, 2013. Student scholarship provided.

**39Heidorn, B.,** Mosier, B., & Jenkins, D. (2013, January). When sport and science meet:

Strategies for academic integration: Part 1. Share the Wealth Elementary, Middle, &

High School Physical Education Conference, Jekyll Island, Georgia.

**38Heidorn, B.,** Mosier, B., & Jenkins, D. (2013, January). When Sport and Science Meet:

Strategies for Academic Integration: Part 2. Share the Wealth Elementary, Middle, &

High School Physical Education Conference, Jekyll Island, Georgia.

**37Heidorn, B.** & Mosier, B. (2012, November). Effective implementation of a comprehensive

school physical activity program (CSPAP): Part I. Georgia Association for Health,

Physical Education, Recreation, and Dance (GAHPERD), Savannah, GA.

**36Heidorn, B.** & Mosier, B. (2012, November). Effective implementation of a comprehensive

school physical activity program (CSPAP): Part II. Georgia Association for Health,

Physical Education, Recreation, and Dance (GAHPERD), Savannah, GA.

**35Heidorn, B.** & Mosier, B. (2011, October). Help! I’m working with a student teacher. Help!

I’m a student teacher. Georgia Association for Health, Physical Education, Recreation,

and Dance (GAHPERD), Atlanta, GA.

**34**Mosier, B. & **Heidorn, B.** (2011, October). What do they really think? The student’s

perception of the health and physical education program. Georgia Association for

Health, Physical Education, Recreation, and Dance (GAHPERD), Atlanta, GA.

**33Heidorn, B.** (2011, October). Preparing k-12 students for a lifetime of physical activity.

Georgia Association for Health, Physical Education, Recreation, and Dance

(GAHPERD), Atlanta, GA.

**32Heidorn, B.,** Mosier, B., & Lund, J. (2011, October). National Association for Sport and

Physical Education (NASPE) Update. Georgia Association for Health, Physical

Education, Recreation, and Dance (GAHPERD), Atlanta, GA.

**31Heidorn, B.** & Mosier, B. (2011, October). Fitness games in physical education. Georgia

Association for Health, Physical Education, Recreation, and Dance (GAHPERD),

Atlanta, GA.

**30Heidorn, B.** & Mosier, B. (2011, October). Comprehensive school-based physical activity

programs. Georgia Association for Health, Physical Education, Recreation, and Dance

(GAHPERD), Atlanta, GA.

**29Heidorn, B.** (2011, October). Teaching for effectiveness in physical fitness. Georgia

Association of Christian Schools (GACS). Macon, GA.

**28Heidorn, B.** (2011, October). Comprehensive school-based physical activity, part 1. Georgia

Association of Christian Schools (GACS). Macon, GA.

**27Heidorn, B.** (2011, October). Comprehensive school-based physical activity, part 2. Georgia

Association of Christian Schools (GACS). Macon, GA.

**26Heidorn, B.** (2011, October). Energizers! Georgia Association of Christian Schools (GACS).

Macon, GA.

**25**Mosier, B. & **Heidorn, B.** (2011, March). Comprehensive school-based physical

activity program. Invited. Georgia Wellness Summit, Atlanta, GA.

**24Heidorn, B.** & Koch, J. (2010, November). Fitness in physical education. Georgia Association for Health, Physical Education, Recreation, and Dance (GAHPERD), Savannah, GA.

**23Heidorn, B.** & Harvey, R. (2010, November). Promoting physical activity among K-12

students, faculty, and staff. Georgia Association for Health, Physical Education,

Recreation, and Dance (GAHPERD), Savannah, GA.

**22**Mosier, B., Koch, J., & **Heidorn, B.** (2010, November). Fitness stations in physical education

with the FITNESSGRAM. Georgia Association for Health, Physical Education,

Recreation, and Dance (GAHPERD), Savannah, GA.

**21**Harvey, R., Mosier, B., & **Heidorn, B.** (2010, November). Teaching for effectiveness in

physical education. Georgia Association for Health, Physical Education, Recreation, and

Dance (GAHPERD), Savannah, GA.

**20Heidorn, B**. (2009, November). Fitness Games. Georgia Association for Health, Physical Education, Recreation, & Dance (GAHPERD). Atlanta, GA.

**19Heidorn, B**. (2009, November). Motivating students for physical activity. Georgia Association

for Health, Physical Education, Recreation, & Dance (GAHPERD). Atlanta, GA.

**18Heidorn, B**. & Koch, J. (2009, November). Teaching gymnastics in the elementary school.

Georgia Association for Health, Physical Education, Recreation, & Dance (GAHPERD).

Atlanta, GA.

**17Heidorn, B**. (2009, November). Teaching stations in elementary physical education. Georgia

Association of Health, Physical Education, Recreation, & Dance (GAHPERD), Atlanta,

GA.

**16Heidorn, B.** (2009, October). Promoting physical activity in elementary, middle, and high

schools. Georgia Association of Christian Schools (GACS). Macon, GA.

**15Heidorn, B**. (2009, October). Physical activity strategies for classroom teachers. Georgia

Association of Christian Schools (GACS), Macon, GA.

**14Heidorn, B**. (2009, October). Exercise science 101. Georgia Association of Christian Schools (GACS), Macon, GA.

**13Heidorn, B**. (2009, October). Developing the curriculum in physical education. Georgia

Association of Christian Schools (GACS), Macon, GA.

**12Heidorn, B.** (2008, November). Developing the curriculum in physical education. Georgia

Association for Health, Physical Education, Recreation, & Dance (GAHPERD).

Savannah, GA.

**11Heidorn, B**. (2008, November). Promoting physical activity in elementary, middle and high

schools. Georgia Association for Health, Physical Education, Recreation, & Dance

(GAHPERD), Savannah, GA.

**10Heidorn, B**. & \*Weaver, R. G. (2008, November). Content development in physical

education. Georgia Association for Health, Physical Education, Recreation, & Dance

(GAHPERD), Savannah, GA.

**9Heidorn, B.** & Hall, T. (2008, January). Strategies for increasing physical activity in

elementary schools. Sharing the Wealth Physical Education Conference. Jekyll Island,

GA.

**8Heidorn, B.** & \*Weaver, R. G. (2008, January). Teaching soccer in physical education. Sharing

the Wealth Physical Education Conference. Jekyll Island, GA.

**7**Hall, T., **Heidorn, B**., & Williams, L. (2006, November). Strategies for increasing physical

activity. South Carolina Association for Health, Physical Education, Recreation, & Dance (SCAHPERD). North Myrtle Beach, SC.

**6**Hall, T., **Heidorn, B**., & Williams, L. (2006, November). The role of the physical activity

director. South Carolina Association for Health, Physical Education, Recreation, &

Dance (SCAHPERD). North Myrtle Beach, SC.

**5Heidorn, B**. & Vall, E. (2005, November). Fitness and physical activity. South Carolina

Association for Health, Physical Education, Recreation, & Dance (SCAHPERD). North

Myrtle Beach, SC.

**4Heidorn, B**. (2003, October). Sportsmanship in athletics. South Carolina Association of

Christian Schools (SCACS), Greenville, SC.

**3Heidorn, B**. (2003, October). A physical fitness program in physical education. South Carolina

Association of Christian Schools (SCACS), Greenville, SC.

**2Heidorn, B**. (2001, October). Sportsmanship in athletics. South Carolina Association of

Christian Schools (SCACS), Columbia, SC.

**1Heidorn, B**. (2001, October). A physical fitness program in physical education. South Carolina

Association of Christian Schools (SCACS), Columbia, SC.

(\*) denotes presentation with former students

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**Invited Talks and workshops**

**National / International Presentation Sessions: PE Central (**[www.pecentral.org](http://www.pecentral.org)**) – National Presenter**

The content in this section includes professional workshop sessions for health and physical education teachers in various school districts in the United States, in partnership with and invited by PE Central. Some topics are stand-alone sessions, while others are included in full-day professional learning opportunities. The sessions are listed alphabetically by state.

**California – Various Districts**

**8Heidorn, B.** (April 2024). Fitness development and learning activities for K-12 physical education. One-hour online session for K-8 physical education teachers in Bakersfield Schools, California.

**7Heidorn, B.** (March 2024). Class management in K-12 physical education. One-hour online session for K-8 physical education teachers in Bakersfield Schools, California.

**6Heidorn, B.** (January 2024). Assessing student learning in K-12 physical education. One-hour online session for K-8 physical education teachers in Bakersfield Schools, California.

**6Heidorn, B.** (October 2023). Motivating students in physical education. One-our online session for K-8 physical education teachers in Bakersfield Schools, California.

**5Heidorn, B.** (September 2023). Best practices in physical education. Three-hour online session for K-8 physical education teachers in Bakersfield Schools, California.

**4Heidorn, B.** (August 2023). Current issues in physical education. One-hour online session for K-8 physical education teachers in Bakersfield Schools, California.

**3Heidorn, B.** (January 2022). Best practices for teaching elementary physical education. Full-day online workshop for physical education teachers in Sacramento, California.

**2Heidorn, B.** (September 2021). Best practices for F2F, hybrid, and online physical education. Session included in one-day online workshop for physical education teachers in Etiwanda, California.

**1Heidorn, B.** (April 2021). Physical education for lifelong fitness, and limited space activities in physical education. Session included in one-day online workshop for physical education teachers in San Juan United School District.

**China – Hong Kong**

**2Heidorn, B.** (March 2021). Teaching physical education virtually. Keynote online presentation for physical education teachers at Delia School of Canada in Hong Kong, China.

**1Heidorn, B.** (March 2021). Integrating physical activity into every day virtual teaching. Keynote online presentation for physical education teachers at Delia School of Canada in Hong Kong, China.

**Connecticut - Windsor Public Schools**

**4Heidorn, B.** (August 2022). Best practices for quality health and physical education, including emphasis on physical education, health education, and physical activity. Two-day F2F workshop for all health and physical education teachers.

**3Heidorn, B.** (August 2021). Best practices for quality health and physical education, including social and emotional learning in health and physical education. One-day F2F workshop for all health and physical education teachers.

**2Heidorn, B.** (August 2020). Best practices for quality health and physical education, including comprehensive school physical activity programs, online teaching, integrating health and physical education, resources for online teaching, and games and activities in physical education. Full-day online workshop for all health and physical education teachers.

**1Heidorn, B.** (August 2019). Best practices for quality health and physical education, including developing fitness from exercise science, energizers, instant activities, and warm-ups in physical education, skill development and fitness activities, nutrition, current issues and trends, motivating students, and effective planning and teaching. Two-day F2F workshop for all health and physical education teachers.

**Georgia – Various Districts**

**10Heidorn, B.** (July 2024). Best practices and standards-based teaching in quality physical education. Half-day in-person workshop for physical education teachers in Newton County Schools, Covington, Georgia.

**9Heidorn, B.** (June 2023). Understanding the TKES assessment for health and physical education professionals. Full-day in-person workshop for physical education teachers in DeKalb County Schools, Georgia.

**8Heidorn, B.** (June 2023). Teaching large- and small-group games in physical education. Full-day in-person workshop for physical education teachers in DeKalb County Schools, Georgia.

**7Heidorn, B.** (February 2019). Teaching basketball in physical education and after-school programs. Session included in one-day workshop.

**6Heidorn, B.** (February 2019). Games and activities for physical education. Session included in one-day workshop.

**5Heidorn, B.** (February 2019). Current issues and trends in physical education. Session included in one-day workshop.

**4Heidorn, B.** (February 2019). Teaching throwing and catching in physical education.

Session included in one-day workshop.

**3Heidorn, B.,** Mosier, B., and Stoepker, P. (October 2018). Effective instruction in K-12

physical education. Session included in one-day workshop.

**2Heidorn, B.,** Mosier, B., and Stoepker, P. (October 2018). A review of the Georgia

Performance Standards. Session included in one-day workshop.

**1Heidorn, B.,** Mosier, B., and Stoepker, P. (October 2018). Skill and fitness-based activities for physical education. Session included in one-day workshop.

**Kansas – Derby**

**1Heidorn, B.** (January 2024). Professional learning in health and physical education. Topics include large group games and fitness activities. Session for all elementary, physical education teachers.

**Kentucky – Louisville**

**1Heidorn, B.** (November 2021). Large group games for physical education. Full-day professional learning session for physical education teachers in Louisville, KY.

**Illinois – Various Districts**

**11Heidorn, B.** (April 2024). Current issues in physical education. One-hour online session for K-8 physical education teachers in Aurora, Illinois.

**10Heidorn, B.** (March 2024). Student learning, differentiation, and assessment. One-hour online session for K-8 physical education teachers in Aurora, Illinois.

**9Heidorn, B.** (January 2024). Best practices in physical education. Two-hour online session for K-8 physical education teachers in Aurora, Illinois.

**8Heidorn, B.** (April 2023). Best practices for quality health and physical education. Two half-day virtual professional learning sessions for health and physical education teachers in Blue Island, Illinois (ISD-130).

**7Heidorn, B.** (March 2023). Best practices for quality health and physical education. Virtual half-day professional learning session for health and physical education teachers in Illinois (ISD-109).

**6Heidorn, B.** (September 2021). Best practices for quality health and physical education. Full-day professional learning session for health and physical education teachers in Carbondale, Illinois.

**5Heidorn, B.** (May 2021). Best practices for quality physical education. PE Institute Day. Professional learning session for physical education teachers in Palatine, Illinois.

**4Heidorn, B.** (January 2021). Assessment in physical education. Professional learning session for physical education teachers in Palatine, Illinois.

**3Heidorn, B.** (January 2021). Appropriate practices and effective teaching strategies in physical education. Professional learning session for physical education teachers in Palatine, Illinois.

**2Heidorn, B.** (January 2021). Integrating technology in physical education. Professional learning session for physical education teachers in Palatine, Illinois.

**1Heidorn, B.** (January 2021). Physical education learning activities. Professional learning session for physical education teachers in Palatine, Illinois.

**Iowa – Des Moines (Urbandale)**

**1Heidorn, B.** (May 2024). Best practices and effective teaching in physical education. Full-day f2f session for K-12 physical education teachers in Urbandale School District (Des Moines), Iowa.

**Louisiana – Caddo Schools, Shreveport**

**1Heidorn, B.,** Mosier, B., and Brooks, C.(October 2020). Physical education in a virtual setting.Online session. Caddo Schools, Shreveport, Louisiana.

**Massachusetts – Various Districts**

**3Heidorn, B.** (October 2022). Best practices for quality physical education. One day professional learning workshop for K-12 physical education teachers in Worchester, MA, plus additional follow-up sessions in the 2022-2023 academic year.

**2Heidorn, B.** (February 2021). Integrating technology in physical education. Professional learning session for elementary and middle school physical education teachers in Fall River Schools.

**1Heidorn, B.** (February 2021). Health education in secondary physical education programs. Professional learning session for middle and high school physical education teachers in Fall River Schools.

**Minnesota – Various**

**2Heidorn, B.** (March 2021). Virtual lessons and best practices for socially distanced physical education. Online professional learning session for physical education teachers at the Art and Science Academy, Isanti, Minnesota.

**1Heidorn, B.** (December 2020). Assessment in physical education. Professional learning session for physical education teachers in Fairmont Public Schools, Fairmont, Minnesota.

**Missouri - St. Louis Independent School District, St. Louis, MO**

**11Heidorn, B.** (August 2023). Coaching education. F2F session for 30 middle and high school physical education teachers in St. Louis Independent School District.

**10Heidorn, B.** (August 2023). Learning activities for middle and high school physical education. F2F session for 30 middle and high school physical education teachers in St. Louis Independent School District.

**9Heidorn, B.** (August 2023). Learning activities for elementary physical education. F2F session for 20 elementary physical education teachers in St. Louis Independent School District.

**8Heidorn, B.** (August 2023). Current issues and trends in health and physical education. F2F session for 30 middle and high school physical education teachers in St. Louis Independent School District.

**7Heidorn, B.** & Brooks, C.(August 2021). Using technology in physical education. Online session for K-12 physical education teachers in St. Louis Independent School District.

**6Heidorn, B.** & Stoepker, P. (August 2021). Comprehensive school physical activity programs. Online session for K-12 physical education teachers in St. Louis Independent School District.

**5Heidorn, B.** (August 2021). Best practices for quality physical education. Online session for K-12 physical education teachers in St. Louis Independent School District.

**4Heidorn, B.** & Mosier, B.(August 2021). Fitness education. Online session for K-12 physical education teachers in St. Louis Independent School District.

**3Heidorn, B.** & Heidorn, J.(August 2021). Health education. Online session for K-12 physical education teachers in St. Louis Independent School District.

**2Heidorn, B.** (February 2021). Physically distanced physical education. Online session for K-12 physical education teachers in St. Louis Independent School District.

**1Heidorn, B.** (February 2021). Resources for hybrid and online physical education. Online session for K-12 physical education teachers in St. Louis Independent School District.

**New Jersey – Various Districts**

**6Heidorn, B.** (September 2024).Skill development and physical activity learning opportunities in 6-12 physical education programs. Half-day **s**ession included in Hackensack, NJ.

**5Heidorn, B.** (September 2024).Skill development and physical activity learning opportunities in K-5 physical education programs. Half-day **s**ession included in Hackensack, NJ.

**4Heidorn, B.** (September 2020).Effective teaching in physical education: An overview of best practices. Online. Session included in one-day workshop.

**3Heidorn, B.** (October 2017).Energizers, Warm-Ups and Instant Activities in Physical

Education. Session included in one-day workshop. Warren, NJ.

**2Heidorn, B.** (October 2017).Skill Development and Fitness Activities in Physical Education.Session included in one-day workshop. Warren, NJ.

**1Heidorn, B.** (October 2017).Student Learning, Assessment, and Instructional Feedback in K-12 Physical Education. Session included in one-day workshop. Warren, NJ.

**New Mexico - Various**

**5Heidorn, B.** (August 2021). Best practices in physical education. Professional learning session for physical education teachers in Albuquerque, NM.

**4Heidorn, B.** (March 2021). Assessment and grading in physical education. Professional learning session for physical education teachers at Rio Rancho Elementary School – RRPS.

**3Heidorn, B.** (February 2021).Limited space activities in physical education. Professional learning session for physical education teachers at Rio Rancho Elementary School – RRPS.

**2Heidorn, B.** (January 2021).Flipped teaching in physical education. Professional learning session for physical education teachers at Rio Rancho Elementary School – RRPS.

**1Heidorn, B.** (December 2020).Integrating technology intophysical education. Professional learning session for physical education teachers at Rio Rancho Elementary School – RRPS.

**New York City - Various NY BOCES Workshops**

**24Heidorn, B.,** (November 2024). Skill development, fitness, and physical activity games in physical education. Session included in half-day virtual professional learning workshop. NY BOCES.

**23Heidorn, B.,** (November 2024). Current issues and hot topics in physical education. Session included in half-day virtual professional learning workshop. NY BOCES.

**22Heidorn, B.,** (November 2024). Standards-based instruction: Learning from the New Standards for Physical Education. Session included in half-day virtual professional learning workshop. NY BOCES.

**21Heidorn, B.,** (November 2023). Assessment of physical activity and fitness in physical education. One-hour virtual session for K-8 physical education teachers in Suffern, NY, Rockland BOCES.

**20Heidorn, B.,** (November 2023). Motivating students in physical education. One-hour virtual session for K-8 physical education teachers in Suffern, NY, Rockland BOCES.

**19Heidorn, B.,** (November 2023). Overview and assessment of quality teaching in physical education. Session included in half-day virtual professional learning workshop. NY BOCES.

**18Heidorn, B.,** (November 2023). Standards-based coaching in high school and youth sport. Session included in half-day virtual professional learning workshop. NY BOCES.

**17Heidorn, B.,** (November 2023). Best practices for quality instruction, motivating students, and enjoyment in physical education. Session included in half-day virtual professional learning workshop. NY BOCES.

**16Heidorn, B.,** (October 2023). Professional learning day in Rockland BOCES. Topics included skill development, physical activity, fitness, best practices, and assessment in physical education. Suffern, NY.

**15Heidorn, B.,** (November 2022). Developing fitness from principles of exercise science. Face-to-face session for NY BOCES.

**14Heidorn, B.,** (November 2022). Current issues in health, physical education, and sport. Face-to-face session for NY BOCES.

**13Heidorn, B.,** (November 2022). Effective teaching, student learning, assessment, and instructional feedback in physical education. Face-to-face session for NY BOCES.

**12Heidorn, B.,** (November 2021). Physical education skills and activities. Long Island University - Post. Face-to-face session for NY BOCES.

**11Heidorn, B.,** Mosier, B., & Brooks, C.(November 2020). Teaching PE in limited spaces. Online session for NY BOCES.

**10Heidorn, B.,** Mosier, B., & Brooks, C.(November 2020). Physically distanced PE. Online session for NY BOCES.

**9Heidorn, B.,** Mosier, B., & Brooks, C.(November 2020). Teaching PE remotely. Online session for NY BOCES.

**8Heidorn, B. & Mosier, B.** (November 2020). Strategies and resources for teaching F2F / hybrid, and online physical education. Online session for NY BOCES.

**7Heidorn, B. & Mosier, B.** (October 2020). Strategies and resources for teaching F2F / hybrid physical education. Online session for NY BOCES.

**6Heidorn, B.** (September 2020). Effective teaching in physical education: F2F and social

distancing. Online session for NY BOCES.

**5Heidorn, B.** (November 2019). Current issues and trends in physical education and sport. Session included in one-day workshop. Hofstra University.

**4Heidorn, B.** (November 2019). Developing a school wellness culture. Session included in one-day workshop. Hofstra University.

**3Heidorn, B.** (November 2019). Effective planning and teaching in physical education.

Session included in one-day workshop. Hofstra University.

**2Heidorn, B.** (November 2019). Developing fitness from exercise science. Session included in one-day workshop. Hofstra University.

**1Heidorn, B.** (November 2018). Fitness and student learning in physical education. Session included in one-day workshop. Hofstra University.

**New York – Mount Vernon**

**2Heidorn, B.** (TBD). Best practices for physical education alignment for K-12 student learning. One-day face-to-face session with district leaders in Mount Vernon, NY.

**1Heidorn, B.** (October 2023). Effective teaching, assessment, and curriculum development in quality physical education programs. One-day virtual session for physical education teachers in Mount Vernon, NY.

**New York - School for the Deaf, White Plains, NY**

**1Heidorn, B.** (February 2018). Effective Teaching in Physical Education: A summary of best practices, a focus on student learning, and strategies for effective coaching.

**North Dakota – Williston**

**1Heidorn, B.** & Heidorn, J.(May 2022). Skills and strategies for quality physical education. Professional learning session for elementary and secondary physical education teachers in Williston, North Dakota.

**Ohio – Various Districts**

**2Heidorn, B.** (October 2022). Effective teaching in K-12 physical education. Professional learning session for physical education teachers in Clearview Public Schools.

**1Heidorn, B.** (May 2021). Integrating technology in physical education. Professional learning session for elementary physical education teachers in Springfield Local Schools, Holland, OH.

**Pennsylvania – Various Districts**

**7Heidorn, B.** (December 2018). Student learning, assessment, and instructional feedback in physical education. Session included in one-day workshop. Philadelphia Archdiocese

**6Heidorn, B.** (December 2018). Skill and fitness development in physical education. Session included in one-day workshop. Philadelphia Archdiocese

**5Heidorn, B.** (December 2018). Warm-ups, energizers, and instant activities in physical

education. Session included in one-day workshop. Philadelphia Archdiocese

**4Heidorn, B.** (November 2016).Energizers, ice-breakers, and warm-ups in physical education. Session included in one-day workshop. Chester County

**3Heidorn, B.** (November 2016).Teaching fitness concepts through movement. Session included in one-day workshop. Chester County

**2Heidorn, B.** (November 2016).Fitness games in physical education. Session included in one-day workshop. Chester County

**1Heidorn, B.** (November 2016).Effective instruction in K-12 physical education. Session included in one-day workshop. Chester County

**Tennessee – Various Districts**

**2Heidorn, B.** (May 2023). Best practices for K-12 physical education. Topics include coaching education, health education, fitness education, and best practices in physical education. Two-day workshop. Memphis, TN.

**1Heidorn, B.** (June 2022). Best practices for K-8 physical education. One-day workshop. Saint Rose of Lima Catholic School, Murfreesboro, TN.

**Texas – Various Districts**

**13Heidorn, B.** & Heidorn, J.(August 2024).Skill development, fitness, and physical activity in K-12 physical education. Full day workshop with 240 teachers in Cypress, TX.

**12Heidorn, B.** (October 2023).Skill development, fitness, and physical activity in K-8 physical education. Full day workshop with 50 teachers in Pearland, Texas.

**11Heidorn, B.** (October 2022).Skill development, fitness, and physical activity in K-12 physical education. Full day workshop in Crandall, Texas, plus additional follow-up sessions in the 2022-2023 academic year.

**10Heidorn, B.** & Mosier, B.(July 2021).Skill development, fitness, and physical activity in middle and high school health and physical education. Full day workshop in Katy, Texas.

**9Heidorn, B.** (June 2021).Integrating health in elementary physical education. Half-day online physical education workshop for physical educators in Rockwall Independent School District in Rockwall Texas.

**8Heidorn, B.** (January 2021). Resources for hybrid and online physical education. Professional learning session for physical education teachers for Region 8 Education Service Center, Texas.

**7Heidorn, B.** (January 2021). Physically distanced physical education. Professional learning session for Region 8 Education Service Center, Texas.

**6Heidorn, B.** (June 2020).Effective teaching in physical education: An overview of best

practices. Online. Session included in one-day workshop in Killeen, Texas.

**5Heidorn, B.** (June 2020).Principles of exercise science for fitness development in

elementary physical education programs.Online. Session included in one-day workshop in Killeen, Texas.

**4Heidorn, B.** (June 2020).A framework for fitness development in elementary physical

education programs.Online. Session included in one-day workshop in Killeen, Texas.

**3Heidorn, B.** (June 2020).What is a comprehensive school physical activity program?

Online. Session included in one-day workshop in Killeen, Texas.

**2Heidorn, B.** (June 2020).Current issues and trends in physical education.Online.

Session included in one-day workshop in Killeen, Texas.

**1Heidorn, B.** (August 2017).Skill development, fitness, and physical activity in elementary physical education. Full day workshop in Katy, Texas.

**Washington, DC - Friendship Public Charter Schools**

**12Heidorn, B.** (August 2024). Motiving students in K-12 physical education.

**11Heidorn, B.** (August 2024). Standards-based teaching in physical education.

**10Heidorn, B.** (August 2024). Lead-up games in physical education.

**9Heidorn, B.** (February 2024). Effective teaching in K-12 physical education: A model lesson in throwing and catching.

**8Heidorn, B.** (February 2024). Effective teaching in K-12 physical education: A model lesson in pickle ball instruction.

**7Heidorn, B.** (January 2024). Best practices in skill development, physical activity, and fitness education for quality K-12 physical education programs.

**7Heidorn, B.** (August 2019). Developing fitness from exercise science. Session included in two-day workshop for physical education teachers.

**6Heidorn, B.** (August 2019). Energizers, instant activities, and warm-ups in physical education. Session included in two-day workshop for physical education teachers.

**5Heidorn, B.** (August 2019). Skill development and fitness activities in physical education. Session included in two-day workshop for physical education teachers.

**4Heidorn, B.** (August 2019). Nutrition. Session included in two-day workshop for physical education teachers.

**3Heidorn, B.** (August 2019). Current issues and trends in physical education. Session included in two-day workshop for physical education teachers.

**2Heidorn, B.** (August 2019). Motivating students and athletes in physical education and

coaching. Session included in two-day workshop for physical education teachers.

**1Heidorn, B.** (August 2019). Effective planning and teaching in physical education. Session included in two-day workshop for physical education teachers.

**West Virginia - Charles Town**

**3Heidorn, B.** (December 2017).Energizers, Warm-Ups and Instant Activities in Physical

Education. Session included in one-day workshop.

**2Heidorn, B.** (December 2017).Skill Development and Fitness Activities in Physical

Education. Session included in one-day workshop.

**1Heidorn, B.** (December 2017).Student Learning, Assessment, and Instructional Feedback in K-12 Physical Education. Session included in one-day workshop.

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**National Webinar – National Presenter**

**1Heidorn, B.** (December, 2011). National Association for Sport and Physical

Education Webinar. *Let’s Move in School and Comprehensive School Physical Activity*

*Programs: Physical activity during the school day*. Big picture presenter – 12/14/2011.

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**National Workshop Sessions: SHAPE America, Physical Best – National Presenter**

The content in this section includes professional workshop sessions for health and physical education teachers in various school districts in the United States, in partnership with and invited by SHAPE America. The sessions are listed alphabetically by state.

**Maine - Gloucester County School District**

**2Heidorn, B.** (October 2015). Physical Best Gets FITT. Sponsored by SHAPE America.

**1Heidorn, B.** (October 2015). Physical Best Gets SMART. Sponsored by SHAPE America.

**Massachusetts - Falmouth**

**1Heidorn, B.** (February 2018). Physical Best Gets SMART. Sponsored by SHAPE America.

**Missouri - Farmington**

**1Heidorn, B.** (August 2018). Physical Best Gets SMART; Physical Best Gets FITT. Sponsored by SHAPE America.

**New Jersey - Union City**

**1Heidorn, B.** (September 2018). Physical Best Gets SMART. Sponsored by SHAPE America.

**New York - Mount Vernon School District**

1**Heidorn, B.** (February 2017). Physical Best gets FITT. Sponsored by SHAPE America.

**North Dakota**

**2Heidorn, B.** (October 2016).Physical Best Specialist Workshop. Sponsored by SHAPE

America. Crosby.

**1Heidorn, B.** (April 2016). Physical Best Gets FITT. Sponsored by SHAPE America. Watford City School District.

**Utah - Salt Lake City**

**1Heidorn, B.** & Mosier, B. (April 2020 Re-scheduled). Physical Best Revised Workshop.

SHAPE America National Convention & Exposition. Salt Lake City, UT. Sponsored by

SHAPE America.

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**National Workshop Sessions: Presidential Youth Fitness Program – National Presenter**

The content in this section includes professional workshop sessions for health and physical education teachers in various school districts in the United States, in partnership with and invited by the Presidential Youth Fitness Program (PYFP). The sessions are listed alphabetically by state.

**Florida - Duval County Public Schools, Jacksonville**

**1**Conkle, J. & **Heidorn, B.** (2014, July). Essentials of the Presidential Youth Fitness Program (PYFP). Sponsored by SHAPE America.

**Georgia - Atlanta**

**2Heidorn, B.** & Mosier, B. (June 2015). Essentials of the Presidential Youth Fitness Program (PYFP). Pre-convention workshop at the Georgia Association for Health, Physical Education, Recreation and Dance annual convention, Atlanta, GA Sponsored by SHAPE America.

**1Heidorn, B.** (2015, October). Essentials of the Presidential Youth Fitness Program

(PYFP). Pre-convention workshop at the Georgia Association for Health, Physical Education, Recreation and Dance annual convention, Atlanta, GA.

**Maine - Gloucester County School District, Gary**

**1Heidorn, B.** (2015, October). Essentials of the Presidential Youth Fitness Program (PYFP). Sponsored by SHAPE America.

**Texas - Ysleta Independent School District, El Paso**

**2Heidorn, B.** (June 2016). Essentials of the Presidential Youth Fitness Program workshop (PYFP). Sponsored by SHAPE America.

**1**Mosier, B & **Heidorn, B.** (June 2015). Essentials of the Presidential Youth Fitness Program (PYFP). Sponsored by SHAPE America.

**Washington - Seattle**

**1**Mosier, B & **Heidorn, B.** (2015, March). Essentials of the Presidential Youth Fitness Program (PYFP). Pre-convention workshop at the SHAPE America National Convention & Exposition, Seattle, WA. Sponsored by SHAPE America.

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**Health and Physical Education Workshops in Georgia**

The content in this section includes professional workshop sessions for health and physical education teachers in various school districts in Georgia. I have developed professional working relationships with various district coordinators who oversee health and physical education programs. These invited opportunities are at times stand-alone sessions, while others are included in full-day professional learning workshops, at times with colleagues. The sessions are listed alphabetically by city/district.

**Atlanta Public Schools, GA**

**2Heidorn, B**. (March 2021). Fitnessgram assessment during the COVID-19 pandemic. Online webinar for physical education teachers in Atlanta Public Schools.

**1Heidorn, B**.(February 2021). Planning and teaching online physical education. Online webinar for physical education teachers in Atlanta Public Schools.

**Bremen City Schools, GA**

**3Heidorn, B.** (March 2017). All I Do Is Play All Day? A career in health, physical

education, coaching, exercise science and more.

**2Heidorn, B.** (October 2016). Skill, fitness, and teamwork games in physical education.

**1Heidorn, B.** (February 2016). A career in health, physical education, coaching, exercise

science and more.

**Carroll County League of Women Voters, Carrollton, GA**

**2Heidorn, B.** & Koch, J. (March 2010). Physical education: Beyond exercise.

**1Heidorn, B.** (March 2008). What all students need: Reading, writing, and physical education.

**Carroll County Schools**

**1**Mosier, B. & **Heidorn, B.** (October 2010). Psychomotor assessment strategies in physical education.

**Cobb County School District**

**2Heidorn, B.** (January 2023). Middle and high school physical education skills and activities. One-day F2F professional learning workshop.

**1Heidorn, B.** (August 2011). Increasing physical activity in elementary school classrooms.

**Dalton Public Schools**

**10Heidorn, B.** (October 2023). Developing fitness from principles of exercise science. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**9Heidorn, B.** (October 2023). Quality coaching education. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**8Heidorn, B.** (October 2023). Skill-based health education in K-12 schools. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**7Heidorn, B.** (October 2023). Skill development, physical activity, and fitness in physical education. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**6Heidorn, B.** (October 2023). Teacher Keys Effectiveness System: Focusing on Quality Physical Education. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**5Heidorn, B.** (October 2022). Fitness education in physical education. Professional learning session in physical education. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**4Heidorn, B.** (October 2022). Promoting physical activity among K-12 students in physical education. Professional learning session in physical education. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**3Heidorn, B.** (October 2022). Current issues and trends in physical education. Professional learning session in physical education. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**2Heidorn, B.** (October 2022). Standards-based skill development in physical education. Professional learning session in physical education. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**1Heidorn, B.** (October 2022). Energizers, warm-ups and instant activities in physical education. Professional learning session in physical education. Session included in full-day face-to-face professional development for 30 physical education teachers. Dalton Public Schools, Georgia.

**Fayette County School District**

**20Heidorn, B.** (September 2023). The Sport Education Model in middle and high school physical education. Face-to-face session for all secondary physical education teachers.

**19Heidorn, B.** (August 2022). Skills and strategies for elementary physical education. Face-to-face session for all elementary physical education teachers.

**18Heidorn, B.** (August 2022). Research-based strategies for quality health education in secondary schools: An emphasis on vaping, opioids, and ATODs (alcohol, tobacco, and other drugs). Face-to-face session for all middle and high school health education teachers.

**17Heidorn, B.** (March 2021). Socially distanced physical education activities. Face-to-face physical education session for all elementary, middle, and high school physical education teachers.

**16Heidorn, B.,** Mosier, B., & Brooks, C.(July 2020). Planning and teaching online physical education. Online webinar for physical education teachers.

**15Heidorn, B.** & Mosier, B.(September 2019). Curriculum development in physical education. Face-to-face session for physical education teachers.

**14Heidorn, B.** & Stoepker, P.(May 2018). Teaching stations in elementary physical education. Session included in one-day workshop for physical education teachers.

**13Heidorn, B.** & Stoepker, P.(May 2018). Motivating athletes. Session included in one-day workshop for physical education teachers.

**12Heidorn, B.** & Stoepker, P. (May 2018). Teaching stations in secondary physical education. Session included in one-day workshop for physical education teachers.

**11Heidorn, B.** (October 2017).Fitness games in physical education. Session included in one-day workshop for physical education teachers.

**10Heidorn, B.** (August 2017).Energizers, warm-ups and instant activities in physical education. Session included in one-day workshop for physical education teachers.

**9Heidorn, B.** (August 2017).Skill and fitness development in physical education. Session included in one-day workshop for physical education teachers.

**8Heidorn, B.** & Scott, D.(April 2017).Coaching for character. Two-hour face-to-face session for physical education teachers.

7Knoll, C. & **Heidorn, B.** (March 2017).Nutrition. Two-hour face-to-face session for physical education teachers.

**6Heidorn, B.** & Knoll, C.(January 2017).Weight training in physical education. Two-hour face-to-face session for physical education teachers.

**5Heidorn, B.** (December 2016).Fun games for physical activity. Two-hour face-to-face session for physical education teachers.

**4Heidorn, B.** & Mosier, B.(August 2016).Fitness activities in physical education. Session included in one-day workshop for physical education teachers.

**3Heidorn, B.** & Mosier, B.(August 2016).Effective instruction in K-12 physical education. Session included in one-day workshop for physical education teachers.

**2Heidorn, B.** & Mosier, B.(August 2016).Skill development and fitness activities for team sports. Session included in one-day workshop for physical education teachers.

**1Heidorn, B.** & Mosier, B.(August 2016).Physical education for lifelong fitness. Session included in one-day workshop for physical education teachers.

**Fulton County School District**

**7Heidorn, B.** (August 2019). Spikeball in physical education. Session included in one-day workshop for physical education teachers.

**6Heidorn, B.** (February 2019). Integrating movement in the classroom. Session

included in one-day workshop for physical education teachers.

**5Heidorn, B.** (February 2019). Energizers, warm-ups, and instant activities in physical

education. Session included in one-day workshop for physical education teachers.

**4Heidorn, B.** (January 2019). Fitness games in physical education. One-day session for physical education teachers.

**3Heidorn, B.** (October 2016). Effective instruction in K-12 physical education. Session

included in one-day workshop for physical education teachers.

**2Heidorn, B.** & Mosier, B.(October 2016). Fitness activities for large groups focused on health-related fitness. Session included in one-day workshop for physical education teachers.

**1Heidorn, B.** (October 2016). Skill-related fitness. Session included in one-day workshop for physical education teachers.

**Griffin-Spalding School District**

**2Heidorn, B.** (July 2024). Professional learning in health and physical education. Modeling effective curriculum development, instruction, and assessment. Sessions include unit samples for K-12 physical education programs.

**1Heidorn, B.** (January 2024). Professional learning in health and physical education. Topics include large group games and fitness activities; and health education. Sessions for all elementary, middle, and high school health and physical education teachers.

**Gwinnett County School District**

**3Heidorn, B.** (July 2021). Physical activity, physical education, and SEL in schools. Virtual session for physical education teachers.

**2Heidorn, B.** & Mosier, B.(August 2018). Health education in middle and secondary schools. Two-hour session for physical education teachers.

**1Heidorn, B.** & Mosier, B.(August 2017).Skill development, fitness, and physical activity in physical education. One-day session for physical education teachers.

**Henry County School District**

**64Heidorn, B.** (January 2024). Professional learning in health and physical education. Topics include large group games and fitness activities; and health education. Sessions for all elementary, middle, and high school health and physical education teachers.

**63Heidorn, B.** (January 2022). Professional learning in health and physical education. Topics include large group games and fitness activities. Session for all elementary, middle, and high school health and physical education teachers.

**62Heidorn, B.** (July 2021). Professional learning in health and physical education. Skill- and fitness-based learning activities. Full-day session for all ES/MS/HS health and physical education teachers.

**61Heidorn, B.** (July 2021). Integrating physical activity in classroom lessons. Professional learning for new teachers in the district.

**60Heidorn, B.** (January 2021). Health education in a F2F, hybrid, or online teaching environment.

**59Heidorn, B.** (January 2021). Quality physical education in a F2F, hybrid, or online teaching environment.

**58Heidorn, B.,** Mosier, B., and Brooks, C.(November 2020). Strategies and resources for teaching F2F / hybrid, and online physical education.

**57Heidorn, B.** & Mosier, B.(July 2020). Planning and teaching online physical education. Session included in one-day workshop.

**56Heidorn, B.** (January 2020). Teaching skill-based activities in physical education. Session included in one-day workshop.

**55Heidorn, B.** (January 2020). Weight training in physical education. Session included in one-day workshop.

**54Heidorn, B.** & Mosier, B.(January 2020). Dynamic warm-ups and energizers. Session

included in one-day workshop.

**53Heidorn, B.** (July 2019). Spikeball in physical education. Session included in one-day

workshop.

**52Heidorn, B.** (July 2019). Pickleball in physical education. Session included in one-day

workshop.

**51Heidorn, B.** (March 2019). Interval training and program design. Session included in one-day workshop.

**50Heidorn, B.** (March 2019). Nutrition. Session included in one-day workshop.

**49Heidorn, B.** (March 2019). Current issues and trends in physical education. Session included in one-day workshop.

**48Heidorn, B.** & Mosier, B.(November 2018). Physical education for lifelong fitness. Session included in one-day workshop.

**47**Shapiro, D. & **Heidorn, B.** (November 2018). Task analysis of skills and utilization in lesson design. Session included in one-day workshop.

**46Heidorn, B.** & Mosier, B.(November 2018). Standards-based learning objectives and

assessment in physical education. Session included in one-day workshop.

**45Heidorn, B.** & Mosier, B.(November 2018). Pickle ball for all students in physical education. Session included in one-day workshop.

**44Heidorn, B.** & Mosier, B.(August 2018). Physical education Georgia Standards of

Excellence: A comprehensive review. Session included in one-day workshop.

**43Heidorn, B.** & Mosier, B.(August 2018). Teaching volleyball in physical education.

Session included in one-day workshop.

**42Heidorn, B.** & Mosier, B.(August 2018). Fitness assessment in physical education:

Fitnessgram booster session. Session included in one-day workshop.

**41Heidorn, B.** & Mosier, B.(August 2018). Physical education Georgia Standards of

Excellence: A comprehensive review. Session included in one-day workshop.

**40Heidorn, B.** & Mosier, B.(August 2018). Teaching throwing and catching in physical

education. Session included in one-day workshop.

**39Heidorn, B.** & Mosier, B.(August 2018). Fitness assessment in physical education:

Fitnessgram booster session. Session included in one-day workshop.

**38Heidorn, B.** & Mosier, B.(March 2018). Competencies in physical education: Pickle ball in physical education. Session included in one-day workshop.

**37Heidorn, B.** & Mosier, B.(March 2018). Competencies in physical education: Speed ball in physical education. Session included in one-day workshop.

**36Heidorn, B.** & Mosier, B.(March 2018). Comprehensive school physical activity programs: Updates for 2018. Examining physical activity among K-12 schools, students, and staff. Session included in one-day workshop.

**35Heidorn, B.** & Mosier, B.(March 2018). Sport and coaching concerns: Addressing key

concepts in after school athletics and recreational programs. Session included in one-day

workshop.

**34Heidorn, B.** & Mosier, B.(February 2018). Competencies in physical education: Pickle ball in physical education. Session included in one-day workshop.

**33Heidorn, B.** & Mosier, B.(February 2018). Competencies in physical education: Speed ball in physical education. Session included in one-day workshop.

**32Heidorn, B.** & Mosier, B.(February 2018). Comprehensive school physical activity

programs: Updates for 2018. Examining physical activity among K-12 schools, students,

and staff. Session included in one-day workshop.

**31Heidorn, B.** & Mosier, B.(February 2018). Sport and coaching concerns: Addressing key concepts in after school athletics and recreational programs. Session included in one-day workshop.

**30Heidorn, B.** & Mosier, B.(November 2017). Current issues and trends in physical education.Session included in one-day workshop.

**29Heidorn, B.** & Mosier, B**.** (November 2017). Teaching students with special needs in physical education.Session included in one-day workshop.

**28Heidorn, B.** & Mosier, B.(November 2017).Competencies in physical education.Session included in one-day workshop.

**27Heidorn, B.** &Mosier, B.(November 2017).Fitness, skill, and team building games in

physical education.Session included in one-day workshop.

26**Heidorn, B.** (March 2017).Basketball skills and activities for physical education. Session included in one-day workshop.

25**Heidorn, B.,** &Mosier, B. (March 2017).Skill-based competencies in secondary physical education. Session included in one-day workshop.

24**Heidorn, B.,** &Mosier, B. (March 2017).Skill-based competencies in elementary physical education. Session included in one-day workshop.

23**Heidorn, B.,** Mosier, B., and Heidorn, J.(March 2017).Energizers, ice-breakers, and warm-ups in physical education. Session included in one-day workshop.

**22Heidorn, B.** & Mosier, B.(August 2016).Combining skill development and fitness in physical education. Session included in one-day workshop.

**21Mosier, B.** & Heidorn, B.(August 2016).Implementing the Fitnessgram in physical

education. Session included in one-day workshop.

**20Heidorn, B.** & Mosier, B.(August 2016).Current issues and trends in physical education. Session included in one-day workshop.

**19Heidorn, B.** & Mosier, B.(August 2016).Comprehensive school physical activity programs. Session included in one-day workshop.

**18Heidorn, B.** (November 2015).Energizers, icebreakers and warm-ups in physical education. Session included in one-day workshop.

**17Heidorn, B.** (November 2015).Current issues and trends in physical education.Session

included in one-day workshop.

**16Heidorn, B.** (November 2015).Teaching fitness concepts through movement.Session

included in one-day workshop.

**15Heidorn, B.** (November 2015).Teaching soccer in physical education.Session

included in one-day workshop.

**14Heidorn, B.** (November 2015).Principles of coaching: Developing your philosophy and objectives.Session included in one-day workshop.

**13Heidorn, B.** (November 2015).Principles of coaching: Coaching for character. Session

included in one-day workshop.

**12Heidorn, B.** (November 2015).Fun games for physical activity. Session included in one-day workshop.

**11Heidorn, B.** (November 2015).Skill development and fitness activities for team sports.

Session included in one-day workshop.

**10Heidorn, B.** (November 2015).Effective instruction in K-12 physical education. Session included in one-day workshop.

**9Heidorn, B.** (October 2015).Teaching stations in physical education. Session included in one-day workshop.

**8Heidorn, B.** (October 2015).What is a Comprehensive School Physical Activity Program? Session included in one-day workshop.

**7Heidorn, B.** (October 2015).Exercise science and exercise prescription for all individuals.Session included in one-day workshop.

**6Heidorn, B.** (October 2015).Teaching volleyball skills: A focus on passing.Session

included in one-day workshop.

**5Heidorn, B.** (November 2014). Teaching throwing and catching in K-12 physical education. Session included in one-day workshop.

**4Heidorn, B.** (November 2014). Fitness principles from exercise science. Session

included in one-day workshop.

**3Heidorn, B.** (November 2014). Pickle ball in K-12 physical education. Session

included in one-day workshop.

**2Heidorn, B.** (November 2014). Effective instruction in K-12 physical education. Session

included in one-day workshop.

**1Heidorn, B.** (November 2014). Walking through the curriculum in K-12 physical education. Session included in one-day workshop.

**Houston County School District**

**9Heidorn, B.,** Mosier, B., & Ivy, V. (February 2020). Skill development and fitness games in physical education. Session included in one-day workshop.

**8Heidorn, B.** (February 2020). Fitness training and development in elementary physical

education. Session included in one-day workshop.

**7Heidorn, B.** (February 2020). Strength and conditioning in high school physical education. Session included in one-day workshop.

**6Heidorn, B.** (February 2020). Strength and conditioning in middle school physical education. Session included in one-day workshop.

**5Heidorn, B.,** Mosier, B., & Ivy, V. (February 2020). Energizers, warm-ups, and instant

activities in physical education. Session included in one-day workshop.

**4Heidorn, B.** & Mosier, B.(October 2019). Sport education in physical education. One-day workshop.

**3Heidorn, B.** & Mosier, B.(January/February/March 2019). Curriculum development in physical education.

**2Heidorn, B.** (February 2012). Effective teaching and best practices in physical education.

**1Heidorn, B.** (February 2012).Implementing a comprehensive school physical activity program.

**Marietta City Schools**

**1Heidorn, B.** (January 2010). Best practices in K-12 physical education.

**Richmond County School District, GA**

**6Heidorn, B.** (July 2021).Face-to-face physical education in a socially distanced environment. Professional learning for K-12 health and physical education teachers.

**5Heidorn, B.** (July 2021).Teaching hybrid and online physical education. Professional learning for K-12 health and physical education teachers.

**4Heidorn, B.** (June 2021).Health methods: Tools and tips. Professional learning for K-12 health and physical education teachers.

**3Heidorn, B.** (June 2021).Physical activity and physical education – what’s the difference?Professional learning for K-12 health and physical education teachers.

**2Heidorn, B.** (June 2021).Skill-based health education. Professional learning for K-12 health and physical education teachers.

**1Heidorn, B.** (February 2016).Best practices in health and physical education. Professional learning for K-12 health and physical education teachers.

**Rockdale County School District, GA**

**40Heidorn, B.** (August 2024). Best practices and model lessons for secondary physical education. Professional development session for secondary physical education teachers.

**39Heidorn, B.** (July 2024). Best practices and model lessons for elementary physical education. Professional development session for elementary physical education teachers.

**38Heidorn, B.** (March 2024). Collaborative focus walks in physical education programs. Walk-and-talk sessions with K-12 health and physical education district coordinator.

**37Heidorn, B.** (February 2024). Collaborative focus walks in physical education programs. Walk-and-talk sessions with K-12 health and physical education district coordinator.

**36Heidorn, B.** (October 2023). Standards-based skill development, fitness, and physical activity in physical education. Professional development session for all K-12 physical education school teachers.

**35Heidorn, B.** (June 2023). Standards-based teaching in physical education. Mentoring and professional development for middle school teachers.

**34Heidorn, B.** (June 2023). Skill-based health education in K-12 schools. Mentoring and professional development for middle school teachers.

**33Heidorn, B.** (June 2023). Curriculum development and learning targets in K-12 physical education. Mentoring and professional development for middle school teachers.

**32Heidorn, B.** & Mosier, B.(October 2022). Standards-based lesson planning for quality high school physical education, Part 2.

**31Heidorn, B.** & Mosier, B.(September 2022). Standards-based lesson planning for quality high school physical education, Part 1.

**30Heidorn, B.** (July 2022). Standards-based skills and strategies for elementary school physical education.

**29Heidorn, B.** & Mosier, B.(July 2022). Standards-based skills and strategies for middle school physical education.

**28Heidorn, B.** & Mosier, B.(July 2022). Standards-based skills and strategies for high school physical education.

**27Heidorn, B.** & Mosier, B.(July 2022). Curriculum and standards-based teaching in physical education: An emphasis on quality questioning.

**26Heidorn, B.** (February 2022). Standards-based teaching in health education.

**25Heidorn, B.** (October 2021). Implementing National Health Education Standard 6 in elementary programs.

**24Heidorn, B.** (October 2021). Implementing National Health Education Standard 2 in high school programs.

**23Heidorn, B.,** Mosier, B., Brooks, B., & Heidorn, J.(June 2021). Integrating health in elementary physical education.

**22Heidorn, B.** & Mosier, B.(March 2021). Online webinar in physical education – Quality health and physical education during the COVID-19 pandemic, part 5

**21Heidorn, B.** & Mosier, B.(February 2021). Online webinar in physical education – Quality health and physical education during the COVID-19 pandemic, part 4

**20Heidorn, B.** & Mosier, B.(January 2021). Online webinar in health and physical education – Quality health and physical during the COVID-19 pandemic, part 3

**19Heidorn, B.** & Mosier, B.(December 2020). Online webinar in physical education – Quality health and physical education during the COVID-19 pandemic, part 2

**18Heidorn, B.** & Mosier, B.(November 2020). Online webinar in health education – Quality health and physical education during the COVID-19 pandemic, part 1

**17Heidorn, B.** (August 2020). Health education: Real-world connections. Online webinar.

**16Heidorn, B.** (June 2020).Best practices in physical education.Online webinar.

**15Heidorn, B.** (June 2020).Health education: Content and curriculum. Online webinar.

**14Heidorn, B.** (February 2020).Hand-eye coordination activities for physical education.

**13Heidorn, B.** & Mosier, B.(September 2019).Planning physical education lessons.

**12Heidorn, B.** & Mosier, B.(July 2019).Differentiation in physical education. Session

included in one-day workshop.

**11Heidorn, B.** & Mosier, B.(July 2019).Effective planning and teaching in physical education.Session included in one-day workshop.

**10Heidorn, B.** & Mosier, B.(July 2019).Developing a school wellness culture.Session included in one-day workshop.

**9Heidorn, B.** & Mosier, B.(January/March 2019). Curriculum development in physical

education.

**8Heidorn, B.** & Mosier, B.(August 2016).Fitness games for physical education. Session

included in one-day workshop.

**7Heidorn, B.** & Mosier, B.(August 2016).Current issues and trends in physical education. Session included in one-day workshop.

**6Heidorn, B.** & Mosier, B.(August 2016).Comprehensive school physical activity programs. Session included in one-day workshop.

**5Heidorn, B**. (July 2015). Effective instruction for K-12 physical education. Session

included in one-day workshop.

**4Heidorn, B**. (July 2015). Skill development and fitness activities for team sports.

Session included in one-day workshop.

**3Heidorn, B**. (July 2015). Fitness principles from exercise science for K-12 students.

Session included in one-day workshop.

**2Heidorn, B**. (July 2015). Integrating technology in physical education. Session

included in one-day workshop.

**1Heidorn, B**. (July 2015). Fun games for physical activity. Session included in one-day workshop.

**Social Circle, GA**

**7Heidorn, B.** (January 2024). A review of physical activity and academic performance. Topic included in one-day F2F professional learning workshop.

**6Heidorn, B.** (January 2024). Authentic assessment and student learning in physical education. Topic included in one-day F2F professional learning workshop.

**5Heidorn, B.** (January 2024). Physical activity opportunities for student learning. Topic included in one-day F2F professional learning workshop.

**4Heidorn, B.** (September 2023). Quality physical education and the Teacher Keys Effectiveness System (TKES) for school administrators supervising physical education. One-hour online session for K-12 administrators.

**3Heidorn, B.** (July 2023). Quality physical education and the Teacher Keys Effectiveness System (TKES). One-day F2F professional learning workshop.

**2Heidorn, B.** (January 2023). Effective teaching in K-12 health and physical education, Part 2. One-day F2F professional learning workshop.

**1Heidorn, B.** (September 2022). Effective teaching in K-12 health and physical education, Part 1. One-day F2F professional learning workshop.

**Troup County School District**

**1Heidorn, B.** (August 2019).Energizers, warm-ups and instant activities in physical education.

**West Georgia RESA**

**1Heidorn, B.** & Mosier B. (June 2011). Comprehensive school-based physical activity

programs.

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**Georgia AHPERD District Workshops**

The content in this section includes professional workshop sessions for health and physical education teachers in Georgia, in partnership with and invited by the Georgia Association for Health, Physical Education, Recreation, and Dance (GAHPERD).

**7Heidorn, B.** (September 2018). Throwing and catching for student learning in physical

education. Sponsored by Georgia SHAPE, Georgia Department of Education, & Georgia

Association for Health, Physical Education, Recreation, and Dance.

**6Heidorn, B.** (September 2014). Physical activity, pedometers, and personal communication: An exercise session. Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD) NW District Workshop, Carrollton, GA.

**5Heidorn, B.** (September 2014). Fitness in Physical Education. Georgia Association for

Health, Physical Education, Recreation and Dance (GAHPERD) NW District Workshop, Carrollton, GA.

**4Heidorn, B.** (September 2014). Strength training in physical education. Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD) NW District Workshop, Carrollton, GA.

**3Heidorn, B.** & University of West Georgia students (March 2010). Increasing physical

activity with energizers.Georgia Association for Health, Physical Education, Recreation,

& Dance (GAHPERD) West District Workshop. Sponsored by the Department of Health,

Physical Education, and Sport Studies, University of West Georgia, Carrollton,

GA.

**2Heidorn, B.** (March 2010). Putting the “fit” in Fitnessgram. Georgia Association for Health, Physical Education, Recreation, & Dance (GAHPERD) West District Workshop.

Sponsored by the Department of Health, Physical Education, and Sport Studies, University of West Georgia, Carrollton, GA.

**1Heidorn, B**. (June 2009). Fun and games in physical education. Georgia Association for

Health, Physical Education, Recreation, & Dance (GAHPERD), Summer Institute, Mt.

Paran Christian School, Kennesaw, GA.

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**National Health and Physical Education Workshops**

The content in this section includes professional workshop sessions for health and physical education teachers in various school districts in the United States. I have developed professional working relationships with various district coordinators who oversee health and physical education programs. These invited opportunities are at times stand-alone sessions, while others are included in full-day professional learning workshops. The sessions are listed alphabetically by state.

**California**

**1Heidorn, B.** (August 2024). Best practices and class management for K-5 physical education. Half-day virtual workshop. Morgan Hill Unified School District, California.

**New Jersey - Union City**

**2Heidorn, B.** (November 2021). Skill development, fitness, and learning activities in physical education. One-day workshop. Union City School District.

**1Heidorn, B.** (September 2019). Best practices in physical education. One-day workshop. Union City School District.

**New York – SWBOCES**

**3Heidorn, B.** (November 2023). Professional development in health and physical education. Sessions included: large group games; fitness education; energizers, ice-breakers, and warm-ups in physical education; teaching progressions; fitness principles from exercise science; and curriculum development. One-day workshop in Harrison, NY.

**2Heidorn, B.** (May 2023). Professional development in health and physical education. Sessions included: skill-based health education; coaching; education; effective teaching. One-day workshop in Harrison, NY.

**1Heidorn, B.** (November 2022). Best practices and effective teaching in physical

education. One-day workshop in Harrison, NY.

**Philadelphia – PA**

**3Heidorn, B.** (August 2023). Learning activities for K-8 physical education. One-day workshop. Chester Community Charter Schools. Aston, PA.

**2Heidorn, B.** (January 2023). Best practices for K-8 physical education, Part 2. One-day workshop. Chester Community Charter Schools. Aston, PA.

**1Heidorn, B.** (August 2022). Best practices for K-8, Part 1. One-day workshop. Chester Community Charter Schools. Aston, PA.

**South Carolina - Fairfield County School District**

**5Heidorn, B.** (August 2016).Energizers, ice-breakers, and warm-ups in physical education. Session included in one-day workshop.

**4Heidorn, B.** (August 2016).Comprehensive school physical activity programs. Session

included in one-day workshop.

**3Heidorn, B.** (August 2016).Skill development and fitness activities for team sports.

Session included in one-day workshop.

**2Heidorn, B.** (August 2016).Effective instruction in K-12 physical education. Session

included in one-day workshop.

**1Heidorn, B.** (August 2016).Physical education for lifelong fitness. Session included in one-day workshop.

**Texas - Presidio Independent School District**

**9Heidorn, B.** (June 2013). Excellence in Coaching. Session included in one-day workshop.

**8Heidorn, B.** (June 2013). Promoting learning with physical activity. Session included in one-day workshop.

**7Heidorn, B.** (May 2012). Curriculum development in physical education.

**6Heidorn, B.** (February 2012). Implementing a comprehensive school physical activity

program (CSPAP). Leadership training for school health advisory council.

**5Heidorn, B.** (January 2012). Resiliency: Relieving stress. Session included in one-day

workshop.

**4Heidorn, B.** (January 2012). Making the mind-body connection: Connections for learning. Session included in one-day workshop.

**3Heidorn, B.** (January 2012). Using FITNESSGRAM data to drive continuous improvement in physical education. Session included in one-day workshop.

**2Heidorn, B.** (January 2012). Quality physical education: Effective teaching and best practices. Session included in one-day workshop.

**1Heidorn, B.** (January 2012). Physical activity and skill development using Games Stages 1-4. Session included in one-day workshop.

**Wisconsin - University of Wisconsin, River Falls**

**3Heidorn, B.** (April 2017).Energizers, ice-breakers, and warm-ups in physical

education. Session included in one-day workshop.

**2Heidorn, B.** (April 2017). Fun games for physical activity. Session included in one-day workshop.

**1Heidorn, B.** (April 2017).Teaching fitness concepts through movement. Session

included in one-day workshop.

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**Physical Activity Leadership Strategies: State Funded DOE Workshops, South Carolina**

The content in this section includes professional workshop sessions for health and physical education teachers, school administrators, and elementary classroom teachers in various school districts in South Carolina. We developed a professional working relationship with the physical educator coordinator with the South Carolina Department of Education, who sponsored the workshops. These invited opportunities were full-day professional learning workshops.

**9**Hall, T., **Heidorn, B**., & Little, S. (January 2009). Collaborative paths to physical

activity: Nurturing bright and active students. Train the trainer in Columbia, SC.

**8**Hall, T., **Heidorn, B.,** & Little, S.(February 2008). Physical activity leadership strategies: Physical activity director workshop, Spartanburg, SC.

**7**Hall, T., **Heidorn, B.**, & Little, S. (January 2008). Physical activity leadership strategies: Physical activity director workshop Florence, SC.

**6**Hall, T., **Heidorn, B.**, & Little, S. (January 2008). Physical activity leadership strategies: Physical activity director workshop Greenwood, SC.

**5**Williams, L., Hall, T., & **Heidorn, B**. (February 2007). Strategies for increasing

physical activity in elementary schools: Physical activity director workshop Aiken, SC.

**4**Williams, L., Hall, T., & **Heidorn, B**. (January 2007). Strategies for increasing physical

activity in elementary schools. Physical Activity Director Workshop Columbia, SC.

**3**Williams, L., Hall, T., & **Heidorn, B**. (September 2006). Strategies for increasing

physical activity in elementary schools: Physical activity director workshop Summerville, SC.

**2**Williams, L., Hall, T., & **Heidorn, B**. (May 2006). Strategies for increasing physical

activity in elementary schools: Physical activity director workshop, Inman, SC.

**1**Williams, L., Hall, T., & **Heidorn, B**. (May 2006). Strategies for increasing physical

activity in elementary schools: Physical activity director workshop Columbia, SC.

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**Campus / Departmental Talks**

**University of West Georgia**

**35Heidorn, B.** (March 2024). Effective teaching in K-12 physical education. One class session (approximately 15 participants) as part of a local workshop for K-12 health and physical education teachers (80 participants). University of West Georgia.

**34Heidorn, B.** (March 2024). Pickle ball progressions for K-12 physical education. One class session (approximately 25 participants) as part of a local workshop for K-12 health and physical education teachers (80 participants). University of West Georgia.

**33Heidorn, B.** (March 2024). Principles of exercise training and other related content. One class session. University of West Georgia, Positive Youth Sport Development.

**32Heidorn, B.** (October 2023). Principles of exercise training and other related content. One class session. University of West Georgia, Positive Youth Sport Development.

**31Heidorn, B.** (March 2023). Professionalism in sport, fitness, and recreation, with an emphasis on quality physical education. One class session: Intro to Sport, Fitness, and Recreation. University of West Georgia. University of West Georgia.

**30Heidorn, B.** (March 2023). Best practices in physical education. Professional learning session for Carroll County K-12 physical education teachers. University of West Georgia.

**29Heidorn, B.** (October 2022). Principles of exercise training and other related content. One class session. University of West Georgia, Positive Youth Sport Development.

**28Heidorn, B.** (September 2022). Research-based strategies for quality health education in secondary schools: An emphasis on vaping, opioids, and ATODs (alcohol, tobacco, and other drugs). One class session. University of West Georgia, Health Education.

**27Heidorn, B.** (September 2022). Teaching throwing and catching: A focus on quality

task presentations in physical education. One class session. University of West Georgia,

Instructional Strategies in Health and Physical Education.

**26Heidorn, B.** (October 2021). Teaching stations in physical education. One class

session. University of West Georgia, Instructional Strategies in Health and Physical

Education.

**25Heidorn, B.** (October 2021). Teaching throwing and catching: A focus on quality task

presentations in physical education. One class session. University of

West Georgia, Instructional Strategies in Health and Physical Education.

**24Heidorn, B.** (October 2021). Archery Unit: four class sessions. University of West Georgia, Skills and Strategies in Target / Outdoor.

**23Heidorn, B.** (January 2021). The peer review process: Navigating research, publications, and presentations. Guest presenter for PHED 7665: Analysis of Research on Teaching Health and Physical Education. University of West Georgia.

**22Heidorn, B.** (October/November 2020). Volleyball skills and strategies. Several consecutive class sessions as lead instructor of the unit. University of West Georgia, Skills and Strategies in Net/Wall Games.

**21Heidorn, B.** (October 2020). Teaching throwing and catching: A focus on quality task

presentations in physical education. One class session. University of

West Georgia, Instructional Strategies in Health and Physical Education.

**20Heidorn, B.** (October 2020). Factor that influence learning. One class session. University of West Georgia, Instructional Strategies in Health and Physical Education.

**19Heidorn, B.** (September 2020). Designing learning experiences and tasks for physical

education. One class session. University of West Georgia, Instructional Strategies in

Health and Physical Education.

**18Heidorn, B.** (May 2020). Preparing for my profession: Strategies for success. Virtual

interview discussion. University of West Georgia, Introduction to Sports, Coaching,

Fitness, and Recreation.

**17Heidorn, B.** (September 2019). Soccer Unit: Five class sessions. University of West Georgia, Skills and Strategies in Invasion Games.

**16Heidorn, B.** (September 2019). Factors that influence learning. One class session. University of West Georgia, Instructional Strategies in Health and Physical Education.

**15Heidorn, B.** (September 2019). Content development in physical education. One class

session. University of West Georgia, Instructional Strategies in Health and Physical Education.

**14Heidorn, B.** (November 2019). Recreational games for throwing and catching. One class session. University of West Georgia, Skills and Strategies in Target/Outdoor Activities.

**13Heidorn, B.** (November 2019). Sport education. One class session. University of West

Georgia, Current Issues and Trends.

**12Heidorn, B.** (March/April 2019). Volleyball Unit: Eight class sessions. University of West Georgia, Skills and Strategies in Net/Wall Games.

**11Heidorn, B.** (April 18, 2019). Training Methods. University of West Georgia, Principles and Foundations of Coaching.

**10Heidorn, B.** (February 7, 2019). Coaching and Officiating. University of West Georgia,

Principles and Foundations of Coaching.

**9Heidorn, B.** (March 5, 2019). Coaching the parental side of sport. University of West Georgia, Principles and Foundations of Coaching.

**8Heidorn, B.** (February 5, 2019). Developing a coaching philosophy. University of West

Georgia, Principles and Foundations of Coaching.

**7Heidorn, B.** (June 14, 2014). School and staff wellness. University of West Georgia, Educational Leadership Seminar.

**6Heidorn, B.** (November 4, 2013) Introduction to health and wellness: A focus on fitness. University of West Georgia, UWG 1101.

**5Heidorn, B.** (September 6, 2012) Fitness and Wellness, University of West Georgia,

UWG 1101.

**4Heidorn, B.** (March 29, 2012) Sport Management Series, University of West Georgia. Sport in Modern Society.

**3Heidorn, B.** & Johnson, J.(June 2009). Research in health and physical education.

Presentation for the Learning Festival sponsored by the College of Education at the

University of West Georgia, Carrollton, GA.

**2Heidorn, B.** (June 2008). Promoting physical activity with energizers. Presentation at the Learning Festival sponsored by the College of Education at the University of West

Georgia, Carrollton, GA.

**1Heidorn, B**. (January 2008). Exercise prescription. Presentation for the College of Education Faculty and Staff Wellness Program Instruction Series, University of West Georgia, Carrollton, GA.

**Bob Jones University, Greenville, SC**

**6Heidorn, B.** (April 5, 2018). Developing fitness from exercise science: What every fitness professional needs to know.

**5Heidorn, B.** (April 6, 2018). Diabetes: What is it and what are management strategies?

**4Heidorn, B.** (April 6, 2018). Developing a coaching philosophy.

**3Heidorn, B.** (November 16, 2015). A career in health, physical education, coaching, and

exercise science: Potential with promise.

**2Heidorn, B.** (November 17, 2015). Physical activity, obesity, and curriculum integration in the classroom.

**1Heidorn, B.** (November 17, 2015). Career preparation from a pedagogical perspective.

**Valdosta State University, GA**

**1Heidorn, B.** (May 2016). Skill development and fitness activities for K-12 physical education. Presentation for the Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD) Southeast District Workshop, Valdosta, GA.

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**UNIVERSITY teaching experience**

**University of West Georgia**

**Undergraduate Level Courses**

Advanced Concepts of Personal Training 2013, 2014

*Taught face-to-face and 100% online sections*

Applied Exercise of Physiology 2008, 2009, 2010, 2011, 2012

Badminton 2008, 2010

Instructional Strategies in Health and Physical Education 2009, 2010, 2013, 2014, 2015

Introduction to Sports, Coaching, Fitness, and Recreation 2020

Introduction to Health and Physical Education 2008, 2009

Physical Activity in Elementary Schools 2007, 2008

Physical Education in Elementary Schools 2010, 2011

Physical Education in Middle/Secondary Schools 2009, 2010, 2011, 2012, 2013, 2014

Principles and Foundations of Coaching 2014, 2015, 2016, 2017, 2018, 2021, 2022

Skills and Strategies in Strength and Conditioning 2009, 2010, 2011, 2016, 2018

Skills and Strategies in Target/Outdoor Activities 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2017

Skills and Strategies in Net/Wall Games 2009, 2010, 2011, 2012, 2013, 2014, 2024

Skills and Strategies in Invasion Games 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2017

Strength and Conditioning 2008, 2009, 2010

Student Teaching Internship 2008, 2009, 2010, 2011, 2012, 2013, 2014

Student Teaching Seminar 2008, 2009, 2010, 2011

Soccer 2008

Technology in Health and Physical Education 2008, 2009, 2010, 2011

*Taught hybrid (51% online)*

Volleyball 2008, 2010

**Graduate Level Courses**

Sociological and Psychological Aspects of 2024

Health and Physical Education

*Taught 100% online*

Social Issues in Sports 2024

*Taught 100% online*

Comprehensive Exam - Faculty Member Assessment 2022

Current Issues in Health and Physical Education 2020

*Taught 100% online*

*Team teach with three other UWG faculty members*

Curriculum Development in Physical Education 2010, 2011, 2020, 2022

*Taught 100% online*

Curriculum Issues and Trends 2015

*Taught 100% online*

Fundamentals of Teaching Health and Physical Education 2010, 2011

*Taught hybrid (51% online)*

Methods of Teaching K-12 Physical Education 2010, 2011, 2022

*Taught hybrid (51% online)*

Assessment and Program Evaluation in Health and Physical Education 2021

*Taught 100% online*

Scientific Foundations of Exercise 2008, 2009, 2010, 2021

*Taught F2F, hybrid, and 100% online*

**Curriculum Development**

2023 – In partnership with others: Development of Specialist Degree (Ed.S.). in physical education in the College of Education (UWG)

2022 – In partnership with others: Revision and new development of the coaching minor in the College of Education (UWG)

2019 – In partnership with others: Development of the 100% online Master of Education degree program in Health and Physical Education (UWG)

2014 – In partnership with others: Development of the Health and Community Wellness undergraduate degree (UWG)

2009 – In partnership with others: Development of the certification and Master of Arts degree program in Health and Physical Education (UWG)

2008 – In partnership with others: Full revision of the Bachelor of Science in Health and Physical Education program (UWG)

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**Service to profession**

**National Service - Reviewer**

Current Journal Review

2019 Reviewer, *The Health Education Journal*

2017 - present Reviewer, *Research Quarterly for Exercise and Sport*

2012 – present Journal Reviewer – *Quest.*

2009 - present Journal Reviewer - *Strategies: A Journal for Sport and Physical Educators*

Promotion and Tenure Review

2022 Reviewer, Tenure and Promotion dossier for external candidate at the University of Idaho

2020 Reviewer, Promotion to Professor (physical education) dossier for external candidate in the College of Education at the University of Alberta, Canada

2020 Reviewer, Promotion to Professor (physical education) dossier for external candidate in the College of Health Sciences at Sam Houston State University

2017 Reviewer, Tenure and Promotion dossier for external candidate at the University of Northern Colorado

Content Review

2018 Reviewer and content editor, SHAPE America Physical Best Activity Guides for Physical Education for Lifelong Fitness, new edition

2018 – 2021 Review Committee, SHAPE America Southern District, Taylor Dodson Award (3-year term)

2016 – 2021 Reviewer, SHAPE America national convention (Physical Activity and Health Promotion): 8-12 abstract reviews each year

2016 Reviewer – *Public Health Reports*, Office of the Surgeon General, U.S. Department of Health and Human Services (USDHHS)

2015 Reviewer for County Health Rankings and Roadmaps through the Roadmaps to Health Action Center, including What Works for Health (WWFH) in conjunction with the Robert Woods Johnson Foundation – Active recess interventions, Homework or extra credit for PE class, Open gym time, and Physically active classrooms. University of Wisconsin, County Health Rankings & Roadmaps Co-Director.

2011 - 2012 National Association for Sport and Physical Education (NASPE) - Reviewer for NFL Network Physical Education Teacher of the Year

2010 - 2011 Reviewer, National Association for Sport and Physical Education (NASPE) – Grant Reviewer: ING Run for Something Better

2009 - 2013 Reviewer, National Association for Sport and Physical Education (NASPE) –NASPE Awards Committee

**National Service - Expertise**

Trainer

2024 Training of Trainers – National Standards in Physical Education (SHAPE America)

2016 National Trainer – National Standards and Grade Level Outcomes for Elementary Physical Education

2016 National Trainer – National Standards and Grade Level Outcomes for Secondary Physical Education

Content

2019 - 2023 Member on the Publications Advisory Committee of the Society of Health and Physical Educators (SHAPE America) (3-year term)

2013-2014 Subject Matter Expertfor the Certified Personal Trainer (CPT) exam for the National Council on Strength and Fitness (NCSF)

2012 – 2014 Publications Committee, American Alliance of Health, Physical Education, Recreation & Dance (AAHPERD) (3-year term)

2009-2012 National Association for Sport and Physical Education (NASPE) – Physical Education Steering Committee, Chair (2010-2012)

2008-2009 National Association for Sport and Physical Education (NASPE) – *Opportunity to Learn: Guidelines for Quality Physical Education*

Committee to revise the 2004 documents

2006-2007 Committee Member for the Physical Activity Director Task Force Project, South Carolina.

Delegation

2014-2015 Delegate for the Delegate Assembly during the SHAPE America National Convention & Exposition in Seattle, Washington.

2012 – 2013 NASPE Association Delegate Assembly

2012 – 2014 SHAPE America (Formerly the American Alliance of Health, Physical Education, Recreation and Dance) Alliance Assembly, Delegate, Southern District

**National Service – Editor**

2013 – 2016 Editorial Board, *Journal of Physical Education, Recreation and Dance* (JOPERD), chair 2014 – 2015

2013 – Column Editor, *Strategies: A Journal for Physical and Sport Educators*,

2015 Theory to Practice Column

Publications include:

2014 - November/December, September/October, July/August, May/June, March/April, January/February

2013 - November/December, September/October, July/August, May/June, March/April

2012 - 2013 Co-editor, National Association for Sport, Physical Education, Recreation and Dance (NASPE), NASPE Symposium, *Journal of Physical Education, Recreation, and Dance* (JOPERD)

**State / Community Service**

Georgia Professional Standards Commission

2024 – 2025 Georgia Professional Standards Commission (GaPSC) Site Visitor Chair, NW Georgia RESA – Fall 2025 Continuing Review

2022-2024 Co-chair. Georgia PSC Evaluation Review Panel (ERP). Panel meetings

2021-2024 Georgia PSC Evaluation Review Panel (ERP). Three-year term. August 2021 through July 2024. Specific program review meetings once each month

2021-2022 Georgia PSC Site Review Team for Continuing Review – Valdosta State University

2021 Georgia PSC Site Review Team for Continuing Review – Georgia Southern University

2021 Georgia PSC Site Review Team for Continuing Review – Educational Leadership, Valdosta State University

2020 Georgia PSC Site Review Team for Continuing Review – Clayton State University

2018 – 2019 Georgia PSC Site Review Team for Continuing Review – Middle Georgia College and State University

2017 – present Georgia Professional Standards Commission (GaPSC): Trained Site Visitor

Leadership

2015-2016 Past President, Georgia Association for Health, Physical Education, Recreation, and Dance (GAHPERD)

2013 – 2015 President, Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD)

2012-2013 President-Elect, Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD)

2012 - 2013 Exhibits Coordinator, Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD)

2011- 2013 Executive Board, Future Professional Advisor, Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD)

2008- 2012 Executive Board Representative, West District, Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD)

2008- 2015 Academic Advisory Committee on Physical Education, Health Education, and Recreation; Georgia Board of Regents (BOR)

2004-2006 Committee Member for South Carolina Alliance of Health, Physical Education, Recreation, and Dance (SCAHPERD): SCAPES

Editor

2013 – 2018 Editor, *The GAHPERD Journal* (Journal of the Georgia Association for Health, Physical Education, Recreation and Dance: [www.gahperd.org](http://www.gahperd.org)) and the GAHPERD GAME (newsletter)

Publications for the GAHPERD *Journal*

2018 – March 15; September 15 (last issue of the journal)

2017 - March 15; October 15; December 15

2016 - December 15; September 15; March 15

2015 - December 15; September 15; March 15

2014 - December 15; September 15; June 15

1. - December 15; September 15

Publications for the GAME

2018 – February 15; May 15; August 15

2017 - May 15; February 15; August 15; September 15

2016 - October 15; August 15; May 15; February 15

2015 - October 15; August 15; May 15; February 15

2014 - October 15; August 15; May 15; February 15

2013 - October 15; August 15

Review

2024 K-12 Physical Education Curriculum – Griffin Spalding County, GA

2022 Health and Learning Resource Committee – Rockdale County, GA

2022 Henry County School District – Health Education Curriculum Review

2022 Rockdale County School District – Health Education Curriculum Review

2020 University System of Georgia, Round Sixteen Textbook Transformation Grants Reviewer

2016 – 2018 Get Healthy Live Well Coalition, Tanner Hospital System, Carrollton, GA

Physical activity in schools

2015 Content expert reviewer for *Movement Integration* and the *Theory of Planned Behavior* for 1st – 6th grade teachers in Alabama

2010 - 2013 Journal Reviewer – *The GAHPERD Journal* (Georgia Association for Health, Physical Education, Recreation, and Dance)

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**Service to Institution**

**University of West Georgia**

**Promotion and Tenure Review Committees (College of Education)**

2024-2025 Chair, Review Committee – Tenure and Promotion, Department of Sport Management, Wellness, and Physical Education

2020-2021 Review Committee – Tenure and Promotion Third Year Review – Department of Sport Management, Wellness, and Physical Education

2018-2019 Chair, Review Committee – Tenure and Promotion Third Year Review – Department of Sport Management, Wellness, and Physical Education

2016-2017 Review Committee – Tenure and Promotion Third Year Review – Department of Sport Management, Wellness, and Physical Education

2014-2015 Member, Pre-tenure and Promotion committee for the College of Education

2014-2015 Member, Tenure and Promotion committee for the Department of Leadership and Instruction

2013-2014 Member, Tenure and Promotion committee for the College of Education

2013-2014 Member, Tenure and Promotion committee for the Department of Leadership and Instruction

**Search Committees (College of Education)**

2021-2022 Search Committee Member, Department of Sport Management, Wellness, and Physical Education – Physical Education Tenure-Track Position

2020-2021 Search Committee Chair, College of Education Dean’s Office part-time staff position: External relationships and partnerships

2019-2020 Search Committee Member, Department of Sport Management, Wellness, and Physical Education – Physical Education Tenure-Track Position

2018-2019 Search Committee, Chair – Department of Sport Management, Wellness, and Physical Education – Physical Education Tenure-Track Position

2018-2019 Search Committee Member, Department of Sport Management, Wellness, and Physical Education – Sport Management Tenure-Track Position

2017-2018 Search Committee Member, Tenure Track Health and Community Wellness Assistant Professor – Department of Sport Management, Wellness, and Physical Education

2017-2018 Search Committee Member, Tenure Track Physical Education Assistant Professor – Department of Sport Management, Wellness, and Physical Education

2014 - 2015 Search Committee, Chair, Department of Leadership and Instruction Assistant/Associate Professor in Sport Management

2013 - 2014 Search Committee Member, Director of Field-Based Preparation and Community Clinic

2012 - 2013 Search Committee Member, College of Education, Director for the Office of Field Experiences

2012 - 2013 Search Committee Member, Department of Leadership and Instruction, Assistant Professor in Educational Leadership

2011 - 2012 Search Committee Member, Department of Leadership and Instruction Administrative Assistant position

2010 – 2011 Search Committee, Chair, Tennis Coach and Physical Education Instructor, Department of Leadership and Instruction

2010 – 2011 Search Committee, Chair, Health and Physical Education Program Assistant Professor Position, Department of Leadership and Instruction

2009 – 2010 Search Committee Member, Health and Physical Education Program Assistant Professor Position, Department of Health, Physical Education, and Sport Studies

2008 – 2009 Search Committee Member, Health and Physical Education Program Assistant Professor Position, Department of Health, Physical Education and Sport Studies

**Reviewer (University of West Georgia)**

2017 - present Reviewer – Office of Education Abroad, Wolves Abroad Grants

2016 – 2018 Assessment Review Committee, Office of Institutional Effectiveness

2016-2017 Reviewer, Faculty Research Grants – Office of Research and Sponsored Projects

**Committees / Councils (University of West Georgia)**

2022 Committee, M.Ed. in Physical Education Comprehensive Exam Review – organized, facilitated, and successfully contributed to 19 student comprehensive exams

2018-2019 Search Committee Member, Office of Research and Sponsored Projects

2017-2018 Search Committee Member, Office of Human Resources, Director of Employee Relations

2016 – 2024 Dean’s Office Scholarship Committee, College of Education

2016 – 2024 Committee Member, Dag Folger Speaker Series, College of Education

2016 – 2017 People Admin Committee Member

2016 – 2024 Education Abroad Advisory Council Member

2012 – 2015 Committee Member, University Council for Educator Preparation

2011 – 2012 Committee Member, Faculty Development, Mentoring, and Retention (FDMR), College of Education

2011 – 2015 Committee Member, Office of Field Experiences, College of Education

2010 – 2013 Senate Committee VIII Intercollegiate Athletics

2009 – 2015 University Disciplinary/Suspension Appeals Committee, Office of the President

2009 – 2013 University Appeals Committee

2009 – 2012 Assessment Committee in Health and Physical Education, Department of Leadership and Instruction, College of Education

2009 - 2011 Teacher Education Advisory Council (TEAC), College of Education

2009 - 2010 Graduate Committee, Department of Health, Physical Education, and Sport Studies, Comprehensive Exams

2008 – 2010 General University Matters Committee

2008 - 2009 Graduate Committee, Department of Physical Education and Recreation. Education Specialist Degree (Ed.S.) Final Thesis Review, College of Education

2007 – 2011 Teacher Education Appeals Committee, College of Education

2007 – 2010 Appeals Committee, Chair, Department of Health, Physical Education, and Sport Studies, College of Education

2007 – 2008 Personal Wellness Committee, Department of Physical

Education and Recreation, College of Education

**Leadership (University of West Georgia)**

2020 – 2022 Graduate Program Coordinator in Health and Physical Education, (M.Ed.). Department of Sport Management, Wellness, and Physical Education, College of Education

2016 – 2018 Study Abroad: Belize, faculty leader, College of Education

2015 - 2018 Advisory Board, Office of Research and Sponsored Projects (ORSP)

2014 - 2015 Chair, Committee to develop new degree in the College of Education (B.S. with a Major in Health and Community Wellness)

2013 – 2014 NCATE student assessment workgroup, College of Education

2011 – 2013 Advisory Board Member for Middle and Secondary Programs, Department of Leadership and Instruction, College of Education

2009 – 2015 Program Coordinator in Health and Physical Education, B.S. Department of Leadership and Instruction, College of Education

2009 – 2011 Health and Physical Education Teacher Education Graduate (Master’s degree) Curriculum Revision, Department of Leadership and Instruction, College of Education

2009 – 2011 Leadership Team, Department of Health, Physical Education, and Sport Studies, College of Education

2008 – 2009 PETE Graduate Initial Certification Curriculum Revision, Department of Health, Physical Education, and Sport Studies, College of Education

2007 – 2020 Health and Physical Education Teacher Education Professional Dispositions Committee, Department of Sport Management, Wellness, and Physical Education, College of Education

2007 – 2008 Health and Physical Education Teacher Education Undergraduate Curriculum Revision Committee Member, Department of Physical Education and Recreation, College of Education

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**professional Memberships, affiliations, and Certifications**

**Current**

2020 – present National Alliance for Youth Sports – Member

2015 – present Georgia Association of Colleges for Teacher Education (GACTE)

2015 – present Georgia Assessment Directors Association (GADA)

2013 – 2020 Physical Best Health-Fitness Instructor – SHAPE America

Physical Best Health-Fitness Specialist (NASPE) certification.

2007 – present Georgia Association for Health, Physical Education, Recreation and

Dance (GAHPERD), lifetime member

2004 – present SHAPE America (Society of Health and Physical Educators), formerly the American Alliance for Health, Physical Education, Recreationand Dance (AAHPERD)

1999 – present National Intercollegiate Soccer Officials Association (NISOA), Georgia

Chapter (GISOA), (previously South Carolina Chapter, SCISOA)

**Former Memberships / Affiliations**

2017 – 2019 NAKHE (National Association for Kinesiology and Higher Education)

2016 – 2017 Certificate of Completion, National Diabetes Prevention Program:

Lifestyle Coach Training.

2015 – 2016 GSOA and GHSA soccer officials’ association

2014 – 2017 Presidential Youth Fitness Program (PYFP) Instructor

2013 – 2016 Certified Personal Trainer, National Council on Strength & Fitness (NCSF)

2012 – 2014 Train the Trainer, Comprehensive School Physical Activity Program, *Let’s*

*Move*! Active Schools. SHAPE America

2011 – 2013 American Educational Research Association (AERA), member

2011 – 2012 Association of Teacher Educators (ATE), member

2004 – 2007 South Carolina Association for Health, Physical Education,

Recreation and Dance (SCAHPERD), member

2004 – 2007 ADEPT (Assisting, Developing, and Evaluating Professional

Teaching), South Carolina teacher certification

1994 – 2007 National Federation High School (NFHS) Officials Association, South Carolina High School League, member and referee assignor (2000-2004)

1993 – 2007 American Red Cross Lifeguard Training Certification

1996 – 2004 Professional Teaching Certificate in Physical Education (K-12)

1993 – 2018 American Heart Association First Aid and CPR certification

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**Community Service**

2015- present United States Soccer Federation – officiate youth soccer games in

Carrollton, Villa Rica, and Douglasville, Georgia

2013 – 2023 Private and Group Soccer Trainer – Carrollton, GA

2014 – 2015 Private and Group Tennis Coach – Bremen, GA

Summers: 2014; 2015

2008 – 2022 Head coach, Bremen Recreation Department, Bremen, GA (soccer, basketball, and baseball) – Youth recreation program

Soccer – 2008, ’09, ’10, ’11, ’12, ’13, ’14, ’15, ’17, ’19, ’20, ’21, ‘22

Basketball – 2012, ‘13, ‘14, ‘15

Baseball – 2008; 2011

2007 – 2013 Coach - Eagle Sports - North Point Christian Academy, Carrollton, GA

1999 – present National Intercollegiate Soccer Officials Association (NISOA) – collegiate referee

1994 – present Certified youth and high school referee (soccer, basketball, volleyball)

1993 – 2007 Certified swim instructor – private and group lessons

**Bremen Recreation Department, GA**

6**Heidorn, B**. (September 13, 2022). Lead the referee training for youth soccer officials.

5**Heidorn, B**. (March 7, 2022). Lead the referee training for youth soccer officials.

4**Heidorn, B**. (September 9, 2021). Lead the referee training for youth soccer officials.

3**Heidorn, B**. (September 10, 2020). Lead the referee training for youth soccer officials.

2**Heidorn, B**. (December 6, 2014). Lead the discussion for effective instruction in youth sport.

1**Heidorn, B.** (December 7, 2013). Lead the discussion for effective instruction in youth sport.