

CURRICULUM VITAE

OLIVIA UWAMAHORO, Ph.D., NCC

University of West Georgia
 College of Education
 Department of Clinical and Professional Studies
 1601 Maple Street
 Carrolton, GA 30118
 oliviau@westga.edu
 (678) 839-6127

EDUCATION

Doctor of Philosophy in Education-Counselor Education (CACREP Accredited)

Orlando, FL

University of Central Florida

August 2015

College of Education and Human Performance

Department of Child, Family, and Community Sciences

Dissertation: The Effect of Virtual Simulation on the Development of Basic Counseling Skills, Self-Reported Immersion Experience, Self-Reported Counselor Self-Efficacy, and Self-Reported Anxiety of Counselors-in-Training.

Masters of Science in Counseling (CACREP Accredited)

Memphis, TN

The University of Memphis, Memphis, Tennessee

May 2012

College of Education, Health, and Human Sciences

Department of Counseling, Educational Psychology, and Research

Area of Emphasis: *Clinical Mental Health Counseling*

Bachelor of Arts

Knoxville, TN

University of Tennessee

May 2009

College of Arts and Sciences

Department of Psychology

Major: *Psychology*

Minor: *African and African American Studies*

TEACHING EXPERIENCE

University of West Georgia (CACREP Accredited)

August 2015- Present

Assistant Professor of Counselor Education and College Student Affairs

- Responsibilities: Teaching face-to-face and online graduate level counselor education courses, advising students, engaging in research, and engaging in departmental, college, university, and community service.

University of Central Florida
Graduate Teaching Assistant

August 2012- May 2015

- Responsibilities: Taught and co-taught face-to-face and online graduate level counselor education courses and higher education courses.

University of Central Florida

August 2013- August 2014

Graduate Teaching Assistant (Clinical Supervision Intern)

- Responsibilities: Co-taught counselor education practicum, co-facilitated weekly group supervision, and facilitated weekly triadic supervision.

Additional Teaching Experience

University of Central Florida

Invited Guest Lecturer

- MHS 6407: Counseling for Wellness October 8, 2014
 - *Presented on counselor burnout and clinical supervision*
- MHS 6421: Foundations of Play Therapy and Play Process June 9, 2014
 - *Presented on Psychodrama*
- MHS: Career Counseling February 18, 2014
 - *Presented on Social Cognitive Career Theory*
- MHS 6401: Counseling Techniques March 14, 2013
 - *Presented on case conceptualization and treatment planning*

Courses Taught or Co-Taught

University of West Georgia

- CEPD 6140: Basic Counseling Skills
- CEPD 6141: Principles of Clinical Mental Health Counseling
- CEPD 6160: Group Counseling

University of Central Florida

- MHS 2441: Marriage and Intimate Relationships[^]
- MHS 6803: Practicum I and II
- MHS 6500: Group Procedures and Theories of Counseling
- EDH 6204: Community College Administration, Organization, and Supervision*
- MHS 6401: Techniques of Counseling
- MHS 6420: Counseling Special Populations: Foundations of Multicultural Counseling
- EDH 6046: Diversity in Higher Education
- EDH 6053: The Community College in America*
- EDH 6215: Community College Curriculum*

*Indicates fully online course

[^]Indicates undergraduate course

CLINICAL EXPERIENCE

Clinical Positions

University of Central Florida Community Counseling Research Center **Orlando, FL**
Counselor (Doctoral Student) August 2012-August 2015

- *Conducted individual, couples, and family counseling sessions for members in the community.*
- *Facilitating interpersonal growth groups and psychoeducational groups for the counseling masters' students.*

Youth Villages Inc. **Bartlett, TN**
Residential Counselor April 2012- August 2012

- *Worked with female youths (12 to 18) who presented with severe behavioral, emotional, and psychological issues which required intensive inpatient treatment.*
- *Duties included conducted individual, family, and group therapy sessions. Also developed individualized treatment plan for each identified clients.*

Youth Villages Inc. **Bartlett, TN**
Clinical Liaison (Intern) January 2012-April 2012

- *Assisted the residential counselors and other members of the clinical team.*
- *Worked with female youths (12 to 18) who presented with severe behavioral, emotional, and psychological issues which required intensive inpatient treatment.*
- *Conducted individual, family, and group therapy sessions. Also developed individualized treatment plan for each identified clients*

Daybreak Treatment Center **Germantown, TN**
Co-Therapist/Case Manager (Practicum Student) September 2011-January 2012

- *Worked with clients between the age of 13 and 18 in a partial hospitalization setting.*
- *Duties included individual sessions with assigned clients and co facilitating process and art therapy groups.*
- *Also completed case management duties which included filing documents, being a liaison between the primary therapist and the families, and setting up aftercare appointment for discharging clients.*

Youth Villages Inc. **Memphis, TN**
Senior Family Intervention Specialist July 2009-January 2012

- *Worked with youth with severe emotional and behavioral problems (infant to 18) and their families in their own home at times convenient to the family.*
- *The program utilized a Multiple Systematic Therapy system, which focuses on the client, the family, the peers, the school, and the community.*

PROFESSIONAL SERVICE AND GOVERNANCE

National Service

AACTE Holmes Scholar February 2014- February 2015

- Vice-President

Regional/State Service

Florida Association for Multicultural Counseling & Development June 2013-June 2015

- Graduate Student Representative

Florida Counseling Association June 2013-June 2015

- Graduate Student Committee

University Service

Chi Sigma Iota, University of Memphis April 2011-April 2012

- Executive Board

College Service

University of Central Florida August 2013-August 2014

- Coordinator of the Counseling Skills Club

University of Central Florida Counseling Conference November 2012

- Presentation Proposal Reviewer

Department Service

University of West Georgia

- Recruitment Work Group August 2015-Present
- Facebook Work Group September 2015-Present
- Gatekeeping and Readmission Work Group September 2015- Present
-

RESEARCH AND SCHOLARSHIP ACTIVITIES

Research Interests and Foci

- Using virtual simulation to educate and train counseling students and counseling professions
- Client outcome
- Gatekeeping in counselor education

Articles Published in Referred Journals

Mullen, P. R., Uwamahoro, O., Blount (Windt), A., & Lambie, G. W. (2015).

Development of counseling students' self-efficacy during preparation and training. *The Professional Counselor*, 5(1), 175–184.

Articles in Preparation for Publications in Referred Journals

Uwamahoro, O., & Hagedorn, W. (In Progress). The effect of virtual simulation on the development of counselors-in-training.

Mullen, P. R., **Uwamahoro, O.**, Blount (Windt), A., & Lambie, G. W. (In Progress). A longitudinal investigation of counseling students' psychological distress during their graduate preparation program

Book Chapters

Graham, J. M., & **Uwamahoro, O.** (2014). The line in the sand. In K. R. Fineran, B. J. Houltberg, A. G. Nitz, McCoy, J. B., Roberts, S. M. (Eds.), *Group work experts share their favorite activities volume 2: A guide to choosing, planning, conducting, and processing* (pp. 117-120). Alexandria, VA: Association for Specialists in Group Work.

Windt, A., & **Uwamahoro, O.** (2014). Economically disadvantaged persons. In T. K. Lee (Ed.), *Special populations in substance abuse*. San Diego, CA: Cognella.

Non-Referred Publications

Uwamahoro, O. (February 2014). Multiculturalism and the DSM. *The Florida Association for Multi-Cultural Counseling and Development Newsletter*, 3(2).

Invited Speaker/Panelist

Mitcham-Keys, M., Stein-McCormick, C., & **Uwamahoro, O.** (2014, April). *Multicultural experiences in supervision*. Panel presented at the Florida Association for Multicultural Counseling Development professional development institute.

Papers Presented at Refereed Conferences

International

Uwamahoro, O. (2014, September). *Technology in the counseling field: Where do we go from here?* Presented at the European Branch of the American Counseling Association Conference, Milan, Italy.

Uwamahoro, O., & Blount (Windt), (2013, October). *A narrative cognitive-developmental model of supervision (NCDM)*. Presented at the European Branch of the American Counseling Association Conference, Bad Herrenalb, Germany.

Blount, A. J., & **Uwamahoro, O.** (2013, November). *Wellness, change, & development: An integrative approach to supervision*. Paper Presented at the European-Branch of the American Counseling Association Conference in Bad Herrenalb, Germany.

Uwamahoro, O., Blount (Windt), A., & Sherrell, R. (2013, October). *How to be a creative supervisor: The use of expressive arts in supervision*. Presented at the European Branch of the American Counseling Association Conference, Bad Herrenalb, Germany.

Blount (Windt), A., **Uwamahoro, O.**, & Sherrell, R. (2013, October). *Creative counseling: Using photos, music, and stories*. Presented at the European Branch of the American Counseling Association Conference, Bad Herrenalb, Germany.

National

Uwamahoro, O. (2015, September). *The effect of virtual simulation on the development of counselors-in-training*. Presented at the Association for Assessment and Research in Counseling, Memphis, Tennessee.

Gonzalez, J., **Uwamahoro, O.**, & Harris, S. (2015, March). *Let's hear from the client: What clients think about their counselors' cultural competencies*. Presented at the American Counseling Association Conference & Expo, Orlando, FL.

Blount, A., **Uwamahoro, O.**, & Mullen, P. (2015, March). *Wellness matters: Navigating the discrepancy between perceived & ideal well-being in counslors*. Presented at the American Counseling Association Conference & Expo, Orlando, FL.

Uwamahoro, O., & Hagedorn, W. (2014, September). *An empirical investigation of the development of micro counseling skills using simulation training*. Presented at the Association for Assessment and Research in Counseling, Moline, Illinois.

Uwamahoro, O., Windt, A., & Graham, J. (2014, February). *Ain't nothing but a g(group) thang! Ensuring the Effectiveness of Group Counseling Training*. Presented at the Association for Specialists in Group Work Conference, Orlando, Florida.

Wood, A. & **Uwamahoro, O.** (2013, October). *When you're not you anymore: The need to address identity loss in counseling education and supervision*. Presented at the Association for Counselor Education and Supervision Conference, Denver, Colorado.

Lambie, G. W., Martin, J. L., Windt, A. J., Gonzalez, J., Wood, A., LaMothe, S., Graham, J., & **Uwamahoro, O.** (2013, March). *Continued validation of the counseling competencies scales: A measure of trainees' skills, disposition, and behaviors*. Presented at the American Counseling Association Conference & Expo, Cincinnati, Ohio.

Regional/State

Uwamahoro, O. Blount, A. J., Martin, J. L., & Graham, J. (2014, October). *Technology and counselor education: Where do we go from here?* Presented at the Southern Association for Counselor Education and Supervision Conference, Birmingham, Alabama.

Martin, J. L., & **Uwamahoro, O.** (2014, October). *ALDIC model of supervision: Using anxiety to foster healthy counselor-in-training development*. Presented at the Southern Association for Counselor Education and Supervision Conference, Birmingham, Alabama.

Blount, A. J., Gonzalez, J., **Uwamahoro, O.**, & Wood, A. (2014, February). *Psychiatric*

hospitals. Presented at the 6th Annual University of Central Florida Counseling Conference.

Blount, A., **Uwamahoro, O.**, Gonzalez, J. & Wood, A. (2013, October). *What you didn't learn in school: community agencies & psychiatric hospitals*. The Florida Counseling Association Conference, Tampa, Florida.

Windt, A., **Uwamahoro, O.**, Gonzalez, J., & Wood, A. (2013, October). *What's not taught in school about community agencies and psychiatric hospitals*. Presented at The Florida Counseling Association Convention. Tampa, Florida.

Uwamahoro, O. & Hundley, G. (2013, February). *Underutilization of mental health services by african americans: Implications for mental health counselors*. Presented at the University of Central Florida Counseling Conference. Orlando, Florida.

Limberg, D., Robinson, E. H., Super, J. T., Robinson, S., **Uwamahoro, O.**, & LaMothe, S. (2012, September). *Evaluating the psychometric properties of an instrument measuring altruistic caring of counselors-in-training*. Presented at the Southern Association for Counselor Education and Supervision Conference, Savannah, Georgia.

GRANTSMANSHIP

Internal

Uwamahoro, O. (Principal Investigator), & Hagedorn, W. (2014). *The effect of virtual simulation on the development of basic counseling skills, self-reported immersion experience, self-reported counselor self-efficacy, and self-reported anxiety of counselors-in-training*. The University of Central Florida TeachLivE Innovations in Service Delivery Grant. (**Funded amount: \$2, 160**)

External

Uwamahoro, O. (Principal Investigator) (2014) *The effect of virtual simulation on the development of basic counseling skills, self-reported immersion experience, self-reported counselor self-efficacy, and self-reported anxiety of counselors-in-training*. Southern Association For Counselor Education and Supervision Research Grant, (**Unfunded**).

Additional Grant Experiences

**Morgridge International Reading Center
University of Central Florida**

Orlando, FL

August 2014-May 2015

I am currently a graduate assistant for a team of faculty who are coordinating the grant awarded to UCF by iStation. UCF was selected as the state of Florida's research center to examine the effects of the iStation Reading program on the reading performance of elementary school students. iStation incorporates computer assisted instruction to enhance students' learning experiences.

HONORS/AWARDS

The University of Central Florida College of Graduate Studies Travel Fellowship	2013
The University of Central Florida Holmes Scholar	2012
The University of Memphis Chi Sigma Iota (Counseling Academic and Professional Honor Society International {CSI})	2011

PROFESSIONAL TRAINING

Florida Association of Multicultural Counseling and Development Professional Development Institute 2014: Supervision: A Multicultural Process Attended a 4 hour training on multiculturalism and supervision.	Tampa, FL 2014
Florida Counseling Association Leadership Development Institute 2013: Transformation through Resiliency, Leadership, and Advocacy Attended a 10 hour training on effective leadership.	Tampa, FL 2013
University of Central Florida Graduate Teaching Associate Training: Face-to-face Attended an 8 hour training on teaching graduate level students	Orlando, FL 2013
Youth Villages, Inc. Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) Attended a 16 hour training on using TF-CBT to provide treatment to adolescents with severe traumatic experiences such as sexual abuse, physical abuse, and neglect.	Memphis, TN 2012
Youth Villages, Inc. Adolescent Community Reinforcement Approach (ACRA) Attended an 8 hour training on the use of the ACRA model with adolescents presenting with substance use/abuse.	Memphis, TN 2011

PROFESSIONAL CERTIFICATIONS & LICENSURES

National Board for Certified Counselor National Certified Counselor (NCC): 350371	2014-Present
---	--------------

PROFESSIONAL MEMBERSHIP AND AFFILIATIONS

Current

International

Chi Sigma Iota (Counseling Academic and Professional Honor Society International {CSI})

National

American Counseling Association (ACA)

Association for Counselor Education and Supervision (ACES)

Association for Assessment and Research in Counseling (AARC)

Regional

Southern Association for Counselor Education and Supervision (SACES)

Past

International

Chi Sigma Iota (Counseling Academic and Professional Honor Society International {CSI})

European Branch of the American Counseling Association (EB-ACA)

National

American Counseling Association (ACA)

American Association for Multicultural Counseling and Development (AMCD)

State

Tennessee Counseling Association (TCA)

Florida Counseling Association (FCA)

Florida Association for Counselor Education and Supervision (FACES)

Florida Association for Multicultural Counseling and Development (FAMCD)

University

University of Central Florida Counselor Education Doctoral Student Organization (CEDSO)