

Bethany A. Lanier, Ph.D, NCC

249 Education Annex, University of West Georgia

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EDUCATION

- 2017 **Ph.D.**, Counselor Education and Supervision, **Auburn University**, Auburn, Alabama (CACREP accredited)
Cumulative G.P.A. 4.0/4.0
- 2013 **M.S.**, Counseling and Human Development, **Radford University**,
Radford, Virginia (CACREP accredited)
Concentration: Clinical Mental Health
Cumulative G.P.A. 4.0/4.0
- 2010 **B.S.**, Psychology, **Virginia Polytechnic Institute and State University**,
Blacksburg, Virginia

HONORS AND CREDENTIALS

- American Mental Health Counselors Association Graduate Student of the Year, 2016
- Iota Delta Sigma Outstanding Doctoral Student, 2016
- National Leadership Fellow – Chi Sigma Iota, 2015
- Iota Delta Sigma Outstanding Leadership Award-Auburn University, 2015
- National Certified Counselor, 2014
- Professional Excellence Award – Radford University, 2013
- Outstanding Student – Counselor Education, Clinical Mental Health, Radford University, 2013
- John W. Arnn Sr. & John W. Arnn, Jr. Memorial Scholarship, Radford University, 2012

TEACHING EXPERIENCE

Masters Courses

- CEPD 6182: Internship: Professional Counseling, University of West Georgia
Instructor, Fall 2017
- CEPD 6188: Practicum: Professional Counseling, University of West Georgia
Instructor, Fall 2017
- CEPD 6160: Group Counseling, University of West Georgia
Instructor, Fall 2017
- COUN 7230: Career Development and Vocational Appraisal, Auburn University
Co-Instructor, Summer 2015

COUN 7240: Counseling Children and Adolescents, Auburn University
Co-Instructor, Summer 2016
COUN 7340: Group Counseling, Auburn University
Graduate Teaching Practicum, Spring 2014
COUN 7350: Introduction to Counseling Skills, Auburn University
Graduate Teaching Practicum, Spring 2015, Spring 2017
COUN 7400: Orientation to Professional Counseling, Auburn University
Graduate Teaching Practicum, Fall 2014

Undergraduate Courses

COED 260: Seminar in Career Development, Radford University
Instructor, Fall 2011-Spring 2013
COUN 3003: Career Success, Auburn University
Graduate Lecturer, Online Course, Spring 2016

SUPERVISION EXPERIENCE

COUN 7910 Practicum: Co-Instructor providing Group Supervision of Practicum for School and Clinical Mental Health Counseling Students (12 students), Fall 2015

COUN 8910 Supervision Practicum: Provided Individual Supervision to students in both the School and Clinical Mental Health Practicum courses (2 students), Fall 2014

COUN 8920 Internship: Provided Individual Supervision to students in both the School and Clinical Mental Health Practicum courses (2 students), Fall 2016

COUN 8540 Supervision in Counselor Education: Provided Group and Individual Supervision to students in the Clinical Mental Health Practicum course (12 students), Fall 2014

CLINICAL EXPERIENCE

April 2015-
March 2016

East Alabama Mental Health
Job Title: Family and Children's Services, Counselor

- Complete intake assessment and develop treatment plans
- Provide crisis intervention for children and families
- Conduct outpatient individual and family counseling sessions
- Prepare clinical documentation and appropriate referrals

September 2013-
December 2014

Office of Professional & Career Development, Auburn University
Job Title: Career Coach

- Assisted students in the Raymond J. Harbert College of Business in career development
- Interpreted career assessments with individual students
- Provided professional and career related counseling

- Led group counseling sessions related to Holland Codes and occupational success
- Conducted mock interviews with students and provided feedback
- Reviewed student resumes, cover letters, and job/internship applications

September 2013-
February 2014

TEARS, Phenix City, AL
Job Title: Substance Abuse and Adolescent Counselor

- Completed intake assessments for all Medicaid clients
- Prepared and reviewed treatment plans
- Administered drug screens
- Appraised all client assessments
- Conducted individual and group counseling sessions on substance abuse, anger, and teenage pregnancy
- Served as court liaison for court-ordered clients
- Collaborated with counseling treatment team and Russell County Drug Court

August 2012-
May 2013

Bethany Hall, Roanoke, VA
Job Title: Substance Abuse Counseling Intern

- Provided individual and group counseling to women with substance dependence and co-occurring disorders
- Collaborated with treatment team
- Developed and revised Medicaid specific treatment plans
- Conducted and appraised assessments
- Completed psychosocial assessments
- Administered alcohol and drug screens

May 2012-
August 2012

Western Virginia Regional Jail, Salem, VA
Job Title: Counseling Intern

Radford Rehab
Job Title: Group Counseling Facilitator

- Developed and managed two counseling groups under licensed supervision
- Provided group counseling services to inmates at regional jail that focused on parenting, job preparation, and communication skill development
- Led reminiscence group at local rehabilitation center for elderly patients with dementia
- Utilized flexibility within group setting

- Maintained clinical case notes

January 2012-
May 2012

Radford University, Radford, VA
Job Title: Practicum Counseling Intern

- Managed case load of four college students under licensed supervision
- Integrated counseling theories to assist clients in making appropriate changes
- Administered and discussed assessments
- Created and implemented treatment plans for clients with substance abuse and relationship problems
- Maintained clinical case notes

EMPLOYMENT EXPERIENCE

August 2016-
Present

College of Education, Auburn University
Job Title: Graduate Research Assistant

- Assist in External Evaluator duties for NSF-ITEST, NSF-CS10K, NSF-INCLUDES, NSF-CSTEM grants
- Develop evaluation summaries and reports
- Analyze data obtained from surveys
- Assisting with the construction of data collection tools
- Prepare evaluation plans for proposals for external funding

January 2015-
Present

Counselor Education, SERC Department, Auburn University
Job Title: Graduate Assistant

- Assist in program evaluation as part of the Counselor Education's CACREP Self-Study (2016 standards)
- Develop and revise program evaluation forms
- Assist in the analysis of aggregate data for program evaluation
- Review program handbooks and student materials
- Assist in reviewing and revising program materials related to 2016 CACREP Standards
- Coordinate the development of online Clinical Mental Health Counseling program

November 2013-
Present

East Alabama Mental Health
Job Title: Grant Evaluator

- Provide consultation services to EAMH in reference to Tallapoosa Underage Drinking Coalition grant
- Conduct data analyses of surveys related to the perception of underage drinking in rural Alabama

- Evaluate effectiveness of underage drinking coalition efforts in Tallapoosa County

January 2015-
August 2016

Truman Pierce Institute, Auburn University
Job Title: Graduate Assistant

- Evaluated 21st CCLC grants and confirm compliance
- Created and executed Webinars and presentations on program evaluation and EZ Reports data reporting
- Collaborated with Alabama State Department of Education in reviewing and accepting Dependent Care grants
- Planned and led yearly summer camp for underprivileged high school students in rural Alabama on Auburn University's campus to provide leadership development training and STEM learning activities
- Provided written program evaluation report to Alabama DOE

May 2012-
July 2012

Radford University-Registrar's Office, Radford, VA
Job Title: Graduate Assistant

- Edited, printed, and mailed graduates diplomas
- Amended official Course Catalog
- Assisted with freshman orientation
- Verified student degree completion

SCHOLARLY PUBLICATIONS

Evans, A. M., **Lanier, B.**, & Radomski, J. (2015). Work-life balance for new counselor educators: Recommendations from experienced counselor educators. In *Ideas and research you can use: VISTAS 2015*.

Iarussi, M. M., **Lanier, B. A.**, & Fucillo, S. Legal and Ethical Issues in Substance Use Treatment in Groups. (2015). In C.S. Bhat, Y. Pillay, & P.R. Selvaraj (Eds.), *Group work experts share their favorite activities for the prevention and treatment of substance use disorders*. Alexandria, VA: Association for Specialists in Group Work.

NATIONAL PRESENTATIONS

March 2017 **Lanier, B.**, Carney, J., Taylor, M., McIntosh, K., & Fucillo, S. Practicing Counselors and Vicarious Trauma: Implications for Counselor Educators. *American Counseling Association Conference, San Francisco, CA*

March 2017 Fucillo, S., Carney, J., **Lanier, B.**, & Taylor, M. Caring for the Caregivers: Vicarious Trauma and Supervision. *American Counseling Association Conference, San Francisco, CA*

- October 2015 Iarussi, M., **Lanier, B.**, & Powers, D. Promoting the use of culturally relevant evidence-based practices: Potential roles for counselor educators and supervisors. *Association of Counselor Education and Supervision Conference, Philadelphia, PA*
- October 2015 Carney, J., Shannon, D., **Lanier, B.**, & Wright, S. Comparison of Sampling Methodologies in Survey Research. *Association of Counselor Education and Supervision Conference, Philadelphia, PA*
- March 2015 Lanier, B. & Wright, S. Implementing Transitional Mentoring Programs within Correctional Facilities to Reduce Recidivism Rates. American Counseling Association Conference, Orlando, FL
- March 2015 **Lanier, B.**, Sandusky, W., & Iarussi, M. Enhancing Community Engagement: Motivational Interviewing Training Workshop for Professionals and Students. *American Counseling Association Conference, Orlando, FL*

REGIONAL PRESENTATIONS

- October 2016 **Lanier, B.**, Carney, J., McIntosh, K., Taylor, M., & Veal, K. Defining Key Dispositions in Master's and Doctoral Counseling Programs for CACREP Standards. *Southern Association for Counselor Education and Supervision, New Orleans, LA*
- October 2016 Iarussi, M., Powers, D., & **Lanier, B.** Teaching Evidenced Based Practices: Within and Beyond the Classroom. *Southern Association for Counselor Education and Supervision, New Orleans, LA (accepted)*
- March 2016 **Lanier, B.** and Fucillo, S. Trauma Informed Supervision: How can we best prepare counselors-in-training to assist children and families while avoiding vicarious trauma? *Quint State Southeastern Symposium on Child and Family Development, Blacksburg, VA*
- February 2016 **Lanier, B.**, Carney, J., McIntosh, K., & Taylor, M. Defining counseling student dispositions: Developing dispositions and recommendations for Counselor Educators. *Eastern Education Research Association, Hilton Head Island, SC*

STATE PRESENTATIONS

- November 2015 Carney, J., **Lanier, B.**, Fripp, J., May, S., & Hemmings, C. Doctoral Programs in Counseling: Considering Admissions and Strategies for Success. *Alabama Counseling Association Conference, Montgomery, AL*

- October 2015 **Lanier, B.**, Groccia, C., & McIntosh, K. External Evaluation for 21st CCLC Programs in Alabama. *Alabama Community Education Association, Orange Beach, AL*
- March 2015 Cooper, J. & **Lanier, B.** On the Road to a Closer Look at Evaluation. *Alabama Community Education Association, Birmingham, AL*
- November 2014 Lanier, B. Reducing Recidivism Rates in Alabama Correctional Facilities Through Use of Mentoring Programs. Alabama Counseling Association Conference, Huntsville, AL
- November 2014 **Lanier, B.** & Sandusky, W. Implementing Cinematherapy into Counseling Sessions. *Alabama Counseling Association Conference, Huntsville, AL*
- November 2013 **Lanier, B.** & Sandusky, W. Cinematherapy Group Work: Using Super Hero Metaphor with Adolescents. *Alabama Counseling Association Conference, Birmingham, AL*
- November 2011 **Laine, B.** Hillbilly Heroin: Substance Abuse in Rural Appalachia. *Radford University, Radford, VA*

INVITED PRESENTATION

- February 2015 Lanier, B. Get In! Preparing Your Resume and Cover Letter for College Acceptance. Invited Presenter; High School Leadership Conference, Auburn, AL

GRANTS AND OUTREACH

- SACES Research and Best Practices Awards; August 2016 (*not funded; \$500*)
- Chambers County Department of Human Resources; May 2016 (*currently in progress*)
 - *OJJDP FY 2016 Family Drug Court Implementation and Enhancement Program*
- Ingram State Technical College; June 2014 (*not funded: \$1,000,000*)
 - *Second Chance Act Adult Mentoring and Transitional Services for Successful Reentry Program FY 2014*
- Concession Board Funding, Auburn University; April 2014 (*funded: \$1,500*)
 - *Iota Delta Sigma Motivational Interviewing Training*

REVIEW BOARD PARTICIPATION

- Alabama State Department of Education Federal Programs Section, Dependent Care Development Grant Reviewer, FY 2017, FY 2016, FY 2015
- Alabama State Department of Education Federal Programs Section, Community Education Grant Reviewer, FY 2017
- Alabama State Department of Education Federal Programs Section, 21st CCLC Grant Writer/Editor, FY 2017
- Chi Sigma Iota, Excellence in Research Grants, Grant Reviewer; FY 2018, 2017, 2016

- Chi Sigma Iota, ACA Poster Sessions, Proposal Submission Reviewer; FY 2018, 2017, 2016
- Chi Sigma Iota, Counselors' Bookshelf, Submission Reviewer; FY 2016

PROFESSIONAL MEMBERSHIPS

- Chi Sigma Iota, 2012-Present
 - Counselor Education & Supervision Representative; March 2015-Present
 - Co-President; Iota Delta Sigma at Auburn University; March 2014-March 2015
 - Secretary; Rho Chi Epsilon at Radford University; August 2012-May 2013
- American Counseling Association, Student Member; 2011-Present
- Association for Counselor Education and Supervision, Student Member; 2013-Present
- American Mental Health Counselors Associations, 2016-Present
- Southern Association for Counselor Education and Supervision, Student Member; 2013-Present
- Alabama Counselors Association, Student Member; 2013-Present
- International Association of Addictions and Offender Counselors, Student Member, 2013-Present
- Alabama Association for Addictions and Offender Counselors
 - Secretary 2016-Present
- Phi Kappa Phi, Member

SERVICE

- Auburn University Faculty Search Committee, Student Representative, Spring 2016
- Auburn University Counselor Education and Supervision Doctoral Program, Mentor, Spring 2014, Spring 2015, Spring 2016
- Auburn University Clinical Mental Health Master's Program Search Committee, Student Interviewer, Spring 2014 and Spring 2015
- Dadeville Sunshine Shop, Advocacy Project, Fall 2014
- Notasulga Literacy Night, Advocacy Project, Fall 2013