KIMBERLY BINGHAM, MS, EMT-P

University of West Georgia

College of Education

Sport Management, Wellness, and Physical Education

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**EDUCATION**

**ASN Nursing December 2021**

Albany State University – Cordele, GA

**M.S. Exercise Science 2017**

Georgia State University – Atlanta, GA

**Paramedic Program (1120 Hour Course) 2014**

Gwinnett County Fire & Emergency Services – Lawrenceville, GA

Successful completion of NREMT-P and State of Georgia paramedic license

Recipient of Academic Award for highest GPA, Recruit Class 2013-1

**B.S. Marketing 2008**

**B.A. Psychology**

Arizona State University – Tempe, AZ

Summa Cum Laude

**CERTIFICATIONS AND LICENSURE**

Paramedic, License #12949, State of Georgia 2014 – Present

AHA Advanced Cardiac Life Support 2014 – Present

AHA Basic Life Support Instructor, Instructor #02180656337 2018 – Present Safe Zone Trainer 2019 – Present

**TEACHING EXPERIENCE**

2017 – Present **University of West Georgia**

College of Education

Department of Sport Management, Wellness, & Physical Education

**Courses Taught:**

***PHED 2000: Applied Concepts of Fitness and Wellness***

Fall 2017; Spring 2018; Summer 2018 – Lecture, hybrid

***PHED 2603: Human Anatomy and Physiology I***

Fall 2018, 2017, Spring 2019, 2018; Summer 2019, 2018 – Lecture and fully online

***PHED 2604: Human Anatomy and Physiology II***

Fall 2018, 2017, Spring 2019, 2018; Summer 2019, 2018 – Lecture and fully online

***PHED 2605: Functional Anatomy***

Fall 2020, 2019; Spring 2021, 2020; Summer 2020, 2019 – Lecture, hybrid, and fully online

***PHED 2628: First Aid and CPR for Education Majors***

Fall 2020, 2019, 2018, 2017; Spring 2021, 2020, 2019, 2018; Summer 2020 – Hybrid

***PWLA 1600: Personal Wellness***

Fall 2020, 2019, 2017; Spring 2021, 2020, 2019, 2018 – Fully online

***PWLA 1643: First Aid and CPR***

Fall 2019, 2018, 2017; Spring 2021, 2018 – Hybrid

***PWLA 1671: Soccer***

Fall 2018; Spring 2018 – Lecture

***PWLA 1678: Strength and Conditioning***

Spring 2020 – Lecture

***PWLA 1679: Body Boot Camp***

Spring 2021, 2020, 2019, 2018 – Lecture

***PWLA 1697: Walk/Jog***

Spring 2021 – Lecture

***XIDS 2002-08: What do you know about sexual health?***

Fall 2020, 2019 – Lecture

2013 – 2016 **Gwinnett County Fire & Emergency Services**

**Adjunct for:**

Basic Life Support

Advanced Cardiac Life Support

Pediatric Life Support

International Trauma Life Support

Advanced Medical Life Support

National Registry Emergency Medical Technician – Basic

National Registry Emergency Medical Technician – Advanced

National Registry Emergency Medical Technician – Paramedic

**SERVICE**

**University of West Georgia**

2020 – Present American Medical Student Association Faculty Advisor

2019 – Present Responsible Sexuality Committee; Chair for 2020 – Present

2019 – Present Safe Zone Training; Trainer

2019 – Present Sigma Kappa Faculty Advisor

2017 – 2019 NCAA Sexual Violence Prevention Committee; Committee Member

2017 – 2019 ACSM *Exercise Is Medicine on Campus ®;* Exercise Professional

**College of Education**

2018 – Present College of Education Diversity Advisory Committee; Committee Member

2017 – 2018 Project Wolves; Faculty Instructor

**Department of Sport Management, Wellness, & Physical Education**

2018 – Present Faculty Led Instruction for Community Health and Wellness Program

2017 – Present Wolf Wellness Lab Committee; Committee Member

**Community**

2020 – Present WellStar Cobb Hospital Emergency Room; Paramedic

2017 – Present Project Search; Health & Wellness Educator

2017 – Present American Heart Association First Aid and CPR Instructor

**National**

2019 Harvard Women’s Soccer Crimson Soccer School; Coach

**PROFESSIONAL EXPERIENCE**

**Faculty Instructor 2017 – Present**

College of Education

University of West Georgia – Carrollton, GA

* Facilitate experiential learning and development for community health and wellness and physical education undergraduates
* Plan and coordinate initiatives and events to support a climate of excellence and inclusion for all students, faculty, and staff
* Review and amend university, college, and department documents and procedures to reflect diversity and inclusion of gender, race, orientation, and religion
* Collaborate with faculty on annual departmental goal setting and program assessment
* Create online, hybrid, and lecture undergraduate courses using high impact practices and learning management systems
* Partner with university departments, student organizations, nonprofits, and local companies to develop programs for students, staff, faculty, and the community
* Assist students with life skills development through presentation demonstrations and experiential learning
* Coach and mentor undergraduate students on academic performance, graduate school preparation, and career development

**Paramedic 2016 – Present**

WellStar Health System – East Point, GA

* Assist with patient care in the emergency department including EKG, IV therapy, collection of lab specimens, medication administration, and bedside care
* Respond to cardiac arrests and provided ACLS interventions
* Respond to STEMI, stroke, and trauma activations
* Record patients’ medical history, assessments, vital signs, and treatment in MEDHOS

and Epic

**Professional Soccer Coach 2004 – Present**

Self-employed – Various, Nationwide

* Develop and implement training sessions and programs for youth athletes, collegiate athletes, and other coaches
* Manage on the field and in classroom training sessions for large groups of players, parents, and coaches
* Plan, coordinate, and evaluate player development and team performance
* Build relationships with individuals, clubs, and universities to facilitate player development and secure contracted positions

**Paramedic 2016 – 2017**

Grady Health System – Atlanta, GA

* Completed patient assessments, formed field impression, and provided treatment of sick and injured patients in pre-hospital environment
* Led and performed patient care including pharmacological, ACLS, and BLS interventions as part of EMS Operations division
* Assessed the nature and extent of illness or injury to establish and prioritize resources, medical treatment, and transportation
* Managed vehicle operations and communication with dispatch and receiving hospitals

**Firefighter Paramedic 2013 – 2016**

**EMS Adjunct and Field Training Specialist**

Gwinnett County Fire & Emergency Services

* Provided fire protection and emergency medical care during emergency incidents
* Completed and reviewed fire reports and patient care reports
* Recorded and audited patient care reports in ESO in accordance with standing medical orders
* Instructed skills trainings and lab practicals for EMT and paramedic students
* Proctored EMT and paramedic testing for department exams and National Registry testing
* Taught and mentored new paramedics to ensure that new employees met department standards and operated within standing medical orders
* Trained EMT, paramedic, and nursing students during clinical rides

**Strength and Conditioning Coach 2009 – 2013**

Self-employed – Atlanta, GA

* Conducted multifaceted fitness assessments consisting of ECG monitored cardiovascular testing, muscular strength and endurance testing, body composition testing, and lipid profile testing
* Maintained dual certifications as NSCA Certified Strength and Conditioning Specialist and ACSM Certified Personal Trainer
* Organized recruitment and enrollment events for prospective clients
* Counseled clients on health, nutrition, and fitness goals
* Developed and implemented training programs for Special Operations police officers, training academies of law enforcement agencies, and collegiate and youth athletes
* Evaluated athletes for postural imbalances and designed appropriate strength and flexibility programs for injury prevention

**PRESENTATIONS**

Bingham, K. (October, 2020). Sexual Orientation and Gender Identity. Presented to UWG Women’s Basketball Team at the University of West Georgia.

Bingham, K. (October, 2020). STIs and Contraception. Presented to UWG Women’s Basketball Team at the University of West Georgia.

Bingham, K. (October, 2020). Pleasure and Contraception. Presented to Sigma Kappa Sorority at the University of West Georgia.

Bingham, K. (September, 2020). Women’s Health. Presented to UWG Women’s Basketball Team at the University of West Georgia.

Bingham, K. (September, 2020). Let’s talk about sex. Presented at the University of West Georgia.

Bingham, K., Denmon, L. (2019). Safe Zone training. Presented at the University of West Georgia.

Bingham, K. (October, 2019). The sex education you wish you had. Presented to Sigma Kappa Sorority at the University of West Georgia.

Bingham, K. (October, 2019). How drugs affect your nervous system. Guest speaker for XIDS 2002: Drugs and alcohol in college at the University of West Georgia.

Bingham, K. (August, 2019). Let’s talk about sex. Presented at the University of West Georgia.

Bingham, K. (February, 2019) Hands only CPR. The Well at West Series at the University of West Georgia.

Bingham, K. (November, 2017). Commencement speech. Keynote Speaker at Gwinnett County Paramedic Graduation. Gwinnett County, GA.

Bingham, K. (April, 2017). Commencement speech. Keynote Speaker at Gwinnett County Fire Graduation. Gwinnett County, GA.

Bingham, K. (September, 2011). How to make your freshmen year your fittest. Presented at the Student Success Summit at Georgia State University. Atlanta, GA.

Bingham, K. (2009). Life lessons learned from soccer. Presented at annual San Ramon Soccer Club Banquet. San Ramon, CA.

**SPECIALIZED TRAINING**

* Darkness to Light’s Stewards of Children
* Trans101 Workshop
* AHA Pediatric Advance Life Support
* Georgia Stroke Core Curriculum - 6.5 Hour Course
* Non-Violent Crisis Intervention - 6 Hour Course
* NPQ I and II Certified Firefighter – State of Georgia – 640 Hour Course
* Hazmat Operations – NPQ – State of Georgia – 56 Hour Course
* Firefighter Safety and Survival – State of Georgia – 24 Hour Course
* Emergency Response to Terrorism – State of Georgia – 8 Hour Course
* Public Education – Gwinnett County Fire & Emergency Services – 8 Hour Course
* Swiftwater Operations – Gwinnett County Fire & Emergency Services – 8 Hour Course
* NAEMT Instructor Course – NAEMT – 6 Hour Course
* International Trauma Life Support – 16 Hour Course #19593
* Advanced Medical Life Support – NAEMT – 16 Hour Course #AM-14-4932-03
* NREMT-EMT and NREMT-AMT – Gwinnett Fire Academy – 672 Hour Course
* ICS 100, 200, 700, and 800 Certification – FEMA
* Certified Strength & Conditioning Specialist – NSCA
* Certified Personal Trainer – ACSM

**AWARDS AND HONORS**

**Member of the U.S. Women’s National Soccer Team**

**Athlete at the Olympic Training Center**

**Arizona State University Women’s Soccer Team, Team Captain**

*Academic All-American · All-Pac 10 First Team · 3x Academic All-Pac 10 First Team*

*4x Dean’s List Recipient · 4x Maroon & Gold Scholar Athlete · Sun Devil Merit Scholarship Recipient*