

**Mary E. Huffstead**  
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### **Education**

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|---|--------------------|
| <b>Counselor Education and Practice</b><br>Doctor of Philosophy, Georgia State University | <b>August 2019</b> |
| <b>Clinical Mental Health Counseling</b><br>Master of Education, Auburn University        | <b>May 2014</b>    |
| <b>Psychology</b><br>Bachelor of Science, Indiana State University                        | <b>May 2012</b>    |

### **Licensure and Certifications**

|  |                   |
|--|-------------------|
| Licensed Professional Counselor #LPC010611 | <b>Oct 2018</b>   |
| National Certified Counselor #342583       | <b>April 2014</b> |

#### *Certification Trainings*

|  |                          |
|--|--------------------------|
| Child Parent Psychotherapy                                     | <b>July 2021-Present</b> |
| Combined Parent-Child Cognitive Behavioral Therapy             | <b>May - June 2021</b>   |
| Child & Adolescent Trauma Professional (CATP)                  | <b>October 2018</b>      |
| Applied Suicide Intervention Skills Training (ASIST Certified) | <b>March 2016</b>        |

### **Work Experience**

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|---|--------------------------|
| <b>Assistant Professor / Professional Counseling, Program Coordinator</b><br>Department of Counseling, Higher Education, Speech Language Pathology<br>Comprehensive Community Clinic<br>University of West Georgia<br>Carrollton, GA  | <b>July 2020-Present</b> |
| <ul style="list-style-type: none"><li>• Develop course curriculum and instruct counselor education programs</li><li>• Program evaluation and alignment with CACREP standards</li><li>• Engage in scholarly project and initiatives</li><li>• Chair and advise doctoral dissertations</li><li>• Provide supervision to students entering their internship experience</li></ul> |                          |

|   |                             |
|---|-----------------------------|
| <b>Licensed Professional Counselor</b><br>The Healing Center for Change<br>Telemental Health Services   | <b>Oct 2019-August 2021</b> |
| <ul style="list-style-type: none"><li>• Provided individual, family and groups counseling to clients experiencing an array of symptomology.</li><li>• Effectively treated and implemented interventions for children, adolescents, and adults ranging up to middle adulthood.</li></ul> |                             |

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|---|----------------------------|
| <b>Clinical Assistant Professor / Counseling Clinical Coordinator</b><br>Department of Communication Sciences and Professional Counseling<br>Comprehensive Community Clinic<br>University of West Georgia | <b>July 2019-June 2020</b> |
|---|----------------------------|

Carrollton, GA

- Develop course curriculum and instruct clinical mental health counseling and school counseling online and face to face courses
- Provide supervision to students entering their internship experience
- Reevaluate procedures, coordinate, and develop advertisement strategies for counseling services delivered by the Comprehensive Community Clinic

**Adjunct Faculty**

**Nov 2016-July 2019**

Department for Human Rights and Social Change  
Life University  
Marietta, GA

- Consistent rating of 4.5 to 5 on a 5 point likert scale for instructor preparedness, effectiveness for all courses taught
- Developed course material (syllabi, PowerPoints for lecture, content activities, and assignments) for online and face-to-face courses
- Evaluated student performance and understanding of course material
- Taught a course of 12-30 undergraduate students per course

**Clinical Therapist**

**Oct 2014-Jun 2015**

Advantage Counseling Service – A Positive Intervention  
Columbus, GA

- Provided community based individual and family therapy to children 5-17 receiving services from the Department for Family and Children Services
- Completed thorough and efficient BIRP notes in a timely matter
- Efficient in performing Psychosocial Assessment, Diagnostic Impression, Treatment Plan and CAFAS assessment to assist with appropriate care of treatment

**Practicum / Internship Experience**

**Doctoral Counseling Intern**

**July 2016-August 2017**

LiveSafe Resources  
(formerly YWCA of Northwest Georgia)  
Marietta, GA

- Conducted individual and group therapy for women, who have experienced trauma (domestic violence and/or sexual assault).
- Utilized play therapy techniques to services children and adolescences who personally experienced trauma.
- Presented trauma specialty information in community outreach.
- Developed training tailored to multiculturalism and social justice in connection with trauma.
- Assisted with advocacy events in the community.

**Counseling Intern**

**Aug 2013- May 2014**

Psychiatric Services  
East Alabama Medical Center  
Opelika, AL

- Provided efficient counseling services to adult and adolescent patients exhibiting various psychological disorders at hospital.
- Conducted psychosocial assessment, group and individual counseling for patients in acute inpatient care.

**Professional Development & Training Coordinator**

**Sept 2011-May 2012**

Student Health Promotion  
Indiana State University  
Terre Haute, IN

- Provided guest speakers for staff meetings
- Organized training for staff (safe zone, STEP UP program, etc.)
- Presented topics relevant to student health

## Teaching Experience

### Graduate Courses Taught

- CEDP 6140: Basic Counseling Skills
- CEPD 8138: Advance Multicultural Counseling
- CEPD 6160: Group Counseling
- CEPD 6182: Internship
- CEPD 7105: Lifespan Development
- CEPD 7138: Multicultural Counseling
- CEPD 6188: Practicum

### *Courses as a Teaching Assistant*

- CPS 6140: Basic Counseling Skills (*instructor of record*)
- CPS 8600: Advance Play Therapy
- CPS 8400: Introduction to Play Therapy
- CPS 8100: Psychobehavioral Diagnosis
- CPS 8450: Advance Group Counseling

### Undergraduate Courses Taught

- PSY 465: Psychology in the Workplace
- PSY 254: Psychology of Excellence
- PSY 101: Introduction to Psychology
- PSY 340: Sport Psychology
- PSY 255: Positive Psychology
- PSY 329: Environmental Psychology

## Grants and Funding

### Internal Funding

Huffstead, M. *Counseling Trauma Informed Care for Children*. ORSP Summer Grant Workshop. [\$1,000 – Funded Summer 2021]

### External Funding

Huffstead, M. (2018). *Doctoral Fellow, Minority Fellow Program*. National Board of Certified Counselors. [\$20,000 – Funded 2018-2019]

### External Grants

Morris, C. (PI), Smith, L (PI), Green, K. (PI), Biber, D. (Co-PI), **Huffstead, M.** (Co-PI) & Stewart, B. *Well Start for Early Learning*. Early Childhood Development, Alice Huffard Richards Foundation. [Matching challenge \$100,000]

## Publications and Scholarship

### Peer Refereed Journals

Hunter, T., Dispenza, F., **Huffstead, M.**, Suttles, M., & Bradley, Z., (2020). Queering disability: exploring the resiliency of sexual and gender minority persons living with chronic illnesses and disabilities. *Rehabilitation Counseling Bulletin*, 64(1), 31-41.  
<https://doi.org/10.1177/0034355219895813>

Varney, M., Chang, C., McCullough, R., **Huffstead, M.**, & Smith, J. (2019). A phenomenological study of the experiences of master's level students of colors in counseling programs. *Teaching and Supervision in Counseling*.1(2). <https://doi.org/https://doi.org/10.7290/tsc010203>

Zeligman, M., Varney, M., Grad, R., & **Huffstead, M.** (2018). Posttraumatic growth in individuals with chronic illness: The role of Social support and meaning making. *Journal of Counseling & Development*. 96(1), 53-63. <https://doi.org/10.1002/jcad.12177>

Dispenza, F., Elston, N., **Huffstead, M.**, Skuttles, M., & Golubovic, N. (2017). Rehabilitation Counselor Preparation to work with Sexual and Gender Minorities Living with Chronic Illnesses and Disabilities (CID): A Qualitative Content Analysis. *Rehabilitation, Research, Policy and Education*.

#### *Manuscripts Under Review*

Petion, A, Chang, C, Mitchell, M, Grinnage, D, Brown-Thompson, C, & **Huffstead, M.** “Battling Something Bigger Than Me”: A Phenomenological Investigation of Generational Trauma in African American Women. *Journal of Counseling & Development*.

#### *Manuscripts In Progress*

**Huffstead, M.**, Chang, C., Zeligman, M., Dispenza, F., & Dickerson, A. Self-Stigma and Psychocultural Factors Influences on Biracial Individuals Counseling Use.

**Huffstead, M.**, Chang, C., Hunter, T., Williams, N., Placeres, V., & Varney, M. Voices of a Growing Population: Biracial Individuals' Experiences in Counseling.

### **Book Chapters and Encyclopedia Entries**

#### *In progress*

**Huffstead, M.** Biracial and Multiracial Identity Development. In S. Dermer and J. Abdullah (Ed.), *Encyclopedia of Multicultural Counseling*. Thousand Oaks, CA: Sage.

### **Non-Refereed Publication**

**Huffstead, M.** & Ataga, J. (2021). TelePlay through a multicultural lens. *CSI Exemplar*, 36(1), 33-36.  
[https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications\\_exemplar/spring\\_2021\\_exemplar.pdf](https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/spring_2021_exemplar.pdf)

### **Invited Panel Discussant at National Conference**

Lee, C., Chang, C., Burt, I., Butler, K., **Huffstead, M.** (2017, March). Marginalized in america: The state of the minority community and our role in the counseling profession. Association for Multicultural Counseling Development Town hall Meeting. [Selected Panel Presentation] San Francisco, CA.

### **Refereed Conference Educational Presentations**

**Huffstead, M.**, Ataga, J., & Phaorah, T. (Anticipated date October 2021). TelePlay through a multicultural lens. Association for Counselor Education and Supervision Conference, Atlanta, GA.

- Huffstead, M.** & Finan, R. (2021, June). Where We Enter: An Intersectional Exploration of Multiracial Identity. Association for Multicultural Counseling and Development. Virtual Conference.
- Tobin, G. & **Huffstead, M.** (2019, October). What About The Children?: Training Trauma-Informed Counselors Through a Child Development Lens. Association for Counselor Education and Supervision Conference, Seattle, WA.
- Varney, M. Chang, C., Zeligman, M., **Huffstead, M.**, & Hunter, T. (2019, March). Predictors of Vicarious Trauma for Black Students in Current Sociopolitical Climate. American Counseling Association Conference, New Orleans, LA.
- Hunter, T, **Huffstead, M.**, Suttles, M., & Bradley, Z. (2017, October). Breaking rainbow margins: Exploring resilience of LGBTQ individuals with chronic illness/disability. Association Counselor Education and Supervision Conference. Chicago, IL.
- Huffstead, M.**, McCullough, & Tolleson, A. (2016, October). Creative approaches to incorporating the new MSJCC into clinical supervision. Southern Association for Counselor Education and Supervision Conference: New Orleans, LA.
- Varney, M., Chang, C., McCoullough, J., & **Huffstead, M.** (2016, October). Resisting racism and remaining resilient: The experience of master's level students of color. Southern Association for Counselor Education and Supervision Conference: New Orleans, LA.
- Chan, C., Friday, A., **Huffstead, M.**, & Cor, D. (2016, February). Dialogues of privilege and oppression in counselor education through group work. Association of Group Work Conference: Washington, D.C.
- Orr, J., Grad, R., Elston, N. & **Huffstead, M.** (2016, February). A simple step towards better group leadership: how to utilize a process observer. Association of Group Work Conference: Washington, DC.

#### **Refereed Round Table Presentations**

May, S. & **Huffstead, M.** (2016, October). Implications for counselor educators in working with first-generation graduate students. Southern Association for Counselor Education and Supervision Conference: New Orleans, LA.

**Huffstead, M.** & Murphy, T. (2015, October). Counselors' preparedness and competence working with biracial / multiracial individuals. Association for Counselor Education and Supervision Conference: Philadelphia, PA.

#### **Refereed Poster Presentations**

Chibbaro, J., Land, C., Williams, O., & **Huffstead, M.** (2020, March) Digital Addiction: What is happening to our Children? National At-Risk Conference. Savannah, GA.

**Huffstead, M.**, Hunter, T., Williams, N., & Placeres, V. (2019, October). What Biracial Individual Really Need: Counselor Education and Supervision implications. Association for Counselor Education and Supervision Conference, Seattle, WA.

Mitchell, M. D., **Huffstead, M.**, Rabess, A., & Hanner, S. (2018, April). #Racism: The mental health ramifications of online racial discrimination. American Counseling Association Conference, Atlanta, GA.

**Huffstead, M.**, Hunter, T., Placeres, V. & Williams, N. (2017, October). Counseling implications: Multiracial individuals' experience and perception of counseling. Association Counselor Education and Supervision Conference. Chicago, IL.

**Huffstead, M.**, Varney, M., Mitchell, M., & Daniel, D. (2017, March). Staying engaged and passionate in the fight for justice. [Association for Multicultural Counseling and Development sponsored Poster Presentation] American Counseling Association Conference: San Francisco, CA.

Elston, N., **Huffstead, M.**, & Castleberry, J. (2017, March). Enhancing counselor identity and community engagement through wellness leadership. [Chi Sigma Iota-sponsored Poster Presentation] American Counseling Association Conference: San Francisco, CA.

Grad, R., McDonald, C. P., Golubovic, N., Tolleson, A., Elston, N., **Huffstead, M.**, & Murphy, T. (2016, April) Self-care and professional identity: cornerstones to wellness and promoted within our CSI chapter. [Chi Sigma Iota-sponsored Poster Presentation] American Counseling Association Conference: Montréal, QC, Canada.

**Huffstead, M.**, Dispenza, F., & Elston, N (2015, October). Rehabilitation counselor preparation to work with sexual minorities living with chronic illness/disability (CID). Association of Counselor Education and Supervision Conference: Philadelphia, PA.

Varney, M., Chang, C., McCullough, R., **Huffstead, M.**, Howard, L., & Golubovic, N. (2015, September). Exploring the experiences of recent Master's level graduates of color through phenomenological interviews. Association for Assessment and Research Counseling Conference: Memphis, TN.

Dispenza, F., Varney, M., Viehl, C., Murphy, T., McCullough, R., Elson, N., Holiday, W., **Huffstead, M.**, Golubvic, N., & Standish, J. (2014, October). Sexual orientation and gender diversity competencies of the Practitioner Educator: An Exploratory Study. at SACES: Birmingham, AL.

### **Professional Development Workshops**

**Huffstead, M.** (2021, September). *Into the thick of it: Leading With Intentionality*. 2021 UWG Leadership Summit, Leadership Programs, Center for Student Involvement & Inclusion. Carrollton, GA.

**Huffstead, M.** (2021, February). *Play therapy training*. School Counselors Professional Development, Carrollton City Schools [Virtual Presentation], Carrollton, GA.

Morris, C. T., **Huffstead, M.**, & Poole, A. (2020, December). *Trauma-informed care in early childhood settings*. Community Action for Improvement Head Start Program, La Grange, GA.

**Huffstead, M.** (2020, March). *Playing to heal: Trauma-informed clinical practice with children*. CSI – Gamma Zeta Chapter, University of West Georgia [CEU provider], Carrollton, GA.

**Huffstead, M.** (2019, November). *Trauma and play therapy in the schools*. KinderCare, Atlanta, GA.

Tobin, G. & **Huffstead, M.** (2019, June). *Play to heal: Trauma-informed clinical practice with children*. University of West Georgia [CEU provider], Carrollton, GA.

**Huffstead, M.** Conner, C., & Johnson, M. (2019, May). *Using play therapy with children of color who have experienced trauma*. National Board for Certified Counselors Foundation Symposium [CEU provider], Atlanta, GA.

**Huffstead, M.** Hunter, T., Williams, N., & Placeres, V. (2019, May). *What biracial transitions- aged youth and young adults really need in counseling: implications for practice*. National Board for Certified Counselors Foundation Symposium [CEU provider], Atlanta, GA.

**Huffstead, M.** (2019, February). *Trauma workshop series: trauma and play therapy*. Argosy University and the American Counseling Association of Georgia [CEU provider], Atlanta, GA.

**Huffstead, M.,** & Kadosh, G. (2019, January). *Trauma factors in play therapy*. Cobb County District for School Counselors. Marietta, GA.

**Huffstead, M.,** (2018, July) *Multiculturalism in play therapy*. Introduction to Play Therapy, Georgia State University. Atlanta, GA.

**Huffstead, M.,** & Tolleson, A. (2018, March). *Multicultural social justice counseling competencies: creative approaches to incorporating the new MSJCC into clinical practice and/or supervision*. Southeastern Expressive Therapies Conference [CEU provider], Milledgeville, GA.

Waddell, S., Weems, K., Murray, A., & **Huffstead, M.** (2017, March). *Trauma-informed care training*. Clinical Department, LiveSafe Resources, Marietta, GA.

### **Webinars**

Branco, S., Casado-Perez, J. F., Gutierrez, D. & **Huffstead, M.** (2020, July). *Being a leader and latinx: y ahora que?*. Association for Multicultural Counseling and Development [Virtual Presentation], Fairfax, VA.

**Huffstead, M.,** Harris, J., McDonald, C. P., & Shaw, Z. (2020, July). *“Put your counselor hat on”:* *Learning strategies for culturally-responsive counseling during the double-pandemic of covid-19 and racial injustices*. Chi Epsilon Chapter of CSI [Virtual Presentation], Georgia State University, Atlanta, GA.

### **Invited Presentation**

**Huffstead, M.** (2021, February). *Developing client’s leadership skills*. Counseling Enhancement Skills Lab, Department of Counseling, College of Education, North Carolina A&T State University [Virtual Presentation], Greensboro, NC.

**Huffstead, M.** (2020, October). *Antiracist pedagogy*. Counselor Education PhD Program, Mercer University [Virtual Presentation], Atlanta, GA.

**Huffstead, M.** (2019, October). *Cross-cultural counseling: serving the multiracial population*. Social and Cultural Foundation Course. University of South Carolina, Columbia, GA.

**Huffstead, M.** (2018, November). *Multiculturalism and trauma factors in play therapy*. Foundation of Theories. Argosy University, Atlanta, GA.

**Huffstead, M.** (2018, October). *The healing of play therapy for traumatized children*. Life Span Development Course, Clark Atlanta University, Atlanta, GA.

**Huffstead, M.** (2018, October). *The Healing of play therapy for traumatized children and families*. Family Systems Course, Clark Atlanta University, Atlanta, GA

**Huffstead, M.** (2017, March). *Adversity a means to success*. SASS Organization, Middle Georgia State University, Warner Robins, GA.

**Huffstead, M.** (2014) *Multiracial identity development*. Social and Cultural Foundation Course, Georgia State University. Atlanta, GA.

### **Dissertation Committees Advise**

In Progress                      Laura Freeman (Chair)

In Progress                      Lorice Harris (Chair)

In Progress                      Jenny Tolleson (Chair)

### **Supervision Experience**

*Title:* Internship Supervisor  
*Duration:* Summer 2020, 2021  
*Discipline:* Clinical Mental Health Counseling & School Counseling, Counseling Interns  
*Institution:* University of West Georgia  
*Type:* Group and Triadic Supervision of 10 interns

*Title:* Faculty Supervisor  
*Duration:* August 2019, Spring 2020, Fall 2020  
*Discipline:* Clinical Mental Health Counseling  
*Institution:* Comprehensive Community Clinic, University of West Georgia  
*Type:* Individual

*Title:* Supervision of Supervision Supervisor  
*Duration:* August 2019 – December 2019, May 2020-August 2020  
*Discipline:* Auburn University Doctoral Intern  
*Institution:* University of West Georgia  
*Type:* Individual

*Title:* Practicum Supervisor  
*Duration:* August 2019 , Spring 2020, Fall 2020  
*Discipline:* Clinical Mental Health Counseling & School Counseling, Counseling Interns  
*Institution:* University of West Georgia  
*Type:* Group and Triadic Supervision of 12 interns

*Title:* Intern Supervisor  
*Supervisors of Supervision:* Sarah Potisch, Ed.S., LPC, NCC, CPCS  
*Duration:* May 2017 – June 2017  
*Discipline:* Clinical Mental Health Counseling, Counseling Intern  
*Institution:* liveSAFE Resources  
*Type:* Individual

*Title:* Intern Supervisor  
*Supervisors of Supervision:* Drs. Catherina Chang, Ph.D., LPC, NCC, CPCS and Jonathan Orr, Ph.D., LPC, NCC, ACS  
*Duration:* August 2016 – May 2017  
*Discipline:* Clinical Mental Health Counseling Program / Practicum and Internship  
*Institution:* Georgia State University  
*Type:* Group and Individual

*Title:* Intern Supervisor  
*Supervisors of Supervision:* Drs. Catherina Chang, Ph.D., LPC, NCC, CPCS and Robert Rice, Ph.D., LPC, NCC, CPCS  
*Duration:* August 2015 - May 2016  
*Discipline:* School Counseling Program / Practicum and Internship  
*Institution:* Georgia State University  
*Type:* Group and Individual

*Title:* Group Supervisor  
*Supervision of Supervision:* Dr. Franco



Dispensa, Ph.D., CRC  
*Duration:* August 2015-November 2016  
*Discipline:* Rehabilitation Counseling / Career

Counseling  
*Institution:* Georgia State University  
*Type:* Group

### **Professional Service**

#### **Local**

***Children in Need of Services Program,  
Department of Juvenile Justice, Carrol County***  
*Therapist Evaluator (Jan 2020-Present)*  
*Children in Need of Services (CHINS)*

#### **University**

***University of West Georgia***  
*Faculty Clinical Supervisor (Aug 2019-Present)*  
*Comprehensive Community Clinic*

#### ***Georgia State University***

*Student Representative (Nov 2015-Nov 2016)*  
*Student Affairs Committee*  
*College of Education and Human Development*

*Treasurer, (Jul 2016-Jul 2017)*  
*Co-Chair, Membership Committee (Aug 2014-Apr 2016)*  
*Chi Epsilon Chapter*  
*Chi Sigma Iota International Honor Society*

#### **National**

***Association for Multicultural Counseling and Development (AMCD)***  
*Southern Regional Representative (July 2020-Present)*  
*Chair, Conference Committee (Jul 2018-July 2019)*  
*Co-Chair, Conference Committee (Jul 2017-Jun 2018)*  
*Graduate Student Representative (Jul 2016-July 2017)*  
*Student Liaison, Membership Committee (Sept 2015-March 2016)*  
*Booth Coordinator (Apr 2014-April 2016)*

### **Professional Membership**

American Counseling Association (ACA)  
American Counseling Association of Georgia (ACAOG)  
Association for Counselor Education and Supervision (ACES)  
Association for Multicultural Counseling and Development (AMCD)  
Association for Play Therapy (APT)  
Chi Sigma Iota International Honor Society (CSI)

### **Volunteer Work**

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|---|-----------------------------|
| <b>Fellow Mentor, Minority Fellowship Program</b>                 | <b>October 2019-Present</b> |
| National Board for Certified Counselors                           |                             |
| <b>Volunteer Counselor, Comprehensive Community Clinic</b>        | <b>Jul 2019-Present</b>     |
| University of West Georgia  |                             |
| <b>Volunteer Counselor, Served Children Living in the Shelter</b> | <b>Sep 2017-Dec 2017</b>    |

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| The Atlanta Mission – Women’s Facility<br><b>Volunteer Counselor</b> , Co-lead Parent Groups<br>Child Development Center, Georgia State University | <b>Aug 2017-Dec 2017</b> |
| <b>Volunteer</b> , Co-Lead Graduate Student Sociopolitical Support Group,<br>Georgia State University  | <b>Jul 2017-Nov 2017</b> |

**Awards/Honors**

**Professional Awards**

|  |             |
|--|-------------|
| <b>Chi Epsilon Catherine Chang Outstanding Service to Chapter Award</b><br>Chi Epsilon Chapter, Chi Sigma Iota Honor Society   | <b>2019</b> |
| <b>Outstanding Graduate Student Leadership Award</b><br>Association for Counselor Education and Supervision  | <b>2018</b> |
| <b>Dean’s Excellence Award in Counselor Education and Practice<br/>in Memory of Mary Jane Phillips</b><br>College of Education and Human Development, Georgia State University | <b>2018</b> |
| <b>AMCD Emerging Graduate Student Leader Award</b><br>Association for Multicultural Counseling and Development   | <b>2018</b> |
| <b>Doctoral Fellow, Minority Fellowship Program</b><br>National Board for Certified Counselors Foundation  | <b>2018</b> |
| <b>Outstanding Doctoral Student Award</b><br>Chi Epsilon Chapter, Chi Sigma Iota Honor Society   | <b>2018</b> |