

Christina Jordan, MSN, RN, HNB-BC | Curriculum Vitae

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February 2024

EDUCATION

2022	MSN	Nursing Education	University of West Georgia
2018	Certificate	Leadership	Duke University
2016	BSN	Nursing	University of West Georgia
2015	ADN	Nursing	West Georgia Technical College

LICENSURE AND CERTIFICATION

2022-Present	Mental Health First Aid Instructor
2015-Present	RN251488 Georgia
2018-Present	Certified Holistic Nurse (HNB-BC) American Holistic Nurses Association
2014-Present	BLS American Heart Association
2015-2021	ACLS, PALS American Heart Association
2016-2020	Trauma Nursing Core Course Emergency Nurses Association
2016	Unit Preceptor, Students and New Graduates
2005	Certified 200-hr Yoga Alliance Approved Yoga Instructor
1999	Certified Neuromuscular Massage Therapist

PROFESSIONAL EXPERIENCE

2022-Present	Clinical Assistant Professor	University of West Georgia, Carrollton, GA
2019-2022	ELC Nurse Educator	University of West Georgia, Carrollton, GA
2018-2019	Nurse Educator	WellStar Atlanta Medical Center, Atlanta, GA
2017-2020	Staff Nurse Emergency Department	Tanner Medical Center, Carrollton, GA
2015-2018	Staff Nurse Emergency Department	Atlanta Medical Center, Atlanta, GA
1998-Present	Certified Massage Therapist	Private Practice

TEACHING RESPONSIBILITIES

University of West Georgia, Carrollton, Georgia

2022-Present	Health Care of the Client 1 <ul style="list-style-type: none">• Didactic Professional Nursing Concepts I <ul style="list-style-type: none">• Didactic Clinical Practice II <ul style="list-style-type: none">• Skills lab and Simulation Facility Clinical, WellStar Douglas & Tanner CPCU <ul style="list-style-type: none">• Level III students Facility Clinical, Tanner 4E <ul style="list-style-type: none">• Level II students Supervising Faculty, Clinical Specialty Practice
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University of West Georgia, Carrollton, Georgia

2019-2022 Clinical Practice Simulation and Skills Lab

- Level I-IV students

WellStar Health System, Atlanta Medical Center Downtown Campus

2019 Behavioral Health Skills Lab

2018-2019 Instruction in Holistic Care to staff – Created curriculum and identified validated instruments to measure results of instruction

- Telemetry
- Ortho/Trauma
- Leadership
- Emergency Department
- Integrative Health volunteers – Care rounding

RESEARCH

2021 Principle Investigator for IRB approved research on the effects of a mindful self-compassion course on simulation nurse educators.

2019 Principle Investigator for IRB approved quality improvement study on the effects of essential oil versus breathing on stress and fatigue levels in nursing staff.

2018-2019 Principle Investigator for IRB approved pilot studies on the effects of stress-management interventions on burnout.

PUBLICATIONS

Scholarship of Teaching/Learning

Publications reflect expertise in innovative curricular approaches.

Jordan, C. (2023). Using a flipped classroom and role-play to introduce nursing students to LGBTQIA+ patient care. *Nursing Education Perspectives*, 44(5), 323-325. doi: 10.1097/01.NEP.0000000000001183

Practice/Service

Publications in this section center around practice/service projects that focus on diversity, equity, and inclusion and disparities in health care.

James, D. & **Jordan, C.** (2023, December). Living our core values in the world series, Part 3: Nurses of color: A historical snapshot. *Beginnings*, 43(6), 16-17.

James, D. & **Jordan, C.** (2023, October). Living our core values in the world series, Part 2: Nurses of color: A historical snapshot. *Beginnings*, 43(5), 16-17.

James, D. & **Jordan, C.** (2023, August). Living our core values in the world series, Part 1: Nurses of color: A historical snapshot. *Beginnings*, 43(4), 20-21.

GRANTS AND FUNDING

- Brown, C. & Jordan, C. (June, 2023). Implementing Self-Care for Faculty and Staff in a University Setting. AHNA. Funded \$3,000.
- Howell, Q., Jordan, C., & Morris, D. (August, 2023). Assessing Nursing Students' Perception of Health Equity: Caring for Marginalized Patients. American Association of Colleges of Nursing Faculty Scholars Grant. Not funded.
- American Holistic Nursing Association [Chan, R., Clark-Chalmers, L., Cumberbatch-Sullivan, K., Freborg, K., James, D., Jordan, C., Keilman, L., & Turner, M.] (November, 2023). Racial Healing Circles for Nurses. National Commission to Address Racism in Nursing. Not funded.

PRESENTATIONS

- Jordan, C. (September, 2023). *Mindfulness and Resilience Practices in Healthcare Simulation*. Society for Simulation in Healthcare, Mindfulness Affinity Group, Virtual.
- Aaronson, E., Allred, D., & **Jordan, C.** (August, 2023). *Understanding the Importance of Team Wellness for PMHC Staff*. Council of State Governments Justice Center, Department of Justice (webinar).
- Backstrom, E., and **Jordan, C.** (June, 2023). *Mindfulness and Resilience Practices for Stress Reduction in a BSN Simulation Program*. International Nursing Association for Clinical Simulation and Learning 2023 Conference, Providence, Rhode Island (podium presentation).
- Dahms, B., **Jordan, C.**, Ramsey-Jordan, N., & Windsor, E. (May, 2023). *An Interdisciplinary Approach to Diversifying Curriculum: How to Implement DEIB Work in Higher Education*. Innovations in Pedagogy 2023, University of West Georgia, (panel discussion).
- Jordan, C.** (September, 2021). *Resilience: Factors and Tools*. Tanner Health System School of Nursing Faculty Development, University of West Georgia, Virtual.
- Dahms, B., McCloskey Wolfe, L., Umminger, A., **Jordan, C.**, Lundin, M., & Grant, P. (May, 2021). *An Interdisciplinary Approach to Connecting Contemplative Practices and Content*. Innovations in Pedagogy 2021, University of West Georgia, Virtual (panel discussion).
- Jordan, C.** (February, 2021). *Clinical Aromatherapy for Stress Reduction*. Tanner Health System School of Nursing, MSN Student Support, Virtual.
- Backstrom, E., and **Jordan, C.** (February, 2021). *Prebrief and Debrief in Simulation*. Tanner Health System School of Nursing Faculty Development, University of West Georgia, Virtual.
- Crager, S., **Jordan, C.**, Capponi, N., & Backstrom, E. (February, 2021). *Modifying Simulation Practices to Address BSN Student Stress*. Georgia Association for Nursing Education 2021 Conference, Virtual (podium presentation).
- Jordan, C.** (April, 2020). *Mindful Leaders: Establishing Sustainable Practice for an Organization*. Sigma Mu Phi Large Research Conference, Kennesaw State University, Kennesaw, Georgia (podium presentation).

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Jordan, C. and Roberts, K. (March, 2020). *Transformation: The Birth of an Integrative Health Center*. Duke Health and Wellbeing Leadership in Integrative Healthcare Alumni Symposium, Durham, North Carolina (podium presentation).

Jordan, C. and Roberts, K. (March, 2020). *Mindful Leaders: Establishing Sustainable Practice for an Organization*. Duke Health and Wellbeing Leadership in Integrative Healthcare Alumni Symposium, Durham, North Carolina (podium presentation).

Jordan, C., and Roberts, K. (March, 2020). *Mindful Leaders: Establishing Sustainable Practice for an Organization*. American Organization for Nursing Leadership, Nashville, Tennessee (poster).

Jordan, C., and Roberts, K. (2019). *Transformation: The birth of an Integrative Health Center*. 2019 International Caritas Consortium, San Francisco, California (poster).

Jordan, C. (2019). *Care of Self: Holistic Care of the Nurse-Practitioner Student*. Mercer University, Georgia.

Jordan, C. (2018) *Mindfulness in Nursing Practice: The Art of Presence*. University of West Georgia, Georgia

Jordan, C. and Roberts, K. (2018). *Team Lavender: A Tool in Critical Incident Response*. Atlanta Medical Center, Center for Nursing Excellence, Atlanta, Georgia (poster).

Jordan, C. and Garcia, R. (2018). *The Effects of Environment in Healthcare: A Study in Rehabilitation and Evidence-Based Design*. Atlanta Medical Center, Center for Nursing Excellence, Atlanta, Georgia (poster).

Jordan, C. and Roberts, K. (2018). *“The Moment Room”: The Effects of a Relaxation Room on Burnout*. Atlanta Medical Center, Center for Nursing Excellence, Atlanta, Georgia (poster).

Jordan, C. and Roberts, K. (2017). *Integrative Medicine for the Healthcare Provider*. Evidence-Based Practice/Nursing Research Conference, Atlanta, Georgia (poster).

HONORS AND PROFESSIONAL AFFILIATIONS

2016	Graduated Summa Cum Laude (BSN)
2012-2015	President’s Honor Roll
2020-2022	Sigma Theta Tau International
2019-Present	International Association for Clinical Simulation and Learning
2018-Present	American Holistic Nurses Association
2014-Present	National Technical Honor Society Member

ORGANIZATIONAL SERVICE

University of West Georgia

2023-Present	Chair of School of Nursing Diversity, Equity, and Inclusion Committee
2023-Present	Mental Health First Aid Training for Faculty, Students, and Community
2023-Present	Responsible Sexuality Committee
2022-2023	Co-chair School of Nursing Diversity, Equity, and Inclusion Committee
2021-2022	School of Nursing Diversity, Equity, and Inclusion Committee
2021-Present	University of West Georgia Integrative Wellness Committee

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WellStar Atlanta Medical Center

2018-2019	Professional Development Council
2018-2019	Sexual Orientation and Gender Identity EPIC Buildout Committee
2019	PRIDE Parade Committee
2018-2019	Liaison with WellStar Foundation for Integrative Health Initiatives
2018	Emergency Department Unit-Based Council

COMMUNITY SERVICE

Mental Health First Aid Training, St. Margaret's Church	2023
Adolescent Support & Education for kids 12-15 years	2018-2021
Medical Reserve Corp of West GA	2020-present
Carroll County Animal Shelter	2018-2022
Presenter, West Georgia United Healthcare Forum	2018
Collect Goods, Carroll County Emergency Shelter	2018
Developmental Group for Young Women	2016-2020
Health Educator, Rapha Clinic of Bowdon	2015-2016
Yoga Instructor, Carrollton Senior Center	2014-2017
Carrollton Soup Kitchen	2013-2018

Professional Growth and Development

*Ongoing Participation in Various Continuing Education Seminars and Webinars

International Nurses Association for Clinical Simulation and Learning	June 2023
American Holistic Nurses Conference	June 2023
Innovations in Pedagogy, UWG	May 2023
Mental Health First Aid Instructor Training	May 2022
AACN Diversity, Equity, & Inclusion Symposium	December 2021
Contemplative Practices in Education: Equity & Inclusion	August 2021
The Resilient Heart: Trauma-sensitive HeartMath Cert.	July 2021
Innovations in Pedagogy Conference	May 2021
GANE 2021 Conference	February 2021
Mindful Self-Compassion Course	February 2021-March 2021
QPR Training with UWG Counseling	May 2019
Nurse Management Lunch and Learn	February 2019-August 2019
American Holistic Nurses Conference	June 2018
Critical Incident Stress Management	May 2018
Identifying Human Trafficking, FBI presentation	April 2018

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