

# RICHARD E. VALDES, JR. MS, LAT, ATC, CSCS

## Contact information:

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## Professional Objective

Continue to grow and use my knowledge, experience, and skills as an Athletic Trainer and educator

## Demographic

**Marital Status-** Married: Sarah Beth Valdes

**Children-** Three: Caroline, Norah, Maggie

## Education

**University of Southern Mississippi**, Hattiesburg, MS

May 2006

- Master of Science in Sports Administration

**University of Georgia**, Athens, Georgia

May 2004

- Bachelor of Science in Exercise and Sport Science with an emphasis in Athletic Training

## Professional Experience

**PT Solutions/Alliance Spine and Pain Center**

**Physician Extender Athletic Trainer**

May 2023-December 2024

- Evaluate new patients in clinic through gathering past medical history, present medical status, vital signs, and physical exam for the attending physician to streamline the patient care process
- Patient education and prescription of home exercise programs
- Documentation of protected health information, creation and maintenance of electronic medical records
- Communication across the different medical disciplines at ASPC including physicians, midlevel providers, medical assistants, and front office staff

**Houston Baptist University**, Houston, Texas

2012-Dec. 31, 2022

**Assistant Athletic Director for Sports Medicine and Performance**

- Supervise healthcare needs of approximately 350 NCAA Division-I athletes, direct sport coverage of football
- Supervision of staff of 7 full-time athletic trainers, 2 full-time strength and conditioning coaches, as well as graduate assistant athletic trainers and strength coaches and student athletic trainers
- Creation and implementation of all Covid-19 protocols for HBU Athletics and Southland Conference
- Implementation of drug testing protocols for all HBU student athletes
- Evaluation and coordination of concussion management protocol
- Development and revision of relevant policies and procedures related to the athletic training department, including Emergency Action Plans and pre-participation physicals
- Management and coordination of athletic insurance program and payments
- Collaborated on signing and renewal of multi-year, seven-figure hospital partnership contracts
- Instituted implementation of on-campus partnerships with community-based Sports Dietitians, Sports Physical Therapists, Clinical Psychologists, and Sports Performance Psychologist

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- Responsible for all personnel actions within the Sports Medicine and Performance department
- Management and oversight of athletic training budget and inventory
- Coordination and communication of all physician game coverage, travel, and on-campus clinics
- Member of Athletic Department Executive Staff Council to discuss and strategize plans and events for Athletic Department in the long term
- Member of Stand As One Athletics Committee on Diversity
- Adjunct Faculty in the College of Nursing and Allied Healthcare (attachment for course list)
- Helped in the planning of construction of new football facility and athletic training room

## **Rice University, Houston, Texas**

2009-2012

### **Head Football Athletic Trainer**

- Supervise healthcare needs for all football student-athletes and a medical staff of 4 staff and intern athletic trainers
- Supervision and coordination of drug testing for all Rice University football student athletes
- Development and implementation of concussion management protocol
- Development and revision of relevant policies and procedures related to the sports medicine department
- Supervision and coordination of all football-related athletic insurance claims in conjunction with insurance coordinator
- Communication and coordination with team physicians coverage and clinic

## **Rice University, Houston, Texas**

2006-2009

### **Assistant Athletic Trainer, Football**

- Assist the Assistant Athletic Director/Sports Medicine with the day-to-day operations of the football athletic training facility.
- Provide athletic training services including treatment, evaluation, and rehabilitation of athletic injuries to Rice University football student athletes.
- Manage student athletic trainers including scheduling of game assignments, work assignments, and supervision of athletic training students in the athletic training room.
- Implement and supervise drug testing procedures for football student athletes.
- Coordinated and developed all Emergency Action Plans for all athletic facilities
- Coordinated transitional updating of athlete medical files, institution of injury tracking software, fitting of supportive braces for athletes, and other duties as assigned by the Head Athletic Trainer.

## **University of Southern Mississippi, Hattiesburg, Mississippi**

2004-2006

### **Graduate Assistant Athletic Trainer, Football/Softball**

- Provided athletic training services including treatment, evaluation, and rehabilitation of athletic injuries to University of Southern Mississippi student athletes.
- Served as a clinical instructor for student athletic trainers in the University of Southern Mississippi athletic training education program.
- Managed student athletic trainers including scheduling of game assignments, work assignments, and supervision of athletic training students in the athletic training room.

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## **Other Experience**

### **Southland Conference**

SLC Medical Advisory Board, Chair

2021-2022

2021 Southland Basketball Conference Tournament Covid-19 Testing Coordinator

### **NCAA Men's Basketball,**

2011 Final Four- Sub-Committee Chair, Medical Services

- Tournament Athletic Trainer and Medical Director, coordination of all medical aspects for Men's Final Four hosted by the City of Houston, Rice University, and the University of Houston

2010 Houston Regional- Medical Director

- Coordination of medical coverage for NCAA Regional semifinal and final hosted by Rice University and the University of Houston

### **University of Georgia, Student Athletic Trainer**

- Assisted with sports medicine coverage of University of Georgia athletic teams and events.

### **NCAA and Conference Championships, Host Athletic Trainer/Tournament Medical Director**

- Directed and assisted with coverage for numerous NCAA, Southeastern, and Conference USA championship events

## **Professional Certifications and Organizations**

- National Athletic Trainers Association- Certified Athletic Trainer #080402420
- National Strength and Conditioning Association- Certified Strength and Conditioning Specialist #7348535393
- State of Georgia – Licensed Athletic Trainer #AT004327
- State of Texas- Licensed Athletic Trainer #AT3819 (expired)
- State of Mississippi – Licensed Athletic Trainer #AT-0381 (expired)
- American Red Cross Cardiopulmonary Resuscitation/AED- C.P.R.
- American Heart Association Cardiopulmonary Resuscitation/AED- C.P.R.
- Structure and Function Dry Needling Level 1 Certification
- Member- National Athletic Trainer's Association
- Member- Southwestern Athletic Trainer's Association
- Member- Greater Houston Athletic Trainer's Association
- Member- Southeastern Athletic Trainer's Association (2003-2006)
- Member- Mississippi Athletic Trainer's Association (2004-2006)
- Member- Georgia Athletic Trainer's Association (2003-2005)

## **Extracurricular Activities**

- Reading
- Running and Lifting
- Member at King's Chapel Presbyterian Church, Carrollton, GA

# **RICHARD E. VALDES, JR. MS, LAT, ATC, CSCS**

## **Teaching Experience**

### **Courses Taught at University of West Georgia**

**Clinical Assistant Professor in the Department of Sports Management, Wellness, and Physical Education within the College of Education**

PHED 2000 Applied Concepts of Fitness & Wellness  
PHED 3632 Coaching Football  
PHED 3725 Human Movement Studies  
PHED 4603 Advanced Concepts of Personal Training  
PHED 4631 Prevention and Care of Fitness and Sports Injuries  
SPMG 2600 Introduction to Sports Management

### **Courses Taught at Houston Baptist University**

**Adjunct Faculty for School of Nursing and Allied Health on a wide range of Sport Management and Kinesiology topics to a diverse group of traditional and non-traditional students in online, hybrid, and face to face settings.**

#### **2021**

##### **Fall**

KINE 2310 Foundations of Kinesiology [online]  
KINE 4353 Sports Law [in-person]

##### **Spring**

KINE 2310 Foundations of Kinesiology [online]  
KINE 3370 Fieldwork in Sports Administration [hybrid]  
KINE 4363 Sport Sociology [hybrid]

#### **2020**

##### **Fall**

KINE 2202 Creating a Wellness Lifestyle [online]  
KINE 2310 Foundations of Kinesiology [online]  
KINE 3360 Administration in Sports and Kinesiology [hybrid]  
KINE 4353 Sports Law [hybrid]

##### **Spring**

KINE 1310 Basic Health Assessment and Terminology [hybrid]  
KINE 3360 Administration in Sports and Kinesiology [hybrid]  
KINE 3370 Fieldwork in Sports Administration [hybrid]

#### **2019**

##### **Fall**

KINE 1310 Basic Health Assessment and Terminology  
KINE 3360 Administration in Sports and Kinesiology  
KINE 4353 Sports Law

##### **Summer**

KINE 3360 Administration in Sports and Kinesiology

##### **Spring**

KINE 1310 Basic Health Assessment and Terminology  
KINE 3360 Administration in Sports and Kinesiology  
KINE 4305 Athletic Training Internship VI

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## **Teaching Experience (cont.)**

### **2018**

#### **Fall**

KINE 1310 Basic Health Assessment and Terminology

KINE 3370 Fieldwork in Sports Administration

KINE 4304 Athletic Training Internship V

#### **Summer**

KINE 3360 Administration in Sports and Kinesiology

#### **Spring**

KINE 2202 Creating a Wellness Lifestyle (Jan. Fast Term)

KINE 1310 Basic Health Assessment and Terminology

KINE 3315 Athletic Training Internship IV

KINE 4305 Athletic Training Internship VI

### **2017**

#### **Fall**

KINE 1310 Basic Health Assessment and Terminology

KINE 3304 Athletic Training Internship III

KINE 3370 Fieldwork in Sports Administration

KINE 4304 Athletic Training Internship V

#### **Summer**

KINE 3360 Administration in Sports and Kinesiology

#### **Spring**

KINE 1310 Basic Health Assessment and Terminology

KINE 2202 Creating a Wellness Lifestyle (Jan. Fast Term)

KINE 2305 Athletic Training Internship II

KINE 3315 Athletic Training Internship IV

### **2016**

#### **Fall**

KINE 1310 Basic Health Assessment and Terminology

KINE 3304 Athletic Training Internship III

#### **Spring**

KINE 1310 Basic Health Assessment and Terminology

KINE 2305 Athletic Training Internship II

### **2015**

#### **Fall**

KINE 1310 Basic Health Assessment and Terminology

KINE 3304 Athletic Training Internship III

#### **Spring**

KINE 2305 Athletic Training Internship II

KINE 3315 Athletic Training Internship IV

### **2014**

#### **Fall**

KINE 2304 Athletic Training Internship I

KINE 3304 Athletic Training Internship III