

## Testimonials from Previous Interns

"The breadth of experience and depth of knowledge available as an intern at the UWG Counseling Center has been invaluable to my development as an aspiring counselor. As interns, we are challenged to grow and develop as professionals by a staff that is diverse, not only in its cultural representation but in its vast array of unique experiences and perspectives. I come to the profession as a second-career professional, and the supervision has been simply ideal in helping me to transition my skill-set in a manner befitting the mental health field. There is no one on staff that I cannot ask for their ideas or their take on client or professional situations, and the clients themselves provide tremendous opportunities for the application of the skills we have learned within the Counselor Ed. Program. I highly recommend UWGCC as a site for your own personal and professional development. I am certainly grateful that I did."

Jermale Jenkins

Intern from 8/2015-present

"When I first began the counseling tract at UWG, I was concerned where I would do my internship. I wanted a place that had a similar vision and theoretical orientation as me, while also challenging my skill set and helping me to grow as a professional in this field. I was blessed to interview with and obtain an internship with the Counseling Center on campus. The staff were friendly, knowledgeable, and ethical. I found that they looked at their clients from a humanistic paradigm which allows both the counselor and clients personal growth. I felt safe and supported in that I had numerous counselors to ask questions from, weekly supervision, and meetings to continue to broaden my knowledge and skills set. I know of no other place that offers this type of training while in an internship. It truly was a once of a lifetime opportunity and has molded me into the counselor I am today. I still keep in contact with several of the counselors at the Counseling Center. It was a great experience! I enjoyed it so much that I stayed an extra two semesters! I highly recommend it!"

Angela Kurle

Interned from: 08/2013-12/2014

My time as an intern in the Student Development Center (Counseling Center) from 2002-2003, gave me extensive experience doing individual psychotherapy with a diverse population. I got the invaluable opportunity to do ongoing work with the same clients weekly through my two semesters of internship as well as experience with crises and shorter term clients. I also had access to quality individual and group supervision with experienced, knowledgeable supervisors who I experienced as highly supportive of and invested in my growth as a counselor. Overall, the internship was the best training ground I could have asked for in gaining experience in individual therapy, which has served me well in my work in private practice for the past nine years.

Christina Russell  
Intern 2002-2003

When I was an intern at the University of West Georgia Counseling Center from Fall 2006 through Fall 2007, I had the opportunity to carry a case load, develop psycho-educational programs, and collaborate with both interns and senior staff when developing treatment plans. When I “talked shop” with other students in my program, I found out that many of my classmates were either tossed into overwhelming situations where they had inadequate support or they were given minimal opportunities for growth and were relegated to sitting in on a staff counselor’s group session. With a caseload of individual clients, I had the opportunity to learn and grow by gaining experience. I encountered a diverse and at times challenging population but I was never given more than I could handle. I had one-on-one supervision, group supervision, and the ability to reach out for guidance, assistance, and support from any counseling staff that was available. The University of West Georgia Counseling Center provided the perfect balance of challenge and support.

Corey Hindman  
Intern 2006-2007