

*Judith Sargent Murray (Constantia) – On the Equality of the Sexes (1790)*

*“Constantia’s” essay was published in the Massachusetts Magazine in 1790. She argues that men and women are fundamentally equal; both are ensouled by God. Any apparent intellectual differences are the result of different educational opportunities.*

Is it upon mature consideration we adopt the idea, that nature is thus partial in her distributions? Is it indeed a fact, that she hath yielded to one half of the human species so unquestionable a mental superiority? I know that to both sexes elevated understandings, and the reverse, are common. But, suffer me to ask, in what the minds of females are so notoriously deficient, or unequal. May not the intellectual powers be ranged under these four heads – imagination, reason, memory and judgment. The province of imagination hath long since been surrendered to us, and we have been crowned and undoubted sovereigns of the regions of fancy. Invention is perhaps the most arduous effort of the mind; this branch of imagination hath been particularly ceded to us, and we have been time out of mind invested with that creative faculty. Observe the variety of fashions (here I bar the contemptuous smile) which distinguish and adorn the female world: how continually are they changing, insomuch that they almost render the wise man's assertion problematical, and we are ready to say, there is something new under the sun. Now what a playfulness, what an exuberance of fancy, what strength of inventive imagination, doth this continual variation discover? Again, it hath been observed, that if the turpitude of the conduct of our sex, hath been ever so enormous, so extremely ready are we, that the very first thought presents us with an apology, so plausible, as to produce our actions even in an amiable light. Another instance of our creative powers, is our talent for slander; how ingenious are we at inventive scandal? what a formidable story can we in a moment fabricate merely from the force of a prolific imagination? how many reputations, in the fertile brain of a female, have been utterly despoiled? how industrious are we at improving a hint? suspicion how easily do we convert into conviction, and conviction, embellished by the power of eloquence, stalks abroad to the surprise and confusion of unsuspecting innocence. Perhaps it will be asked if I furnish these facts as instances of excellency in our sex. Certainly not; but as proofs of a creative faculty, of a lively imagination. Assuredly great activity of mind is thereby discovered, and was this activity properly directed, what beneficial effects would follow. Is the needle and kitchen sufficient to employ the operations of a soul thus organized? I should conceive not, Nay, it is a truth that those very departments leave the intelligent principle vacant, and at liberty for speculation. Are we deficient in reason? we can only reason from what we know, and if an opportunity of acquiring knowledge hath been denied us, the inferiority of our sex cannot fairly be deduced from thence. Memory, I believe, will be allowed us in common, since everyone's experience must testify, that a loquacious old woman is as frequently met with, as a communicative man; their subjects are alike drawn from the fund of other times, and the transactions of their youth, or of maturer life, entertain, or perhaps fatigue you, in the evening of their lives.

"But our judgment is not so strong—we do not distinguish so well."—Yet it may be questioned, from what doth this superiority, in this determining faculty of the soul, proceed. May we not

trace its source in the difference of education, and continued advantages? Will it be said that the judgment of a male of two years old, is more sage than that of a female's of the same age? I believe the reverse is generally observed to be true. But from that period what partiality! how is the one exalted, and the other depressed, by the contrary modes of education which are adopted! the one is taught to aspire, and the other is early confined and limited. As their years increase, the sister must be wholly domesticated, while the brother is led by the hand through all the flowery paths of science. Grant that their minds are by nature equal, yet who shall wonder at the apparent superiority, if indeed custom becomes second nature; nay if it taketh place of nature, and that it doth the experience of each day will evince. At length arrived at womanhood, the uncultivated fair one feels a void, which the employments allotted her are by no means capable of filling. What can she do? to books she may not apply; or if she doth, to those only of the novel kind, lest she merit the appellation of a learned lady; and what ideas have been affixed to this term, the observation of many can testify. Fashion, scandal, and sometimes what is still more reprehensible, are then called in to her relief; and who can say to what lengths the liberties she takes may proceed. Meantime she herself is most unhappy; she feels the want of a cultivated mind. Is she single, she in vain seeks to fill up time from sexual employments or amusements. Is she united to a person whose soul nature made equal to her own, education hath set him so far above her, that in those entertainments which are productive of such rational felicity, she is not qualified to accompany him. She experiences a mortifying consciousness of inferiority, which embitters every enjoyment. Doth the person to whom her adverse fate hath consigned her, possess a mind incapable of improvement, she is equally wretched, in being so closely connected with an individual whom she cannot but despise. Now, was she permitted the same instructors as her brother, (with an eye however to their particular departments) for the employment of a rational mind an ample field would be opened. In astronomy she might catch a glimpse of the immensity of the Deity, and thence she would form amazing conceptions of the august and supreme Intelligence. In geography she would admire Jehovah in the midst of his benevolence; thus adapting this globe to the various wants and amusements of its inhabitants. In natural philosophy she would adore the infinite majesty of heaven, clothed in condescension; and as she traversed the reptile world, she would hail the goodness of a creating God. A mind, thus filled, would have little room for the trifles with which our sex are, with too much justice, accused of amusing themselves, and they would thus be rendered fit companions for those, who should one day wear them as their crown. Fashions, in their variety, would then give place to conjectures, which might perhaps conduce to the improvements of the literary world; and there would be no leisure for slander or detraction. Reputation would not then be blasted, but serious speculations would occupy the lively imaginations of the sex. Unnecessary visits would only be indulged by way of relaxation, or to answer the demands of consanguinity and friendship. Females would become discreet, their judgments would be invigorated, and their partners for life being circumspectly chosen, an unhappy Hymen would then be as rare, as is now the reverse.

Will it be urged that those acquirements would supersede our domestic duties. I answer that every requisite in female economy is easily attained; and, with truth I can add, that when once attained, they require no further mental attention. Nay, while we are pursuing the needle, or the superintendency of the family, I repeat, that our minds are at full liberty for reflection; that

imagination may exert itself in full vigor; and that if a just foundation is early laid, our ideas will then be worthy of rational beings. If we were industrious we might easily find time to arrange them upon paper, or should avocations press too hard for such an indulgence, the hours allotted for conversation would at least become more refined and rational. Should it still be vociferated, "Your domestic employments are sufficient" – I would calmly ask, is it reasonable, that a candidate for immortality, for the joys of heaven, an intelligent being, who is to spend an eternity in contemplating the works of the Deity, should at present be so degraded, as to be allowed no other ideas, than those which are suggested by the mechanism of a pudding, or the sewing the seams of a garment? Pity that all such censurers of female improvement do not go one step further, and deny their future existence; to be consistent they surely ought.

Yes, ye lordly, ye haughty sex, our souls are by nature equal to yours; the same breath of God animates, enlivens, and invigorates us; and that we are not fallen lower than yourselves, let those witness who have greatly towered above the various discouragements by which they have been so heavily oppressed; and though I am unacquainted with the list of celebrated characters on either side, yet from the observations I have made in the contracted circle in which I have moved, I dare confidently believe, that from the commencement of time to the present day, there hath been as many females, as males, who, by the mere force of natural powers, have merited the crown of applause; who, thus unassisted, have seized the wreath of fame. I know there are who assert, that as the animal power of the one sex are superior, of course their mental faculties also must be stronger; thus attributing strength of mind to the transient organization of this earth born tenement. But if this reasoning is just, man must be content to yield the palm to many of the brute creation, since by not a few of his brethren of the field, he is far surpassed in bodily strength. Moreover, was this argument admitted, it would prove too much, for ocular demonstration evinceth, that there are many robust masculine ladies, and effeminate gentlemen. Yet I fancy that Mr. Pope, though clogged with an enervated body, and distinguished by a diminutive stature, could nevertheless lay claim to greatness of soul; and perhaps there are many other instances which might be adduced to combat so unphilosophical an opinion. Do we not often see, that when the clay built tabernacle is well nigh dissolved, when it is just ready to mingle with the parent soil, the immortal inhabitant aspires to, and even attaineth heights the most sublime, and which were before wholly unexplored. Besides, were we to grant that animal strength proved any thing, taking into consideration the accustomed impartiality of nature, we should be induced to imagine, that she had invested the female mind with superior strength as an equivalent for the bodily powers of man. But waving this however palpable advantage, for equality only, we wish to contend.

I am aware that there are many passages in the sacred oracles which seem to give the advantage to the other sex; but I consider all these as wholly metaphorical. Thus David was a man after God's own heart, yet see him enervated by his licentious passions! behold him following Uriah to the death, and shew me wherein could consist the immaculate Being's complacency. Listen to the curses which Job bestoweth upon the day of his nativity, and tell me where is his perfection, where his patience—literally it existed not. David and Job were types of him who was to come; and the superiority of man, as exhibited in scripture, being also emblematical, all arguments deduced from thence, of course fall to the ground. The exquisite

delicacy of the female mind proclaimeth the exactness of its texture, while its nice sense of honour announceth its innate, its native grandeur. And indeed, in one respect, the preeminence seems to be tacitly allowed us; for after an education which limits and confines, and employments and recreations which naturally tend to enervate the body, and debilitate the mind; after we have from early youth been adorned with ribbons, and other gewgaws, dressed out like the ancient victims previous to a sacrifice, being taught by the care of our parents in collecting the most showy materials that the ornamenting our exterior ought to be the principal object of our attention; after, I say, fifteen years thus spent, we are introduced into the world, amid the united adulation of every beholder. Praise is sweet to the soul; we are immediately intoxicated by large draughts of flattery, which being plentifully administered, is to the pride of our hearts, the most acceptable incense. It is expected that with the other sex we should commence immediate war, and that we should triumph over the machinations of the most artful. We must be constantly upon our guard; prudence and discretion must be our characteristics; and we must rise superior to, and obtain a complete victory over those who have been long adding to the native strength of their minds, by an unremitted study of men and books, and who have, moreover, conceived from the loose characters which they have seen portrayed in the extensive variety of their reading, a most contemptible opinion of the sex. Thus unequal, we are, notwithstanding, forced to the combat, and the infamy which is consequent upon the smallest deviation in our conduct, proclaims the high idea which was formed of our native strength; and thus, indirectly at least, is the preference acknowledged to be our due. And if we are allowed an equality of acquirements, let serious studies equally employ our minds, and we will bid our souls arise to equal strengths. We will meet upon even ground, the despot man; we will rush with alacrity to the combat, and, crowned by success, we shall then answer the exalted expectations, which are formed. Though sensibility, soft compassion, and gentle commiseration, are inmates in the female bosom, yet against every deep laid art, altogether fearless of the event, we will set them in array; for assuredly the wreath of victory will encircle the spotless brow. If we meet an equal, a sensible friend, we will reward him with the hand of amity, and through life we will be assiduous to promote his happiness; but from every deep laid scheme, for our ruin, retiring into ourselves, amid the flowery paths of science, we will indulge in all the refined and sentimental pleasures of contemplation: And should it still be urged, that the studies thus insisted upon would interfere with our more peculiar department, I must further reply, that early hours, and close application, will do wonders; and to her who is from the first dawn of reason taught to fill up time rationally, both the requisites will be easy. I grant that niggard fortune is too generally unfriendly to the mind; and that much of that valuable treasure, time, is necessarily expended upon the wants of the body; but it should be remembered; that in embarrassed circumstances our companions have as little leisure for literary improvements, as is afforded to us; for most certainly their provident care is at least as requisite as our exertions. Nay, we have even more leisure for sedentary pleasures, as our avocations are more retired, much less laborious, and, as hath been observed, by no means require that avidity of attention which is proper to the employments of the other sex. In high life, or, in other words, where the parties are in possession of affluence, the objection respecting time is wholly obviated, and of course falls to the ground; and it may also be repeated, that many of those hours which are at present swallowed up in fashion and scandal, might be redeemed, were we habituated to useful

reflections. But in one respect, O ye arbiters of our fate! we confess that the superiority is indubitably yours; you are by nature formed for our protectors; we pretend not to vie with you in bodily strength; upon this point we will never contend for victory. Shield us then, we beseech you, from external evils, and in return we will transact your domestic affairs. Yes, your, for are you not equally interested in those matters with ourselves? Is not the elegance of neatness as agreeable to your sight as to ours; is not the well favored viand equally delightful to your taste; and doth not your sense of hearing suffer as much, from the discordant sounds prevalent in an ill regulated family, produced by the voices of children and many et ceteras?

CONSTANTIA.