

Compensation For Competition

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The importance of the "One and Done" process, and how professional basketball could possibly benefit from its disbandment"

Abstract

The "One and Done" phrase has become a staple for college basketball and has changed the lives of athletes by allowing to chase their dreams less than a year removed from high school. "One and Done" has also become a topic of disapproval, especially when the decision to leave after 1 year turns out to be a bad one. In this study, we take a look at the importance of the "One and Done" process, and how professional basketball could possibly benefit from its disbandment. Identifying the research that proves the economical and analytical advantages of the One and Done athlete, as well as discussing how the leagues, athletes, and the world of basketball would change if the One and Done process was eradicated. Using data collected from all leagues and surveys with current and retired athletes, we'll uncover the important of the process both economically and situational for athletes.