

Healthy Haralson Initiative

Presenter Alicia Hollingsworth, Health and Community Wellness major

Mentored by Dr. Peter Stoepker

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Tanner Health System is building a healthier community for citizens in the Haralson County area. The Healthy Haralson Initiative gives community suggestions for healthier habits and affordable care with funding through the Two Georgia Initiative. This initiative holds task forces, such as, Substance Misuse, Healthy Lifestyle and Education, Increasing Awareness of Existing Resources, Increasing Provider Resources, Senior Needs, and Youth Mental Health. The Healthy Haralson Initiative is a part of Tanner's Get Healthy, Live Well program that uses health promotion, education, and develops sustainable conditions for people to adopt healthy lifestyles where they learn, work, and live. A Community Health Needs Assessment was performed to determine the greater needs in the county that will help people the most. In order to complete the assessment, leaders of the program created outreach, consultations, involvement of community members, collaboration, and shared leadership. Leadership then presented their three-year plan designed to improve areas that need the most attention throughout the community. As an intern for Tanner, my involvement with Healthy Haralson is crucial to the community in ways such as, education, planning, health promotion, and leadership. Through these efforts we will continue to make Haralson County a better and brighter place for everyone.